

Bedrifts o-løp 25082020**Strekktider****Stavåsen, Elverum-25.08.2020****Plass Navn****Klasse****Tid****D 1,5**

1	Irene Øien					1071			
06:29=	09:46=	12:50=	14:42=	17:35=	21:43=	23:26=	24:38=	25:21=	
06:29=	03:17=	03:04=	01:52=	02:53=	04:08=	01:43=	01:12=	00:43=	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
2	Marie Rustadbakken					7			
09:41+	12:47+	15:33+	17:39+	20:27+	24:02+	25:51+	27:11+	28:04+	
09:41+	03:06-	02:46-	02:06+	02:48-	03:35-	01:49+	01:20+	00:53+	
03:12&	00:11-	00:18-	00:14#	00:05-	00:33-	00:06+	00:08#	00:10#	
3	Eva Stensby					89			
03:44-	07:05-	10:42-	13:40-	19:33+	24:00+	25:56+	27:27+	28:33+	
03:44-	03:21+	03:37+	02:58+	05:53+	04:27+	01:56+	01:31+	01:06+	
02:45-	00:04+	00:33#	01:06&	03:00@	00:19+	00:13#	00:19&	00:23&	
4	Helga Hansen					7			
06:33+	10:06+	13:26+	16:19+	22:38+	27:12+	29:23+	31:04+	32:24+	
06:33+	03:33+	03:20+	02:53+	06:19+	04:34+	02:11+	01:41+	01:20+	
00:04+	00:16+	00:16+	01:01&	03:26@	00:26#	00:28&	00:29&	00:37&	
5	Solveig Johannessen					7			
04:02-	07:33-	10:47-	17:46+	24:38+	28:12+	29:46+	31:26+	32:34+	
04:02-	03:31+	03:14+	06:59+	06:52+	03:34-	01:34-	01:40+	01:08+	
02:27-	00:14+	00:10+	05:07@	03:59@	00:34-	00:09-	00:28&	00:25&	
6	Gerd Grønvold					7			
08:39+	12:11+	15:28+	18:25+	24:55+	29:20+	31:17+	32:58+	34:09+	
08:39+	03:32+	03:17+	02:57+	06:30+	04:25+	01:57+	01:41+	01:11+	
02:10&	00:15+	00:13+	01:05&	03:37@	00:17+	00:14#	00:29&	00:28&	

Beste strekktid for klassen

03:44 03:06 02:46 01:52 02:48 03:34 01:34 01:12 00:43

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

D 2,5

1	Mette A Wernberg						1071		
02:47=	05:18=	07:08=	08:34=	12:18=	15:25=	16:57=	19:01=	19:38=	
02:47=	02:31=	01:50=	01:26=	03:44=	03:07=	01:32=	02:04=	00:37=	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
2	Oddveig Anne Sagbakken						88		
03:12+	06:14+	08:31+	10:08+	14:19+	17:31+	19:21+	21:03+	21:48+	
03:12+	03:02+	02:17+	01:37+	04:11+	03:12+	01:50+	01:42-	00:45+	
00:25#	00:31#	00:27#	00:11#	00:27#	00:05+	00:18#	00:22-	00:08#	
3	Elisabet Høgset Rise						Geno		
02:58+	06:00+	08:26+	09:49+	13:53+	17:34+	19:32+	21:20+	22:07+	
02:58+	03:02+	02:26+	01:23-	04:04+	03:41+	01:58+	01:48-	00:47+	
00:11+	00:31#	00:36&	00:03-	00:20+	00:34#	00:26&	00:16-	00:10&	
4	Inger E. Vamnes						NOTEAM		
03:38+	06:59+	09:33+	11:25+	17:17+	20:51+	22:48+	24:32+	25:30+	
03:38+	03:21+	02:34+	01:52+	05:52+	03:34+	01:57+	01:44-	00:58+	
00:51&	00:50&	00:44&	00:26&	02:08&	00:27#	00:25&	00:20-	00:21&	

Plass	Navn	Klasse	Tid
D 2,5			
5	Bente Grøndalen	152	25:55
	05:12+ 08:33+ 10:52+ 12:37+ 18:42+ 21:58+ 23:55+ 25:16+ 25:55+		
	05:12+ 03:21+ 02:19+ 01:45+ 06:05+ 03:16+ 01:57+ 01:21- 00:39+		
	02:25& 00:50& 00:29& 00:19# 02:21& 00:09+ 00:25& 00:43- 00:02+		
6	Rønnaug Sagbakken	1071	26:24
	03:29+ 06:49+ 09:29+ 11:15+ 17:34+ 21:35+ 23:41+ 25:32+ 26:24+		
	03:29+ 03:20+ 02:40+ 01:46+ 06:19+ 04:01+ 02:06+ 01:51+ 00:52+		
	03:29+ 03:20+ 02:40+ 01:46+ 06:19+ 04:01+ 02:06+ 01:51+ 00:52+		
7	Randi Aas Fjæstad	89	26:41
	03:49+ 07:24+ 10:21+ 12:23+ 17:13+ 21:15+ 23:49+ 25:49+ 26:41+		
	03:49+ 03:35+ 02:57+ 02:02+ 04:50+ 04:02+ 02:34+ 02:00+ 00:52+		
	03:49+ 03:35+ 02:57+ 02:02+ 04:50+ 04:02+ 02:34+ 02:00+ 00:52+		
8	Bente Tangen Wikstrøm	Geno	27:00
	03:06+ 05:56+ 10:25+ 12:17+ 16:28+ 19:47+ 24:46+ 26:15+ 27:00+		
	03:06+ 02:50+ 04:29+ 01:52+ 04:11+ 03:19+ 04:59+ 01:29+ 00:45+		
	03:06+ 02:50+ 04:29+ 01:52+ 04:11+ 03:19+ 04:59+ 01:29+ 00:45+		
9	Anita Stensby Bekkelund	89	28:14
	04:52+ 08:23+ 11:05+ 12:45+ 18:47+ 22:28+ 25:17+ 27:31+ 28:14+		
	04:52+ 03:31+ 02:42+ 01:40+ 06:02+ 03:41+ 02:49+ 02:14+ 00:43+		
	04:52+ 03:31+ 02:42+ 01:40+ 06:02+ 03:41+ 02:49+ 02:14+ 00:43+		
10	Turid Opsahl	89	29:16
	04:12+ 07:48+ 10:44+ 12:45+ 18:45+ 23:25+ 26:04+ 28:12+ 29:16+		
	04:12+ 03:36+ 02:56+ 02:01+ 06:00+ 04:40+ 02:39+ 02:08+ 01:04+		
	04:12+ 03:36+ 02:56+ 02:01+ 06:00+ 04:40+ 02:39+ 02:08+ 01:04+		
11	Inger G. Lund	155	1:15:00
	31:11+		
	31:11+		
	31:11+		

Beste strekktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

D 3,5

1	Sidsel Storihle	Geno	32:27
	02:18= 03:12= 05:15= 08:00= 09:33= 11:28= 13:50= 16:17= 21:26= 28:16= 30:07= 30:57= 31:48= 32:27=		
	02:18= 00:54= 02:03= 02:45= 01:33= 01:55= 02:22= 02:27= 05:09= 06:50= 01:51= 00:50= 00:51= 00:39=		
	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		
2	Karen Tomter	163	1:15:00
	20:27+ 43:09+ 69:19+		
	20:27+ 22:42+ 26:10+		
	18:09@ 21:48@ 24:07@		

Beste strekktid for klassen

02:18 00:54 02:03 02:45 01:33 01:55 02:22 02:27 05:09 06:50 01:51 00:50 00:51 00:39

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

1	Ingunn Lund Nordstrøm					105					27:42						
00:55=	02:57=	06:05=	07:12=	08:08=	09:51=	11:14=	11:53=	13:22=	15:37=	17:40=	18:37=	21:27=	24:45=	26:16=	27:14=	27:42=	
00:55=	02:02=	03:08=	01:07=	00:56=	01:43=	01:23=	00:39=	01:29=	02:15=	02:03=	00:57=	02:50=	03:18=	01:31=	00:58=	00:28=	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
2	Unn Mette Klopbakken					43					31:17						
01:00+	04:21+	07:19+	09:13+	12:21+	13:44+	15:02+	16:24+	18:37+	20:01+	21:15+	24:16+	27:51+	29:48+	30:49+	31:17+		
01:00+	03:21+	02:58-	01:54+	03:08+	01:23-	01:18-	01:22+	02:13+	01:24-	01:14-	03:01+	03:35+	01:57-	01:01-	00:28-		
00:05+	01:19&	00:10-	00:47&	02:12@	00:20-	00:05-	00:43@	00:44&	00:51-	00:49-	02:04@	00:45&	01:21-	00:30-	00:30-		
3	Line Merete Libak					89					31:59						
01:05+	02:58+	06:24+	07:36+	09:42+	11:01+	11:57+	13:40+	16:18+	18:01+	19:18+	22:26+	28:15+	30:18+	31:25+	31:59+		
01:05+	01:53-	03:26+	01:12+	02:06+	01:19-	00:56-	01:43+	02:38+	01:43-	01:17-	03:08+	05:49+	02:03-	01:07-	00:34-		
00:10#	00:09-	00:18+	00:05+	01:10@	00:24-	00:27-	01:04@	01:09&	00:32-	00:46-	02:11@	02:59@	01:15-	00:24-	00:24-		
4	Marianne Rud Skjærstad					89					36:46						
02:48+	05:10+	09:03+	14:01+	15:47+	16:43+	17:59+	20:32+	21:57+	23:18+	28:24+	32:30+	34:48+	36:11+	36:46+			
02:48+	02:22+	03:53+	04:58+	01:46+	00:56-	01:16-	02:33+	01:25-	01:21-	05:06+	04:06+	02:18-	01:23-	00:35-			
01:53@	00:20#	00:45#	03:51@	00:50&	00:47-	00:07-	01:54@	00:04-	00:54-	03:03@	03:09@	00:32-	01:55-	00:56-			
5	Lill Ramberg Skappel					10002					38:16						
01:30+	03:51+	07:43+	09:39+	14:04+	17:54+	18:45+	21:14+	23:59+	25:37+	27:08+	30:26+	34:12+	36:26+	37:39+	38:16+		
01:30+	02:21+	03:52+	01:56+	04:25+	03:50+	00:51-	02:29+	02:45+	01:38-	01:31-	03:18+	03:46+	02:14-	01:13-	00:37-		
00:35&	00:19#	00:44#	00:49&	03:29@	02:07@	00:32-	01:50@	01:16&	00:37-	00:32-	02:21@	00:56&	01:04-	00:18-	00:21-		
6	Lis Dæhli					152					41:00						
01:15+	03:01+	07:17+	08:32+	10:22+	11:49+	12:38+	17:33+	19:50+	22:46+	24:07+	32:51+	37:11+	39:14+	40:22+	41:00+		
01:15+	01:46-	04:16+	01:15+	01:50+	01:27-	00:49-	04:55+	02:17+	02:56+	01:21-	08:44+	04:20+	02:03-	01:08-	00:38-		
00:20&	00:16-	01:08&	00:08#	00:54&	00:16-	00:34-	04:16@	00:48&	00:41&	00:42-	07:47@	01:30&	01:15-	00:23-	00:20-		
7	Mona Bugge Haug					146					45:06						
01:21+	05:22+	09:05+	10:35+	12:37+	14:38+	15:38+	16:51+	19:50+	21:30+	23:35+	34:35+	40:59+	43:15+	44:28+	45:06+		
01:21+	04:01+	03:43+	01:30+	02:02+	02:01+	01:00-	01:13+	02:59+	01:40-	02:05+	11:00+	06:24+	02:16-	01:13-	00:38-		
00:26&	01:59&	00:35#	00:23&	01:06@	00:18#	00:23-	00:34&	01:30@	00:35-	00:02+	10:03@	03:34@	01:02-	00:18-	00:20-		
8	Bodil Wiik					105					1:15:00						
07:17+	09:46+	13:42+	19:26+	22:26+	28:47+	36:03+	41:24+	80:15+									
07:17+	02:29+	03:56+	05:44+	03:00+	06:21+	07:16+	05:21+	38:51+									
06:22@	00:27#	00:48&	04:37@	02:04@	04:38@	05:53@	04:42@	37:22@									
9	Wenche Bjørnstad					Geno					1:15:00						
02:42+	13:35+	39:47+	56:52+	60:41+													
02:42+	10:53+	26:12+	17:05+	03:49+													
01:47@	08:51@	23:04@	15:58@	02:53@													

Beste strekktid for klassen

00:55	01:46	02:58	01:07	00:56	00:56	00:49	00:39	01:25	01:21	01:14	00:57	02:18	01:23	00:35	00:28	00:28
-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

D 5,5

1	Nikoline Ekeberg Schjerve										1003		25:08									
00:33=	02:04=	02:32=	04:31=	07:58=	09:22=	10:10=	10:49=	11:38=	13:43=	14:44=	15:23=	16:15=	17:56=	19:18=	21:44=	22:33=	23:40=	24:46=	25:08=			
00:33=	01:31=	00:28=	01:59=	03:27=	01:24=	00:48=	00:39=	00:49=	02:05=	01:01=	00:39=	00:52=	01:41=	01:22=	02:26=	00:49=	01:07=	01:06=	00:22=			
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=			

Plass	Navn	Klasse	Tid																	
D 5,5																				
2	Nina Smestad	90	32:32																	
00:40+	02:45+	03:31+	05:50+	07:43-	09:12-	10:19+	11:22+	12:08+	13:19-	16:14+	17:36+	18:28+	19:38+	22:15+	24:04+	28:05+	29:09+	30:44+	31:59+	32:32+
00:40+	02:05+	00:46+	02:19+	01:53-	01:29+	01:07+	01:03+	00:46-	01:11-	02:55+	01:22+	00:52=	01:10-	02:37+	01:49-	04:01+	01:04-	01:35+	01:15+	00:33+
00:07#	00:34&	00:18&	00:20#	01:34-	00:05+	00:19&	00:24&	00:03-	00:54-	01:54@	00:43@	00:00=	00:31-	01:15&	00:37-	03:12@	00:03-	00:29&	00:53@	00:33+
Beste strekktid for klassen																				
= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.																				
H 1,5																				
1	Hans Petter Jevanord	Geno	20:47																	
01:34=	04:19=	07:47=	10:35=	13:26=	17:25=	18:29=	19:49=	20:47=												
01:34=	02:45=	03:28=	02:48=	02:51=	03:59=	01:04=	01:20=	00:58=												
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=												
2	Jan Erik Johansen	55	22:28																	
01:34=	04:15-	07:15-	09:38-	15:20+	20:10+	20:58+	21:50+	22:28+												
01:34=	02:41-	03:00-	02:23-	05:42+	04:50+	00:48-	00:52-	00:38-												
00:00=	00:04-	00:28-	00:25-	02:51&	00:51#	00:16-	00:28-	00:20-												
3	Knut Røhrsveen	7	22:32																	
04:32+	07:08+	10:10+	14:38+	16:50+	20:04+	20:59+	21:57+	22:32+												
04:32+	02:36-	03:02-	04:28+	02:12-	03:14-	00:55-	00:58-	00:35-												
02:58@	00:09-	00:26-	01:40&	00:39-	00:45-	00:09-	00:22-	00:23-												
4	Bjørn Jenssen	1013	24:07																	
01:40+	04:31+	08:08+	10:29-	15:46+	21:04+	21:43+	23:16+	24:07+												
01:40+	02:51+	03:37+	02:21-	05:17+	05:18+	00:39-	01:33+	00:51-												
00:06+	00:06+	00:09+	00:27-	02:26&	01:19&	00:25-	00:13#	00:07-												
5	Erik Skårås	1071	26:39																	
02:11+	06:27+	09:53+	13:56+	19:40+	23:41+	24:47+	25:59+	26:39+												
02:11+	04:16+	03:26-	04:03+	05:44+	04:01+	01:06+	01:12-	00:40-												
00:37&	01:31&	00:02-	01:15&	02:53@	00:02+	00:02+	00:08-	00:18-												
6	Knut Martinsen	1071	28:30																	
03:46+	07:08+	10:49+	13:06+	20:07+	24:50+	25:51+	27:24+	28:30+												
03:46+	03:22+	03:41+	02:17-	07:01+	04:43+	01:01-	01:33+	01:06+												
02:12@	00:37#	00:13+	00:31-	04:10@	00:44#	00:03-	00:13#	00:08#												
7	Dag Erik Hovde	25	29:36																	
03:39+	07:23+	11:55+	14:51+	20:19+	25:48+	26:47+	28:26+	29:36+												
03:39+	03:44+	04:32+	02:56+	05:28+	05:29+	00:59-	01:39+	01:10+												
02:05@	00:59&	01:04&	00:08+	02:37&	01:30&	00:05-	00:19#	00:12#												
8	Ragnar Høsøien	55	34:25																	
06:08+	10:26+	16:15+	19:06+	24:33+	29:54+	31:24+	33:09+	34:25+												
06:08+	04:18+	05:49+	02:51+	05:27+	05:21+	01:30+	01:45+	01:16+												
04:34@	01:33&	02:21&	00:03+	02:36&	01:22&	00:26&	00:25&	00:18&												
9	Trygve Jan Bjerke	55	35:56																	
10:14+	13:16+	16:49+	19:20+	29:05+	33:15+	33:56+	35:08+	35:56+												
10:14+	03:02+	03:33+	02:31-	09:45+	04:10+	00:41-	01:12-	00:48-												
08:40@	00:17#	00:05+	00:17-	06:54@	00:11+	00:23-	00:08-	00:10-												

Plass	Navn	Klasse	Tid
H 1,5			
10	Arne Sveen	144	44:11
12:48+ 16:59+ 22:40+ 27:32+ 32:55+ 39:21+ 40:40+ 42:47+ 44:11+			
12:48+ 04:11+ 05:41+ 04:52+ 05:23+ 06:26+ 01:19+ 02:07+ 01:24+			
11:14@ 01:26& 02:13& 02:04& 02:32& 02:27& 00:15# 00:47& 00:26&			
11	Arne Gunnar Barflo	89	59:11
06:04+ 11:00+ 17:09+ 21:26+ 32:54+ 53:58+ 55:11+ 57:34+ 59:11+			
06:04+ 04:56+ 06:09+ 04:17+ 11:28+ 21:04+ 01:13+ 02:23+ 01:37+			
06:04+ 04:56+ 06:09+ 04:17+ 11:28+ 21:04+ 01:13+ 02:23+ 01:37+			
Beste strekktid for klassen			
= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.			
H 2,5			
1	Magnar Nybakk	1071	18:16
02:42= 05:25= 07:10= 08:30= 11:53= 14:22= 16:07= 16:57= 17:45= 18:16=			
02:42= 02:43= 01:45= 01:20= 03:23= 02:29= 01:45= 00:50= 00:48= 00:31=			
00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=			
2	Ludvig Bjerke-Narud	Geno	18:56
02:28- 05:26+ 07:11+ 08:47+ 11:14- 13:51- 15:46- 17:20+ 18:15+ 18:56+			
02:28- 02:58+ 01:45= 01:36+ 02:27- 02:37+ 01:55+ 01:34+ 00:55+ 00:41+			
00:14- 00:15+ 00:00= 00:16# 00:56- 00:08+ 00:10+ 00:44& 00:07# 00:10&			
3	Hans Asbjørn Tingvold	RILO	20:09
05:23+ 08:21+ 09:57+ 11:27+ 13:48+ 16:11+ 17:40+ 18:43+ 19:33+ 20:09+			
05:23+ 02:58+ 01:36- 01:30+ 02:21- 02:23- 01:29- 01:03+ 00:50+ 00:36+			
02:41& 00:15+ 00:09- 00:10# 01:02- 00:06- 00:16- 00:13& 00:02+ 00:05#			
4	Terje Malm	147	21:15
03:27+ 06:34+ 08:25+ 10:01+ 13:04+ 15:58+ 18:27+ 19:44+ 20:48+ 21:15+			
03:27+ 03:07+ 01:51+ 01:36+ 03:03- 02:54+ 02:29+ 01:17+ 01:04+ 00:27-			
00:45& 00:24# 00:06+ 00:16# 00:20- 00:25# 00:44& 00:27& 00:16& 00:04-			
5	Stein Edvardsen	27	22:37
03:17+ 07:07+ 09:19+ 11:15+ 14:09+ 17:24+ 19:38+ 20:44+ 21:51+ 22:37+			
03:17+ 03:50+ 02:12+ 01:56+ 02:54- 03:15+ 02:14+ 01:06+ 01:07+ 00:46+			
00:35# 01:07& 00:27& 00:36& 00:29- 00:46& 00:29& 00:16& 00:19& 00:15&			
6	Karl Petter Opsahl	89	22:46
06:47+ 10:27+ 12:10+ 13:26+ 16:01+ 18:28+ 20:25+ 21:07+ 22:01+ 22:46+			
06:47+ 03:40+ 01:43- 01:16- 02:35- 02:27- 01:57+ 00:42- 00:54+ 00:45+			
04:05@ 00:57& 00:02- 00:04- 00:48- 00:02- 00:12# 00:08- 00:06# 00:14&			
7	Magne Johansen	1032	22:50
03:14+ 06:50+ 08:56+ 10:47+ 14:24+ 17:39+ 19:50+ 20:56+ 22:03+ 22:50+			
03:14+ 03:36+ 02:06+ 01:51+ 03:37+ 03:15+ 02:11+ 01:06+ 01:07+ 00:47+			
00:32# 00:53& 00:21# 00:31& 00:14+ 00:46& 00:26# 00:16& 00:19& 00:16&			
8	Per Ivar Kvammen	1058	22:58
03:06+ 06:46+ 08:56+ 11:16+ 14:23+ 17:34+ 19:55+ 21:01+ 22:12+ 22:58+			
03:06+ 03:40+ 02:10+ 02:20+ 03:07- 03:11+ 02:21+ 01:06+ 01:11+ 00:46+			
00:24# 00:57& 00:25# 01:00& 00:16- 00:42& 00:36& 00:16& 00:23& 00:15&			

Plass	Navn				Klasse				Tid		
H 2,5											
9	Arne Hagen				167				23:03		
02:19-	05:49+	07:21+	08:55+	11:28-	13:59-	20:43+	21:46+	22:32+	23:03+		
02:19-	03:30+	01:32-	01:34+	02:33-	02:31+	06:44+	01:03+	00:46-	00:31=		
00:23-	00:47&	00:13-	00:14#	00:50-	00:02+	04:59@	00:13&	00:02-	00:00=		
10	Per Vold				96				23:14		
02:24+	05:31+	07:02+	08:25+	15:54+	18:14+	20:56+	21:45+	22:42+	23:14+		
02:24+	03:07+	01:31+	01:23+	07:29+	02:20+	02:42+	00:49+	00:57+	00:32+		
02:24+	03:07+	01:31+	01:23+	07:29+	02:20+	02:42+	00:49+	00:57+	00:32+		
11	Harald Grønvold				7				23:40		
04:24+	07:31+	09:22+	11:08+	13:25+	15:58+	18:53+	21:54+	23:03+	23:40+		
04:24+	03:07+	01:51+	01:46+	02:17+	02:33+	02:55+	03:01+	01:09+	00:37+		
04:24+	03:07+	01:51+	01:46+	02:17+	02:33+	02:55+	03:01+	01:09+	00:37+		
12	Reidar Syversen				155				24:20		
05:09+	08:57+	11:15+	12:55+	15:44+	18:45+	21:39+	22:45+	23:43+	24:20+		
05:09+	03:48+	02:18+	01:40+	02:49+	03:01+	02:54+	01:06+	00:58+	00:37+		
05:09+	03:48+	02:18+	01:40+	02:49+	03:01+	02:54+	01:06+	00:58+	00:37+		
13	Helge Storsveen				89				25:12		
03:27+	08:04+	10:22+	12:17+	16:01+	19:34+	21:59+	23:11+	24:28+	25:12+		
03:27+	04:37+	02:18+	01:55+	03:44+	03:33+	02:25+	01:12+	01:17+	00:44+		
03:27+	04:37+	02:18+	01:55+	03:44+	03:33+	02:25+	01:12+	01:17+	00:44+		
14	Thorvald Sæhlie				120				28:26		
03:47+	08:07+	10:57+	13:52+	17:35+	21:16+	24:39+	26:15+	27:40+	28:26+		
03:47+	04:20+	02:50+	02:55+	03:43+	03:41+	03:23+	01:36+	01:25+	00:46+		
03:47+	04:20+	02:50+	02:55+	03:43+	03:41+	03:23+	01:36+	01:25+	00:46+		
15	Sven Marken				89				29:00		
03:43+	07:52+	10:16+	12:28+	18:29+	22:08+	25:06+	26:50+	28:08+	29:00+		
03:43+	04:09+	02:24+	02:12+	06:01+	03:39+	02:58+	01:44+	01:18+	00:52+		
03:43+	04:09+	02:24+	02:12+	06:01+	03:39+	02:58+	01:44+	01:18+	00:52+		
16	Olav Skjærbekk				165				30:27		
05:17+	09:31+	11:55+	13:57+	17:42+	21:04+	26:59+	28:28+	29:39+	30:27+		
05:17+	04:14+	02:24+	02:02+	03:45+	03:22+	05:55+	01:29+	01:11+	00:48+		
05:17+	04:14+	02:24+	02:02+	03:45+	03:22+	05:55+	01:29+	01:11+	00:48+		
17	Hallstein Ødegård				89				35:28		
05:19+	09:30+	12:03+	14:30+	20:09+	24:08+	28:46+	31:02+	33:30+	34:35+	35:28+	
05:19+	04:11+	02:33+	02:27+	05:39+	03:59+	04:38+	02:16+	02:28+	01:05+	00:53+	
05:19+	04:11+	02:33+	02:27+	05:39+	03:59+	04:38+	02:16+	02:28+	01:05+	00:53+	
18	Thomas Martinsen				NORTU				36:04		
04:07+	10:11+	12:25+	14:22+	19:29+	28:44+	32:41+	34:48+	35:31+	36:04+		
04:07+	06:04+	02:14+	01:57+	05:07+	09:15+	03:57+	02:07+	00:43+	00:33+		
04:07+	06:04+	02:14+	01:57+	05:07+	09:15+	03:57+	02:07+	00:43+	00:33+		

Beste strekktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

H 3,5

Plass	Navn	Klasse										Tid				
H 3,5																
1	Tom S Helgesen	55										23:13				
01:18=	03:18=	06:25=	07:19=	08:49=	09:59=	11:05=	12:26=	15:21=	17:28=	19:49=	21:27=	22:09=	22:46=	23:13=		
01:18=	02:00=	03:07=	00:54=	01:30=	01:10=	01:06=	01:21=	02:55=	02:07=	02:21=	01:38=	00:42=	00:37=	00:27=		
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=		
2	Ove Tåsåsen	1013										23:58				
00:35+	02:14+	06:30+	07:00+	09:05+	10:27+	11:41+	13:16+	15:50+	17:27+	19:58+	22:01+	22:55+	23:33+	23:58+		
00:35+	01:39+	04:16+	00:30+	02:05+	01:22+	01:14+	01:35+	02:34+	01:37+	02:31+	02:03+	00:54+	00:38+	00:25+		
00:35+	01:39+	04:16+	00:30+	02:05+	01:22+	01:14+	01:35+	02:34+	01:37+	02:31+	02:03+	00:54+	00:38+	00:25+		
3	Morten Eriksen	105										24:15				
00:44+	02:23+	05:22+	06:13+	07:40+	10:06+	11:21+	12:44+	16:30+	17:47+	20:23+	22:21+	23:10+	23:49+	24:15+		
00:44+	01:39+	02:59+	00:51+	01:27+	02:26+	01:15+	01:23+	03:46+	01:17+	02:36+	01:58+	00:49+	00:39+	00:26+		
00:44+	01:39+	02:59+	00:51+	01:27+	02:26+	01:15+	01:23+	03:46+	01:17+	02:36+	01:58+	00:49+	00:39+	00:26+		
4	Hasse Bergstrøm	1076										24:57				
00:33+	02:35+	06:10+	07:09+	08:51+	09:58+	11:25+	12:57+	16:02+	17:49+	20:33+	22:39+	23:41+	24:27+	24:57+		
00:33+	02:02+	03:35+	00:59+	01:42+	01:07+	01:27+	01:32+	03:05+	01:47+	02:44+	02:06+	01:02+	00:46+	00:30+		
00:33+	02:02+	03:35+	00:59+	01:42+	01:07+	01:27+	01:32+	03:05+	01:47+	02:44+	02:06+	01:02+	00:46+	00:30+		
5	Olav Juliussen	55										26:35				
00:44+	02:34+	08:33+	09:28+	11:21+	12:29+	13:48+	15:28+	18:14+	19:45+	22:30+	24:33+	25:24+	26:07+	26:35+		
00:44+	01:50+	05:59+	00:55+	01:53+	01:08+	01:19+	01:40+	02:46+	01:31+	02:45+	02:03+	00:51+	00:43+	00:28+		
00:44+	01:50+	05:59+	00:55+	01:53+	01:08+	01:19+	01:40+	02:46+	01:31+	02:45+	02:03+	00:51+	00:43+	00:28+		
6	Erik Grøndalen	1002										27:23				
00:39+	02:25+	11:05+	11:47+	13:12+	14:13+	15:19+	16:44+	19:20+	21:15+	23:29+	25:20+	26:04+	26:52+	27:23+		
00:39+	01:46+	08:40+	00:42+	01:25+	01:01+	01:06+	01:25+	02:36+	01:55+	02:14+	01:51+	00:44+	00:48+	00:31+		
00:39+	01:46+	08:40+	00:42+	01:25+	01:01+	01:06+	01:25+	02:36+	01:55+	02:14+	01:51+	00:44+	00:48+	00:31+		
7	Trond Feiring	1058										28:04				
01:07+	03:17+	06:48+	07:42+	09:19+	11:09+	12:40+	14:27+	17:29+	19:21+	21:52+	25:07+	26:06+	27:31+	28:04+		
01:07+	02:10+	03:31+	00:54+	01:37+	01:50+	01:31+	01:47+	03:02+	01:52+	02:31+	03:15+	00:59+	01:25+	00:33+		
01:07+	02:10+	03:31+	00:54+	01:37+	01:50+	01:31+	01:47+	03:02+	01:52+	02:31+	03:15+	00:59+	01:25+	00:33+		
8	Rune Waaler	RAUT										28:06				
00:49+	02:48+	07:17+	08:03+	09:38+	11:42+	13:23+	15:01+	18:37+	20:20+	23:40+	25:54+	26:44+	27:37+	28:06+		
00:49+	01:59+	04:29+	00:46+	01:35+	02:04+	01:41+	01:38+	03:36+	01:43+	03:20+	02:14+	00:50+	00:53+	00:29+		
00:49+	01:59+	04:29+	00:46+	01:35+	02:04+	01:41+	01:38+	03:36+	01:43+	03:20+	02:14+	00:50+	00:53+	00:29+		
9	Odd Nysæther	15										29:32				
00:45+	02:49+	06:32+	07:41+	09:20+	10:39+	12:17+	13:53+	19:43+	21:57+	24:49+	27:14+	28:06+	28:56+	29:32+		
00:45+	02:04+	03:43+	01:09+	01:39+	01:19+	01:38+	01:36+	05:50+	02:14+	02:52+	02:25+	00:52+	00:50+	00:36+		
00:45+	02:04+	03:43+	01:09+	01:39+	01:19+	01:38+	01:36+	05:50+	02:14+	02:52+	02:25+	00:52+	00:50+	00:36+		
10	Lars Skramstad	LMF										29:40				
02:25+	04:16+	08:39+	09:42+	12:28+	13:55+	15:21+	17:03+	19:45+	21:22+	24:18+	26:50+	28:21+	29:13+	29:40+		
02:25+	01:51+	04:23+	01:03+	02:46+	01:27+	01:26+	01:42+	02:42+	01:37+	02:56+	02:32+	01:31+	00:52+	00:27+		
02:25+	01:51+	04:23+	01:03+	02:46+	01:27+	01:26+	01:42+	02:42+	01:37+	02:56+	02:32+	01:31+	00:52+	00:27+		
11	Håkon Morten	27										30:10				
00:45+	02:56+	06:49+	09:38+	11:30+	12:58+	14:27+	16:44+	20:14+	22:25+	25:40+	28:01+	28:50+	29:37+	30:10+		
00:45+	02:11+	03:53+	02:49+	01:52+	01:28+	01:29+	02:17+	03:30+	02:11+	03:15+	02:21+	00:49+	00:47+	00:33+		
00:45+	02:11+	03:53+	02:49+	01:52+	01:28+	01:29+	02:17+	03:30+	02:11+	03:15+	02:21+	00:49+	00:47+	00:33+		
12	Tore Stenseth	1013										30:53				
00:33+	02:41+	06:34+	07:43+	09:17+	10:40+	15:11+	16:51+	20:10+	22:10+	24:49+	27:19+	29:25+	30:18+	30:53+		
00:33+	02:08+	03:53+	01:09+	01:34+	01:23+	04:31+	01:40+	03:19+	02:00+	02:39+	02:30+	02:06+	00:53+	00:35+		
00:33+	02:08+	03:53+	01:09+	01:34+	01:23+	04:31+	01:40+	03:19+	02:00+	02:39+	02:30+	02:06+	00:53+	00:35+		

Plass	Navn				Klasse				Tid							
H 3,5																
13	Steinar Libak				89				30:57							
00:46+	02:50+	06:52+	07:57+	10:17+	12:05+	14:50+	16:33+	19:59+	23:00+	25:42+	28:12+	29:24+	30:15+	30:57+		
00:46+	02:04+	04:02+	01:05+	02:20+	01:48+	02:45+	01:43+	03:26+	03:01+	02:42+	02:30+	01:12+	00:51+	00:42+		
00:46+	02:04+	04:02+	01:05+	02:20+	01:48+	02:45+	01:43+	03:26+	03:01+	02:42+	02:30+	01:12+	00:51+	00:42+		
14	Kjetil Liven				LMF				31:04							
00:50+	03:07+	06:44+	09:49+	11:42+	12:49+	17:07+	18:50+	21:56+	23:38+	27:11+	29:00+	29:48+	30:34+	31:04+		
00:50+	02:17+	03:37+	03:05+	01:53+	01:07+	04:18+	01:43+	03:06+	01:42+	03:33+	01:49+	00:48+	00:46+	00:30+		
00:50+	02:17+	03:37+	03:05+	01:53+	01:07+	04:18+	01:43+	03:06+	01:42+	03:33+	01:49+	00:48+	00:46+	00:30+		
15	Torleif Finstad				55				31:15							
01:16+	04:47+	09:49+	11:30+	13:44+	16:09+	17:31+	19:04+	22:46+	24:13+	27:15+	29:12+	29:59+	30:42+	31:15+		
01:16+	03:31+	05:02+	01:41+	02:14+	02:25+	01:22+	01:33+	03:42+	01:27+	03:02+	01:57+	00:47+	00:43+	00:33+		
01:16+	03:31+	05:02+	01:41+	02:14+	02:25+	01:22+	01:33+	03:42+	01:27+	03:02+	01:57+	00:47+	00:43+	00:33+		
16	Einar Flenvold				1041				34:29							
08:40+	11:15+	14:33+	15:38+	17:44+	20:41+	22:13+	23:44+	26:19+	27:45+	30:37+	32:28+	33:20+	33:58+	34:29+		
08:40+	02:35+	03:18+	01:05+	02:06+	02:57+	01:32+	01:31+	02:35+	01:26+	02:52+	01:51+	00:52+	00:38+	00:31+		
08:40+	02:35+	03:18+	01:05+	02:06+	02:57+	01:32+	01:31+	02:35+	01:26+	02:52+	01:51+	00:52+	00:38+	00:31+		
17	Steinar Tønsager				11				38:28							
01:24+	03:46+	08:54+	09:37+	13:30+	15:17+	22:21+	23:34+	27:14+	30:39+	33:36+	35:54+	36:58+	37:58+	38:28+		
01:24+	02:22+	05:08+	00:43+	03:53+	01:47+	07:04+	01:13+	03:40+	03:25+	02:57+	02:18+	01:04+	01:00+	00:30+		
01:24+	02:22+	05:08+	00:43+	03:53+	01:47+	07:04+	01:13+	03:40+	03:25+	02:57+	02:18+	01:04+	01:00+	00:30+		
18	Tore Gustav Tomter				1021				39:50							
07:03+	09:08+	13:50+	15:26+	18:32+	19:55+	21:18+	23:37+	30:49+	32:41+	35:04+	36:56+	38:17+	39:18+	39:50+		
07:03+	02:05+	04:42+	01:36+	03:06+	01:23+	01:23+	02:19+	07:12+	01:52+	02:23+	01:52+	01:21+	01:01+	00:32+		
07:03+	02:05+	04:42+	01:36+	03:06+	01:23+	01:23+	02:19+	07:12+	01:52+	02:23+	01:52+	01:21+	01:01+	00:32+		
19	Espen Melby				89				47:32							
05:27+	08:15+	16:08+	21:52+	23:33+	25:59+	28:23+	29:40+	31:13+	34:57+	37:16+	40:09+	44:51+	46:03+	46:57+	47:32+	
05:27+	02:48+	07:53+	05:44+	01:41+	02:26+	02:24+	01:17+	01:33+	03:44+	02:19+	02:53+	04:42+	01:12+	00:54+	00:35+	
05:27+	02:48+	07:53+	05:44+	01:41+	02:26+	02:24+	01:17+	01:33+	03:44+	02:19+	02:53+	04:42+	01:12+	00:54+	00:35+	
20	Jan Roald Bøgeberg				89				50:41							
06:19+	12:21+	19:11+	20:40+	23:17+	25:14+	27:55+	29:55+	34:02+	37:13+	43:12+	46:32+	48:06+	50:08+	50:41+		
06:19+	06:02+	06:50+	01:29+	02:37+	01:57+	02:41+	02:00+	04:07+	03:11+	05:59+	03:20+	01:34+	02:02+	00:33+		
06:19+	06:02+	06:50+	01:29+	02:37+	01:57+	02:41+	02:00+	04:07+	03:11+	05:59+	03:20+	01:34+	02:02+	00:33+		
21	Bjørn Myhr				167				53:55							
07:33+	10:49+	16:42+	18:55+	26:05+	28:22+	30:37+	34:55+	40:10+	42:55+	46:38+	50:03+	51:41+	53:15+	53:55+		
07:33+	03:16+	05:53+	02:13+	07:10+	02:17+	02:15+	04:18+	05:15+	02:45+	03:43+	03:25+	01:38+	01:34+	00:40+		
07:33+	03:16+	05:53+	02:13+	07:10+	02:17+	02:15+	04:18+	05:15+	02:45+	03:43+	03:25+	01:38+	01:34+	00:40+		
22	Gunnar Alu				1058				56:00							
01:12+	03:54+	11:49+	13:08+	27:28+	29:39+	32:39+	35:06+	40:28+	43:58+	47:51+	52:33+	53:50+	55:10+	56:00+		
01:12+	02:42+	07:55+	01:19+	14:20+	02:11+	03:00+	02:27+	05:22+	03:30+	03:53+	04:42+	01:17+	01:20+	00:50+		
01:12+	02:42+	07:55+	01:19+	14:20+	02:11+	03:00+	02:27+	05:22+	03:30+	03:53+	04:42+	01:17+	01:20+	00:50+		
23	Eystein Linnerud				105				1:10:09							
01:05+	04:06+	20:16+	39:10+	42:54+	44:30+	46:13+	49:39+	54:14+	58:49+	62:32+	66:18+	67:39+	69:27+	70:09+		
01:05+	03:01+	16:10+	18:54+	03:44+	01:36+	01:43+	03:26+	04:35+	04:35+	03:43+	03:46+	01:21+	01:48+	00:42+		
01:05+	03:01+	16:10+	18:54+	03:44+	01:36+	01:43+	03:26+	04:35+	04:35+	03:43+	03:46+	01:21+	01:48+	00:42+		
24	Knut Wikstrøm				78				1:15:00							
11:22+	35:22+	37:29+														
11:22+	24:00+	02:07+														
11:22+	24:00+	02:07+														

Plass	Navn	Klasse	Tid
H 3,5			
25	Johnny Johansen	89	1:15:00
18:27+	20:53+ 45:40+		
18:27+	02:26+ 24:47+		
18:27+	02:26+ 24:47+		
26	Knut Malmo	167	1:15:00
13:47+	15:28+ 35:34+		
13:47+	01:41+ 20:06+		
13:47+	01:41+ 20:06+		
Beste strekktid for klassen			
= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.			
H 4,5			
1	Asbjørn Schjerve	106	26:21
00:53=	02:22= 04:58= 06:31= 08:24= 09:27= 10:31= 13:29= 15:24= 16:35= 17:31= 20:01= 23:39= 25:03= 25:55= 26:21=		
00:53=	01:29= 02:36= 01:33= 01:53= 01:03= 01:04= 02:58= 01:55= 01:11= 00:56= 02:30= 03:38= 01:24= 00:52= 00:26=		
00:00=	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		
2	Stein Nordvi	27	26:28
00:48-	02:23+ 05:11+ 07:52+ 09:54+ 10:37+ 11:44+ 14:13+ 15:34+ 16:38+ 19:37+ 22:53+ 24:49+ 25:55+ 26:28+		
00:48-	01:35+ 02:48+ 02:41+ 02:02+ 00:43- 01:07+ 02:29- 01:21- 01:04- 02:59+ 03:16+ 01:56- 01:06- 00:33-		
00:05-	00:06+ 00:12+ 01:08& 00:09+ 00:20- 00:03+ 00:29- 00:34- 00:07- 02:03@ 00:46& 01:42- 00:18- 00:19-		
3	Ole Petter Saxrud	1028	26:34
00:44-	02:25+ 05:28+ 06:36+ 08:28+ 09:53+ 10:52+ 12:04- 14:19- 15:49- 17:04- 19:42- 23:06- 25:00- 26:03+ 26:34+		
00:44-	01:41+ 03:03+ 01:08- 01:52- 01:25+ 00:59- 01:12- 02:15+ 01:30+ 01:15+ 02:38+ 03:24- 01:54+ 01:03+ 00:31+		
00:09-	00:12# 00:27# 00:25- 00:01- 00:22& 00:05- 01:46- 00:20# 00:19& 00:19& 00:08+ 00:14- 00:30& 00:11# 00:05#		
4	Svein Godager	90	27:04
00:57+	02:50+ 07:18+ 08:22+ 10:05+ 11:16+ 11:51+ 12:58- 15:06- 16:30- 17:36+ 20:19+ 23:44+ 25:28+ 26:34+ 27:04+		
00:57+	01:53+ 04:28+ 01:04- 01:43- 01:11+ 00:35- 01:07- 02:08+ 01:24+ 01:06+ 02:43+ 03:25- 01:44+ 01:06+ 00:30+		
00:04+	00:24& 01:52& 00:29- 00:10- 00:08# 00:29- 01:51- 00:13# 00:13# 00:10# 00:13+ 00:13- 00:20# 00:14& 00:04#		
5	Terje Wikstrøm	Geno	28:45
00:48-	02:34+ 05:07+ 07:56+ 09:31+ 10:37+ 13:20+ 14:16+ 16:22+ 17:38+ 18:48+ 21:57+ 25:34+ 27:15+ 28:14+ 28:45+		
00:48-	01:46+ 02:33- 02:49+ 01:35- 01:06+ 02:43+ 00:56- 02:06+ 01:16+ 01:10+ 03:09+ 03:37- 01:41+ 00:59+ 00:31+		
00:05-	00:17# 00:03- 01:16& 00:18- 00:03+ 01:39@ 02:02- 00:11+ 00:05+ 00:14# 00:39& 00:01- 00:17# 00:07# 00:05#		
6	Tor Haugstulen	55	30:57
00:48-	02:43+ 05:54+ 07:00+ 08:37+ 12:26+ 13:11+ 14:25+ 16:27+ 17:44+ 18:44+ 21:29+ 25:23+ 29:17+ 30:21+ 30:57+		
00:48-	01:55+ 03:11+ 01:06- 01:37- 03:49+ 00:45- 01:14- 02:02+ 01:17+ 01:00+ 02:45+ 03:54+ 03:54+ 01:04+ 00:36+		
00:05-	00:26& 00:35# 00:27- 00:16- 02:46@ 00:19- 01:44- 00:07+ 00:06+ 00:04+ 00:15# 00:16+ 02:30@ 00:12# 00:10&		
7	Knut Vidar Lund	155	36:40
00:55+	03:14+ 09:30+ 10:54+ 12:49+ 14:49+ 16:44+ 18:25+ 20:53+ 22:25+ 23:43+ 29:28+ 33:00+ 35:03+ 36:08+ 36:40+		
00:55+	02:19+ 06:16+ 01:24- 01:55+ 02:00+ 01:55+ 01:41- 02:28+ 01:32+ 01:18+ 05:45+ 03:32- 02:03+ 01:05+ 00:32+		
00:02+	00:50& 03:40@ 00:09- 00:02+ 00:57& 00:51& 01:17- 00:33& 00:21& 00:22& 03:15@ 00:06- 00:39& 00:13# 00:06#		
8	Odd Arne Blystad	25	1:03:42
07:36+	10:02+ 20:04+ 27:40+ 33:44+ 35:32+ 37:55+ 41:34+ 43:57+ 46:31+ 53:41+ 58:57+ 61:15+ 63:00+ 63:42+		
07:36+	02:26+ 10:02+ 07:36+ 06:04+ 01:48+ 02:23+ 03:39+ 02:23+ 02:34+ 07:10+ 05:16+ 02:18- 01:45+ 00:42-		
06:43@	00:57& 07:26@ 06:03@ 04:11@ 00:45& 01:19@ 00:41# 00:28# 01:23@ 06:14@ 02:46@ 01:20- 00:21# 00:10-		

Plass	Navn	Klasse	Tid
H 4,5			
9	Knut Johan Schjerve	LMF	1:15:00
01:28+ 08:45+ 13:42+ 31:02+ 44:10+ 47:44+ 01:28+ 07:17+ 04:57+ 17:20+ 13:08+ 03:34+ 00:35& 05:48@ 02:21& 15:47@ 11:15@ 02:31@			
10	Tore Jørgensen	105	1:15:00
02:00+ 02:00+ 02:00+			
Beste strekktid for klassen			
= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.			
H 5,5			
1	Sigurd Dæhli	89	24:52
00:31= 02:08= 02:51= 04:47= 06:11= 07:25= 08:28= 09:20= 10:00= 10:49= 12:58= 14:05= 14:47= 15:39= 17:38= 18:53= 21:30= 22:21= 23:29= 24:27= 24:52= 00:31= 01:37= 00:43= 01:56= 01:24= 01:14= 01:03= 00:52= 00:40= 00:49= 02:09= 01:07= 00:42= 00:52= 01:59= 01:15= 02:37= 00:51= 01:08= 00:58= 00:25= 00:00=			
2	Tore Borchgrevink Alu	49	27:06
00:30- 02:08= 02:40- 04:40- 06:06- 07:23- 08:24- 09:22+ 10:05+ 10:59+ 13:34+ 14:53+ 15:38+ 16:38+ 18:49+ 20:21+ 23:26+ 24:18+ 25:31+ 26:32+ 27:06+ 00:30- 01:38+ 00:32- 02:00+ 01:26+ 01:17+ 01:01- 00:58+ 00:43+ 00:54+ 02:35+ 01:19+ 00:45+ 01:00+ 02:11+ 01:32+ 03:05+ 00:52+ 01:13+ 01:01+ 00:34+ 00:01- 00:01+ 00:11- 00:04+ 00:02+ 00:03+ 00:02- 00:06# 00:03+ 00:05# 00:26# 00:12# 00:03+ 00:08# 00:12# 00:17# 00:28# 00:01+ 00:05+ 00:03+ 00:09&			
3	Jan Ola Pedersen	15	27:16
00:28- 01:59- 02:33- 05:08+ 06:40+ 07:54+ 08:52+ 09:48+ 10:31+ 11:25+ 13:35+ 14:43+ 15:22+ 16:18+ 18:06+ 21:08+ 23:52+ 24:46+ 25:50+ 26:51+ 27:16+ 00:28- 01:31- 00:34- 02:35+ 01:32+ 01:14= 00:58- 00:56+ 00:43+ 00:54+ 02:10+ 01:08+ 00:39- 00:56+ 01:48- 03:02+ 02:44+ 00:54+ 01:04- 01:01+ 00:25= 00:03- 00:06- 00:09- 00:39& 00:08+ 00:00= 00:05- 00:04+ 00:03+ 00:05# 00:01+ 00:01+ 00:03- 00:04+ 00:11- 01:47@ 00:07+ 00:03+ 00:04- 00:03+ 00:00=			
4	Pål Stenberg	166	29:23
00:30- 02:04- 02:40- 07:28+ 08:44+ 09:59+ 10:52+ 11:46+ 12:28+ 13:24+ 15:38+ 16:46+ 17:26+ 18:21+ 20:11+ 23:17+ 26:11+ 26:58+ 27:59+ 28:57+ 29:23+ 00:30- 01:34- 00:36- 04:48+ 01:16- 01:15+ 00:53- 00:54+ 00:42+ 00:56+ 02:14+ 01:08+ 00:40- 00:55+ 01:50- 03:06+ 02:54+ 00:47- 01:01- 00:58= 00:26+ 00:01- 00:03- 00:07- 02:52@ 00:08- 00:01+ 00:10- 00:02+ 00:02+ 00:07# 00:05+ 00:01+ 00:02- 00:03+ 00:09- 01:51@ 00:17# 00:04- 00:07- 00:00= 00:01+			
5	Frode Haug	10005	29:58
00:33+ 02:31+ 03:05+ 05:23+ 06:48+ 08:08+ 09:32+ 10:35+ 11:20+ 12:17+ 15:07+ 16:19+ 17:21+ 18:30+ 20:39+ 22:21+ 25:49+ 27:06+ 28:17+ 29:30+ 29:58+ 00:33+ 01:58+ 00:34- 02:18+ 01:25+ 01:20+ 01:24+ 01:03+ 00:45+ 00:57+ 02:50+ 01:12+ 01:02+ 01:09+ 02:09+ 01:42+ 03:28+ 01:17+ 01:11+ 01:13+ 00:28+ 00:02+ 00:21# 00:09- 00:22# 00:01+ 00:06+ 00:21& 00:11# 00:05# 00:08# 00:41& 00:05+ 00:20& 00:17& 00:10+ 00:27& 00:51& 00:26& 00:03+ 00:15& 00:03#			
6	Michael Sætvedt	RAUT	34:32
00:33+ 02:59+ 03:30+ 05:37+ 07:00+ 08:30+ 10:22+ 12:37+ 13:46+ 14:31+ 15:08+ 16:16+ 18:49+ 19:51+ 20:33+ 21:36+ 24:55+ 28:09+ 30:52+ 31:56+ 33:04+ 34:10+ 34:32+ 00:33+ 02:26+ 00:31- 02:07+ 01:23- 01:30+ 01:52+ 02:15+ 01:09+ 00:45- 00:37- 01:08+ 02:33+ 01:02+ 00:42- 01:03- 03:19+ 03:14+ 02:43+ 01:04+ 01:08+ 01:06+ 00:22+ 00:02+ 00:49& 00:12- 00:11+ 00:01- 00:16# 00:49& 01:23@ 00:29& 00:04- 01:32- 00:01+ 01:51@ 00:10# 01:17- 00:12- 00:42& 02:23@ 01:35@ 00:06# 00:43@ 01:06+ 00:22+			
7	Andreas Meyer	49	39:22
00:36+ 02:20+ 02:54+ 06:02+ 08:03+ 09:26+ 12:12+ 13:31+ 14:25+ 15:29+ 17:44+ 19:36+ 20:35+ 21:55+ 24:34+ 32:02+ 35:01+ 36:07+ 37:33+ 38:55+ 39:22+ 00:36+ 01:44+ 00:34- 03:08+ 02:01+ 01:23+ 02:46+ 01:19+ 00:54+ 01:04+ 02:15+ 01:52+ 00:59+ 01:20+ 02:39+ 07:28+ 02:59+ 01:06+ 01:26+ 01:22+ 00:27+ 00:05# 00:07+ 00:09- 01:12& 00:37& 00:09# 01:43@ 00:27& 00:14& 00:15& 00:06+ 00:45& 00:17& 00:28& 00:40& 06:13@ 00:22# 00:15& 00:18& 00:24& 00:02+			
8	Stein Arne Negård	15	1:15:00
01:55+ 07:27+ 10:53+ 12:19+ 16:58+ 31:03+ 32:37+ 42:47+ 46:04+ 01:55+ 05:32+ 03:26+ 01:26- 04:39+ 14:05+ 01:34+ 10:10+ 03:17+ 01:24@ 03:55@ 02:43@ 00:30- 03:15@ 12:51@ 00:31& 09:18@ 02:37@			

Plass	Navn	Klasse	Tid
-------	------	--------	-----

H 5,5

Beste strekktid for klassen

00:28 01:31 00:31 01:26 01:16 01:14 00:53 00:52 00:40 00:45 00:37 01:07 00:39 00:52 00:42 01:03 02:37 00:47 01:01 00:58 00:25

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.