

Bedrifts-o-løp 14092021**Strekktider****Budor skistadio-14.09.2021****Plass Navn Klasse****Tid****D 1,5**

1 Unni Fladsrud Vold 96 30:34
04:40= 10:48= 15:36= 20:04= 25:45= 29:06= 29:57= 30:34=
04:40= 06:08= 04:48= 04:28= 05:41= 03:21= 00:51= 00:37=
00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

2 Irene Øien 1071 32:52
07:29+ 12:54+ 16:37+ 20:56+ 26:36+ 31:31+ 32:18+ 32:52+
07:29+ 05:25- 03:43- 04:19- 05:40- 04:55+ 00:47- 00:34-
02:49& 00:43- 01:05- 00:09- 00:01- 01:34& 00:04- 00:03-

3 Eva Stensby 89 35:28
11:53+ 17:47+ 21:01+ 24:56+ 30:41+ 33:59+ 34:50+ 35:28+
11:53+ 05:54- 03:14- 03:55- 05:45+ 03:18- 00:51= 00:38+
07:13@ 00:14- 01:34- 00:33- 00:04+ 00:03- 00:00= 00:01+

4 Inger Margrethe Bakken lf 41:02
21:30+ 26:22+ 28:56+ 31:33+ 36:20+ 38:53+ 40:31+ 41:02+
21:30+ 04:52- 02:34- 02:37- 04:47- 02:33- 01:38+ 00:31-
16:50@ 01:16- 02:14- 01:51- 00:54- 00:48- 00:47& 00:06-

5 Gerd Grønvold 7 41:45
15:43+ 21:35+ 25:08+ 29:28+ 35:23+ 39:58+ 40:54+ 41:45+
15:43+ 05:52- 03:33- 04:20- 05:55+ 04:35+ 00:56+ 00:51+
11:03@ 00:16- 01:15- 00:08- 00:14+ 01:14& 00:05+ 00:14&

6 Aud Grønvold 7 47:14
19:38+ 25:34+ 29:14+ 33:32+ 41:19+ 45:30+ 46:29+ 47:14+
19:38+ 05:56- 03:40- 04:18- 07:47+ 04:11+ 00:59+ 00:45+
14:58@ 00:12- 01:08- 00:10- 02:06& 00:50# 00:08# 00:08#

Beste strekktid for klassen

04:40 04:52 02:34 02:37 04:47 02:33 00:47 00:31

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

D 2,5

1 Sidsel Storihle Geno 29:16
05:26= 08:07= 11:07= 13:52= 18:44= 22:40= 25:04= 28:21= 29:16=
05:26= 02:41= 03:00= 02:45= 04:52= 03:56= 02:24= 03:17= 00:32= 00:23=
00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

2 Bente Tangen Wikstrøm Geno 34:42
05:47+ 08:56+ 12:49+ 16:16+ 21:54+ 27:56+ 29:59+ 33:36+ 34:14+ 34:42+
05:47+ 03:09+ 03:53+ 03:27+ 05:38+ 06:02+ 02:03- 03:37+ 00:38+ 00:28+
00:21+ 00:28# 00:53& 00:42& 00:46# 02:06& 00:21- 00:20# 00:06# 00:05#

3 Anne Karin Elisenberg 146 34:59
05:27+ 08:32+ 11:43+ 15:41+ 21:17+ 27:38+ 29:59+ 34:06+ 34:38+ 34:59+
05:27+ 03:05+ 03:11+ 03:58+ 05:36+ 06:21+ 02:21- 04:07+ 00:32= 00:21-
00:01+ 00:24# 00:11+ 01:13& 00:44# 02:25& 00:03- 00:50& 00:00= 00:02-

4 Inger K. Brøndbo 165 35:05
06:28+ 09:29+ 12:54+ 16:03+ 22:30+ 27:30+ 30:47+ 34:16+ 34:44+ 35:05+
06:28+ 03:01+ 03:25+ 03:09+ 06:27+ 05:00+ 03:17+ 03:29+ 00:28- 00:21-
01:02# 00:20# 00:25# 00:24# 01:35& 01:04& 00:53& 00:12+ 00:04- 00:02-

Plass	Navn										Klasse	Tid
D 2,5												
5	Susanne Valberg Granheim										1071	36:02
	05:25-	07:37-	11:34+	16:52+	22:37+	28:23+	30:50+	35:03+	35:36+	36:02+		
	05:25-	02:12-	03:57+	05:18+	05:45+	05:46+	02:27+	04:13+	00:33+	00:26+		
	00:01-	00:29-	00:57&	02:33&	00:53#	01:50&	00:03+	00:56&	00:01+	00:03#		
6	Inger G. Lund										155	40:34
	12:09+	14:59+	18:43+	22:04+	27:53+	32:30+	36:05+	39:27+	40:06+	40:34+		
	12:09+	02:50+	03:44+	03:21+	05:49+	04:37+	03:35+	03:22+	00:39+	00:28+		
	12:09+	02:50+	03:44+	03:21+	05:49+	04:37+	03:35+	03:22+	00:39+	00:28+		
7	Rønnaug Sagbakken										1071	40:45
	06:14+	09:51+	14:29+	18:48+	25:46+	31:05+	34:07+	39:19+	40:10+	40:45+		
	06:14+	03:37+	04:38+	04:19+	06:58+	05:19+	03:02+	05:12+	00:51+	00:35+		
	06:14+	03:37+	04:38+	04:19+	06:58+	05:19+	03:02+	05:12+	00:51+	00:35+		
8	Berit Røste										152	42:06
	14:15+	16:43+	20:31+	24:06+	30:00+	34:19+	37:38+	41:04+	41:38+	42:06+		
	14:15+	02:28+	03:48+	03:35+	05:54+	04:19+	03:19+	03:26+	00:34+	00:28+		
	14:15+	02:28+	03:48+	03:35+	05:54+	04:19+	03:19+	03:26+	00:34+	00:28+		
9	Elisabet Høgset Rise										Geno	42:49
	05:01+	08:17+	19:19+	24:59+	30:48+	35:19+	37:43+	41:33+	42:23+	42:49+		
	05:01+	03:16+	11:02+	05:40+	05:49+	04:31+	02:24+	03:50+	00:50+	00:26+		
	05:01+	03:16+	11:02+	05:40+	05:49+	04:31+	02:24+	03:50+	00:50+	00:26+		
10	Anita Stensby Bekkelund										89	43:06
	08:18+	12:04+	16:34+	21:05+	27:56+	33:35+	36:38+	41:57+	42:35+	43:06+		
	08:18+	03:46+	04:30+	04:31+	06:51+	05:39+	03:03+	05:19+	00:38+	00:31+		
	08:18+	03:46+	04:30+	04:31+	06:51+	05:39+	03:03+	05:19+	00:38+	00:31+		
11	Linda Thorvaldsen										7	45:49
	05:55+	18:58+	22:29+	25:41+	30:16+	34:34+	40:48+	43:54+	45:20+	45:49+		
	05:55+	13:03+	03:31+	03:12+	04:35+	04:18+	06:14+	03:06+	01:26+	00:29+		
	05:55+	13:03+	03:31+	03:12+	04:35+	04:18+	06:14+	03:06+	01:26+	00:29+		
12	Randi Aas Fjæstad										89	46:11
	07:16+	11:30+	16:53+	21:02+	28:27+	35:52+	39:52+	44:47+	45:36+	46:11+		
	07:16+	04:14+	05:23+	04:09+	07:25+	07:25+	04:00+	04:55+	00:49+	00:35+		
	07:16+	04:14+	05:23+	04:09+	07:25+	07:25+	04:00+	04:55+	00:49+	00:35+		
13	Oddveig Anne Sagbakken										88	47:58
	06:29+	14:30+	19:02+	22:27+	29:01+	39:42+	42:26+	46:34+	47:26+	47:58+		
	06:29+	08:01+	04:32+	03:25+	06:34+	10:41+	02:44+	04:08+	00:52+	00:32+		
	06:29+	08:01+	04:32+	03:25+	06:34+	10:41+	02:44+	04:08+	00:52+	00:32+		

Beste strekktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

D 3,5

1	Kjersti Narum		165							34:14
	05:37=	07:48=	09:22=	13:08=	16:32=	18:13=	19:34=	21:36=	27:18=	28:49=
	05:37=	02:11=	01:34=	03:46=	03:24=	01:41=	01:21=	02:02=	05:42=	01:31=
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Plass	Navn					Klasse					Tid			
D 3,5														
2	May Kristin Tangen					119					34:53			
05:06-	07:35-	08:50-	12:34-	15:48-	17:33-	18:55-	20:44-	27:09-	29:50+	33:33+	34:32+	34:53+		
05:06-	02:29+	01:15-	03:44-	03:14-	01:45+	01:22+	01:49-	06:25+	02:41+	03:43-	00:59-	00:21+		
00:31-	00:18#	00:19-	00:02-	00:10-	00:04+	00:01+	00:13-	00:43#	01:10&	00:11-	00:13-	00:02#		
3	Eirin Lodgaard					136					36:37			
05:15+	07:34+	09:16+	13:07+	16:43+	18:45+	19:59+	22:04+	29:23+	31:24+	35:09+	36:17+	36:37+		
05:15+	02:19+	01:42+	03:51+	03:36+	02:02+	01:14+	02:05+	07:19+	02:01+	03:45+	01:08+	00:20+		
05:15+	02:19+	01:42+	03:51+	03:36+	02:02+	01:14+	02:05+	07:19+	02:01+	03:45+	01:08+	00:20+		
4	Bodil Wiik					105					38:08			
05:08+	07:21+	08:36+	12:29+	16:10+	19:37+	21:24+	23:27+	30:26+	32:55+	36:45+	37:49+	38:08+		
05:08+	02:13+	01:15+	03:53+	03:41+	03:27+	01:47+	02:03+	06:59+	02:29+	03:50+	01:04+	00:19+		
05:08+	02:13+	01:15+	03:53+	03:41+	03:27+	01:47+	02:03+	06:59+	02:29+	03:50+	01:04+	00:19+		
5	Anne Sørum					1013					39:39			
05:26+	08:00+	10:01+	14:25+	17:54+	20:40+	22:19+	24:21+	31:26+	33:12+	37:43+	39:20+	39:39+		
05:26+	02:34+	02:01+	04:24+	03:29+	02:46+	01:39+	02:02+	07:05+	01:46+	04:31+	01:37+	00:19+		
05:26+	02:34+	02:01+	04:24+	03:29+	02:46+	01:39+	02:02+	07:05+	01:46+	04:31+	01:37+	00:19+		
6	Anne Karin Westby					1071					43:19			
08:46+	11:00+	12:28+	16:06+	19:12+	25:22+	26:52+	28:46+	36:18+	37:53+	41:50+	42:59+	43:19+		
08:46+	02:14+	01:28+	03:38+	03:06+	06:10+	01:30+	01:54+	07:32+	01:35+	03:57+	01:09+	00:20+		
08:46+	02:14+	01:28+	03:38+	03:06+	06:10+	01:30+	01:54+	07:32+	01:35+	03:57+	01:09+	00:20+		
7	Grete Storsveen					1071					43:45			
08:25+	11:04+	12:32+	17:02+	21:31+	24:21+	25:49+	28:52+	35:21+	37:17+	41:58+	43:23+	43:45+		
08:25+	02:39+	01:28+	04:30+	04:29+	02:50+	01:28+	03:03+	06:29+	01:56+	04:41+	01:25+	00:22+		
08:25+	02:39+	01:28+	04:30+	04:29+	02:50+	01:28+	03:03+	06:29+	01:56+	04:41+	01:25+	00:22+		
8	Kirsten Merete Nerheim					89					45:13			
06:39+	09:14+	10:56+	15:26+	22:27+	26:03+	27:35+	29:37+	37:32+	39:23+	43:18+	44:46+	45:13+		
06:39+	02:35+	01:42+	04:30+	07:01+	03:36+	01:32+	02:02+	07:55+	01:51+	03:55+	01:28+	00:27+		
06:39+	02:35+	01:42+	04:30+	07:01+	03:36+	01:32+	02:02+	07:55+	01:51+	03:55+	01:28+	00:27+		
9	Rita H Aaslund					1071					45:35			
05:29+	08:25+	17:44+	21:53+	25:26+	27:20+	28:45+	30:48+	37:16+	39:44+	43:52+	45:13+	45:35+		
05:29+	02:56+	09:19+	04:09+	03:33+	01:54+	01:25+	02:03+	06:28+	02:28+	04:08+	01:21+	00:22+		
05:29+	02:56+	09:19+	04:09+	03:33+	01:54+	01:25+	02:03+	06:28+	02:28+	04:08+	01:21+	00:22+		
10	Rigmor Lømo Aas					1013					1:14:19			
08:55+	11:52+	13:43+	19:25+	37:53+	44:39+	46:10+	49:06+	62:32+	72:10+	73:49+	74:19+			
08:55+	02:57+	01:51+	05:42+	18:28+	06:46+	01:31+	02:56+	13:26+	09:38+	01:39+	00:30+			
08:55+	02:57+	01:51+	05:42+	18:28+	06:46+	01:31+	02:56+	13:26+	09:38+	01:39+	00:30+			

Beste strekktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

D 4,5

1	Mari Norstad Opsahl		1032										46:31
	05:18=	08:42=	10:57=	13:04=	15:21=	26:41=	28:12=	30:17=	33:34=	36:29=	40:02=	41:42=	45:08=
	05:18=	03:24=	02:15=	02:07=	02:17=	11:20=	01:31=	02:05=	03:17=	02:55=	03:33=	01:40=	03:26=
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Plass	Navn					Klasse					Tid					
D 4,5																
2	Unn Mette Klopbakken					43					48:14					
	05:34+	09:20+	11:38+	13:55+	16:14+	27:06+	28:51+	30:15-	32:19-	35:15-	38:23-	41:53+	43:34-	46:51+	47:52+	48:14+
	05:34+	03:46+	02:18+	02:17+	02:19+	10:52-	01:45+	01:24-	02:04-	02:56+	03:08-	03:30+	01:41-	03:17+	01:01+	00:22+
	00:16+	00:22#	00:03+	00:10+	00:02+	00:28-	00:14#	00:41-	01:13-	00:01+	00:25-	01:50@	01:45-	02:15@	00:40@	00:22+
3	Wenche Bjørnstad					Geno					50:18					
	07:32+	11:27+	13:46+	15:51+	17:59+	29:03+	30:55+	32:18+	34:14+	37:20+	40:11+	43:57+	45:40+	48:55+	49:57+	50:18+
	07:32+	03:55+	02:19+	02:05+	02:08+	11:04+	01:52+	01:23+	01:56+	03:06+	02:51+	03:46+	01:43+	03:15+	01:02+	00:21+
	07:32+	03:55+	02:19+	02:05+	02:08+	11:04+	01:52+	01:23+	01:56+	03:06+	02:51+	03:46+	01:43+	03:15+	01:02+	00:21+
4	Lis Dæhli					90					51:51					
	06:28+	11:14+	13:39+	16:03+	18:20+	29:58+	32:28+	34:35+	37:32+	40:44+	44:12+	46:08+	49:56+	51:23+	51:51+	
	06:28+	04:46+	02:25+	02:24+	02:17+	11:38+	02:30+	02:07+	02:57+	03:12+	03:28+	01:56+	03:48+	01:27+	00:28+	
	06:28+	04:46+	02:25+	02:24+	02:17+	11:38+	02:30+	02:07+	02:57+	03:12+	03:28+	01:56+	03:48+	01:27+	00:28+	
5	Ingunn Lund Nordstrøm					105					54:56					
	12:27+	16:03+	18:36+	20:34+	22:35+	35:20+	36:40+	38:42+	41:14+	44:28+	47:39+	49:14+	53:33+	54:37+	54:56+	
	12:27+	03:36+	02:33+	01:58+	02:01+	12:45+	01:20+	02:02+	02:32+	03:14+	03:11+	01:35+	04:19+	01:04+	00:19+	
	12:27+	03:36+	02:33+	01:58+	02:01+	12:45+	01:20+	02:02+	02:32+	03:14+	03:11+	01:35+	04:19+	01:04+	00:19+	
Beste strekktid for klassen																
= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.																
H 1,5																
1	Jan Erik Johansen					55					20:27					
	02:42=	06:55=	09:19=	11:45=	16:52=	19:14=	20:04=	20:27=								
	02:42=	04:13=	02:24=	02:26=	05:07=	02:22=	00:50=	00:23=								
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=								
2	Tore Stenseth					1013					22:12					
	03:20+	07:41+	10:13+	12:48+	17:32+	20:38+	21:28+	22:12+								
	03:20+	04:21+	02:32+	02:35+	04:44-	03:06+	00:50=	00:44+								
	00:38#	00:08+	00:08+	00:09+	00:23-	00:44&	00:00=	00:21&								
3	Knut Røhrsveen					7					24:35					
	07:08+	11:27+	14:13+	17:12+	21:11+	23:29+	24:14+	24:35+								
	07:08+	04:19+	02:46+	02:59+	03:59-	02:18-	00:45-	00:21-								
	04:26@	00:06+	00:22#	00:33#	01:08-	00:04-	00:05-	00:02-								
4	Ingvald Pedersen					147					26:32					
	03:11+	08:09+	11:25+	14:48+	20:09+	25:19+	26:02+	26:32+								
	03:11+	04:58+	03:16+	03:23+	05:21+	05:10+	00:43-	00:30+								
	00:29#	00:45#	00:52&	00:57&	00:14+	02:48@	00:07-	00:07&								
5	Erik Bjøralt					NOTEAM					28:41					
	03:07+	07:41+	17:13+	19:13+	23:40+	26:53+	27:41+									
	03:07+	04:34+	09:32+	02:00-	04:27-	03:13+	00:48-									
	00:25#	00:21+	07:08@	00:26-	00:40-	00:51&	00:02-									
6	Geir-Håkon Øverby					If					31:54					
	12:33+	17:24+	19:49+	22:32+	27:33+	30:19+	31:21+	31:54+								
	12:33+	04:51+	02:25+	02:43+	05:01-	02:46+	01:02+	00:33+								
	09:51@	00:38#	00:01+	00:17#	00:06-	00:24#	00:12#	00:10&								

Plass	Navn	Klasse	Tid
H 1,5			
7	Halstein Ødegård	89	32:24
05:26+	11:48+	15:46+	20:07+
05:26+	06:22+	03:58+	04:21+
02:44@	02:09&	01:34&	01:55&
	01:22&	01:38&	00:07#
			00:28@
8	Trygve Jan Bjerke	55	35:49
13:51+	18:42+	21:36+	25:52+
13:51+	04:51+	02:54+	04:16+
13:51+	04:51+	02:54+	04:16+
	05:47+	02:57+	00:43+
		00:43+	00:30+
9	Jan Olav Tuterud	55	42:19
17:13+	22:16+	25:17+	28:25+
17:13+	05:03+	03:01+	03:08+
17:13+	05:03+	03:01+	03:08+
		09:54+	02:45+
		00:41+	00:34+
10	Ragnar Høsøien	55	50:07
11:11+	20:10+	25:43+	33:44+
11:11+	08:59+	05:33+	08:01+
11:11+	08:59+	05:33+	08:01+
	08:42+	05:32+	01:11+
	08:42+	05:32+	01:11+
Beste strekktid for klassen			
= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.			
H 2,5			
1	Per Vold	96	29:49
05:28=	09:33=	12:27=	14:02=
05:28=	04:05=	02:54=	01:35=
00:00=	00:00=	00:00=	00:00=
	00:00=	00:00=	00:00=
	00:00=	00:00=	00:00=
	00:00=	00:00=	00:00=
	00:00=	00:00=	00:00=
	00:00=	00:00=	00:00=
	00:00=	00:00=	00:00=
2	Ola Molstad	167	31:36
06:45+	12:11+	14:59+	16:16+
06:45+	05:26+	02:48-	01:17-
01:17#	01:21&	00:06-	00:18-
		00:02+	00:27#
		00:29#	01:23-
		00:05-	00:03#
			00:00=
3	Magne Smeland	167	33:18
07:40+	12:15+	15:04+	16:38+
07:40+	04:35+	02:49-	01:34-
02:12&	00:30#	00:05-	00:01-
		00:02+	00:31#
		00:54&	00:53-
		00:15#	00:03#
			00:01+
4	Morten Øie	39	33:19
05:44+	11:09+	13:56+	15:27+
05:44+	05:25+	02:47-	01:31-
00:16+	01:20&	00:07-	00:04-
		00:06+	00:31#
		02:46&	01:37-
		00:04+	00:08&
			00:07&
5	Arne Hagen	167	33:38
06:20+	10:17+	16:01+	17:18+
06:20+	03:57-	05:44+	01:17-
00:52#	00:08-	02:50&	00:18-
		00:28#	00:05+
		00:49#	01:26-
		00:36&	00:08&
			00:07-
6	Leif Martin Kjos	1071	34:11
06:51+	12:17+	14:50+	16:13+
06:51+	05:26+	02:33-	01:23-
01:23&	01:21&	00:21-	00:12-
		00:27#	00:05+
		01:35&	00:00=
		00:06+	00:01+
			00:03-

Plass	Navn	Klasse										Tid
H 2,5												
7	Jan Olav Sæther	165										35:34
07:18+	12:52+	16:03+	17:47+	20:34+	23:36+	28:10+	32:36+	34:35+	35:08+	35:34+		
07:18+	05:34+	03:11+	01:44+	02:47+	03:02+	04:34+	04:26-	01:59+	00:33+	00:26+		
01:50&	01:29&	00:17+	00:09+	00:32#	00:45&	01:06&	00:34-	00:04+	00:05#	00:02+		
8	Stein Sandaker	1038										36:15
07:00+	12:59+	16:03+	18:48+	21:06+	23:55+	28:28+	33:42+	35:24+	35:53+	36:15+		
07:00+	05:59+	03:04+	02:45+	02:18+	02:49+	04:33+	05:14+	01:42+	00:29+	00:22+		
07:00+	05:59+	03:04+	02:45+	02:18+	02:49+	04:33+	05:14+	01:42+	00:29+	00:22+		
9	Terje Malm	52										37:39
07:52+	12:46+	15:32+	17:10+	19:56+	23:09+	27:40+	34:06+	36:48+	37:17+	37:39+		
07:52+	04:54+	02:46+	01:38+	02:46+	03:13+	04:31+	06:26+	02:42+	00:29+	00:22+		
07:52+	04:54+	02:46+	01:38+	02:46+	03:13+	04:31+	06:26+	02:42+	00:29+	00:22+		
10	Magnar Nybakk	1071										38:02
07:04+	11:24+	14:05+	15:24+	17:50+	20:23+	24:34+	35:15+	37:13+	37:40+	38:02+		
07:04+	04:20+	02:41+	01:19+	02:26+	02:33+	04:11+	10:41+	01:58+	00:27+	00:22+		
07:04+	04:20+	02:41+	01:19+	02:26+	02:33+	04:11+	10:41+	01:58+	00:27+	00:22+		
11	Jon Kåre Myrene	1071										38:06
08:20+	13:09+	15:59+	21:22+	23:42+	28:32+	32:16+	35:05+	37:10+	37:42+	38:06+		
08:20+	04:49+	02:50+	05:23+	02:20+	04:50+	03:44+	02:49+	02:05+	00:32+	00:24+		
08:20+	04:49+	02:50+	05:23+	02:20+	04:50+	03:44+	02:49+	02:05+	00:32+	00:24+		
12	Tore Lindaas	27										39:57
09:04+	16:06+	19:43+	21:20+	24:14+	27:32+	31:57+	35:58+	38:41+	39:24+	39:57+		
09:04+	07:02+	03:37+	01:37+	02:54+	03:18+	04:25+	04:01+	02:43+	00:43+	00:33+		
09:04+	07:02+	03:37+	01:37+	02:54+	03:18+	04:25+	04:01+	02:43+	00:43+	00:33+		
13	Stein erik Edvardsen	27										40:21
07:43+	12:58+	16:05+	17:47+	20:18+	24:16+	30:15+	36:31+	39:08+	39:48+	40:21+		
07:43+	05:15+	03:07+	01:42+	02:31+	03:58+	05:59+	06:16+	02:37+	00:40+	00:33+		
07:43+	05:15+	03:07+	01:42+	02:31+	03:58+	05:59+	06:16+	02:37+	00:40+	00:33+		
14	Harald Grønvold	7										41:20
08:30+	14:05+	17:24+	19:07+	21:52+	24:30+	32:38+	38:19+	40:23+	40:56+	41:20+		
08:30+	05:35+	03:19+	01:43+	02:45+	02:38+	08:08+	05:41+	02:04+	00:33+	00:24+		
08:30+	05:35+	03:19+	01:43+	02:45+	02:38+	08:08+	05:41+	02:04+	00:33+	00:24+		
15	Torbjørn Ødegaard	1058										44:40
09:38+	15:06+	18:33+	20:23+	23:22+	26:30+	32:03+	41:13+	43:33+	44:10+	44:40+		
09:38+	05:28+	03:27+	01:50+	02:59+	03:08+	05:33+	09:10+	02:20+	00:37+	00:30+		
09:38+	05:28+	03:27+	01:50+	02:59+	03:08+	05:33+	09:10+	02:20+	00:37+	00:30+		
16	Kristian Narum	165										45:40
08:20+	18:31+	24:20+	25:29+	27:52+	32:16+	36:10+	43:01+	44:44+	45:15+	45:40+		
08:20+	10:11+	05:49+	01:09+	02:23+	04:24+	03:54+	06:51+	01:43+	00:31+	00:25+		
08:20+	10:11+	05:49+	01:09+	02:23+	04:24+	03:54+	06:51+	01:43+	00:31+	00:25+		
17	Knut Olav Strætkvern	1058										46:44
08:22+	12:57+	19:59+	21:27+	23:47+	26:23+	29:48+	43:52+	45:57+	46:23+	46:44+		
08:22+	04:35+	07:02+	01:28+	02:20+	02:36+	03:25+	14:04+	02:05+	00:26+	00:21+		
08:22+	04:35+	07:02+	01:28+	02:20+	02:36+	03:25+	14:04+	02:05+	00:26+	00:21+		
18	Ottar Evensen	27										50:42
08:26+	13:20+	16:14+	18:26+	22:01+	24:54+	29:32+	47:16+	49:40+	50:16+	50:42+		
08:26+	04:54+	02:54+	02:12+	03:35+	02:53+	04:38+	17:44+	02:24+	00:36+	00:26+		
08:26+	04:54+	02:54+	02:12+	03:35+	02:53+	04:38+	17:44+	02:24+	00:36+	00:26+		

Plass	Navn	Klasse	Tid
H 2,5			
19	Sven Marken	89	52:15
	11:06+ 17:03+ 21:58+ 24:17+ 27:08+ 30:43+ 36:46+ 47:38+ 50:39+ 51:30+ 52:15+		
	11:06+ 05:57+ 04:55+ 02:19+ 02:51+ 03:35+ 06:03+ 10:52+ 03:01+ 00:51+ 00:45+		
	11:06+ 05:57+ 04:55+ 02:19+ 02:51+ 03:35+ 06:03+ 10:52+ 03:01+ 00:51+ 00:45+		
20	Thorvald Sæhlie	166	1:08:57
	24:37+ 31:18+ 35:36+ 40:16+ 43:23+ 47:45+ 53:35+ 63:49+ 67:44+ 68:24+ 68:57+		
	24:37+ 06:41+ 04:18+ 04:40+ 03:07+ 04:22+ 05:50+ 10:14+ 03:55+ 00:40+ 00:33+		
	24:37+ 06:41+ 04:18+ 04:40+ 03:07+ 04:22+ 05:50+ 10:14+ 03:55+ 00:40+ 00:33+		
Beste strekktid for klassen			
= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.			
H 3,5			
1	Terje Tangen	119	32:47
	02:58= 04:19= 06:09= 09:13= 18:49= 20:34= 24:29= 27:25= 28:50= 31:29= 32:28= 32:47=		
	02:58= 01:21= 01:50= 03:04= 09:36= 01:45= 03:55= 02:56= 01:25= 02:39= 00:59= 00:19=		
	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		
2	Tom S Helgesen	55	35:17
	03:11+ 04:24+ 06:14+ 09:27+ 19:54+ 21:20+ 25:08+ 28:24+ 30:18+ 33:32+ 34:57+ 35:17+		
	03:11+ 01:13- 01:50= 03:13+ 10:27+ 01:26- 03:48- 03:16+ 01:54+ 03:14+ 01:25+ 00:20+		
	00:13+ 00:08- 00:00= 00:09+ 00:51+ 00:19- 00:07- 00:20# 00:29& 00:35# 00:26& 00:01+		
3	Ole Hans Øie	LMF	36:47
	03:38+ 05:13+ 07:41+ 11:08+ 22:02+ 23:31+ 27:29+ 30:36+ 32:22+ 35:25+ 36:27+ 36:47+		
	03:38+ 01:35+ 02:28+ 03:27+ 10:54+ 01:29- 03:58+ 03:07+ 01:46+ 03:03+ 01:02+ 00:20+		
	00:40# 00:14# 00:38& 00:23# 01:18# 00:16- 00:03+ 00:11+ 00:21# 00:24# 00:03+ 00:01+		
4	Ove Tåsåsen	1013	37:16
	03:11+ 04:53+ 06:56+ 10:20+ 24:06+ 25:24+ 28:54+ 33:11+ 36:04+ 37:01+ 37:16+		
	03:11+ 01:42+ 02:03+ 03:24+ 13:46+ 01:18- 03:30- 04:17+ 02:53+ 00:57- 00:15-		
	00:13+ 00:21& 00:13# 00:20# 04:10& 00:27- 00:25- 01:21& 01:28@ 01:42- 00:44-		
5	Knut Malmo	167	38:08
	03:28+ 05:12+ 07:22+ 10:59+ 22:11+ 23:54+ 27:46+ 33:39+ 36:50+ 37:48+ 38:08+		
	03:28+ 01:44+ 02:10+ 03:37+ 11:12+ 01:43- 03:52- 05:53+ 03:11+ 00:58- 00:20-		
	00:30# 00:23& 00:20# 00:33# 01:36# 00:02- 00:03- 02:57@ 01:46@ 01:41- 00:39-		
6	Lars Ivar Ulmo	120	38:49
	04:01+ 05:40+ 07:43+ 12:05+ 22:38+ 24:46+ 28:23+ 32:08+ 34:04+ 37:43+ 38:30+ 38:49+		
	04:01+ 01:39+ 02:03+ 04:22+ 10:33+ 02:08+ 03:37- 03:45+ 01:56+ 03:39+ 00:47- 00:19=		
	01:03& 00:18# 00:13# 01:18& 00:57+ 00:23# 00:18- 00:49& 00:31& 01:00& 00:12- 00:00=		
7	Rune Waaler	RAUT	39:04
	03:21+ 04:44+ 07:24+ 11:05+ 23:25+ 25:01+ 28:55+ 34:32+ 37:34+ 38:45+ 39:04+		
	03:21+ 01:23+ 02:40+ 03:41+ 12:20+ 01:36- 03:54- 05:37+ 03:02+ 01:11- 00:19-		
	00:23# 00:02+ 00:50& 00:37# 02:44& 00:09- 00:01- 02:41& 01:37@ 01:28- 00:40-		
8	Olav Juliussen	55	39:14
	04:22+ 05:55+ 08:45+ 12:18+ 23:27+ 24:47+ 28:53+ 33:20+ 35:05+ 37:57+ 38:55+ 39:14+		
	04:22+ 01:33+ 02:50+ 03:33+ 11:09+ 01:20- 04:06+ 04:27+ 01:45+ 02:52+ 00:58- 00:19=		
	01:24& 00:12# 01:00& 00:29# 01:33# 00:25- 00:11+ 01:31& 00:20# 00:13+ 00:01- 00:00=		

Plass	Navn	Klasse	Tid								
H 3,5											
9	Hans Asbjørn Tingvold	RILO	39:41								
04:45+	06:34+	09:14+	13:11+	24:47+	26:30+	30:12+	33:34+	35:17+	38:09+	39:17+	39:41+
04:45+	01:49+	02:40+	03:57+	11:36+	01:43-	03:42-	03:22+	01:43+	02:52+	01:08+	00:24+
01:47&	00:28&	00:50&	00:53&	02:00#	00:02-	00:13-	00:26#	00:18#	00:13+	00:09#	00:05&
10	Rune Engen	99	40:07								
05:08+	07:08+	09:10+	12:40+	24:32+	26:03+	29:41+	33:32+	35:21+	38:48+	39:47+	40:07+
05:08+	02:00+	02:02+	03:30+	11:52+	01:31+	03:38+	03:51+	01:49+	03:27+	00:59+	00:20+
05:08+	02:00+	02:02+	03:30+	11:52+	01:31+	03:38+	03:51+	01:49+	03:27+	00:59+	00:20+
11	Trond Øie	1071	40:56								
03:55+	05:41+	08:32+	12:41+	26:44+	28:11+	31:55+	36:52+	39:37+	40:34+	40:56+	
03:55+	01:46+	02:51+	04:09+	14:03+	01:27+	03:44+	04:57+	02:45+	00:57+	00:22+	
03:55+	01:46+	02:51+	04:09+	14:03+	01:27+	03:44+	04:57+	02:45+	00:57+	00:22+	
12	Einar Flenvold	1041	41:06								
04:03+	05:28+	07:54+	12:05+	23:53+	25:21+	29:31+	32:44+	34:27+	39:25+	40:44+	41:06+
04:03+	01:25+	02:26+	04:11+	11:48+	01:28+	04:10+	03:13+	01:43+	04:58+	01:19+	00:22+
04:03+	01:25+	02:26+	04:11+	11:48+	01:28+	04:10+	03:13+	01:43+	04:58+	01:19+	00:22+
13	Tore Jørgensen	105	41:30								
03:38+	07:20+	10:28+	14:33+	26:51+	28:26+	32:04+	35:30+	37:12+	40:01+	41:05+	41:30+
03:38+	03:42+	03:08+	04:05+	12:18+	01:35+	03:38+	03:26+	01:42+	02:49+	01:04+	00:25+
03:38+	03:42+	03:08+	04:05+	12:18+	01:35+	03:38+	03:26+	01:42+	02:49+	01:04+	00:25+
14	Jo Gisle Jørgensen	105	42:52								
03:51+	05:34+	08:16+	12:34+	26:24+	28:12+	32:02+	37:30+	41:32+	42:33+	42:52+	
03:51+	01:43+	02:42+	04:18+	13:50+	01:48+	03:50+	05:28+	04:02+	01:01+	00:19+	
03:51+	01:43+	02:42+	04:18+	13:50+	01:48+	03:50+	05:28+	04:02+	01:01+	00:19+	
15	Erik Haugen	119	43:18								
03:40+	05:47+	08:47+	12:59+	27:10+	28:57+	32:56+	38:39+	41:59+	42:55+	43:18+	
03:40+	02:07+	03:00+	04:12+	14:11+	01:47+	03:59+	05:43+	03:20+	00:56+	00:23+	
03:40+	02:07+	03:00+	04:12+	14:11+	01:47+	03:59+	05:43+	03:20+	00:56+	00:23+	
16	Morten Eriksen	105	43:19								
02:46+	04:25+	06:22+	09:51+	30:47+	31:50+	34:57+	39:04+	42:07+	43:00+	43:19+	
02:46+	01:39+	01:57+	03:29+	20:56+	01:03+	03:07+	04:07+	03:03+	00:53+	00:19+	
02:46+	01:39+	01:57+	03:29+	20:56+	01:03+	03:07+	04:07+	03:03+	00:53+	00:19+	
17	Torleif Finstad	55	44:55								
04:24+	05:54+	10:12+	13:52+	25:14+	26:46+	31:18+	36:49+	39:01+	43:25+	44:30+	44:55+
04:24+	01:30+	04:18+	03:40+	11:22+	01:32+	04:32+	05:31+	02:12+	04:24+	01:05+	00:25+
04:24+	01:30+	04:18+	03:40+	11:22+	01:32+	04:32+	05:31+	02:12+	04:24+	01:05+	00:25+
18	Hasse Bergstrøm	1076	44:59								
04:18+	06:03+	08:44+	12:37+	27:23+	29:09+	33:35+	37:27+	39:24+	43:28+	44:38+	44:59+
04:18+	01:45+	02:41+	03:53+	14:46+	01:46+	04:26+	03:52+	01:57+	04:04+	01:10+	00:21+
04:18+	01:45+	02:41+	03:53+	14:46+	01:46+	04:26+	03:52+	01:57+	04:04+	01:10+	00:21+
19	Trond Feiring	52	45:29								
03:41+	05:52+	08:19+	12:31+	26:11+	27:49+	35:39+	39:15+	40:54+	43:54+	45:03+	45:29+
03:41+	02:11+	02:27+	04:12+	13:40+	01:38+	07:50+	03:36+	01:39+	03:00+	01:09+	00:26+
03:41+	02:11+	02:27+	04:12+	13:40+	01:38+	07:50+	03:36+	01:39+	03:00+	01:09+	00:26+
20	Harald Øie	ARBTIL	45:30								
04:08+	06:19+	08:57+	12:58+	26:59+	28:46+	32:27+	36:05+	41:00+	43:59+	45:05+	45:30+
04:08+	02:11+	02:38+	04:01+	14:01+	01:47+	03:41+	03:38+	04:55+	02:59+	01:06+	00:25+
04:08+	02:11+	02:38+	04:01+	14:01+	01:47+	03:41+	03:38+	04:55+	02:59+	01:06+	00:25+

Plass	Navn										Klasse	Tid			
H 3,5															
21	Audun Jenssen										105	46:14			
04:03+	05:55+	09:21+	14:15+	28:46+	30:27+	34:59+	41:22+	44:43+	45:53+	46:14+					
04:03+	01:52+	03:26+	04:54+	14:31+	01:41+	04:32+	06:23+	03:21+	01:10+	00:21+					
04:03+	01:52+	03:26+	04:54+	14:31+	01:41+	04:32+	06:23+	03:21+	01:10+	00:21+					
22	Per Anders Aas										1013	46:39			
04:34+	06:26+	09:12+	13:06+	28:41+	33:02+	36:54+	41:56+	45:02+	46:10+	46:39+					
04:34+	01:52+	02:46+	03:54+	15:35+	04:21+	03:52+	05:02+	03:06+	01:08+	00:29+					
04:34+	01:52+	02:46+	03:54+	15:35+	04:21+	03:52+	05:02+	03:06+	01:08+	00:29+					
23	Avle Chr Bjørn										69	48:15			
05:53+	07:55+	11:16+	14:45+	29:43+	33:16+	36:04+	38:11+	41:35+	43:17+	46:46+	47:53+	48:15+			
05:53+	02:02+	03:21+	03:29+	14:58+	03:33+	02:48+	02:07+	03:24+	01:42+	03:29+	01:07+	00:22+			
05:53+	02:02+	03:21+	03:29+	14:58+	03:33+	02:48+	02:07+	03:24+	01:42+	03:29+	01:07+	00:22+			
24	Ola Brevig										LMF	50:26			
04:07+	06:40+	10:09+	15:25+	31:55+	33:34+	38:08+	42:10+	44:27+	48:42+	50:01+	50:26+				
04:07+	02:33+	03:29+	05:16+	16:30+	01:39+	04:34+	04:02+	02:17+	04:15+	01:19+	00:25+				
04:07+	02:33+	03:29+	05:16+	16:30+	01:39+	04:34+	04:02+	02:17+	04:15+	01:19+	00:25+				
25	Lars Skramstad										LMF	53:09			
06:52+	08:23+	10:40+	14:16+	28:02+	33:40+	42:34+	48:26+	51:50+	52:44+	53:09+					
06:52+	01:31+	02:17+	03:36+	13:46+	05:38+	08:54+	05:52+	03:24+	00:54+	00:25+					
06:52+	01:31+	02:17+	03:36+	13:46+	05:38+	08:54+	05:52+	03:24+	00:54+	00:25+					
26	Knut Wikstrøm										78	54:24			
03:19+	05:42+	09:05+	13:07+	37:55+	39:47+	43:43+	49:45+	52:57+	54:03+	54:24+					
03:19+	02:23+	03:23+	04:02+	24:48+	01:52+	03:56+	06:02+	03:12+	01:06+	00:21+					
03:19+	02:23+	03:23+	04:02+	24:48+	01:52+	03:56+	06:02+	03:12+	01:06+	00:21+					
27	Steinar Tønsager										11	57:25			
09:28+	10:55+	14:16+	18:33+	31:51+	37:18+	38:42+	44:19+	48:40+	51:31+	55:56+	57:05+	57:25+			
09:28+	01:27+	03:21+	04:17+	13:18+	05:27+	01:24+	05:37+	04:21+	02:51+	04:25+	01:09+	00:20+			
09:28+	01:27+	03:21+	04:17+	13:18+	05:27+	01:24+	05:37+	04:21+	02:51+	04:25+	01:09+	00:20+			
28	Edvin Elisenberg										ELISEN	1:00:31			
05:05+	06:51+	09:06+	13:00+	30:58+	34:22+	35:43+	40:13+	44:41+	54:49+	58:59+	60:08+	60:31+			
05:05+	01:46+	02:15+	03:54+	17:58+	03:24+	01:21+	04:30+	04:28+	10:08+	04:10+	01:09+	00:23+			
05:05+	01:46+	02:15+	03:54+	17:58+	03:24+	01:21+	04:30+	04:28+	10:08+	04:10+	01:09+	00:23+			
29	Johnny Johansen										89	1:13:55			
09:45+	11:59+	15:27+	22:20+	40:12+	42:14+	46:50+	65:06+	71:46+	73:22+	73:55+					
09:45+	02:14+	03:28+	06:53+	17:52+	02:02+	04:36+	18:16+	06:40+	01:36+	00:33+					
09:45+	02:14+	03:28+	06:53+	17:52+	02:02+	04:36+	18:16+	06:40+	01:36+	00:33+					

Beste strekktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

H 4,5

1	Terje Wikstrøm										Geno	42:25									
	04:36=	07:51=	09:48=	11:38=	13:29=	26:18=	27:32=	29:40=	31:56=	34:15=	38:29=	41:02=	42:04=	42:25=							
	04:36=	03:15=	01:57=	01:50=	01:51=	12:49=	01:14=	02:08=	02:16=	02:19=	04:14=	02:33=	01:02=	00:21=							
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=							

Plass	Navn	Klasse										Tid			
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H 4,5

2	Svein Godager	90										43:50			
05:05+	09:19+	11:26+	13:27+	15:35+	26:16-	27:39+	29:50+	32:11+	34:52+	39:45+	42:32+	43:29+	43:50+		
05:05+	04:14+	02:07+	02:01+	02:08+	10:41-	01:23+	02:11+	02:21+	02:41+	04:53+	02:47+	00:57-	00:21=		
00:29#	00:59&	00:10+	00:11+	00:17#	02:08-	00:09#	00:03+	00:05+	00:22#	00:39#	00:14+	00:05-	00:00=		
3	Ole Petter Saxrud	1028										45:49			
05:17+	08:40+	10:45+	12:48+	14:54+	25:36+	27:16+	29:27+	32:26+	35:31+	39:02+	40:56+	44:20+	45:27+	45:49+	
05:17+	03:23+	02:05+	02:03+	02:06+	10:42+	01:40+	02:11+	02:59+	03:05+	03:31+	01:54+	03:24+	01:07+	00:22+	
05:17+	03:23+	02:05+	02:03+	02:06+	10:42+	01:40+	02:11+	02:59+	03:05+	03:31+	01:54+	03:24+	01:07+	00:22+	
4	Bjarne Harkinn	lf										45:50			
05:16+	08:52+	11:04+	13:15+	15:15+	25:38+	27:17+	31:43+	34:30+	37:33+	41:57+	44:36+	45:29+	45:50+		
05:16+	03:36+	02:12+	02:11+	02:00+	10:23+	01:39+	04:26+	02:47+	03:03+	04:24+	02:39+	00:53+	00:21+		
05:16+	03:36+	02:12+	02:11+	02:00+	10:23+	01:39+	04:26+	02:47+	03:03+	04:24+	02:39+	00:53+	00:21+		
5	Bjørn J Sørum	1002										45:50			
05:15+	09:07+	11:20+	13:18+	15:12+	25:47+	27:18+	29:37+	33:53+	36:56+	40:19+	41:47+	44:31+	45:35+	45:50+	
05:15+	03:52+	02:13+	01:58+	01:54+	10:35+	01:31+	02:19+	04:16+	03:03+	03:23+	01:28+	02:44+	01:04+	00:15+	
05:15+	03:52+	02:13+	01:58+	01:54+	10:35+	01:31+	02:19+	04:16+	03:03+	03:23+	01:28+	02:44+	01:04+	00:15+	
6	Odd Arne Blystad	25										46:28			
06:09+	10:22+	12:25+	14:30+	16:36+	28:43+	30:13+	32:01+	34:25+	37:26+	42:19+	45:07+	46:08+	46:28+		
06:09+	04:13+	02:03+	02:05+	02:06+	12:07+	01:30+	01:48+	02:24+	03:01+	04:53+	02:48+	01:01+	00:20+		
06:09+	04:13+	02:03+	02:05+	02:06+	12:07+	01:30+	01:48+	02:24+	03:01+	04:53+	02:48+	01:01+	00:20+		
7	Harald Østbye	27										48:24			
08:48+	12:30+	14:32+	16:39+	18:49+	30:59+	32:22+	34:19+	36:49+	39:42+	42:48+	44:25+	47:04+	48:02+	48:24+	
08:48+	03:42+	02:02+	02:07+	02:10+	12:10+	01:23+	01:57+	02:30+	02:53+	03:06+	01:37+	02:39+	00:58+	00:22+	
08:48+	03:42+	02:02+	02:07+	02:10+	12:10+	01:23+	01:57+	02:30+	02:53+	03:06+	01:37+	02:39+	00:58+	00:22+	
8	Jon Bjørnstad	1071										57:22			
07:05+	11:26+	13:58+	16:31+	19:07+	34:59+	36:48+	39:27+	42:41+	46:01+	50:32+	52:19+	55:52+	56:58+	57:22+	
07:05+	04:21+	02:32+	02:33+	02:36+	15:52+	01:49+	02:39+	03:14+	03:20+	04:31+	01:47+	03:33+	01:06+	00:24+	
07:05+	04:21+	02:32+	02:33+	02:36+	15:52+	01:49+	02:39+	03:14+	03:20+	04:31+	01:47+	03:33+	01:06+	00:24+	
9	Stig HM Wiest	166										1:03:18			
06:11+	11:07+	13:58+	16:29+	19:10+	35:13+	37:47+	39:30+	41:58+	45:33+	49:26+	57:06+	61:45+	62:59+	63:18+	
06:11+	04:56+	02:51+	02:31+	02:41+	16:03+	02:34+	01:43+	02:28+	03:35+	03:53+	07:40+	04:39+	01:14+	00:19+	
06:11+	04:56+	02:51+	02:31+	02:41+	16:03+	02:34+	01:43+	02:28+	03:35+	03:53+	07:40+	04:39+	01:14+	00:19+	

Beste strekktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

H 5,5

1	Sigurd Dæhli	89										40:46			
03:23=	04:48=	07:32=	12:18=	15:02=	24:37=	27:08=	29:08=	30:13=	32:58=	35:16=	36:18=	37:20=	39:34=	40:27=	40:46=
03:23=	01:25=	02:44=	04:46=	02:44=	09:35=	02:31=	02:00=	01:05=	02:45=	02:18=	01:02=	01:02=	02:14=	00:53=	00:19=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Tore Borchgrevink Alu	49										44:42			
03:45+	05:17+	07:45+	13:09+	16:40+	26:54+	29:57+	31:47+	33:05+	36:12+	38:59+	40:06+	41:09+	43:25+	44:19+	44:42+
03:45+	01:32+	02:28-	05:24+	03:31+	10:14+	03:03+	01:50-	01:18+	03:07+	02:47+	01:07+	01:03+	02:16+	00:54+	00:23+
00:22#	00:07+	00:16-	00:38#	00:47&	00:39+	00:32#	00:10-	00:13#	00:22#	00:29#	00:05+	00:01+	00:02+	00:01+	00:04#

Plass	Navn	Klasse	Tid
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H 5,5

3	Frode Ødegårdstuen	ASKO	45:25
03:47+	05:24+ 08:00+ 12:53+ 15:58+	26:23+ 29:50+ 31:37+ 32:52+ 36:06+ 38:58+ 40:09+ 41:19+ 44:04+ 45:01+	45:25+
03:47+	01:37+ 02:36- 04:53+ 03:05+	10:25+ 03:27+ 01:47- 01:15+ 03:14+ 02:52+ 01:11+ 01:10+ 02:45+ 00:57+	00:24+
00:24#	00:12# 00:08- 00:07+ 00:21#	00:50+ 00:56& 00:13- 00:10# 00:29# 00:34# 00:09# 00:08# 00:31# 00:04+	00:05&
4	Stein Arne Negård	166	48:55
04:48+	06:25+ 09:23+ 15:02+ 18:22+	30:30+ 33:39+ 35:24+ 36:42+ 39:49+ 42:50+ 44:01+ 45:14+ 47:41+ 48:35+	48:55+
04:48+	01:37+ 02:58+ 05:39+ 03:20+	12:08+ 03:09+ 01:45+ 01:18+ 03:07+ 03:01+ 01:11+ 01:13+ 02:27+ 00:54+	00:20+
04:48+	01:37+ 02:58+ 05:39+ 03:20+	12:08+ 03:09+ 01:45+ 01:18+ 03:07+ 03:01+ 01:11+ 01:13+ 02:27+ 00:54+	00:20+
5	Ole Christian Bang	INN	54:35
04:20+	05:56+ 09:03+ 17:32+ 20:48+	34:17+ 37:40+ 40:10+ 41:22+ 46:06+ 49:50+ 51:06+ 53:29+ 54:15+	54:35+
04:20+	01:36+ 03:07+ 08:29+ 03:16+	13:29+ 03:23+ 02:30+ 01:12+ 04:44+ 03:44+ 01:16+ 02:23+ 00:46+	00:20+
04:20+	01:36+ 03:07+ 08:29+ 03:16+	13:29+ 03:23+ 02:30+ 01:12+ 04:44+ 03:44+ 01:16+ 02:23+ 00:46+	00:20+
6	Michael Sætvedt	RAUT	1:04:59
19:08+	20:28+ 22:56+ 30:57+ 33:36+	44:43+ 47:38+ 50:17+ 51:30+ 54:41+ 59:16+ 60:43+ 63:28+ 64:39+	64:59+
19:08+	01:20+ 02:28+ 08:01+ 02:39+	11:07+ 02:55+ 02:39+ 01:13+ 03:11+ 04:35+ 01:27+ 02:45+ 01:11+	00:20+
19:08+	01:20+ 02:28+ 08:01+ 02:39+	11:07+ 02:55+ 02:39+ 01:13+ 03:11+ 04:35+ 01:27+ 02:45+ 01:11+	00:20+

Beste strekktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.