

Plass Navn

Klasse

Tid

D 1,5

<b>1</b>	<b>Sigrid Helene Bøgeberg</b>	<b>Løten kommune BIL</b>	<b>26:59</b>
03:04=	10:51= 13:57= 16:11= 19:50= 24:13=	26:26= 26:59=	
03:04=	07:47= 03:06= 02:14= 03:39= 04:23=	02:13= 00:33=	
00:00=	00:00= 00:00= 00:00= 00:00= 00:00=	00:00= 00:00=	
<b>2</b>	<b>Synnøve Kaul</b>	<b>Mjøs Retail</b>	<b>35:30</b>
04:32+	11:39+ 14:55+ 18:09+ 24:13+ 31:17+	34:26+ 35:30+	
04:32+	07:07= 03:16+ 03:14+ 06:04+ 07:04+	03:09+ 01:04+	
01:28&	00:40= 00:10+ 01:00& 02:25& 02:41&	00:56& 00:31&	
<b>3</b>	<b>Anita Grønvold Tollefsen</b>	<b>Arve Hagen BIL</b>	<b>38:26</b>
04:19+	12:31+ 17:29+ 21:31+ 28:29+ 33:56+	36:59+ 38:26+	
04:19+	08:12+ 04:58+ 04:02+ 06:58+ 05:27+	03:03+ 01:27+	
01:15&	00:25+ 01:52& 01:48& 03:19& 01:04#	00:50& 00:54@	
<b>4</b>	<b>Irene Øien</b>	<b>Sparebank 1 Østlandet</b>	<b>45:16</b>
03:54+	15:52+ 20:09+ 23:41+ 31:08+ 41:47+	44:22+ 45:16+	
03:54+	11:58+ 04:17+ 03:32+ 07:27+ 10:39+	02:35+ 00:54+	
00:50&	04:11& 01:11& 01:18& 03:48@ 06:16@	00:22# 00:21&	
<b>5</b>	<b>Turid Kolseth</b>	<b>Arve Hagen BIL</b>	<b>45:59</b>
04:48+	14:40+ 19:17+ 22:51+ 29:52+ 41:30+	44:50+ 45:59+	
04:48+	09:52+ 04:37+ 03:34+ 07:01+ 11:38+	03:20+ 01:09+	
01:44&	02:05& 01:31& 01:20& 03:22& 07:15@	01:07& 00:36@	
<b>6</b>	<b>Lise Tronstad</b>	<b>Arve Hagen BIL</b>	<b>46:14</b>
04:32+	14:44+ 19:21+ 22:56+ 29:44+ 41:24+	44:57+ 46:14+	
04:32+	10:12+ 04:37+ 03:35+ 06:48+ 11:40+	03:33+ 01:17+	
01:28&	02:25& 01:31& 01:21& 03:09& 07:17@	01:20& 00:44@	
<b>7</b>	<b>Eva Stensby</b>	<b>Løten kommune BIL</b>	<b>46:17</b>
04:32+	20:48+ 24:42+ 28:37+ 34:53+ 41:24+	45:11+ 46:17+	
04:32+	16:16+ 03:54+ 03:55+ 06:16+ 06:31+	03:47+ 01:06+	
01:28&	08:29@ 00:48& 01:41& 02:37& 02:08&	01:34& 00:33&	
<b>8</b>	<b>Turid Opsahl</b>	<b>Løten kommune BIL</b>	<b>47:04</b>
04:59+	12:04+ 15:57+ 28:49+ 34:28+ 42:17+	45:34+ 47:04+	
04:59+	07:05= 03:53+ 12:52+ 05:39+ 07:49+	03:17+ 01:30+	
01:55&	00:42= 00:47& 10:38@ 02:00& 03:26&	01:04& 00:57@	
<b>9</b>	<b>Tora Kleven</b>	<b>Hamar Post BIL</b>	<b>49:12</b>
04:57+	11:58+ 23:51+ 28:36+ 34:41+ 44:47+	47:55+ 49:12+	
04:57+	07:01= 11:53+ 04:45+ 06:05+ 10:06+	03:08+ 01:17+	
01:53&	00:46= 08:47@ 02:31@ 02:26& 05:43@	00:55& 00:44@	
<b>10</b>	<b>Unni Fladsrud Vold</b>	<b>Moelven</b>	<b>57:32</b>
04:34+	15:36+ 20:19+ 24:49+ 31:42+ 52:17+	56:00+ 57:32+	
04:34+	11:02+ 04:43+ 04:30+ 06:53+ 20:35+	03:43+ 01:32+	
01:30&	03:15& 01:37& 02:16@ 03:14& 16:12@	01:30& 00:59@	

## Beste strekktid for klassen

03:04 07:01 03:06 02:14 03:39 04:23 02:13 00:33

= Som klassevinner , - raskere, + senere, # 10% tap, &amp; 25% tap, @ 100% tap.

Class	Navn	Klasse	Tid
<b>D 2,5</b>			
<b>1</b>	<b>Elisabet Rise</b>	<b>Geno</b>	<b>39:24</b>
	01:58= 06:58= 11:56= 14:34= 17:04= 24:35= 29:09= 32:07= 35:47= 38:39= 39:24=		
	01:58= 05:00= 04:58= 02:38= 02:30= 07:31= 04:34= 02:58= 03:40= 02:52= 00:45=		
	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		
<b>2</b>	<b>Berit Røste</b>	<b>Sykehuset Innlandet</b>	<b>39:41</b>
	03:18+ 09:29+ 14:56+ 17:59+ 20:10+ 25:23+ 30:04+ 33:49+ 35:48+ 38:52+ 39:41+		
	03:18+ 06:11+ 05:27+ 03:03+ 02:11- 05:13- 04:41+ 03:45+ 01:59- 03:04+ 00:49+		
	01:20& 01:11# 00:29+ 00:25# 00:19- 02:18- 00:07+ 00:47& 01:41- 00:12+ 00:04+		
<b>3</b>	<b>Anne Karin Elisenberg</b>	<b>Stange kommune</b>	<b>44:23</b>
	03:13+ 11:53+ 17:04+ 19:30+ 21:57+ 29:15+ 33:44+ 36:46+ 40:03+ 43:37+ 44:23+		
	03:13+ 08:40+ 05:11+ 02:26- 02:27- 07:18- 04:29- 03:02+ 03:17- 03:34+ 00:46+		
	01:15& 03:40& 00:13+ 00:12- 00:03- 00:13- 00:05- 00:04+ 00:23- 00:42# 00:01+		
<b>4</b>	<b>Rønnaug Sagbakken</b>	<b>Sparebank 1 Østlandet</b>	<b>49:16</b>
	03:19+ 11:10+ 17:56+ 21:20+ 23:36+ 29:58+ 36:17+ 41:20+ 44:23+ 48:19+ 49:16+		
	03:19+ 07:51+ 06:46+ 03:24+ 02:16- 06:22- 06:19+ 05:03+ 03:03- 03:56+ 00:57+		
	01:21& 02:51& 01:48& 00:46& 00:14- 01:09- 01:45& 02:05& 00:37- 01:04& 00:12&		
<b>5</b>	<b>Claire Bant</b>	<b>Vegvesenet</b>	<b>51:59</b>
	07:09+ 12:30+ 22:45+ 26:00+ 28:34+ 35:11+ 40:11+ 43:37+ 47:01+ 50:55+ 51:59+		
	07:09+ 05:21+ 10:15+ 03:15+ 02:34+ 06:37- 05:00+ 03:26+ 03:24- 03:54+ 01:04+		
	05:11@ 00:21+ 05:17@ 00:37# 00:04+ 00:54- 00:26+ 00:28# 00:16- 01:02& 00:19&		
<b>6</b>	<b>Oddveig Anne Sagbakken</b>	<b>Lokal revisjon as</b>	<b>54:50</b>
	02:47+ 11:18+ 20:32+ 23:39+ 26:16+ 31:42+ 37:14+ 41:05+ 49:44+ 54:00+ 54:50+		
	02:47+ 08:31+ 09:14+ 03:07+ 02:37+ 05:26- 05:32+ 03:51+ 08:39+ 04:16+ 00:50+		
	00:49& 03:31& 04:16& 00:29# 00:07+ 02:05- 00:58# 00:53& 04:59@ 01:24& 00:05#		
<b>7</b>	<b>Mette A Wernberg</b>	<b>Sparebank 1 Østlandet</b>	<b>55:18</b>
	05:49+ 10:57+ 21:27+ 24:44+ 26:50+ 34:31+ 38:49+ 42:01+ 50:32+ 54:28+ 55:18+		
	05:49+ 05:08+ 10:30+ 03:17+ 02:06- 07:41+ 04:18- 03:12+ 08:31+ 03:56+ 00:50+		
	03:51@ 00:08+ 05:32@ 00:39# 00:24- 00:10+ 00:16- 00:14+ 04:51@ 01:04& 00:05#		
<b>8</b>	<b>Øyfrid Larsen Moen</b>	<b>NTNUI</b>	<b>55:49</b>
	07:29+ 18:00+ 27:47+ 30:48+ 33:15+ 40:33+ 44:59+ 47:58+ 51:42+ 55:03+ 55:49+		
	07:29+ 10:31+ 09:47+ 03:01+ 02:27- 07:18- 04:26- 02:59+ 03:44+ 03:21+ 00:46+		
	05:31@ 05:31@ 04:49& 00:23# 00:03- 00:13- 00:08- 00:01+ 00:04+ 00:29# 00:01+		
<b>9</b>	<b>Mette Bjertingstad</b>	<b>Hedmark IKT</b>	<b>56:24</b>
	09:00+ 19:15+ 28:50+ 31:42+ 34:16+ 41:43+ 45:55+ 48:43+ 52:56+ 55:43+ 56:24+		
	09:00+ 10:15+ 09:35+ 02:52+ 02:34+ 07:27- 04:12- 02:48- 04:13+ 02:47- 00:41-		
	07:02@ 05:15@ 04:37& 00:14+ 00:04+ 00:04- 00:22- 00:10- 00:33# 00:05- 00:04-		
<b>10</b>	<b>Grete Hedemann Aalstad</b>	<b>NVE</b>	<b>56:30</b>
	09:26+ 17:09+ 27:52+ 30:46+ 33:40+ 39:25+ 43:07+ 50:55+ 53:57+ 55:44+ 56:30+		
	09:26+ 07:43+ 10:43+ 02:54+ 02:54+ 05:45- 03:42- 07:48+ 03:02- 01:47- 00:46+		
	07:28@ 02:43& 05:45@ 00:16# 00:24# 01:46- 00:52- 04:50@ 00:38- 01:05- 00:01+		
<b>11</b>	<b>Marit Holmgren</b>	<b>Arve Hagen BIL</b>	<b>57:21</b>
	03:29+ 12:05+ 20:18+ 24:49+ 27:48+ 38:57+ 44:28+ 48:37+ 51:05+ 56:12+ 57:21+		
	03:29+ 08:36+ 08:13+ 04:31+ 02:59+ 11:09+ 05:31+ 04:09+ 02:28- 05:07+ 01:09+		
	01:31& 03:36& 03:15& 01:53& 00:29# 03:38& 00:57# 01:11& 01:12- 02:15& 00:24&		
<b>12</b>	<b>Anita Stensby Bekkelund</b>	<b>Løten kommune BIL</b>	<b>1:03:21</b>
	03:07+ 16:07+ 27:52+ 31:42+ 34:21+ 40:03+ 47:08+ 52:32+ 57:45+ 62:07+ 63:21+		
	03:07+ 13:00+ 11:45+ 03:50+ 02:39+ 05:42- 07:05+ 05:24+ 05:13+ 04:22+ 01:14+		
	01:09& 08:00@ 06:47@ 01:12& 00:09+ 01:49- 02:31& 02:26& 01:33& 01:30& 00:29&		
<b>13</b>	<b>Inger K. Brøndbo</b>	<b>OL Vallset/Stange</b>	<b>1:04:39</b>
	02:53+ 07:15+ 29:54+ 32:57+ 35:38+ 42:04+ 45:57+ 57:29+ 60:19+ 63:37+ 64:39+		
	02:53+ 04:22- 22:39+ 03:03+ 02:41+ 06:26- 03:53- 11:32+ 02:50- 03:18+ 01:02+		
	00:55& 00:38- 17:41@ 00:25# 00:11+ 01:05- 00:41- 08:34@ 00:50- 00:26# 00:17&		
<b>14</b>	<b>Randi Aas Fjæstad</b>	<b>Løten kommune BIL</b>	<b>1:07:32</b>
	08:18+ 13:51+ 38:23+ 41:48+ 44:29+ 50:09+ 55:36+ 60:05+ 62:24+ 66:39+ 67:32+		
	08:18+ 05:33+ 24:32+ 03:25+ 02:41+ 05:40- 05:27+ 04:29+ 02:19- 04:15+ 00:53+		
	06:20@ 00:33# 19:34@ 00:47& 00:11+ 01:51- 00:53# 01:31& 01:21- 01:23& 00:08#		

Class	Navn	Klasse	Tid
15	Aud Grønvold	Arve Hagen BIL	1:11:05
10:50+	20:54+	31:47+	35:12+
37:59+	49:58+	54:56+	59:27+
64:00+	70:06+	71:05+	
10:50+	10:04+	10:53+	03:25+
02:47+	11:59+	04:58+	04:31+
04:33+	06:06+	00:59+	
08:52@	05:04@	05:55@	00:47&
00:17#	04:28&	00:24+	01:33&
00:53#	03:14@	00:14&	

**Beste strekktid for klassen**  
01:58 04:22 04:58 02:26 02:06 05:13 03:42 02:48 01:59 01:47 00:41

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

## D 3,5

<b>1</b>	<b>Anne Karin Westby</b>	<b>Sparebank 1 Østlandet</b>	<b>42:50</b>
	03:48= 09:24= 10:54= 13:39= 19:13= 22:38= 28:35= 32:46= 36:14= 38:31= 40:05= 42:20= 42:50=		
	03:48= 05:36= 01:30= 02:45= 05:34= 03:25= 05:57= 04:11= 03:28= 02:17= 01:34= 02:15= 00:30=		
	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		
<b>2</b>	<b>Kjersti Narum</b>	<b>OL Vallset/Stange</b>	<b>44:04</b>
	03:34- 12:31+ 14:04+ 16:53+ 21:59+ 26:04+ 29:20+ 33:20+ 36:49+ 39:01+ 40:40+ 43:28+ 44:04+		
	03:34- 08:57+ 01:33+ 02:49+ 05:06- 04:05+ 03:16- 04:00- 03:29+ 02:12- 01:39+ 02:48+ 00:36+		
	00:14- 03:21& 00:03+ 00:04+ 00:28- 00:40# 02:41- 00:11- 00:01+ 00:05- 00:05+ 00:33# 00:06#		
<b>3</b>	<b>Eirin Lodgaard</b>	<b>Sintef Raufoss</b>	<b>48:26</b>
	04:13+ 10:40+ 12:04+ 14:33+ 24:13+ 28:00+ 31:18+ 36:19+ 40:04+ 42:24+ 45:52+ 47:48+ 48:26+		
	04:13+ 06:27+ 01:24- 02:29- 09:40+ 03:47+ 03:18- 05:01+ 03:45+ 02:20+ 03:28+ 01:56- 00:38+		
	00:25# 00:51# 00:06- 00:16- 04:06& 00:22# 02:39- 00:50# 00:17+ 00:03+ 01:54@ 00:19- 00:08&		
<b>4</b>	<b>Sidsel Storihle</b>	<b>Geno</b>	<b>48:28</b>
	04:12+ 12:15+ 14:14+ 17:49+ 23:41+ 26:32+ 30:23+ 34:55+ 38:37+ 42:18+ 43:50+ 47:43+ 48:28+		
	04:12+ 08:03+ 01:59+ 03:35+ 05:52+ 02:51- 03:51- 04:32+ 03:42+ 03:41+ 01:32- 03:53+ 00:45+		
	00:24# 02:27& 00:29& 00:50& 00:18+ 00:34- 02:06- 00:21+ 00:14+ 01:24& 00:02- 01:38& 00:15&		
<b>5</b>	<b>May Kristin Tangen</b>	<b>Ringsaker OK</b>	<b>50:08</b>
	05:15+ 12:58+ 14:27+ 17:04+ 21:31+ 24:06+ 29:30+ 34:45+ 38:18+ 42:07+ 46:41+ 49:30+ 50:08+		
	05:15+ 07:43+ 01:29- 02:37- 04:27- 02:35- 05:24- 05:15+ 03:33+ 03:49+ 04:34+ 02:49+ 00:38+		
	01:27& 02:07& 00:01- 00:08- 01:07- 00:50- 00:33- 01:04& 00:05+ 01:32& 03:00@ 00:34& 00:08&		
<b>6</b>	<b>Kirsten Merete Nerheim</b>	<b>Løten kommune BIL</b>	<b>1:01:10</b>
	03:52+ 18:17+ 20:13+ 23:19+ 30:43+ 34:49+ 38:05+ 45:43+ 50:06+ 56:23+ 57:47+ 60:33+ 61:10+		
	03:52+ 14:25+ 01:56+ 03:06+ 07:24+ 04:06+ 03:16- 07:38+ 04:23+ 06:17+ 01:24- 02:46+ 00:37+		
	00:04+ 08:49@ 00:26& 00:21# 01:50& 00:41# 02:41- 03:27& 00:55& 04:00@ 00:10- 00:31# 00:07#		
<b>7</b>	<b>Grete Storsveen</b>	<b>Sparebank 1 Østlandet</b>	<b>1:01:34</b>
	03:55+ 11:08+ 25:09+ 28:48+ 34:40+ 38:21+ 42:16+ 47:46+ 51:58+ 55:20+ 57:17+ 60:48+ 61:34+		
	03:55+ 07:13+ 14:01+ 03:39+ 05:52+ 03:41+ 03:55- 05:30+ 04:12+ 03:22+ 01:57+ 03:31+ 00:46+		
	00:07+ 01:37& 12:31@ 00:54& 00:18+ 00:16+ 02:02- 01:19& 00:44# 01:05& 00:23# 01:16& 00:16&		
<b>8</b>	<b>Eli Stensli</b>	<b>LMF</b>	<b>1:01:37</b>
	06:28+ 19:46+ 23:01+ 27:08+ 33:50+ 38:15+ 42:25+ 46:56+ 50:44+ 55:50+ 58:42+ 60:52+ 61:37+		
	06:28+ 13:18+ 03:15+ 04:07+ 06:42+ 04:25+ 04:10- 04:31+ 03:48+ 05:06+ 02:52+ 02:10- 00:45+		
	02:40& 07:42@ 01:45@ 01:22& 01:08# 01:00& 01:47- 00:20+ 00:20+ 02:49@ 01:18& 00:05- 00:15&		
<b>9</b>	<b>Rigmor Lømo Aas</b>	<b>Mjøs Retail</b>	<b>1:02:10</b>
	04:11+ 16:50+ 19:32+ 24:13+ 33:54+ 37:39+ 41:45+ 48:01+ 52:57+ 56:36+ 58:41+ 61:25+ 62:10+		
	04:11+ 12:39+ 02:42+ 04:41+ 09:41+ 03:45+ 04:06- 06:16+ 04:56+ 03:39+ 02:05+ 02:44+ 00:45+		
	00:23# 07:03@ 01:12& 01:56& 04:07& 00:20+ 01:51- 02:05& 01:28& 01:22& 00:31& 00:29# 00:15&		
<b>10</b>	<b>Randi Fallbakken Berge</b>	<b>Ekspert Maskinutleie</b>	<b>1:06:33</b>
	07:08+ 23:52+ 26:10+ 30:06+ 36:48+ 41:12+ 45:40+ 51:22+ 56:50+ 60:31+ 62:42+ 65:45+ 66:33+		
	07:08+ 16:44+ 02:18+ 03:56+ 06:42+ 04:24+ 04:28- 05:42+ 05:28+ 03:41+ 02:11+ 03:03+ 00:48+		
	03:20& 11:08@ 00:48& 01:11& 01:08# 00:59& 01:29- 01:31& 02:00& 01:24& 00:37& 00:48& 00:18&		
<b>11</b>	<b>Anne Bergljot Falck-Ytter</b>	<b>Høgskolen i Innlandet</b>	<b>1:10:11</b>
	04:41+ 26:48+ 29:43+ 33:16+ 40:07+ 43:42+ 48:33+ 54:15+ 59:38+ 63:19+ 65:53+ 69:33+ 70:11+		
	04:41+ 22:07+ 02:55+ 03:33+ 06:51+ 03:35+ 04:51- 05:42+ 05:23+ 03:41+ 02:34+ 03:40+ 00:38+		
	00:53# 16:31@ 01:25& 00:48& 01:17# 00:10+ 01:06- 01:31& 01:55& 01:24& 01:00& 01:25& 00:08&		
<b>12</b>	<b>Karen Tomter</b>	<b>Utstillingsplassen Eiendom</b>	<b>1:14:27</b>
	04:11+ 15:40+ 17:53+ 22:41+ 29:14+ 35:23+ 40:47+ 46:15+ 50:52+ 68:51+ 71:14+ 73:40+ 74:27+		
	04:11+ 11:29+ 02:13+ 04:48+ 06:33+ 06:09+ 05:24- 05:28+ 04:37+ 17:59+ 02:23+ 02:26+ 00:47+		
	00:23# 05:53@ 00:43& 02:03& 00:59# 02:44& 00:33- 01:17& 01:09& 15:42@ 00:49& 00:11+ 00:17&		

### Beste strekktid for klassen

03:34 05:36 01:24 02:29 04:27 02:35 03:16 04:00 03:28 02:12 01:24 01:56 00:30

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

### D 4,5

<b>1</b>	<b>Anne Marit Bordal</b>	<b>Ringsaker OK</b>	<b>46:00</b>													
02:05=	05:36=	09:17=	10:39=	12:56=	15:08=	17:57=	21:51=	23:15=	25:23=	28:30=	32:03=	36:14=	37:54=	44:03=	45:31=	46:00=
02:05=	03:31=	03:41=	01:22=	02:17=	02:12=	02:49=	03:54=	01:24=	02:08=	03:07=	03:33=	04:11=	01:40=	06:09=	01:28=	00:29=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Unn Mette Klopbakken</b>	<b>Gjøvik Kommune</b>	<b>53:58</b>													
04:14+	09:04+	13:53+	15:21+	17:50+	19:49+	23:33+	29:19+	30:50+	32:48+	35:53+	40:08+	45:24+	47:13+	51:33+	53:26+	53:58+
04:14+	04:50+	04:49+	01:28+	02:29+	01:59-	03:44+	05:46+	01:31+	01:58-	03:05-	04:15+	05:16+	01:49+	04:20-	01:53+	00:32+
02:09@	01:19&	01:08&	00:06+	00:12+	00:13-	00:55&	01:52&	00:07+	00:10-	00:02-	00:42#	01:05&	00:09+	01:49-	00:25&	00:03#
<b>3</b>	<b>Wenche Bjørnstad</b>	<b>Geno</b>	<b>56:19</b>													
03:04+	11:27+	15:51+	17:17+	19:42+	22:15+	25:24+	31:16+	32:59+	35:00+	38:10+	42:10+	47:21+	49:07+	53:41+	55:43+	56:19+
03:04+	08:23+	04:24+	01:26+	02:25+	02:33+	03:09+	05:52+	01:43+	02:01-	03:10+	04:00+	05:11+	01:46+	04:34-	02:02+	00:36+
00:59&	04:52@	00:43#	00:04+	00:08+	00:21#	00:20#	01:58&	00:19#	00:07-	00:03+	00:27#	01:00#	00:06+	01:35-	00:34&	00:07#
<b>4</b>	<b>Mari Norstad Opsahl</b>	<b>Norsk Tipping BIL</b>	<b>1:00:49</b>													
02:48+	11:09+	15:21+	16:33+	18:49+	21:08+	24:07+	30:18+	36:07+	38:48+	42:37+	47:53+	49:48+	58:02+	60:15+	60:49+	
02:48+	08:21+	04:12+	01:12-	02:16-	02:19+	02:59+	06:11+	05:49+	02:41+	03:49+	05:16+	01:55-	08:14+	02:13-	00:34-	
00:43&	04:50@	00:31#	00:10-	00:01-	00:07+	00:10+	02:17&	04:25@	00:33&	00:42#	01:43&	02:16-	06:34@	03:56-	00:54-	
<b>5</b>	<b>Ingunn Lund Nordstrøm</b>	<b>Norsk Tipping BIL</b>	<b>1:01:20</b>													
04:36+	09:19+	13:39+	15:07+	17:39+	19:59+	24:03+	28:59+	30:52+	32:53+	35:41+	47:27+	52:13+	54:03+	58:51+	60:51+	61:20+
04:36+	04:43+	04:20+	01:28+	02:32+	02:20+	04:04+	04:56+	01:53+	02:01-	02:48-	11:46+	04:46+	01:50+	04:48-	02:00+	00:29=
02:31@	01:12&	00:39#	00:06+	00:15#	00:08+	01:15&	01:02&	00:29&	00:07-	00:19-	08:13@	00:35#	00:10+	01:21-	00:32&	00:00=
<b>6</b>	<b>Line Merete Libak</b>	<b>Løten kommune BIL</b>	<b>1:04:13</b>													
05:05+	10:27+	15:42+	18:00+	21:25+	24:10+	28:34+	34:42+	36:22+	38:28+	41:58+	47:00+	52:35+	55:12+	61:27+	63:33+	64:13+
05:05+	05:22+	05:15+	02:18+	03:25+	02:45+	04:24+	06:08+	01:40+	02:06-	03:30+	05:02+	05:35+	02:37+	06:15+	02:06+	00:40+
03:00@	01:51&	01:34&	00:56&	01:08&	00:33#	01:35&	02:14&	00:16#	00:02-	00:23#	01:29&	01:24&	00:57&	00:06+	00:38&	00:11&
<b>7</b>	<b>Sylvia Andersen</b>	<b>Elverum kommune BIL</b>	<b>1:05:27</b>													
03:59+	10:04+	16:35+	18:17+	21:20+	24:06+	28:52+	33:49+	36:00+	38:36+	42:40+	48:12+	53:17+	56:23+	62:32+	64:49+	65:27+
03:59+	06:05+	06:31+	01:42+	03:03+	02:46+	04:46+	04:57+	02:11+	02:36+	04:04+	05:32+	05:05+	03:06+	06:09=	02:17+	00:38+
01:54&	02:34&	02:50&	00:20#	00:46&	00:34&	01:57&	01:03&	00:47&	00:28#	00:57&	01:59&	00:54#	01:26&	00:00=	00:49&	00:09&
<b>8</b>	<b>Mona Hesselberg</b>	<b>Løten kommune BIL</b>	<b>1:08:21</b>													
08:23+	14:51+	20:32+	22:00+	25:29+	27:37+	31:37+	36:36+	38:40+	41:26+	46:27+	51:20+	57:09+	59:28+	65:27+	67:46+	68:21+
08:23+	06:28+	05:41+	01:28+	03:29+	02:08-	04:00+	04:59+	02:04+	02:46+	05:01+	04:53+	05:49+	02:19+	05:59-	02:19+	00:35+
06:18@	02:57&	02:00&	00:06+	01:12&	00:04-	01:11&	01:05&	00:40&	00:38&	01:54&	01:20&	01:38&	00:39&	00:10-	00:51&	00:06#
<b>9</b>	<b>Elianne Haneberg</b>	<b>Handelsbanken</b>	<b>1:09:18</b>													
03:15+	07:21+	21:08+	22:21+	24:46+	27:22+	30:32+	36:42+	38:56+	40:59+	44:27+	48:30+	53:55+	55:50+	66:55+	68:45+	69:18+
03:15+	04:06+	13:47+	01:13-	02:25+	02:36+	03:10+	06:10+	02:14+	02:03-	03:28+	04:03+	05:25+	01:55+	11:05+	01:50+	00:33+
01:10&	00:35#	10:06@	00:09-	00:08+	00:24#	00:21#	02:16&	00:50&	00:05-	00:21#	00:30#	01:14&	00:15#	04:56&	00:22#	00:04#
<b>10</b>	<b>Marianne Rud Skjærstad</b>	<b>Løten kommune BIL</b>	<b>1:13:08</b>													
02:35+	09:05+	13:05+	15:04+	21:40+	23:59+	32:30+	37:10+	40:11+	42:29+	45:48+	51:38+	55:57+	57:28+	70:35+	72:22+	73:08+
02:35+	06:30+	04:00+	01:59+	06:36+	02:19+	08:31+	04:40+	03:01+	02:18+	03:19+	05:50+	04:19+	01:31-	13:07+	01:47+	00:46+
00:30#	02:59&	00:19+	00:37&	04:19@	00:07+	05:42@	00:46#	01:37@	00:10+	00:12+	02:17&	00:08+	00:09-	06:58@	00:19#	00:17&

**Beste strekktid for klassen**  
 02:05 03:31 03:41 01:12 02:16 01:59 02:49 03:54 01:24 01:58 02:48 03:33 01:55 01:31 02:13 00:34 00:29

= Som klassevinner , - raskere , + senere , # 10% tap , & 25% tap , @ 100% tap.

### D 5,5

<b>1</b>	<b>Stine Kirkevik</b>	<b>Hamar kommune</b>														<b>59:16</b>			
	02:37=	04:19=	14:02=	15:29=	23:01=	24:31=	26:17=	28:57=	33:01=	34:23=	36:23=	39:24=	41:46=	44:19=	46:03=	53:49=	56:58=	58:44=	59:16=
	02:37=	01:42=	09:43=	01:27=	07:32=	01:30=	01:46=	02:40=	04:04=	01:22=	02:00=	03:01=	02:22=	02:33=	01:44=	07:46=	03:09=	01:46=	00:32=
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Nina Smestad</b>	<b>Løten O-Lag</b>														<b>1:12:55</b>			
	01:48-	03:43-	25:10+	27:02+	39:03+	40:50+	45:25+	48:49+	59:51+	61:28+	63:39+	67:35+	72:55+						
	01:48-	01:55+	21:27+	01:52+	12:01+	01:47+	04:35+	03:24+	11:02+	01:37+	02:11+	03:56+	05:20+						
	00:49-	00:13#	11:44@	00:25&	04:29&	00:17#	02:49@	00:44&	06:58@	00:15#	00:11+	00:55&	02:58@						
<b>Beste strekktid for klassen</b>																			
	01:48	01:42	09:43	01:27	07:32	01:30	01:46	02:40	04:04	01:22	02:00	03:01	02:22	02:33	01:44	07:46	03:09	01:46	00:32

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

## H 1,5

<b>1</b>	<b>Hans Jørgen Røste</b>	<b>Sykehuset Innlandet</b>	<b>28:01</b>
	04:45= 08:01= 09:41= 11:57= 14:53= 16:53= 21:08= 25:20= 27:17= 28:01=		
	04:45= 03:16= 01:40= 02:16= 02:56= 02:00= 04:15= 04:12= 01:57= 00:44=		
	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		
<b>2</b>	<b>Bjørn Jenssen</b>	<b>Mjøso Retail</b>	<b>30:49</b>
	03:22- 07:03- 08:52- 11:23- 14:35- 17:06+ 20:38- 27:22+ 29:58+ 30:49+		
	03:22- 03:41+ 01:49+ 02:31+ 03:12+ 02:31+ 03:32- 06:44+ 02:36+ 00:51+		
	01:23- 00:25# 00:09+ 00:15# 00:16+ 00:31& 00:43- 02:32& 00:39& 00:07#		
<b>3</b>	<b>Ingvald Pedersen</b>	<b>Statens Hus</b>	<b>33:00</b>
	03:28- 07:46- 09:54+ 12:48+ 16:04+ 18:08+ 22:49+ 29:17+ 32:16+ 33:00+		
	03:28- 04:18+ 02:08+ 02:54+ 03:16+ 02:04+ 04:41+ 06:28+ 02:59+ 00:44=		
	01:17- 01:02& 00:28& 00:38& 00:20# 00:04+ 00:26# 02:16& 01:02& 00:00=		
<b>4</b>	<b>Trygve Jan Bjerke</b>	<b>Hamar Post BIL</b>	<b>33:10</b>
	03:37- 07:27- 09:31- 13:08+ 16:07+ 18:14+ 21:59+ 30:06+ 32:21+ 33:10+		
	03:37- 03:50+ 02:04+ 03:37+ 02:59+ 02:07+ 03:45- 08:07+ 02:15+ 00:49+		
	01:08- 00:34# 00:24# 01:21& 00:03+ 00:07+ 00:30- 03:55& 00:18# 00:05#		
<b>5</b>	<b>Thorvald Sæhlie</b>	<b>Ringsaker kommune</b>	<b>36:15</b>
	04:50+ 09:13+ 11:14+ 14:08+ 17:56+ 20:03+ 23:47+ 32:36+ 35:10+ 36:15+		
	04:50+ 04:23+ 02:01+ 02:54+ 03:48+ 02:07+ 03:44- 08:49+ 02:34+ 01:05+		
	00:05+ 01:07& 00:21# 00:38& 00:52& 00:07+ 00:31- 04:37@ 00:37& 00:21&		
<b>6</b>	<b>Geir-Håkon Øverby</b>	<b>If Skadeforsikring</b>	<b>37:36</b>
	06:33+ 10:01+ 11:48+ 14:29+ 17:26+ 19:06+ 21:30+ 34:43+ 36:52+ 37:36+		
	06:33+ 03:28+ 01:47+ 02:41+ 02:57+ 01:40- 02:24- 13:13+ 02:09+ 00:44=		
	01:48& 00:12+ 00:07+ 00:25# 00:01+ 00:20- 01:51- 09:01@ 00:12# 00:00=		
<b>7</b>	<b>Erik Skårås</b>	<b>Sparebank 1 Østlandet</b>	<b>37:42</b>
	04:43- 09:02+ 11:05+ 14:36+ 18:24+ 20:45+ 24:37+ 33:10+ 36:35+ 37:42+		
	04:43- 04:19+ 02:03+ 03:31+ 03:48+ 02:21+ 03:52- 08:33+ 03:25+ 01:07+		
	00:02- 01:03& 00:23# 01:15& 00:52& 00:21# 00:23- 04:21@ 01:28& 00:23&		
<b>8</b>	<b>Arnfinn Nordhagen</b>	<b>Geno</b>	<b>38:02</b>
	03:17- 06:50- 08:28- 10:53- 15:54+ 17:32+ 23:14+ 35:13+ 37:16+ 38:02+		
	03:17- 03:33+ 01:38- 02:25+ 05:01+ 01:38- 05:42+ 11:59+ 02:03+ 00:46+		
	01:28- 00:17+ 00:02- 00:09+ 02:05& 00:22- 01:27& 07:47@ 00:06+ 00:02+		
<b>9</b>	<b>Dag Erik Hovde</b>	<b>Eidsiva BIL</b>	<b>40:39</b>
	04:35- 12:24+ 14:57+ 18:14+ 22:46+ 25:09+ 29:09+ 35:47+ 39:25+ 40:39+		
	04:35- 07:49+ 02:33+ 03:17+ 04:32+ 02:23+ 04:00- 06:38+ 03:38+ 01:14+		
	00:10- 04:33@ 00:53& 01:01& 01:36& 00:23# 00:15- 02:26& 01:41& 00:30&		
<b>10</b>	<b>Roger Sterud</b>	<b>Arve Hagen BIL</b>	<b>40:47</b>
	04:08- 07:42- 09:32- 19:28+ 25:29+ 26:20+ 32:26+ 37:30+ 40:18+ 40:47+		
	04:08- 03:34+ 01:50+ 09:56+ 06:01+ 00:51- 06:06+ 05:04+ 02:48+ 00:29-		
	00:37- 00:18+ 00:10+ 07:40@ 03:05@ 01:09- 01:51& 00:52# 00:51& 00:15-		
<b>11</b>	<b>Ragnar Høsøien</b>	<b>Hamar Post BIL</b>	<b>46:43</b>
	05:34+ 12:02+ 15:02+ 19:04+ 24:37+ 27:52+ 32:35+ 41:46+ 45:13+ 46:43+		
	05:34+ 06:28+ 03:00+ 04:02+ 05:33+ 03:15+ 04:43+ 09:11+ 03:27+ 01:30+		
	00:49# 03:12& 01:20& 01:46& 02:37& 01:15& 00:28# 04:59@ 01:30& 00:46@		
<b>12</b>	<b>Kjell Vidar Holmen</b>	<b>Arve Hagen BIL</b>	<b>47:24</b>
	16:50+ 21:58+ 24:02+ 26:22+ 30:49+ 32:45+ 36:06+ 44:01+ 46:29+ 47:24+		
	16:50+ 05:08+ 02:04+ 02:20+ 04:27+ 01:56- 03:21- 07:55+ 02:28+ 00:55+		
	12:05@ 01:52& 00:24# 00:04+ 01:31& 00:04- 00:54- 03:43& 00:31& 00:11#		
<b>13</b>	<b>Helge Busterud</b>	<b>Eidsiva BIL</b>	<b>48:00</b>
	07:35+ 12:13+ 14:36+ 17:59+ 27:52+ 30:36+ 35:17+ 43:44+ 46:47+ 48:00+		
	07:35+ 04:38+ 02:23+ 03:23+ 09:53+ 02:44+ 04:41+ 08:27+ 03:03+ 01:13+		
	02:50& 01:22& 00:43& 01:07& 06:57@ 00:44& 00:26# 04:15@ 01:06& 00:29&		
<b>14</b>	<b>Finn Røise</b>	<b>Moelven</b>	<b>49:34</b>
	04:08- 10:15+ 12:11+ 20:58+ 29:44+ 31:59+ 35:55+ 45:54+ 48:42+ 49:34+		
	04:08- 06:07+ 01:56+ 08:47+ 08:46+ 02:15+ 03:56- 09:59+ 02:48+ 00:52+		
	00:37- 02:51& 00:16# 06:31@ 05:50@ 00:15# 00:19- 05:47@ 00:51& 00:08#		

Class	Navn	Klasse	Tid
<b>15</b>	<b>Håkon Nesbakk</b>	<b>Eidsiva BIL</b>	<b>51:12</b>
09:55+	14:50+ 17:37+ 20:23+	23:41+ 31:51+ 35:10+ 48:04+ 50:26+	51:12+
09:55+	04:55+ 02:47+ 02:46+	03:18+ 08:10+ 03:19- 12:54+ 02:22+	00:46+
05:10@	01:39& 01:07& 00:30#	00:22# 06:10@ 00:56- 08:42@ 00:25#	00:02+
<b>16</b>	<b>Harald Normann</b>	<b>Ringsaker kommune</b>	<b>54:04</b>
06:18+	15:36+ 18:14+ 21:25+	31:57+ 34:29+ 38:59+ 48:04+ 52:50+	54:04+
06:18+	09:18+ 02:38+ 03:11+	10:32+ 02:32+ 04:30+ 09:05+ 04:46+	01:14+
01:33&	06:02@ 00:58& 00:55&	07:36@ 00:32& 00:15+ 04:53@ 02:49@	00:30&
<b>17</b>	<b>Torleif Finstad</b>	<b>Hamar Post BIL</b>	<b>59:07</b>
16:52+	29:55+ 34:08+ 36:05+	38:57+ 42:21+ 44:44+ 48:16+ 54:23+	57:44+ 59:07+
16:52+	13:03+ 04:13+ 01:57-	02:52- 03:24+ 02:23- 03:32- 06:07+	03:21+ 01:23+
12:07@	09:47@ 02:33@ 00:19-	00:04- 01:24& 01:52- 00:40- 04:10@ 02:37@	01:23+

**Beste strekktid for klassen**

03:17 03:16 01:38 01:57 02:52 00:51 02:23 03:32 01:57 00:29

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.



Class	Navn	Klasse	Tid
<b>H 2,5</b>			
<b>1</b>	<b>Tore Stensby</b>	<b>Mattilsynet</b>	<b>29:36</b>
	01:52= 04:32= 07:25= 10:33= 12:27= 14:46= 20:14= 21:47= 24:33= 27:00= 28:55= 29:36=		
	01:52= 02:40= 02:53= 03:08= 01:54= 02:19= 05:28= 01:33= 02:46= 02:27= 01:55= 00:41=		
	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		
<b>2</b>	<b>Morten Øie</b>	<b>Furnes Almenning</b>	<b>30:29</b>
	02:14+ 04:57+ 08:12+ 11:25+ 13:49+ 16:09+ 22:11+ 23:29+ 25:46+ 28:08+ 29:49+ 30:29+		
	02:14+ 02:43+ 03:15+ 03:13+ 02:24+ 02:20+ 06:02+ 01:18- 02:17- 02:22- 01:41- 00:40-		
	00:22# 00:03+ 00:22# 00:05+ 00:30& 00:01+ 00:34# 00:15- 00:29- 00:05- 00:14- 00:01-		
<b>3</b>	<b>Gunnar Alu</b>	<b>Høgskolen i Innlandet</b>	<b>32:52</b>
	02:12+ 05:49+ 09:02+ 13:02+ 15:10+ 17:21+ 23:11+ 24:44+ 27:24+ 30:24+ 32:16+ 32:52+		
	02:12+ 03:37+ 03:13+ 04:00+ 02:08+ 02:11- 05:50+ 01:33= 02:40- 03:00+ 01:52- 00:36-		
	00:20# 00:57& 00:20# 00:52& 00:14# 00:08- 00:22+ 00:00= 00:06- 00:33# 00:03- 00:05-		
<b>4</b>	<b>Hans Asbjørn Tingvold</b>	<b>Raufoss I.L. Orientering</b>	<b>33:31</b>
	02:00+ 08:50+ 12:04+ 15:26+ 17:41+ 19:43+ 25:16+ 26:38+ 28:54+ 31:16+ 32:53+ 33:31+		
	02:00+ 06:50+ 03:14+ 03:22+ 02:15+ 02:02- 05:33+ 01:22- 02:16- 02:22- 01:37- 00:38-		
	00:08+ 04:10@ 00:21# 00:14+ 00:21# 00:17- 00:05+ 00:11- 00:30- 00:05- 00:18- 00:03-		
<b>5</b>	<b>Magnar Nybakk</b>	<b>Sparebank 1 Østlandet</b>	<b>33:46</b>
	02:01+ 05:14+ 08:18+ 11:40+ 13:50+ 16:19+ 22:44+ 24:10+ 26:55+ 31:16+ 33:08+ 33:46+		
	02:01+ 03:13+ 03:04+ 03:22+ 02:10+ 02:29+ 06:25+ 01:26- 02:45- 04:21+ 01:52- 00:38-		
	00:09+ 00:33# 00:11+ 00:14+ 00:16# 00:10+ 00:57# 00:07- 00:01- 01:54& 00:03- 00:03-		
<b>6</b>	<b>Bjørn Eriksrud</b>	<b>Raufoss I.L. Orientering</b>	<b>34:34</b>
	03:05+ 09:54+ 13:07+ 16:29+ 18:45+ 20:47+ 26:18+ 27:39+ 29:57+ 32:19+ 33:54+ 34:34+		
	03:05+ 06:49+ 03:13+ 03:22+ 02:16+ 02:02- 05:31+ 01:21- 02:18- 02:22- 01:35- 00:40-		
	01:13& 04:09@ 00:20# 00:14+ 00:22# 00:17- 00:03+ 00:12- 00:28- 00:05- 00:20- 00:01-		
<b>7</b>	<b>Arve Smestad</b>	<b>Løten kommune BIL</b>	<b>36:02</b>
	02:15+ 05:08+ 10:17+ 13:59+ 16:26+ 18:20+ 27:04+ 28:30+ 30:59+ 33:37+ 35:20+ 36:02+		
	02:15+ 02:53+ 05:09+ 03:42+ 02:27+ 01:54- 08:44+ 01:26- 02:29- 02:38+ 01:43- 00:42+		
	00:23# 00:13+ 02:16& 00:34# 00:33& 00:25- 03:16& 00:07- 00:17- 00:11+ 00:12- 00:01+		
<b>8</b>	<b>Terje Lien</b>	<b>Telenor BIL</b>	<b>37:02</b>
	02:20+ 05:48+ 10:00+ 14:16+ 16:41+ 19:01+ 24:52+ 26:18+ 29:21+ 34:30+ 36:20+ 37:02+		
	02:20+ 03:28+ 04:12+ 04:16+ 02:25+ 02:20+ 05:51+ 01:26- 03:03+ 05:09+ 01:50- 00:42+		
	00:28# 00:48& 01:19& 01:08& 00:31& 00:01+ 00:23+ 00:07- 00:17# 02:42@ 00:05- 00:01+		
<b>9</b>	<b>Ottar Evensen</b>	<b>Elverum kommune BIL</b>	<b>38:49</b>
	02:22+ 05:54+ 10:43+ 14:42+ 17:32+ 20:04+ 26:28+ 28:06+ 31:12+ 35:32+ 38:07+ 38:49+		
	02:22+ 03:32+ 04:49+ 03:59+ 02:50+ 02:32+ 06:24+ 01:38+ 03:06+ 04:20+ 02:35+ 00:42+		
	00:30& 00:52& 01:56& 00:51& 00:56& 00:13+ 00:56# 00:05+ 00:20# 01:53& 00:40& 00:01+		
<b>10</b>	<b>Magne Smeland</b>	<b>Vegvesenet</b>	<b>39:25</b>
	02:11+ 11:27+ 15:30+ 19:10+ 21:28+ 24:01+ 30:05+ 31:46+ 34:41+ 37:07+ 38:46+ 39:25+		
	02:11+ 09:16+ 04:03+ 03:40+ 02:18+ 02:33+ 06:04+ 01:41+ 02:55+ 02:26- 01:39- 00:39-		
	00:19# 06:36@ 01:10& 00:32# 00:24# 00:14# 00:36# 00:08+ 00:09+ 00:01- 00:16- 00:02-		
<b>11</b>	<b>Knut Fjæstad</b>	<b>Løten kommune BIL</b>	<b>40:16</b>
	03:01+ 07:26+ 11:48+ 16:21+ 19:02+ 21:30+ 27:32+ 29:15+ 32:23+ 36:20+ 39:26+ 40:16+		
	03:01+ 04:25+ 04:22+ 04:33+ 02:41+ 02:28+ 06:02+ 01:43+ 03:08+ 03:57+ 03:06+ 00:50+		
	01:09& 01:45& 01:29& 01:25& 00:47& 00:09+ 00:34# 00:10# 00:22# 01:30& 01:11& 00:09#		
<b>12</b>	<b>Per Vold</b>	<b>Moelven</b>	<b>40:20</b>
	02:03+ 15:14+ 18:53+ 21:57+ 23:54+ 25:52+ 31:28+ 32:47+ 35:44+ 38:14+ 39:44+ 40:20+		
	02:03+ 13:11+ 03:39+ 03:04- 01:57+ 01:58- 05:36+ 01:19- 02:57+ 02:30+ 01:30- 00:36-		
	00:11+ 10:31@ 00:46& 00:04- 00:03+ 00:21- 00:08+ 00:14- 00:11+ 00:03+ 00:25- 00:05-		
<b>13</b>	<b>Håkon Morten</b>	<b>Elverum kommune BIL</b>	<b>41:03</b>
	04:20+ 09:06+ 11:56+ 18:48+ 21:16+ 23:32+ 30:04+ 31:40+ 33:47+ 38:39+ 40:23+ 41:03+		
	04:20+ 04:46+ 02:50- 06:52+ 02:28+ 02:16- 06:32+ 01:36+ 02:07- 04:52+ 01:44- 00:40-		
	02:28@ 02:06& 00:03- 03:44@ 00:34& 00:03- 01:04# 00:03+ 00:39- 02:25& 00:11- 00:01-		
<b>14</b>	<b>Torbjørn Ødegaard</b>	<b>Hamar Lærerhøgskole</b>	<b>41:25</b>
	03:24+ 10:17+ 15:46+ 19:23+ 22:03+ 24:22+ 30:33+ 32:16+ 35:15+ 38:32+ 40:37+ 41:25+		
	03:24+ 06:53+ 05:29+ 03:37+ 02:40+ 02:19= 06:11+ 01:43+ 02:59+ 03:17+ 02:05+ 00:48+		
	01:32& 04:13@ 02:36& 00:29# 00:46& 00:00= 00:43# 00:10# 00:13+ 00:50& 00:10+ 00:07#		

Class	Navn	Klasse	Tid
<b>15</b>	<b>Stein Edvardsen</b>	<b>Elverum kommune BIL</b>	<b>42:26</b>
02:27+	11:24+	16:02+	19:40+
02:27+	08:57+	04:38+	03:38+
00:35&	06:17@	01:45&	00:30#
01:03&	00:14#	00:38#	00:10#
00:26#	00:46&	00:17#	00:09#
02:27+	08:57+	04:38+	03:38+
02:57+	02:57+	02:33+	02:12+
00:50+			00:50+
<b>16</b>	<b>Leif Martin Kjos</b>	<b>Sparebank 1 Østlandet</b>	<b>45:24</b>
02:25+	06:00+	10:51+	14:52+
02:25+	03:35+	04:51+	04:01+
00:33&	00:55&	01:58&	00:53&
00:05+	00:05+	08:43@	00:02+
00:12#	00:21#	01:35&	00:27#
00:04+			00:04+
<b>17</b>	<b>Jan Roald Bøgeberg</b>	<b>Løten kommune BIL</b>	<b>45:45</b>
02:22+	06:26+	10:45+	21:08+
02:22+	04:04+	04:19+	10:23+
00:30&	01:24&	01:26&	07:15@
00:45&	02:21@	00:27+	00:28&
00:19#	01:05&	00:14#	00:05-
<b>18</b>	<b>Jan Olav Sæther</b>	<b>OL Vallset/Stange</b>	<b>45:52</b>
02:16+	11:46+	15:43+	20:02+
02:16+	09:30+	03:57+	04:19+
00:24#	06:50@	01:04&	01:11&
01:15&	01:05&	00:35&	01:43&
00:29&	01:42&	01:05&	00:01+
00:03-			00:03-
<b>19</b>	<b>Knut Olav Strætkvern</b>	<b>Høgskolen i Innlandet</b>	<b>49:31</b>
05:37+	09:10+	16:22+	19:56+
05:37+	03:33+	07:12+	03:34+
03:45@	00:53&	04:19@	00:26#
03:21@	00:08-	03:35&	01:37@
01:12&	01:05&	00:01-	00:09-
<b>20</b>	<b>Einar Stensby</b>	<b>Løten kommune BIL</b>	<b>50:43</b>
08:37+	13:03+	16:42+	26:43+
08:37+	04:26+	03:39+	10:01+
06:45@	01:46&	00:46&	06:53@
00:38&	00:02-	00:34#	00:00=
00:12+	03:39@	00:03-	00:01-
<b>21</b>	<b>Harald Grønvold</b>	<b>Arve Hagen BIL</b>	<b>50:49</b>
05:39+	09:23+	13:18+	22:17+
05:39+	03:44+	03:55+	08:59+
03:47@	01:04&	01:02&	05:51@
04:18@	00:02+	02:07&	00:15-
00:27-	03:44@	00:02+	00:02-
<b>22</b>	<b>Olav Skjærbekk</b>	<b>OL Vallset/Stange</b>	<b>52:14</b>
04:00+	08:16+	14:59+	25:48+
04:00+	04:16+	06:43+	10:49+
02:08@	01:36&	03:50@	07:41@
01:04&	02:20@	01:01#	00:07+
00:22#	01:50&	00:24#	00:15&
<b>23</b>	<b>Magnar Sveen</b>	<b>Moelven</b>	<b>54:25</b>
02:10+	07:58+	17:48+	21:53+
02:10+	05:48+	09:50+	04:05+
00:18#	03:08@	06:57@	00:57&
00:46&	01:18&	08:45@	00:10-
01:00&	01:18&	00:28#	00:04+
<b>24</b>	<b>Hallstein Ødegård</b>	<b>Løten kommune BIL</b>	<b>54:40</b>
06:44+	10:41+	20:46+	26:06+
06:44+	03:57+	10:05+	05:20+
04:52@	01:17&	07:12@	02:12&
01:53&	00:52&	02:39&	00:26&
01:00&	01:56&	00:31&	00:14&
<b>25</b>	<b>Bjørnar Aasen</b>	<b>Norsk Tipping BIL</b>	<b>57:51</b>
02:46+	08:04+	12:24+	18:06+
02:46+	05:18+	04:20+	05:42+
00:54&	02:38&	01:27&	02:34&
01:02&	01:07&	01:52&	00:23#
14:09@	01:07&	00:28#	00:34&
<b>26</b>	<b>Hans petter Jevanord</b>	<b>Geno</b>	<b>58:31</b>
02:26+	15:30+	21:46+	27:03+
02:26+	13:04+	06:16+	05:17+
00:34&	10:24@	03:23@	02:09&
01:32&	00:24#	02:52&	00:34&
02:55@	02:36@	01:08&	00:24&
<b>27</b>	<b>Knut Anders Fossum</b>	<b>Statens Hus</b>	<b>59:28</b>
02:52+	14:44+	19:35+	28:35+
02:52+	11:52+	04:51+	09:00+
01:00&	09:12@	01:58&	05:52@
04:38@	01:02&	02:12&	00:38&
00:10+	02:26&	00:29&	00:15&
<b>28</b>	<b>Reidar Syversen</b>	<b>Telenor BIL</b>	<b>1:01:15</b>
11:49+	19:05+	23:53+	33:15+
11:49+	07:16+	04:48+	09:22+
09:57@	04:36@	01:55&	06:14@
00:41&	00:12+	02:04&	00:28&
00:37#	04:36@	00:18#	00:01+
<b>29</b>	<b>Stein Sandaker</b>	<b>Ahlsell Norge</b>	<b>1:03:43</b>
10:49+	14:55+	18:32+	29:39+
10:49+	04:06+	03:37+	11:07+
08:57@	01:26&	00:44&	07:59@
00:44&	00:14-	01:14#	00:27&
08:04@	05:10@	00:23-	00:01-

Plass	Navn	Klasse										Tid
<b>30</b>	<b>Herleik Nylund</b>	<b>Løten kommune BIL</b>										<b>1:08:56</b>
04:32+	13:12+	19:31+	25:45+	29:30+	33:11+	46:12+	48:24+	53:08+	64:47+	67:41+	68:56+	
04:32+	08:40+	06:19+	06:14+	03:45+	03:41+	13:01+	02:12+	04:44+	11:39+	02:54+	01:15+	
02:40@	06:00@	03:26@	03:06&	01:51&	01:22&	07:33@	00:39&	01:58&	09:12@	00:59&	00:34&	

**Beste strekktid for klassen**

01:52 02:40 02:50 03:04 01:54 01:54 05:28 01:18 02:07 02:22 01:30 00:32

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

### H 3,5

<b>1</b>	<b>Sindre Skjærbekk</b>	<b>Byggmakker</b>	<b>38:34</b>										
02:23=	05:17=	08:29=	10:40=	13:54=	17:47=	19:46=	22:45=	26:00=	29:32=	32:30=	36:54=	38:05=	38:34=
02:23=	02:54=	03:12=	02:11=	03:14=	03:53=	01:59=	02:59=	03:15=	03:32=	02:58=	04:24=	01:11=	00:29=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

<b>2</b>	<b>Knut Johan Schjerve</b>	<b>LMF</b>	<b>39:04</b>										
02:40+	05:20+	08:17-	09:49-	13:07-	17:25-	20:02+	24:08+	27:21+	30:43+	33:38+	37:27+	38:34+	39:04+
02:40+	02:40-	02:57-	01:32-	03:18+	04:18+	02:37+	04:06+	03:13-	03:22-	02:55-	03:49-	01:07-	00:30+
00:17#	00:14-	00:15-	00:39-	00:04+	00:25#	00:38#	01:07&	00:02-	00:10-	00:03-	00:35-	00:04-	00:01+

<b>3</b>	<b>Geir Jota Bjørlo</b>	<b>Hamar Katedralskole</b>	<b>39:21</b>										
02:26+	05:48+	08:36+	09:53-	12:53-	16:15-	17:58-	26:19+	28:27+	31:22+	33:19+	37:31+	38:52+	39:21+
02:26+	03:22+	02:48-	01:17-	03:00-	03:22-	01:43-	08:21+	02:08-	02:55-	01:57-	04:12-	01:21+	00:29=
00:03+	00:28#	00:24-	00:54-	00:14-	00:31-	00:16-	05:22@	01:07-	00:37-	01:01-	00:12-	00:10#	00:00=

<b>4</b>	<b>Ove Tåsåsen</b>	<b>Mjøs Retail</b>	<b>44:30</b>										
02:32+	05:40+	08:43+	09:53-	13:33-	19:56+	23:52+	26:42+	32:32+	35:40+	38:38+	42:38+	44:01+	44:30+
02:32+	03:08+	03:03-	01:10-	03:40+	06:23+	03:56+	02:50-	05:50+	03:08-	02:58=	04:00-	01:23+	00:29=
00:09+	00:14+	00:09-	01:01-	00:26#	02:30&	01:57&	00:09-	02:35&	00:24-	00:00=	00:24-	00:12#	00:00=

<b>5</b>	<b>Erik Haugen</b>	<b>Statens Hus</b>	<b>48:05</b>										
03:09+	07:41+	11:39+	13:15+	19:16+	23:59+	26:21+	30:16+	33:58+	38:08+	41:27+	46:07+	47:36+	48:05+
03:09+	04:32+	03:58+	01:36-	06:01+	04:43+	02:22+	03:55+	03:42+	04:10+	03:19+	04:40+	01:29+	00:29=
00:46&	01:38&	00:46#	00:35-	02:47&	00:50#	00:23#	00:56&	00:27#	00:38#	00:21#	00:16+	00:18&	00:00=

<b>6</b>	<b>Knut Malmo</b>	<b>Vegvesenet</b>	<b>48:26</b>										
02:44+	06:16+	09:52+	11:27+	15:59+	20:23+	22:40+	30:37+	34:16+	38:29+	42:09+	46:35+	47:54+	48:26+
02:44+	03:32+	03:36+	01:35-	04:32+	04:24+	02:17+	07:57+	03:39+	04:13+	03:40+	04:26+	01:19+	00:32+
00:21#	00:38#	00:24#	00:36-	01:18&	00:31#	00:18#	04:58@	00:24#	00:41#	00:42#	00:02+	00:08#	00:03#

<b>7</b>	<b>Stein Arne Bekkum</b>	<b>Arve Hagen BIL</b>	<b>48:34</b>										
03:08+	06:57+	11:00+	12:48+	17:30+	22:38+	25:03+	28:45+	32:32+	37:54+	41:31+	46:59+	48:09+	48:34+
03:08+	03:49+	04:03+	01:48-	04:42+	05:08+	02:25+	03:42+	03:47+	05:22+	03:37+	05:28+	01:10-	00:25-
00:45&	00:55&	00:51&	00:23-	01:28&	01:15&	00:26#	00:43#	00:32#	01:50&	00:39#	01:04#	00:01-	00:04-

<b>8</b>	<b>Kjetil Liven</b>	<b>LMF</b>	<b>48:48</b>										
03:36+	06:41+	10:07+	11:36+	17:44+	23:06+	25:14+	29:12+	34:31+	39:00+	41:59+	46:31+	48:14+	48:48+
03:36+	03:05+	03:26+	01:29-	06:08+	05:22+	02:08+	03:58+	05:19+	04:29+	02:59+	04:32+	01:43+	00:34+
01:13&	00:11+	00:14+	00:42-	02:54&	01:29&	00:09+	00:59&	02:04&	00:57&	00:01+	00:08+	00:32&	00:05#

<b>9</b>	<b>Einar Flenvold</b>	<b>Skaaret As</b>	<b>49:15</b>										
03:24+	06:46+	10:42+	12:21+	17:20+	25:06+	27:25+	30:48+	33:46+	39:25+	42:31+	46:59+	48:46+	49:15+
03:24+	03:22+	03:56+	01:39-	04:59+	07:46+	02:19+	03:23+	02:58-	05:39+	03:06+	04:28+	01:47+	00:29=
01:01&	00:28#	00:44#	00:32-	01:45&	03:53&	00:20#	00:24#	00:17-	02:07&	00:08+	00:04+	00:36&	00:00=

<b>10</b>	<b>Karl Petter Opsahl</b>	<b>Løten kommune BIL</b>	<b>50:09</b>										
04:21+	07:56+	11:43+	13:39+	17:58+	23:12+	25:32+	29:38+	33:03+	38:00+	41:53+	47:54+	49:33+	50:09+
04:21+	03:35+	03:47+	01:56-	04:19+	05:14+	02:20+	04:06+	03:25+	04:57+	03:53+	06:01+	01:39+	00:36+
01:58&	00:41#	00:35#	00:15-	01:05&	01:21&	00:21#	01:07&	00:10+	01:25&	00:55&	01:37&	00:28&	00:07#

<b>11</b>	<b>Håkon Beitnes</b>	<b>Hamar Katedralskole</b>	<b>50:49</b>										
03:22+	07:55+	11:40+	13:27+	18:39+	25:11+	28:17+	32:18+	35:56+	40:20+	44:04+	48:58+	50:16+	50:49+
03:22+	04:33+	03:45+	01:47-	05:12+	06:32+	03:06+	04:01+	03:38+	04:24+	03:44+	04:54+	01:18+	00:33+
00:59&	01:39&	00:33#	00:24-	01:58&	02:39&	01:07&	01:02&	00:23#	00:52#	00:46&	00:30#	00:07+	00:04#

<b>12</b>	<b>Tore Gustav Tomter</b>	<b>Plan1</b>	<b>51:55</b>										
03:19+	07:02+	12:09+	14:23+	19:42+	26:11+	28:56+	32:19+	36:01+	41:08+	44:22+	49:48+	51:27+	51:55+
03:19+	03:43+	05:07+	02:14+	05:19+	06:29+	02:45+	03:23+	03:42+	05:07+	03:14+	05:26+	01:39+	00:28-
00:56&	00:49&	01:55&	00:03+	02:05&	02:36&	00:46&	00:24#	00:27#	01:35&	00:16+	01:02#	00:28&	00:01-

<b>13</b>	<b>Knut Wikstrøm</b>	<b>Kartverket</b>	<b>53:02</b>										
03:09+	06:55+	10:22+	11:50+	16:31+	25:05+	27:16+	31:06+	36:45+	40:49+	44:23+	50:47+	52:23+	53:02+
03:09+	03:46+	03:27+	01:28-	04:41+	08:34+	02:11+	03:50+	05:39+	04:04+	03:34+	06:24+	01:36+	00:39+
00:46&	00:52&	00:15+	00:43-	01:27&	04:41@	00:12#	00:51&	02:24&	00:32#	00:36#	02:00&	00:25&	00:10&

<b>14</b>	<b>Arvid Bratlie</b>	<b>LMF</b>	<b>53:32</b>										
03:41+	07:15+	11:27+	13:00+	17:31+	22:36+	25:08+	28:16+	36:39+	41:34+	45:41+	51:18+	52:59+	53:32+
03:41+	03:34+	04:12+	01:33-	04:31+	05:05+	02:32+	03:08+	08:23+	04:55+	04:07+	05:37+	01:41+	00:33+
01:18&	00:40#	01:00&	00:38-	01:17&	01:12&	00:33&	00:09+	05:08@	01:23&	01:09&	01:13&	00:30&	00:04#

Class	Navn	Klasse										Tid	
<b>15</b>	<b>Audun Jenssen</b>	<b>Norsk Tipping BIL</b>										<b>53:49</b>	
07:12+	10:51+	14:56+	16:34+	21:08+	26:35+	29:11+	33:06+	37:11+	42:16+	46:14+	51:29+	53:18+	53:49+
07:12+	03:39+	04:05+	01:38-	04:34+	05:27+	02:36+	03:55+	04:05+	05:05+	03:58+	05:15+	01:49+	00:31+
04:49@	00:45&	00:53&	00:33-	01:20&	01:34&	00:37&	00:56&	00:50&	01:33&	01:00&	00:51#	00:38&	00:02+
<b>16</b>	<b>Tom S Helgesen</b>	<b>Hamar Post BIL</b>										<b>55:56</b>	
13:58+	17:05+	21:08+	22:47+	28:10+	32:35+	34:56+	37:58+	41:01+	44:54+	48:26+	53:46+	55:18+	55:56+
13:58+	03:07+	04:03+	01:39-	05:23+	04:25+	02:21+	03:02+	03:03-	03:53+	03:32+	05:20+	01:32+	00:38+
11:35@	00:13+	00:51&	00:32-	02:09&	00:32#	00:22#	00:03+	00:12-	00:21+	00:34#	00:56#	00:21&	00:09&
<b>17</b>	<b>Trond Søberg</b>	<b>Løten kommune BIL</b>										<b>57:30</b>	
04:00+	07:28+	11:35+	14:20+	18:41+	26:27+	29:23+	33:19+	39:42+	46:26+	50:03+	55:10+	56:50+	57:30+
04:00+	03:28+	04:07+	02:45+	04:21+	07:46+	02:56+	03:56+	06:23+	06:44+	03:37+	05:07+	01:40+	00:40+
01:37&	00:34#	00:55&	00:34&	01:07&	03:53&	00:57&	00:57&	03:08&	03:12&	00:39#	00:43#	00:29&	00:11&
<b>18</b>	<b>Morten Lillejordet</b>	<b>Byggmakker</b>										<b>57:42</b>	
05:43+	12:23+	18:21+	20:43+	26:44+	32:49+	35:27+	39:08+	43:19+	47:24+	50:48+	55:23+	57:08+	57:42+
05:43+	06:40+	05:58+	02:22+	06:01+	06:05+	02:38+	03:41+	04:11+	04:05+	03:24+	04:35+	01:45+	00:34+
03:20@	03:46@	02:46&	00:11+	02:47&	02:12&	00:39&	00:42#	00:56&	00:33#	00:26#	00:11+	00:34&	00:05#
<b>19</b>	<b>Per Anders Aas</b>	<b>Mjøs Retail</b>										<b>1:00:23</b>	
03:26+	07:01+	10:47+	12:12+	23:26+	29:29+	31:31+	39:45+	42:58+	47:21+	50:36+	58:02+	59:43+	60:23+
03:26+	03:35+	03:46+	01:25-	11:14+	06:03+	02:02+	08:14+	03:13-	04:23+	03:15+	07:26+	01:41+	00:40+
01:03&	00:41#	00:34#	00:46-	08:00@	02:10&	00:03+	05:15@	00:02-	00:51#	00:17+	03:02&	00:30&	00:11&
<b>20</b>	<b>Steinar Tønsager</b>	<b>BDO Aktiva</b>										<b>1:07:26</b>	
03:21+	09:29+	13:19+	14:50+	19:35+	33:31+	36:20+	40:55+	44:07+	49:12+	52:31+	64:50+	66:56+	67:26+
03:21+	06:08+	03:50+	01:31-	04:45+	13:56+	02:49+	04:35+	03:12-	05:05+	03:19+	12:19+	02:06+	00:30+
00:58&	03:14@	00:38#	00:40-	01:31&	10:03@	00:50&	01:36&	00:03-	01:33&	00:21#	07:55@	00:55&	00:01+
<b>21</b>	<b>Espen Melby</b>	<b>Løten kommune BIL</b>										<b>1:08:22</b>	
04:44+	11:42+	15:59+	17:56+	27:25+	42:13+	44:38+	47:59+	51:34+	56:09+	59:55+	65:57+	67:41+	68:22+
04:44+	06:58+	04:17+	01:57-	09:29+	14:48+	02:25+	03:21+	03:35+	04:35+	03:46+	06:02+	01:44+	00:41+
02:21&	04:04@	01:05&	00:14-	06:15@	10:55@	00:26#	00:22#	00:20#	01:03&	00:48&	01:38&	00:33&	00:12&
<b>22</b>	<b>Tore Stenseth</b>	<b>Mjøs Retail</b>										<b>1:08:42</b>	
04:23+	11:21+	19:36+	22:10+	27:25+	33:00+	35:28+	41:37+	47:50+	55:26+	60:13+	66:01+	68:00+	68:42+
04:23+	06:58+	08:15+	02:34+	05:15+	05:35+	02:28+	06:09+	06:13+	07:36+	04:47+	05:48+	01:59+	00:42+
02:00&	04:04@	05:03@	00:23#	02:01&	01:42&	00:29#	03:10@	02:58&	04:04@	01:49&	01:24&	00:48&	00:13&
<b>23</b>	<b>Asbjørn Grønbakken</b>	<b>Sparebank 1 Østlandet</b>										<b>1:10:33</b>	
04:13+	13:03+	18:30+	20:48+	26:42+	33:48+	37:11+	48:11+	52:52+	58:01+	61:38+	67:32+	69:50+	70:33+
04:13+	08:50+	05:27+	02:18+	05:54+	07:06+	03:23+	11:00+	04:41+	05:09+	03:37+	05:54+	02:18+	00:43+
01:50&	05:56@	02:15&	00:07+	02:40&	03:13&	01:24&	08:01@	01:26&	01:37&	00:39#	01:30&	01:07&	00:14&
<b>24</b>	<b>Per Ivar Kvammen</b>	<b>Høgskolen i Innlandet</b>										<b>1:10:39</b>	
12:35+	15:56+	20:27+	22:15+	27:53+	33:52+	36:35+	41:27+	52:31+	57:07+	60:51+	67:42+	69:57+	70:39+
12:35+	03:21+	04:31+	01:48-	05:38+	05:59+	02:43+	04:52+	11:04+	04:36+	03:44+	06:51+	02:15+	00:42+
10:12@	00:27#	01:19&	00:23-	02:24&	02:06&	00:44&	01:53&	07:49@	01:04&	00:46&	02:27&	01:04&	00:13&
<b>25</b>	<b>Ludvig Bjerke-Narud</b>	<b>Geno</b>										<b>1:11:34</b>	
07:00+	11:34+	15:23+	17:14+	22:43+	32:38+	36:49+	42:17+	53:42+	57:59+	62:00+	68:58+	70:54+	71:34+
07:00+	04:34+	03:49+	01:51-	05:29+	09:55+	04:11+	05:28+	11:25+	04:17+	04:01+	06:58+	01:56+	00:40+
04:37@	01:40&	00:37#	00:20-	02:15&	06:02@	02:12@	02:29&	08:10@	00:45#	01:03&	02:34&	00:45&	00:11&
<b>26</b>	<b>Espen Øyhovden-Nordby</b>	<b>Mjøs Retail</b>										<b>1:12:01</b>	
08:39+	13:15+	18:06+	19:46+	25:26+	31:30+	34:08+	50:11+	54:50+	58:59+	62:52+	69:06+	70:46+	72:01+
08:39+	04:36+	04:51+	01:40-	05:40+	06:04+	02:38+	16:03+	04:39+	04:09+	03:53+	06:14+	01:40+	01:15+
06:16@	01:42&	01:39&	00:31-	02:26&	02:11&	00:39&	13:04@	01:24&	00:37#	00:55&	01:50&	00:29&	00:46@
<b>27</b>	<b>Ola Molstad</b>	<b>Vegvesenet</b>										<b>1:12:22</b>	
03:08+	06:36+	16:26+	18:06+	22:13+	39:59+	42:15+	47:23+	51:13+	56:11+	60:02+	70:06+	71:52+	72:22+
03:08+	03:28+	09:50+	01:40-	04:07+	17:46+	02:16+	05:08+	03:50+	04:58+	03:51+	10:04+	01:46+	00:30+
00:45&	00:34#	06:38@	00:31-	00:53&	13:53@	00:17#	02:09&	00:35#	01:26&	00:53&	05:40@	00:35&	00:01+
<b>28</b>	<b>Eystein Linnerud</b>	<b>Norsk Tipping BIL</b>										<b>1:21:16</b>	
06:40+	14:54+	19:28+	21:38+	27:38+	33:59+	37:39+	49:28+	53:40+	59:13+	63:24+	78:08+	80:23+	81:16+
06:40+	08:14+	04:34+	02:10-	06:00+	06:21+	03:40+	11:49+	04:12+	05:33+	04:11+	14:44+	02:15+	00:53+
04:17@	05:20@	01:22&	00:01-	02:46&	02:28&	01:41&	08:50@	00:57&	02:01&	01:13&	10:20@	01:04&	00:24&
<b>29</b>	<b>Johnny Johansen</b>	<b>Løten kommune BIL</b>										<b>1:31:04</b>	
03:43+	08:26+	13:35+	18:47+	27:23+	34:02+	37:18+	42:27+	47:59+	55:06+	71:55+	88:11+	90:15+	91:04+
03:43+	04:43+	05:09+	05:12+	08:36+	06:39+	03:16+	05:09+	05:32+	07:07+	16:49+	16:16+	02:04+	00:49+
01:20&	01:49&	01:57&	03:01@	05:22@	02:46&	01:17&	02:10&	02:17&	03:35@	13:51@	11:52@	00:53&	00:20&

**Beste strekktid for klassen**

02:23 02:40 02:48 01:10 03:00 03:22 01:43 02:50 02:08 02:55 01:57 03:49 01:07 00:25

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

## H 4,5

<b>1</b>	<b>Tom Røise</b>	<b>NTNUI</b>	<b>43:36</b>													
03:20=	06:23=	09:23=	10:34=	12:37=	14:10=	16:34=	20:06=	21:51=	23:50=	26:53=	30:19=	33:43=	36:59=	41:36=	43:09=	43:36=
03:20=	03:03=	03:00=	01:11=	02:03=	01:33=	02:24=	03:32=	01:45=	01:59=	03:03=	03:26=	03:24=	03:16=	04:37=	01:33=	00:27=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Terje Wikstrøm</b>	<b>Geno</b>	<b>45:46</b>													
01:50-	06:24+	09:41+	10:53+	13:05+	15:09+	20:09+	23:44+	25:14+	26:55+	30:44+	34:07+	37:55+	39:27+	43:31+	45:15+	45:46+
01:50-	04:34+	03:17+	01:12+	02:12+	02:04+	05:00+	03:35+	01:30+	01:41-	03:49+	03:23-	03:48+	01:32-	04:04-	01:44+	00:31+
01:30-	01:31&	00:17+	00:01+	00:09+	00:31&	02:36@	00:03+	00:15-	00:18-	00:46&	00:03-	00:24#	01:44-	00:33-	00:11#	00:04#
<b>3</b>	<b>Stein Nordvi</b>	<b>Elverum kommune BIL</b>	<b>48:38</b>													
02:43-	07:28+	11:39+	12:59+	15:14+	16:57+	20:08+	23:41+	25:13+	27:18+	30:11+	33:49+	37:41+	39:26+	46:14+	47:59+	48:38+
02:43-	04:45+	04:11+	01:20+	02:15+	01:43+	03:11+	03:33+	01:32-	02:05+	02:53-	03:38+	03:52+	01:45-	06:48+	01:45+	00:39+
00:37-	01:42&	01:11&	00:09#	00:12+	00:10#	00:47&	00:01+	00:13-	00:06+	00:10-	00:12+	00:28#	01:31-	02:11&	00:12#	00:12&
<b>4</b>	<b>Lars Lodgaard</b>	<b>Benteler BIL</b>	<b>49:47</b>													
02:19-	06:53+	10:48+	12:31+	15:05+	17:23+	21:42+	26:38+	28:18+	30:31+	33:37+	37:46+	41:30+	43:13+	47:12+	49:14+	49:47+
02:19-	04:34+	03:55+	01:43+	02:34+	02:18+	04:19+	04:56+	01:40-	02:13+	03:06+	04:09+	03:44+	01:43-	03:59-	02:02+	00:33+
01:01-	01:31&	00:55&	00:32&	00:31&	00:45&	01:55&	01:24&	00:05-	00:14#	00:03+	00:43#	00:20+	01:33-	00:38-	00:29&	00:06#
<b>5</b>	<b>Terje Tangen</b>	<b>Ringsaker OK</b>	<b>50:07</b>													
03:40+	08:32+	12:37+	13:57+	16:03+	17:49+	20:33+	24:32+	26:29+	28:17+	31:01+	34:36+	38:29+	40:12+	47:48+	49:32+	50:07+
03:40+	04:52+	04:05+	01:20+	02:06+	01:46+	02:44+	03:59+	01:57+	01:48-	02:44-	03:35+	03:53+	01:43-	07:36+	01:44+	00:35+
00:20+	01:49&	01:05&	00:09#	00:03+	00:13#	00:20#	00:27#	00:12#	00:11-	00:19-	00:09+	00:29#	01:33-	02:59&	00:11#	00:08&
<b>6</b>	<b>Harald Østbye</b>	<b>Elverum kommune BIL</b>	<b>52:32</b>													
02:14-	06:17-	11:33+	12:57+	15:47+	18:00+	21:22+	25:12+	26:50+	28:50+	32:29+	36:46+	41:28+	43:31+	49:58+	51:56+	52:32+
02:14-	04:03+	05:16+	01:24+	02:50+	02:13+	03:22+	03:50+	01:38-	02:00+	03:39+	04:17+	04:42+	02:03-	06:27+	01:58+	00:36+
01:06-	01:00&	02:16&	00:13#	00:47&	00:40&	00:58&	00:18+	00:07-	00:01+	00:36#	00:51#	01:18&	01:13-	01:50&	00:25&	00:09&
<b>7</b>	<b>Knut Skjeset</b>	<b>Stange kommune</b>	<b>53:33</b>													
01:49-	07:27+	11:42+	13:07+	16:40+	19:12+	22:54+	26:54+	29:25+	31:20+	34:57+	38:46+	43:21+	45:21+	50:56+	53:04+	53:33+
01:49-	05:38+	04:15+	01:25+	03:33+	02:32+	03:42+	04:00+	02:31+	01:55-	03:37+	03:49+	04:35+	02:00-	05:35+	02:08+	00:29+
01:31-	02:35&	01:15&	00:14#	01:30&	00:59&	01:18&	00:28#	00:46&	00:04-	00:34#	00:23#	01:11&	01:16-	00:58#	00:35&	00:02+
<b>8</b>	<b>Morten Stenberg</b>	<b>NRK</b>	<b>54:05</b>													
02:07-	08:15+	12:17+	13:46+	16:11+	18:35+	22:39+	26:54+	28:38+	30:40+	34:35+	38:37+	43:15+	45:32+	51:29+	53:29+	54:05+
02:07-	06:08+	04:02+	01:29+	02:25+	02:24+	04:04+	04:15+	01:44-	02:02+	03:55+	04:02+	04:38+	02:17-	05:57+	02:00+	00:36+
01:13-	03:05@	01:02&	00:18&	00:22#	00:51&	01:40&	00:43#	00:01-	00:03+	00:52&	00:36#	01:14&	00:59-	01:20&	00:27&	00:09&
<b>9</b>	<b>Ole Petter Saxrud</b>	<b>EAB Engineering</b>	<b>54:20</b>													
01:46-	06:56+	10:35+	12:03+	15:22+	17:37+	20:58+	25:49+	28:31+	30:29+	33:39+	37:48+	42:16+	44:16+	51:32+	53:46+	54:20+
01:46-	05:10+	03:39+	01:28+	03:19+	02:15+	03:21+	04:51+	02:42+	01:58-	03:10+	04:09+	04:28+	02:00-	07:16+	02:14+	00:34+
01:34-	02:07&	00:39#	00:17#	01:16&	00:42&	00:57&	01:19&	00:57&	00:01-	00:07+	00:43#	01:04&	01:16-	02:39&	00:41&	00:07&
<b>10</b>	<b>Vidar Nomerstad</b>	<b>Sparebank 1 Østlandet</b>	<b>55:25</b>													
02:38-	07:08+	10:22+	15:52+	18:14+	20:12+	22:47+	26:39+	28:50+	31:10+	34:13+	42:19+	46:19+	47:56+	53:30+	54:57+	55:25+
02:38-	04:30+	03:14+	05:30+	02:22+	01:58+	02:35+	03:52+	02:11+	02:20+	03:03=	08:06+	04:00+	01:37-	05:34+	01:27-	00:28+
00:42-	01:27&	00:14+	04:19@	00:19#	00:25&	00:11+	00:20+	00:26#	00:21#	00:00=	04:40@	00:36#	01:39-	00:57#	00:06-	00:01+
<b>11</b>	<b>Arnfinn Pedersen</b>	<b>System-Tre Gjøvik</b>	<b>56:03</b>													
02:12-	07:08+	11:49+	13:13+	15:38+	17:42+	21:29+	31:54+	33:21+	35:46+	39:12+	42:51+	46:47+	48:48+	53:28+	55:25+	56:03+
02:12-	04:56+	04:41+	01:24+	02:25+	02:04+	03:47+	10:25+	01:27-	02:25+	03:26+	03:39+	03:56+	02:01-	04:40+	01:57+	00:38+
01:08-	01:53&	01:41&	00:13#	00:22#	00:31&	01:23&	06:53@	00:18-	00:26#	00:23#	00:13+	00:32#	01:15-	00:03+	00:24&	00:11&
<b>12</b>	<b>Erik Grøndalen</b>	<b>Jernbanens Idrettslag</b>	<b>57:43</b>													
01:55-	09:50+	13:51+	15:25+	18:16+	20:37+	23:26+	27:57+	29:37+	31:35+	35:47+	39:44+	44:24+	46:24+	55:01+	57:07+	57:43+
01:55-	07:55+	04:01+	01:34+	02:51+	02:21+	02:49+	04:31+	01:40-	01:58-	04:12+	03:57+	04:40+	02:00-	08:37+	02:06+	00:36+
01:25-	04:52@	01:01&	00:23&	00:48&	00:48&	00:25#	00:59&	00:05-	00:01-	01:09&	00:31#	01:16&	01:16-	04:00&	00:33&	00:09&
<b>13</b>	<b>Odd Arne Blystad</b>	<b>Eidsiva BIL</b>	<b>58:11</b>													
05:00+	13:16+	17:57+	19:24+	21:49+	23:48+	27:32+	33:08+	34:56+	36:56+	40:03+	44:12+	49:23+	51:13+	55:46+	57:40+	58:11+
05:00+	08:16+	04:41+	01:27+	02:25+	01:59+	03:44+	05:36+	01:48+	02:00+	03:07+	04:09+	05:11+	01:50-	04:33-	01:54+	00:31+
01:40&	05:13@	01:41&	00:16#	00:22#	00:26&	01:20&	02:04&	00:03+	00:01+	00:04+	00:43#	01:47&	01:26-	00:04-	00:21#	00:04#
<b>14</b>	<b>Bjørn J Sørum</b>	<b>Jernbanens Idrettslag</b>	<b>59:26</b>													
06:26+	11:47+	19:04+	20:22+	22:37+	24:28+	27:16+	31:18+	32:44+	35:00+	38:26+	42:53+	47:17+	51:26+	57:13+	59:00+	59:26+
06:26+	05:21+	07:17+	01:18+	02:15+	01:51+	02:48+	04:02+	01:26-	02:16+	03:26+	04:27+	04:24+	04:09+	05:47+	01:47+	00:26-
03:06&	02:18&	04:17@	00:07+	00:12+	00:18#	00:24#	00:30#	00:19-	00:17#	00:23#	01:01&	01:00&	00:53&	01:10&	00:14#	00:01-

Class	Navn	Klasse												Tid				
<b>15</b>	<b>Trond Fjæstad</b>	<b>SG Finans</b>												<b>1:01:47</b>				
05:06+	09:48+	14:33+	16:12+	19:43+	22:24+	27:09+	32:36+	35:04+	37:13+	40:43+	44:56+	49:10+	51:44+	58:19+	61:07+	61:47+		
05:06+	04:42+	04:45+	01:39+	03:31+	02:41+	04:45+	05:27+	02:28+	02:09+	03:30+	04:13+	04:14+	02:34-	06:35+	02:48+	00:40+		
01:46&	01:39&	01:45&	00:28&	01:28&	01:08&	02:21&	01:55&	00:43&	00:10+	00:27#	00:47#	00:50#	00:42-	01:58&	01:15&	00:13&		
<b>16</b>	<b>Jo Gisle Jørgensen</b>	<b>Norsk Tipping BIL</b>												<b>1:02:51</b>				
09:31+	13:49+	18:20+	19:55+	22:47+	25:30+	29:38+	34:51+	36:37+	38:54+	42:41+	47:44+	53:07+	55:37+	60:13+	62:16+	62:51+		
09:31+	04:18+	04:31+	01:35+	02:52+	02:43+	04:08+	05:13+	01:46+	02:17+	03:47+	05:03+	05:23+	02:30-	04:36-	02:03+	00:35+		
06:11@	01:15&	01:31&	00:24&	00:49&	01:10&	01:44&	01:41&	00:01+	00:18#	00:44#	01:37&	01:59&	00:46-	00:01-	00:30&	00:08&		
<b>17</b>	<b>Tore Jørgensen</b>	<b>Norsk Tipping BIL</b>												<b>1:02:55</b>				
03:38+	08:34+	13:27+	15:13+	18:34+	21:40+	25:36+	30:55+	32:48+	35:27+	39:40+	44:43+	49:53+	52:37+	59:30+	62:10+	62:55+		
03:38+	04:56+	04:53+	01:46+	03:21+	03:06+	03:56+	05:19+	01:53+	02:39+	04:13+	05:03+	05:10+	02:44-	06:53+	02:40+	00:45+		
00:18+	01:53&	01:53&	00:35&	01:18&	01:33&	01:32&	01:47&	00:08+	00:40&	01:10&	01:37&	01:46&	00:32-	02:16&	01:07&	00:18&		
<b>18</b>	<b>Olav Juliussen</b>	<b>Hamar Post BIL</b>												<b>1:04:07</b>				
02:57-	10:29+	14:22+	15:43+	21:52+	24:53+	28:35+	32:58+	35:13+	37:21+	41:14+	45:01+	49:39+	51:43+	60:44+	63:24+	64:07+		
02:57-	07:32+	03:53+	01:21+	06:09+	03:01+	03:42+	04:23+	02:15+	02:08+	03:53+	03:47+	04:38+	02:04-	09:01+	02:40+	00:43+		
00:23-	04:29@	00:53&	00:10#	04:06@	01:28&	01:18&	00:51#	00:30&	00:09+	00:50&	00:21#	01:14&	01:12-	04:24&	01:07&	00:16&		
<b>19</b>	<b>Harald Volden</b>	<b>Jernbanens Idrettslag</b>												<b>1:14:34</b>				
05:21+	10:05+	14:30+	15:45+	18:14+	20:43+	24:47+	37:33+	39:07+	41:13+	44:06+	48:07+	52:26+	56:23+	71:22+	73:47+	74:34+		
05:21+	04:44+	04:25+	01:15+	02:29+	02:29+	04:04+	12:46+	01:34-	02:06+	02:53-	04:01+	04:19+	03:57+	14:59+	02:25+	00:47+		
02:01&	01:41&	01:25&	00:04+	00:26#	00:56&	01:40&	09:14@	00:11-	00:07+	00:10-	00:35#	00:55&	00:41#	10:22@	00:52&	00:20&		
<b>Beste strekktid for klassen</b>		01:46	03:03	03:00	01:11	02:03	01:33	02:24	03:32	01:26	01:41	02:44	03:23	03:24	01:32	03:59	01:27	00:26

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.



## H 5,5

<b>1</b>	<b>Frode Haug</b>	<b>Port innlandet</b>	<b>53:49</b>															
02:49=	06:24=	29:07=	31:12=	35:13=	38:13=	40:19=	41:50=	47:26=	51:24=	53:16=	53:49=							
02:49=	03:35=	22:43=	02:05=	04:01=	03:00=	02:06=	01:31=	05:36=	03:58=	01:52=	00:33=							
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=							
<b>2</b>	<b>Henrik Bleken Rud</b>	<b>Byggmakker</b>	<b>54:04</b>															
01:37-	02:56-	16:19-	18:01-	23:29-	25:16-	26:44-	28:47-	32:40-	34:01-	35:27-	37:40-	39:59+	41:59+	43:44+	48:48+	52:30+	53:40+	54:04+
01:37-	01:19-	13:23-	01:42-	05:28+	01:47-	01:28-	02:03+	03:53-	01:21-	01:26-	02:13+	02:19+	02:00+	01:45+	05:04+	03:42+	01:10+	00:24+
01:12-	02:16-	09:20-	00:23-	01:27&	01:13-	00:38-	00:32&	01:43-	02:37-	00:26-	01:40&	02:19+	02:00+	01:45+	05:04+	03:42+	01:10+	00:24+
<b>3</b>	<b>Tore Borchgrevink Alu</b>	<b>Hamar Katedralskole</b>	<b>57:01</b>															
01:43-	03:51-	17:35-	19:13-	24:59-	26:40-	28:31-	31:03-	34:34-	35:50-	37:23-	39:49-	42:04+	44:18+	45:59+	51:23+	54:51+	56:32+	57:01+
01:43-	02:08-	13:44-	01:38-	05:46+	01:41-	01:51-	02:32+	03:31-	01:16-	01:33-	02:26+	02:15+	02:14+	01:41+	05:24+	03:28+	01:41+	00:29+
01:06-	01:27-	08:59-	00:27-	01:45&	01:19-	00:15-	01:01&	02:05-	02:42-	00:19-	01:53&	02:15+	02:14+	01:41+	05:24+	03:28+	01:41+	00:29+
<b>4</b>	<b>Michael Sætvædt</b>	<b>Raufoss Technology</b>	<b>1:07:34</b>															
01:21-	02:57-	14:31-	15:56-	20:55-	23:04-	24:36-	33:09-	39:56-	41:03-	45:02-	48:31-	50:47+	53:04+	54:33+	60:57+	65:17+	67:09+	67:34+
01:21-	01:36-	11:34-	01:25-	04:59+	02:09-	01:32-	08:33+	06:47+	01:07-	03:59+	03:29+	02:16+	02:17+	01:29+	06:24+	04:20+	01:52+	00:25+
01:28-	01:59-	11:09-	00:40-	00:58#	00:51-	00:34-	07:02@	01:11#	02:51-	02:07@	02:56@	02:16+	02:17+	01:29+	06:24+	04:20+	01:52+	00:25+
<b>5</b>	<b>Harald Berge</b>	<b>Ekspert Maskinutleie</b>	<b>1:09:03</b>															
01:44-	03:45-	07:15-	28:12-	29:42-	35:24-	37:14-	40:50-	45:35-	54:14+	56:41+	69:03+							
01:44-	02:01-	03:30-	20:57+	01:30-	05:42+	01:50-	03:36+	04:45-	08:39+	02:27+	12:22+							
01:05-	01:34-	19:13-	18:52@	02:31-	02:42&	00:16-	02:05@	00:51-	04:41@	00:35&	11:49@							
<b>6</b>	<b>Kristian Storsveen</b>	<b>LMF</b>	<b>1:26:38</b>															
03:57+	06:17-	26:47-	29:27-	36:35+	44:32+	46:57+	50:04+	54:53+	56:53+	59:06+	62:51+	68:30+	71:23+	73:32+	80:04+	83:57+	86:02+	86:38+
03:57+	02:20-	20:30-	02:40+	07:08+	07:57+	02:25+	03:07+	04:49-	02:00-	02:13+	03:45+	05:39+	02:53+	02:09+	06:32+	03:53+	02:05+	00:36+
01:08&	01:15-	02:13-	00:35&	03:07&	04:57@	00:19#	01:36@	00:47-	01:58-	00:21#	03:12@	05:39+	02:53+	02:09+	06:32+	03:53+	02:05+	00:36+
<b>7</b>	<b>Håkon Gaute Kvamme</b>	<b>Mjøs Retail</b>	<b>1:30:57</b>															
01:58-	14:07+	37:40+	38:53+	43:24+	46:02+	47:45+	54:10+	57:21+	58:33+	60:38+	64:46+	69:23+	71:45+	73:03+	85:48+	89:07+	90:33+	90:57+
01:58-	12:09+	23:33+	01:13-	04:31+	02:38-	01:43-	06:25+	03:11-	01:12-	02:05+	04:08+	04:37+	02:22+	01:18+	12:45+	03:19+	01:26+	00:24+
00:51-	08:34@	00:50+	00:52-	00:30#	00:22-	00:23-	04:54@	02:25-	02:46-	00:13#	03:35@	04:37+	02:22+	01:18+	12:45+	03:19+	01:26+	00:24+

### Beste strekktid for klassen

01:21 01:19 03:30 01:13 01:30 01:41 01:28 01:31 03:11 01:07 01:26 00:33

= Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.