

Bedrifts o-løp 15062021

Strekktider

Skistadion i Strandbygda-15.06.2021

Plass Navn Klasse Tid

D 1,5

1 Marith Brekke 52 20:00
 02:46= 06:28= 08:41= 10:33= 14:55= 18:20= 19:40= 20:00=
 02:46= 03:42= 02:13= 01:52= 04:22= 03:25= 01:20= 00:20=
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

2 Bente Tangen Wikstrøm Geno 21:40
 03:31+ 08:10+ 10:27+ 12:17+ 16:28+ 19:39+ 21:04+ 21:40+
 03:31+ 04:39+ 02:17+ 01:50- 04:11- 03:11- 01:25+ 00:36+
 00:45& 00:57& 00:04+ 00:02- 00:11- 00:14- 00:05+ 00:16&

3 Irene Øien 1071 22:31
 03:06+ 07:48+ 10:18+ 12:12+ 16:38+ 20:37+ 22:08+ 22:31+
 03:06+ 04:42+ 02:30+ 01:54+ 04:26+ 03:59+ 01:31+ 00:23+
 00:20# 01:00& 00:17# 00:02+ 00:04+ 00:34# 00:11# 00:03#

4 Turid Norstad Opsahl 89 23:56
 03:54+ 09:09+ 11:44+ 13:36+ 18:08+ 21:47+ 23:22+ 23:56+
 03:54+ 05:15+ 02:35+ 01:52= 04:32+ 03:39+ 01:35+ 00:34+
 01:08& 01:33& 00:22# 00:00= 00:10+ 00:14+ 00:15# 00:14&

5 Synnøve Kaul 1013 25:05
 03:06+ 08:05+ 12:10+ 14:18+ 18:55+ 22:49+ 24:32+ 25:05+
 03:06+ 04:59+ 04:05+ 02:08+ 04:37+ 03:54+ 01:43+ 00:33+
 00:20# 01:17& 01:52& 00:16# 00:15+ 00:29# 00:23& 00:13&

6 Unni Fladsrud Vold 96 25:58
 05:59+ 10:40+ 13:16+ 15:11+ 19:30+ 23:32+ 25:18+ 25:58+
 05:59+ 04:41+ 02:36+ 01:55+ 04:19- 04:02+ 01:46+ 00:40+
 03:13@ 00:59& 00:23# 00:03+ 00:03- 00:37# 00:26& 00:20&

7 Aud Grønvold 7 27:48
 03:38+ 10:05+ 13:49+ 16:13+ 21:36+ 25:18+ 27:15+ 27:48+
 03:38+ 06:27+ 03:44+ 02:24+ 05:23+ 03:42+ 01:57+ 00:33+
 00:52& 02:45& 01:31& 00:32& 01:01# 00:17+ 00:37& 00:13&

8 Eva Stensby 89 29:13
 03:24+ 11:45+ 14:52+ 18:06+ 22:58+ 26:59+ 28:38+ 29:13+
 03:24+ 08:21+ 03:07+ 03:14+ 04:52+ 04:01+ 01:39+ 00:35+
 00:38# 04:39@ 00:54& 01:22& 00:30# 00:36# 00:19# 00:15&

9 Marie Rustadbakken 7 29:45
 05:21+ 12:17+ 15:55+ 18:16+ 23:42+ 27:25+ 29:10+ 29:45+
 05:21+ 06:56+ 03:38+ 02:21+ 05:26+ 03:43+ 01:45+ 00:35+
 02:35& 03:14& 01:25& 00:29& 01:04# 00:18+ 00:25& 00:15&

10 Solveig Johannessen 7 34:23
 04:19+ 12:03+ 15:29+ 17:58+ 26:47+ 31:43+ 33:42+ 34:23+
 04:19+ 07:44+ 03:26+ 02:29+ 08:49+ 04:56+ 01:59+ 00:41+
 01:33& 04:02@ 01:13& 00:37& 04:27@ 01:31& 00:39& 00:21@

11 Helga Hansen 7 1:08:16
 05:27+ 14:53+ 19:16+ 39:52+ 57:10+ 64:12+ 67:23+ 68:16+
 05:27+ 09:26+ 04:23+ 20:36+ 17:18+ 07:02+ 03:11+ 00:53+
 02:41& 05:44@ 02:10& 18:44@ 12:56@ 03:37@ 01:51@ 00:33@

12 Gerd Grønvold 7 1:10:10
 05:50+ 17:05+ 21:06+ 41:55+ 58:57+ 65:58+ 69:15+ 70:10+
 05:50+ 11:15+ 04:01+ 20:49+ 17:02+ 07:01+ 03:17+ 00:55+
 03:04@ 07:33@ 01:48& 18:57@ 12:40@ 03:36@ 01:57@ 00:35@

Plass	Navn	Klasse	Tid
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D 1,5

Beste strekktid for klassen

02:46 03:42 02:13 01:50 04:11 03:11 01:20 00:20

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

D 2,5

1	Anita Grønvold Tollefsen	7	29:48							
02:45=	07:44=	10:32=	14:50=	17:22=	20:12=	23:10=	26:26=	27:36=	29:27=	29:48=
02:45=	04:59=	02:48=	04:18=	02:32=	02:50=	02:58=	03:16=	01:10=	01:51=	00:21=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Anne Karin Elisenberg	146	31:24							
02:10-	06:41-	08:55-	12:33-	16:24-	19:30-	23:06-	27:49+	29:16+	31:03+	31:24+
02:10-	04:31-	02:14-	03:38-	03:51+	03:06+	03:36+	04:43+	01:27+	01:47-	00:21=
00:35-	00:28-	00:34-	00:40-	01:19&	00:16+	00:38#	01:27&	00:17#	00:04-	00:00=
3	Gunnhild Ljones	55	33:21							
02:07-	06:59-	08:52-	13:28-	18:49+	21:52+	25:25+	29:09+	31:00+	32:59+	33:21+
02:07-	04:52-	01:53-	04:36+	05:21+	03:03+	03:33+	03:44+	01:51+	01:59+	00:22+
00:38-	00:07-	00:55-	00:18+	02:49@	00:13+	00:35#	00:28#	00:41&	00:08+	00:01+
4	Elisabet Høgset Rise	Geno	34:52							
03:00+	08:30+	10:49+	15:44+	19:08+	23:02+	26:07+	30:08+	31:36+	34:13+	34:52+
03:00+	05:30+	02:19-	04:55+	03:24+	03:54+	03:05+	04:01+	01:28+	02:37+	00:39+
00:15+	00:31#	00:29-	00:37#	00:52&	01:04&	00:07+	00:45#	00:18&	00:46&	00:18&
5	Bente Grøndalen	152	35:25							
03:20+	08:52+	11:00+	15:42+	19:33+	23:03+	26:31+	31:07+	32:29+	34:58+	35:25+
03:20+	05:32+	02:08-	04:42+	03:51+	03:30+	03:28+	04:36+	01:22+	02:29+	00:27+
00:35#	00:33#	00:40-	00:24+	01:19&	00:40#	00:30#	01:20&	00:12#	00:38&	00:06&
6	Berit Røste	152	36:20							
05:08+	09:52+	13:54+	18:11+	20:59+	24:41+	27:16+	32:39+	34:02+	35:56+	36:20+
05:08+	04:44-	04:02+	04:17-	02:48+	03:42+	02:35-	05:23+	01:23+	01:54+	00:24+
02:23&	00:15-	01:14&	00:01-	00:16#	00:52&	00:23-	02:07&	00:13#	00:03+	00:03#
7	Kari Undrum	152	36:44							
04:34+	09:55+	12:13+	16:48+	19:52+	22:55+	25:28+	32:26+	33:56+	36:19+	36:44+
04:34+	05:21+	02:18-	04:35+	03:04+	03:03+	02:33-	06:58+	01:30+	02:23+	00:25+
01:49&	00:22+	00:30-	00:17+	00:32#	00:13+	00:25-	03:42@	00:20&	00:32&	00:04#
8	Oddveig Anne Sagbakken	88	36:57							
04:07+	09:23+	11:53+	17:05+	20:19+	24:35+	28:10+	32:32+	34:00+	36:30+	36:57+
04:07+	05:16+	02:30-	05:12+	03:14+	04:16+	03:35+	04:22+	01:28+	02:30+	00:27+
01:22&	00:17+	00:18-	00:54#	00:42&	01:26&	00:37#	01:06&	00:18&	00:39&	00:06&
9	Inger G. Lund	155	37:03							
02:27-	07:55+	14:46+	20:04+	22:59+	25:54+	28:33+	33:30+	34:42+	36:42+	37:03+
02:27-	05:28+	06:51+	05:18+	02:55+	02:55+	02:39-	04:57+	01:12+	02:00+	00:21=
00:18-	00:29+	04:03@	01:00#	00:23#	00:05+	00:19-	01:41&	00:02+	00:09+	00:00=
10	Inger K. Brøndbo	165	40:13							
03:01+	18:41+	21:52+	25:41+	28:30+	31:24+	33:37+	37:13+	38:13+	39:52+	40:13+
03:01+	15:40+	03:11+	03:49-	02:49+	02:54+	02:13-	03:36+	01:00-	01:39-	00:21=
00:16+	10:41@	00:23#	00:29-	00:17#	00:04+	00:45-	00:20#	00:10-	00:12-	00:00=

Plass	Navn	Klasse	Tid
D 2,5			
11	Rønnaug Sagbakken	1071	41:13
04:10+	09:42+ 12:14+ 17:04+ 20:39+ 24:27+ 30:28+ 36:17+ 38:06+ 40:46+ 41:13+		
04:10+	05:32+ 02:32- 04:50+ 03:35+ 03:48+ 06:01+ 05:49+ 01:49+ 02:40+ 00:27+		
01:25&	00:33# 00:16- 00:32# 01:03& 00:58& 03:03@ 02:33& 00:39& 00:49& 00:06&		
12	Annie O Gihlemon	89	41:39
04:06+	10:16+ 14:07+ 19:18+ 22:38+ 26:37+ 30:14+ 36:30+ 38:22+ 41:04+ 41:39+		
04:06+	06:10+ 03:51+ 05:11+ 03:20+ 03:59+ 03:37+ 06:16+ 01:52+ 02:42+ 00:35+		
04:06+	06:10+ 03:51+ 05:11+ 03:20+ 03:59+ 03:37+ 06:16+ 01:52+ 02:42+ 00:35+		
13	Anita Stensby Bekkelund	89	43:37
06:13+	12:36+ 15:43+ 21:40+ 25:23+ 29:41+ 34:11+ 38:56+ 40:20+ 43:01+ 43:37+		
06:13+	06:23+ 03:07+ 05:57+ 03:43+ 04:18+ 04:30+ 04:45+ 01:24+ 02:41+ 00:36+		
06:13+	06:23+ 03:07+ 05:57+ 03:43+ 04:18+ 04:30+ 04:45+ 01:24+ 02:41+ 00:36+		
14	Inger Margrethe Bakken	If	49:42
03:05+	20:32+ 26:55+ 31:19+ 34:20+ 37:30+ 40:27+ 45:36+ 46:55+ 49:11+ 49:42+		
03:05+	17:27+ 06:23+ 04:24+ 03:01+ 03:10+ 02:57+ 05:09+ 01:19+ 02:16+ 00:31+		
03:05+	17:27+ 06:23+ 04:24+ 03:01+ 03:10+ 02:57+ 05:09+ 01:19+ 02:16+ 00:31+		
Beste strekktid for klassen			
= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.			
D 3,5			
1	Kjersti Rønning	INN	27:30
01:57=	05:19= 09:27= 11:46= 13:50= 16:00= 17:48= 20:33= 21:34= 22:51= 25:47= 27:11= 27:30=		
01:57=	03:22= 04:08= 02:19= 02:04= 02:10= 01:48= 02:45= 01:01= 01:17= 02:56= 01:24= 00:19=		
00:00=	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		
2	Eirin Lodgaard	136	29:39
02:08+	05:34+ 09:27= 12:16+ 15:06+ 17:48+ 19:24+ 21:52+ 23:07+ 24:46+ 27:58+ 29:21+ 29:39+		
02:08+	03:26+ 03:53- 02:49+ 02:50+ 02:42+ 01:36- 02:28- 01:15+ 01:39+ 03:12+ 01:23- 00:18-		
00:11+	00:04+ 00:15- 00:30# 00:46& 00:32# 00:12- 00:17- 00:14# 00:22& 00:16+ 00:01- 00:01-		
3	Kjersti Narum	165	33:54
02:34+	06:35+ 10:46+ 13:40+ 16:01+ 19:34+ 21:55+ 25:35+ 27:19+ 29:01+ 32:06+ 33:36+ 33:54+		
02:34+	04:01+ 04:11+ 02:54+ 02:21+ 03:33+ 02:21+ 03:40+ 01:44+ 01:42+ 03:05+ 01:30+ 00:18-		
00:37&	00:39# 00:03+ 00:35& 00:17# 01:23& 00:33& 00:55& 00:43& 00:25& 00:09+ 00:06+ 00:01-		
4	Anne Karin Westby	1071	37:04
02:25+	07:16+ 12:09+ 15:10+ 18:21+ 21:19+ 23:14+ 25:54+ 28:41+ 31:37+ 35:18+ 36:49+ 37:04+		
02:25+	04:51+ 04:53+ 03:01+ 03:11+ 02:58+ 01:55+ 02:40- 02:47+ 02:56+ 03:41+ 01:31+ 00:15-		
00:28#	01:29& 00:45# 00:42& 01:07& 00:48& 00:07+ 00:05- 01:46@ 01:39@ 00:45& 00:07+ 00:04-		
5	Inger Marie Øygard	89	39:13
02:42+	06:37+ 11:20+ 14:18+ 16:54+ 20:46+ 22:26+ 25:27+ 30:40+ 33:03+ 37:21+ 38:57+ 39:13+		
02:42+	03:55+ 04:43+ 02:58+ 02:36+ 03:52+ 01:40- 03:01+ 05:13+ 02:23+ 04:18+ 01:36+ 00:16-		
00:45&	00:33# 00:35# 00:39& 00:32& 01:42& 00:08- 00:16+ 04:12@ 01:06& 01:22& 00:12# 00:03-		
6	Mona Bugge	146	43:29
02:59+	07:47+ 12:07+ 15:27+ 18:29+ 25:51+ 28:23+ 33:34+ 35:09+ 37:03+ 41:03+ 43:02+ 43:29+		
02:59+	04:48+ 04:20+ 03:20+ 03:02+ 07:22+ 02:32+ 05:11+ 01:35+ 01:54+ 04:00+ 01:59+ 00:27+		
01:02&	01:26& 00:12+ 01:01& 00:58& 05:12@ 00:44& 02:26& 00:34& 00:37& 01:04& 00:35& 00:08&		

7	Grete Storsveen											1071	43:48
03:00+	07:10+	14:03+	18:16+	21:21+	24:56+	26:53+	30:16+	34:38+	37:25+	41:38+	43:25+	43:48+	
03:00+	04:10+	06:53+	04:13+	03:05+	03:35+	01:57+	03:23+	04:22+	02:47+	04:13+	01:47+	00:23+	
01:03&	00:48#	02:45&	01:54&	01:01&	01:25&	00:09+	00:38#	03:21@	01:30@	01:17&	00:23&	00:04#	

8	Sigrid Helene Bøgeberg					89	44:13						
02:52+	07:40+	13:30+	16:41+	19:29+	23:14+	24:56+	28:02+	36:05+	38:51+	42:47+	44:02+	44:13+	
02:52+	04:48+	05:50+	03:11+	02:48+	03:45+	01:42+	03:06+	08:03+	02:46+	03:56+	01:15+	00:11+	
02:52+	04:48+	05:50+	03:11+	02:48+	03:45+	01:42+	03:06+	08:03+	02:46+	03:56+	01:15+	00:11+	

9	Karen Tomter										163	44:23		
03:37+	08:48+	13:34+	18:04+	21:37+	26:06+	28:12+	31:41+	34:36+	36:56+	42:03+	44:01+	44:23+		
03:37+	05:11+	04:46+	04:30+	03:33+	04:29+	02:06+	03:29+	02:55+	02:20+	05:07+	01:58+	00:22+		
03:37+	05:11+	04:46+	04:30+	03:33+	04:29+	02:06+	03:29+	02:55+	02:20+	05:07+	01:58+	00:22+		

Beste strekktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

D 4,5

1	Unn Mette Klopbakken										43	48:56									
03:53=	07:22=	11:40=	14:19=	16:33=	18:05=	20:23=	22:22=	23:53=	25:19=	29:16=	31:51=	33:36=	35:50=	38:07=	39:59=	43:51=	46:20=	47:13=	48:36=	48:56=	
03:53=	03:29=	04:18=	02:39=	02:14=	01:32=	02:18=	01:59=	01:31=	01:26=	03:57=	02:35=	01:45=	02:14=	02:17=	01:52=	03:52=	02:29=	00:53=	01:23=	00:20=	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	

2	Lis Dæhli					90					49:35									
04:40+	07:26+	12:27+	15:41+	17:56+	19:34+	21:02+	22:44+	24:00+	25:57+	30:13+	33:59+	36:00+	38:14+	40:10+	41:19+	44:03+	46:40+	47:38+	49:12+	49:35+
04:40+	02:46=	05:01+	03:14+	02:15+	01:38+	01:28=	01:42=	01:16=	01:57+	04:16+	03:46+	02:01+	02:14=	01:56=	01:09=	02:44=	02:37+	00:58+	01:34+	00:23+
00:47#	00:43=	00:43#	00:35#	00:01+	00:06+	00:50=	00:17=	00:15=	00:31&	00:19+	01:11&	00:16#	00:00=	00:21=	00:43=	01:08=	00:08+	00:05+	00:11#	00:03#

3

Line Merete Libak

89

50:49

04:38+	07:40+	13:20+	15:46+	18:03+	19:28+	21:15+	23:24+	24:57+	26:19+	30:16+	33:33+	35:26+	38:04+	40:10+	41:35+	44:36+	47:33+	48:40+	50:28+	50:49+
04:38+	03:02=	05:40+	02:26=	02:17+	01:25=	01:47=	02:09+	01:33+	01:22=	03:57=	03:17+	01:53+	02:38+	02:06=	01:25=	03:01=	02:57+	01:07+	01:48+	00:21+
00:45#	00:27=	01:22&	00:13=	00:03+	00:07=	00:31=	00:10+	00:02+	00:04=	00:00=	00:42&	00:08+	00:24#	00:11=	00:27=	00:51=	00:28#	00:14&	00:25&	00:01+

4	Bodil Wiik				105				51:53											
03:45=	10:20+	14:49+	17:42+	19:55+	21:19+	23:39+	25:14+	26:15+	27:33+	32:10+	35:21+	37:08+	39:51+	41:43+	42:43+	45:51+	49:06+	49:58+	51:34+	51:53+
03:45=	06:35+	04:29+	02:53+	02:13=	01:24=	02:20+	01:35=	01:01=	01:18=	04:37+	03:11+	01:47+	02:43+	01:52=	01:00=	03:08=	03:15+	00:52=	01:36+	00:19=
00:08=	03:06&	00:11+	00:14+	00:01=	00:08=	00:02+	00:24=	00:30=	00:08=	00:40#	00:36#	00:02+	00:29#	00:25=	00:52=	00:44=	00:46&	00:01=	00:13#	00:01=

5	Wenche Bjørnstad					Geno					55:39									
05:21+	09:15+	17:17+	19:03+	20:56+	22:20+	25:33+	28:20+	29:39+	30:45+	38:15+	40:44+	42:35+	44:34+	46:13+	47:38+	50:27+	53:00+	53:50+	55:19+	55:39+
05:21+	03:54+	08:02+	01:46=	01:53=	01:24=	03:13+	02:47+	01:19=	01:06=	07:30+	02:29=	01:51+	01:59=	01:39=	01:25=	02:49=	02:33+	00:50=	01:29+	00:20=
01:28&	00:25#	03:44&	00:53=	00:21=	00:08=	00:55&	00:48&	00:12=	00:20=	03:33&	00:06=	00:06+	00:15=	00:38=	00:27=	01:03=	00:04+	00:03=	00:06+	00:00=

6	Ingunn Lund Nordstrøm										105	57:28									
03:54+	06:36=	15:05+	17:05+	19:20+	21:27+	25:44+	30:16+	31:35+	33:01+	37:54+	40:22+	42:04+	44:00+	45:48+	48:09+	52:41+	55:05+	55:52+	57:10+	57:28+	
03:54+	02:42=	08:29+	02:00=	02:15+	02:07+	04:17+	04:32+	01:19=	01:26=	04:53+	02:28=	01:42=	01:56=	01:48=	02:21+	04:32+	02:24=	00:47=	01:18=	00:18=	
00:01+	00:47=	04:11&	00:39=	00:01+	00:35&	01:59&	02:33@	00:12=	00:00=	00:56#	00:07=	00:03=	00:18=	00:29=	00:29&	00:40#	00:05=	00:06=	00:05=	00:02=	

Beste strekktid for klassen

03:45	02:42	04:18	01:46	01:53	01:24	01:28	01:35	01:01	01:06	03:57	02:28	01:42	01:56	01:39	01:00	02:44	02:24	00:47	01:18	00:18
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= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Pllass	Navn	Klasse	Tid
D 5,5			
1	Dorte Narum	52	39:27
	02:21= 10:23= 14:40= 22:12= 23:39= 27:14= 31:56= 37:41= 39:11= 39:27=		
	02:21= 08:02= 04:17= 07:32= 01:27= 03:35= 04:42= 05:45= 01:30= 00:16=		
	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		
Beste strekktid for klassen			
	02:21 08:02 04:17 07:32 01:27 03:35 04:42 05:45 01:30 00:16		
= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.			
H 1,5			
1	Knut Røhrsveen	7	20:04
	03:15= 07:14= 09:22= 11:03= 15:49= 18:30= 19:45= 20:04=		
	03:15= 03:59= 02:08= 01:41= 04:46= 02:41= 01:15= 00:19=		
	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		
2	Geir-Håkon Øverby	If	21:50
	03:14- 07:17+ 11:56+ 13:23+ 16:45+ 20:01+ 21:05+ 21:50+		
	03:14- 04:03+ 04:39+ 01:27- 03:22- 03:16+ 01:04- 00:45+		
	00:01- 00:04+ 02:31@ 00:14- 01:24- 00:35# 00:11- 00:26@		
3	Jan Olav Tuterud	55	23:08
	04:34+ 08:54+ 12:25+ 14:16+ 17:46+ 21:18+ 22:42+ 23:08+		
	04:34+ 04:20+ 03:31+ 01:51+ 03:30- 03:32+ 01:24+ 00:26+		
	01:19& 00:21+ 01:23& 00:10+ 01:16- 00:51& 00:09# 00:07&		
4	Trygve Jan Bjerke	55	24:01
	02:46- 07:33+ 10:28+ 12:25+ 18:44+ 21:49+ 23:29+ 24:01+		
	02:46- 04:47+ 02:55+ 01:57+ 06:19+ 03:05+ 01:40+ 00:32+		
	00:29- 00:48# 00:47& 00:16# 01:33& 00:24# 00:25& 00:13&		
5	Bjørn Jenssen	1013	25:22
	04:12+ 12:00+ 14:19+ 16:13+ 20:13+ 23:27+ 24:52+ 25:22+		
	04:12+ 07:48+ 02:19+ 01:54+ 04:00- 03:14+ 01:25+ 00:30+		
	00:57& 03:49& 00:11+ 00:13# 00:46- 00:33# 00:10# 00:11&		
6	Knut Martinsen	1071	28:09
	03:00- 12:26+ 15:06+ 17:09+ 21:51+ 25:32+ 27:29+ 28:09+		
	03:00- 09:26+ 02:40+ 02:03+ 04:42- 03:41+ 01:57+ 00:40+		
	00:15- 05:27@ 00:32# 00:22# 00:04- 01:00& 00:42& 00:21@		
7	Erik Skårås	1071	32:32
	03:05- 11:12+ 14:08+ 16:36+ 25:33+ 30:07+ 31:58+ 32:32+		
	03:05- 08:07+ 02:56+ 02:28+ 08:57+ 04:34+ 01:51+ 00:34+		
	00:10- 04:08@ 00:48& 00:47& 04:11& 01:53& 00:36& 00:15&		
8	Herleik Nylund	89	35:10
	08:30+ 14:02+ 17:20+ 19:51+ 26:58+ 32:30+ 34:32+ 35:10+		
	08:30+ 05:32+ 03:18+ 02:31+ 07:07+ 05:32+ 02:02+ 00:38+		
	05:15@ 01:33& 01:10& 00:50& 02:21& 02:51@ 00:47& 00:19&		
9	Ragnar Høsøien	55	35:39
	05:22+ 13:21+ 17:26+ 20:13+ 27:18+ 32:16+ 34:51+ 35:39+		
	05:22+ 07:59+ 04:05+ 02:47+ 07:05+ 04:58+ 02:35+ 00:48+		
	02:07& 04:00@ 01:57& 01:06& 02:19& 02:17& 01:20@ 00:29@		

Plass	Navn								Klasse								Tid	
H 1,5																		
10	Arne Sveen								144								35:54	
	04:49+	11:44+	15:54+	18:56+	25:56+	32:20+	35:09+	35:54+										
	04:49+	06:55+	04:10+	03:02+	07:00+	06:24+	02:49+	00:45+										
	01:34&	02:56&	02:02&	01:21&	02:14&	03:43@	01:34@	00:26@										
11	Arne Gunnar Barflo								89								50:16	
	06:38+	17:32+	23:13+	27:08+	37:13+	45:17+	49:03+	50:16+										
	06:38+	10:54+	05:41+	03:55+	10:05+	08:04+	03:46+	01:13+										
	06:38+	10:54+	05:41+	03:55+	10:05+	08:04+	03:46+	01:13+										
Beste strekktid for klassen																		
= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.																		
H 2,5																		
1	Magnar Nybakk								1071								23:38	
	02:21=	05:12=	06:59=	11:21=	14:56=	17:20=	20:20=	21:32=	23:17=	23:38=								
	02:21=	02:51=	01:47=	04:22=	03:35=	02:24=	03:00=	01:12=	01:45=	00:21=								
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=								
2	Arne Hagen								167								24:17	
	02:26+	05:40+	07:16+	11:27+	15:39+	18:32+	21:17+	22:25+	24:01+	24:17+								
	02:26+	03:14+	01:36-	04:11-	04:12+	02:53+	02:45-	01:08-	01:36-	00:16-								
	00:05+	00:23#	00:11-	00:11-	00:37#	00:29#	00:15-	00:04-	00:09-	00:05-								
3	Per Vold								96								25:26	
	02:19-	05:29+	07:03+	13:15+	16:31+	19:05+	22:17+	23:22+	25:08+	25:26+								
	02:19-	03:10+	01:34-	06:12+	03:16-	02:34+	03:12+	01:05-	01:46+	00:18-								
	00:02-	00:19#	00:13-	01:50&	00:19-	00:10+	00:12+	00:07-	00:01+	00:03-								
4	Harald Øie								89								25:58	
	02:36+	05:29+	07:44+	13:01+	16:32+	18:50+	22:51+	23:56+	25:36+	25:58+								
	02:36+	02:53+	02:15+	05:17+	03:31-	02:18-	04:01+	01:05-	01:40-	00:22+								
	00:15#	00:02+	00:28&	00:55#	00:04-	00:06-	01:01&	00:07-	00:05-	00:01+								
5	Karl Petter Opsahl								89								26:13	
	02:42+	06:46+	08:36+	13:45+	17:15+	19:46+	23:15+	24:12+	25:52+	26:13+								
	02:42+	04:04+	01:50+	05:09+	03:30-	02:31+	03:29+	00:57-	01:40-	00:21=								
	00:21#	01:13&	00:03+	00:47#	00:05-	00:07+	00:29#	00:15-	00:05-	00:00=								
6	Terje Malm								52								26:19	
	02:47+	05:48+	07:44+	12:32+	17:00+	19:20+	23:02+	24:12+	26:02+	26:19+								
	02:47+	03:01+	01:56+	04:48+	04:28+	02:20-	03:42+	01:10-	01:50+	00:17-								
	00:26#	00:10+	00:09+	00:26+	00:53#	00:04-	00:42#	00:02-	00:05+	00:04-								
7	Magne Smeland								167								26:58	
	02:55+	06:04+	08:09+	13:08+	17:32+	19:58+	23:14+	24:38+	26:38+	26:58+								
	02:55+	03:09+	02:05+	04:59+	04:24+	02:26+	03:16+	01:24+	02:00+	00:20-								
	00:34#	00:18#	00:18#	00:37#	00:49#	00:02+	00:16+	00:12#	00:15#	00:01-								
8	Einar Stensby								89								27:23	
	02:47+	07:00+	09:24+	14:18+	18:37+	20:42+	24:02+	25:10+	27:05+	27:23+								
	02:47+	04:13+	02:24+	04:54+	04:19+	02:05-	03:20+	01:08-	01:55+	00:18-								
	00:26#	01:22&	00:37&	00:32#	00:44#	00:19-	00:20#	00:04-	00:10+	00:03-								

16.06.2021 00:21:40 Side:7

Plass	Navn	Klasse	Tid
H 2,5			
21	Torbjørn Ødegaard	1058	38:54
03:41+	08:39+ 14:14+ 20:06+ 24:50+	28:15+ 35:05+ 36:19+ 38:27+	38:54+
03:41+	04:58+ 05:35+ 05:52+ 04:44+	03:25+ 06:50+ 01:14+ 02:08+	00:27+
03:41+	04:58+ 05:35+ 05:52+ 04:44+	03:25+ 06:50+ 01:14+ 02:08+	00:27+
22	Odd Rise	Geno	39:09
03:15+	07:45+ 10:43+ 16:32+ 23:39+	28:00+ 35:41+ 36:52+ 38:45+	39:09+
03:15+	04:30+ 02:58+ 05:49+ 07:07+	04:21+ 07:41+ 01:11+ 01:53+	00:24+
03:15+	04:30+ 02:58+ 05:49+ 07:07+	04:21+ 07:41+ 01:11+ 01:53+	00:24+
23	Hallstein Ødegård	89	40:44
03:54+	08:32+ 12:35+ 19:56+ 26:18+	30:24+ 35:51+ 37:25+ 40:14+	40:44+
03:54+	04:38+ 04:03+ 07:21+ 06:22+	04:06+ 05:27+ 01:34+ 02:49+	00:30+
03:54+	04:38+ 04:03+ 07:21+ 06:22+	04:06+ 05:27+ 01:34+ 02:49+	00:30+
24	Harald Haugen	Geno	42:28
04:08+	09:24+ 12:30+ 19:41+ 25:25+	32:03+ 37:21+ 38:57+ 41:50+	42:28+
04:08+	05:16+ 03:06+ 07:11+ 05:44+	06:38+ 05:18+ 01:36+ 02:53+	00:38+
04:08+	05:16+ 03:06+ 07:11+ 05:44+	06:38+ 05:18+ 01:36+ 02:53+	00:38+
25	Thomas Martinsen	NORTU	44:39
03:10+	09:23+ 12:01+ 20:32+ 32:26+	35:06+ 40:34+ 42:31+ 44:21+	44:39+
03:10+	06:13+ 02:38+ 08:31+ 11:54+	02:40+ 05:28+ 01:57+ 01:50+	00:18+
03:10+	06:13+ 02:38+ 08:31+ 11:54+	02:40+ 05:28+ 01:57+ 01:50+	00:18+
26	Stein Sandaker	1038	44:56
02:37+	06:34+ 18:30+ 24:18+ 29:38+	35:26+ 41:35+ 42:44+ 44:32+	44:56+
02:37+	03:57+ 11:56+ 05:48+ 05:20+	05:48+ 06:09+ 01:09+ 01:48+	00:24+
02:37+	03:57+ 11:56+ 05:48+ 05:20+	05:48+ 06:09+ 01:09+ 01:48+	00:24+
27	Eystein Linnerud	105	1:05:15
02:59+	07:23+ 10:05+ 23:18+ 27:44+	55:35+ 60:58+ 62:17+ 64:49+	65:15+
02:59+	04:24+ 02:42+ 13:13+ 04:26+	27:51+ 05:23+ 01:19+ 02:32+	00:26+
02:59+	04:24+ 02:42+ 13:13+ 04:26+	27:51+ 05:23+ 01:19+ 02:32+	00:26+

Beste strekktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

H 3,5

1	Morten Eriksen				105								27:38				
02:03=	05:02=	06:12=	08:37=	12:49=	15:40=	16:56=	18:47=	19:57=	21:41=	22:53=	25:22=	26:08=	27:22=	27:38=			
02:03=	02:59=	01:10=	02:25=	04:12=	02:51=	01:16=	01:51=	01:10=	01:44=	01:12=	02:29=	00:46=	01:14=	00:16=			
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=			
2	Andreas Huber				NAV								30:18				
02:14+	05:00-	06:04-	10:02+	13:37+	16:47+	18:21+	20:06+	21:13+	22:56+	24:24+	27:08+	28:03+	29:54+	30:18+			
02:14+	02:46-	01:04-	03:58+	03:35-	03:10+	01:34+	01:45-	01:07-	01:43-	01:28+	02:44+	00:55+	01:51+	00:24+			
00:11+	00:13-	00:06-	01:33&	00:37-	00:19#	00:18#	00:06-	00:03-	00:01-	00:16#	00:15#	00:09#	00:37&	00:08&			
3	Arne Arnesen				25								30:28				
02:18+	05:34+	06:39+	10:39+	14:21+	17:25+	19:00+	20:44+	21:55+	23:33+	25:14+	27:49+	28:40+	30:10+	30:28+			
02:18+	03:16+	01:05-	04:00+	03:42-	03:04+	01:35+	01:44-	01:11+	01:38-	01:41+	02:35+	00:51+	01:30+	00:18+			
00:15#	00:17+	00:05-	01:35&	00:30-	00:13+	00:19#	00:07-	00:01+	00:06-	00:29&	00:06+	00:05#	00:16#	00:02#			

Plass	Navn				Klasse				Tid							
H 3,5																
4	Einar Flenvold				1041				31:18							
02:40+	06:02+	07:35+	12:09+	15:59+	19:14+	20:36+	22:22+	23:38+	25:08+	26:31+	28:51+	29:39+	30:57+	31:18+		
02:40+	03:22+	01:33+	04:34+	03:50-	03:15+	01:22+	01:46-	01:16+	01:30-	01:23+	02:20-	00:48+	01:18+	00:21+		
00:37&	00:23#	00:23&	02:09&	00:22-	00:24#	00:06+	00:05-	00:06+	00:14-	00:11#	00:09-	00:02+	00:04+	00:05&		
5	Edvard Dahl				165				31:43							
02:04+	04:54+	06:02+	09:47+	13:30+	16:15+	17:30+	19:32+	22:02+	23:46+	25:09+	29:19+	30:10+	31:27+	31:43+		
02:04+	02:50+	01:08+	03:45+	03:43+	02:45+	01:15+	02:02+	02:30+	01:44+	01:23+	04:10+	00:51+	01:17+	00:16+		
02:04+	02:50+	01:08+	03:45+	03:43+	02:45+	01:15+	02:02+	02:30+	01:44+	01:23+	04:10+	00:51+	01:17+	00:16+		
6	Knut Malmo				167				32:21							
02:30+	05:51+	07:19+	11:07+	15:12+	18:30+	20:01+	21:58+	23:15+	24:55+	26:27+	29:49+	30:40+	32:04+	32:21+		
02:30+	03:21+	01:28+	03:48+	04:05+	03:18+	01:31+	01:57+	01:17+	01:40+	01:32+	03:22+	00:51+	01:24+	00:17+		
02:30+	03:21+	01:28+	03:48+	04:05+	03:18+	01:31+	01:57+	01:17+	01:40+	01:32+	03:22+	00:51+	01:24+	00:17+		
7	Ole Hans Øie				LMF				32:54							
02:34+	07:14+	08:32+	12:39+	17:10+	20:22+	21:52+	23:49+	24:53+	26:29+	27:59+	30:10+	31:03+	32:34+	32:54+		
02:34+	04:40+	01:18+	04:07+	04:31+	03:12+	01:30+	01:57+	01:04+	01:36+	01:30+	02:11+	00:53+	01:31+	00:20+		
02:34+	04:40+	01:18+	04:07+	04:31+	03:12+	01:30+	01:57+	01:04+	01:36+	01:30+	02:11+	00:53+	01:31+	00:20+		
8	Erik Haugen				119				33:54							
02:35+	06:05+	07:48+	11:49+	16:17+	19:57+	22:18+	24:20+	25:34+	27:18+	28:51+	31:12+	32:06+	33:36+	33:54+		
02:35+	03:30+	01:43+	04:01+	04:28+	03:40+	02:21+	02:02+	01:14+	01:44+	01:33+	02:21+	00:54+	01:30+	00:18+		
02:35+	03:30+	01:43+	04:01+	04:28+	03:40+	02:21+	02:02+	01:14+	01:44+	01:33+	02:21+	00:54+	01:30+	00:18+		
9	Tore Jørgensen				105				34:01							
02:30+	06:04+	07:13+	10:32+	15:01+	18:26+	20:03+	22:02+	23:15+	25:45+	27:13+	30:57+	31:54+	33:38+	34:01+		
02:30+	03:34+	01:09+	03:19+	04:29+	03:25+	01:37+	01:59+	01:13+	02:30+	01:28+	03:44+	00:57+	01:44+	00:23+		
02:30+	03:34+	01:09+	03:19+	04:29+	03:25+	01:37+	01:59+	01:13+	02:30+	01:28+	03:44+	00:57+	01:44+	00:23+		
10	Ove Tåsåsen				1013				34:34							
02:05+	05:01+	06:24+	10:19+	14:34+	17:48+	19:07+	21:32+	26:04+	27:48+	29:29+	31:57+	32:50+	34:15+	34:34+		
02:05+	02:56+	01:23+	03:55+	04:15+	03:14+	01:19+	02:25+	04:32+	01:44+	01:41+	02:28+	00:53+	01:25+	00:19+		
02:05+	02:56+	01:23+	03:55+	04:15+	03:14+	01:19+	02:25+	04:32+	01:44+	01:41+	02:28+	00:53+	01:25+	00:19+		
11	Olav Juliussen				55				35:18							
02:13+	05:16+	06:52+	10:49+	14:34+	17:48+	19:54+	21:41+	27:06+	28:41+	30:45+	32:58+	33:50+	35:02+	35:18+		
02:13+	03:03+	01:36+	03:57+	03:45+	03:14+	02:06+	01:47+	05:25+	01:35+	02:04+	02:13+	00:52+	01:12+	00:16+		
02:13+	03:03+	01:36+	03:57+	03:45+	03:14+	02:06+	01:47+	05:25+	01:35+	02:04+	02:13+	00:52+	01:12+	00:16+		
12	Rune Waaler				RAUT				35:44							
02:35+	06:04+	07:29+	11:49+	17:13+	20:54+	23:03+	25:04+	26:43+	28:33+	30:11+	32:55+	33:51+	35:25+	35:44+		
02:35+	03:29+	01:25+	04:20+	05:24+	03:41+	02:09+	02:01+	01:39+	01:50+	01:38+	02:44+	00:56+	01:34+	00:19+		
02:35+	03:29+	01:25+	04:20+	05:24+	03:41+	02:09+	02:01+	01:39+	01:50+	01:38+	02:44+	00:56+	01:34+	00:19+		
13	Trond Øie				1071				36:35							
02:32+	05:51+	07:37+	14:35+	19:15+	22:33+	24:15+	26:16+	27:20+	29:09+	30:48+	33:38+	34:52+	36:20+	36:35+		
02:32+	03:19+	01:46+	06:58+	04:40+	03:18+	01:42+	02:01+	01:04+	01:49+	01:39+	02:50+	01:14+	01:28+	00:15+		
02:32+	03:19+	01:46+	06:58+	04:40+	03:18+	01:42+	02:01+	01:04+	01:49+	01:39+	02:50+	01:14+	01:28+	00:15+		
14	Arvid Bratlie				LMF				36:39							
02:24+	08:28+	09:41+	14:16+	19:40+	23:02+	24:44+	26:30+	27:39+	29:25+	31:08+	33:45+	34:37+	36:24+	36:39+		
02:24+	06:04+	01:13+	04:35+	05:24+	03:22+	01:42+	01:46+	01:09+	01:46+	01:43+	02:37+	00:52+	01:47+	00:15+		
02:24+	06:04+	01:13+	04:35+	05:24+	03:22+	01:42+	01:46+	01:09+	01:46+	01:43+	02:37+	00:52+	01:47+	00:15+		
15	Torleif Finstad				55				36:39							
02:47+	06:11+	07:35+	15:02+	19:17+	22:27+	23:55+	25:53+	27:02+	28:43+	30:22+	33:45+	34:33+	36:19+	36:39+		
02:47+	03:24+	01:24+	07:27+	04:15+	03:10+	01:28+	01:58+	01:09+	01:41+	01:39+	03:23+	00:48+	01:46+	00:20+		
02:47+	03:24+	01:24+	07:27+	04:15+	03:10+	01:28+	01:58+	01:09+	01:41+	01:39+	03:23+	00:48+	01:46+	00:20+		

Plass	Navn			Klasse						Tid					
H 3,5															
16	Lars Skramstad			LMF						38:29					
02:31+	06:27+	07:57+	12:30+	17:06+	20:08+	21:35+	23:36+	27:47+	30:02+	32:07+	35:40+	36:46+	38:13+	38:29+	
02:31+	03:56+	01:30+	04:33+	04:36+	03:02+	01:27+	02:01+	04:11+	02:15+	02:05+	03:33+	01:06+	01:27+	00:16+	
02:31+	03:56+	01:30+	04:33+	04:36+	03:02+	01:27+	02:01+	04:11+	02:15+	02:05+	03:33+	01:06+	01:27+	00:16+	
17	Knut Wikstrøm			78						38:58					
02:27+	07:03+	08:12+	12:03+	16:29+	20:11+	22:04+	24:17+	29:05+	30:57+	32:42+	36:03+	36:54+	38:39+	38:58+	
02:27+	04:36+	01:09+	03:51+	04:26+	03:42+	01:53+	02:13+	04:48+	01:52+	01:45+	03:21+	00:51+	01:45+	00:19+	
02:27+	04:36+	01:09+	03:51+	04:26+	03:42+	01:53+	02:13+	04:48+	01:52+	01:45+	03:21+	00:51+	01:45+	00:19+	
18	Knut Skjeset			146						39:37					
02:19+	05:16+	07:39+	11:20+	16:05+	22:18+	24:55+	27:17+	29:09+	31:13+	33:21+	36:26+	37:47+	39:17+	39:37+	
02:19+	02:57+	02:23+	03:41+	04:45+	06:13+	02:37+	02:22+	01:52+	02:04+	02:08+	03:05+	01:21+	01:30+	00:20+	
02:19+	02:57+	02:23+	03:41+	04:45+	06:13+	02:37+	02:22+	01:52+	02:04+	02:08+	03:05+	01:21+	01:30+	00:20+	
19	Tore Stenseth			1013						39:38					
02:34+	08:46+	10:10+	13:46+	19:16+	23:27+	25:20+	27:56+	29:09+	30:59+	32:58+	36:14+	37:19+	39:14+	39:38+	
02:34+	06:12+	01:24+	03:36+	05:30+	04:11+	01:53+	02:36+	01:13+	01:50+	01:59+	03:16+	01:05+	01:55+	00:24+	
02:34+	06:12+	01:24+	03:36+	05:30+	04:11+	01:53+	02:36+	01:13+	01:50+	01:59+	03:16+	01:05+	01:55+	00:24+	
20	Lars Ivar Ulmo			120						41:33					
02:13+	05:47+	11:45+	17:24+	21:38+	24:51+	27:03+	29:16+	33:56+	35:33+	36:45+	39:15+	39:54+	41:14+	41:33+	
02:13+	03:34+	05:58+	05:39+	04:14+	03:13+	02:12+	02:13+	04:40+	01:37+	01:12+	02:30+	00:39+	01:20+	00:19+	
02:13+	03:34+	05:58+	05:39+	04:14+	03:13+	02:12+	02:13+	04:40+	01:37+	01:12+	02:30+	00:39+	01:20+	00:19+	
21	Erik Neby			105						41:56					
02:47+	06:05+	07:25+	12:00+	17:13+	20:44+	22:17+	30:23+	31:49+	33:36+	35:18+	38:30+	39:46+	41:34+	41:56+	
02:47+	03:18+	01:20+	04:35+	05:13+	03:31+	01:33+	08:06+	01:26+	01:47+	01:42+	03:12+	01:16+	01:48+	00:22+	
02:47+	03:18+	01:20+	04:35+	05:13+	03:31+	01:33+	08:06+	01:26+	01:47+	01:42+	03:12+	01:16+	01:48+	00:22+	
22	Espen Melby			89						43:34					
04:39+	08:22+	09:51+	14:51+	20:23+	24:21+	26:08+	28:08+	29:23+	34:59+	36:50+	40:13+	41:25+	43:13+	43:34+	
04:39+	03:43+	01:29+	05:00+	05:32+	03:58+	01:47+	02:00+	01:15+	05:36+	01:51+	03:23+	01:12+	01:48+	00:21+	
04:39+	03:43+	01:29+	05:00+	05:32+	03:58+	01:47+	02:00+	01:15+	05:36+	01:51+	03:23+	01:12+	01:48+	00:21+	
23	Trond Feiring			52						44:28					
02:40+	10:54+	12:26+	17:16+	22:52+	26:25+	28:05+	30:33+	32:54+	36:46+	38:33+	41:28+	42:27+	44:05+	44:28+	
02:40+	08:14+	01:32+	04:50+	05:36+	03:33+	01:40+	02:28+	02:21+	03:52+	01:47+	02:55+	00:59+	01:38+	00:23+	
02:40+	08:14+	01:32+	04:50+	05:36+	03:33+	01:40+	02:28+	02:21+	03:52+	01:47+	02:55+	00:59+	01:38+	00:23+	
24	Steinar Tønsager			11						45:13					
02:48+	07:31+	09:36+	16:06+	20:58+	24:33+	26:36+	29:35+	34:14+	36:03+	39:19+	42:21+	43:26+	44:55+	45:13+	
02:48+	04:43+	02:05+	06:30+	04:52+	03:35+	02:03+	02:59+	04:39+	01:49+	03:16+	03:02+	01:05+	01:29+	00:18+	
02:48+	04:43+	02:05+	06:30+	04:52+	03:35+	02:03+	02:59+	04:39+	01:49+	03:16+	03:02+	01:05+	01:29+	00:18+	
25	Tore Gustav Tomter			1021						46:04					
02:34+	12:33+	13:51+	22:08+	27:02+	30:21+	32:00+	35:47+	36:58+	38:40+	40:32+	43:24+	44:24+	45:46+	46:04+	
02:34+	09:59+	01:18+	08:17+	04:54+	03:19+	01:39+	03:47+	01:11+	01:42+	01:52+	02:52+	01:00+	01:22+	00:18+	
02:34+	09:59+	01:18+	08:17+	04:54+	03:19+	01:39+	03:47+	01:11+	01:42+	01:52+	02:52+	01:00+	01:22+	00:18+	
26	Ola Brevig			LMF						47:28					
03:49+	09:25+	11:10+	16:04+	22:36+	26:33+	28:16+	32:12+	34:15+	39:10+	41:11+	44:07+	45:13+	47:11+	47:28+	
03:49+	05:36+	01:45+	04:54+	06:32+	03:57+	01:43+	03:56+	02:03+	04:55+	02:01+	02:56+	01:06+	01:58+	00:17+	
03:49+	05:36+	01:45+	04:54+	06:32+	03:57+	01:43+	03:56+	02:03+	04:55+	02:01+	02:56+	01:06+	01:58+	00:17+	
27	Johnny Johansen			89						49:54					
03:49+	08:18+	10:43+	16:54+	23:28+	33:24+	35:30+	38:07+	39:26+	41:14+	43:07+	46:23+	47:32+	49:33+	49:54+	
03:49+	04:29+	02:25+	06:11+	06:34+	09:56+	02:06+	02:37+	01:19+	01:48+	01:53+	03:16+	01:09+	02:01+	00:21+	
03:49+	04:29+	02:25+	06:11+	06:34+	09:56+	02:06+	02:37+	01:19+	01:48+	01:53+	03:16+	01:09+	02:01+	00:21+	

H 3,5

Beste strekktid for klassen

H 4,5

Beste strekktid for klassen

H 5,5

Beste strekktid for klassen