

-24.09.2019

Tid

43:04

[illegible]

46:49

[illegible]

48:55

02:23-	04:02-	04:49=	05:42-	09:12+	10:40+	13:34+	15:04+	16:08+	17:41-	23:11+	24:39+	28:54+	30:01+	30:35+	33:11+	34:49+	35:50+	40:25+	41:46+	42:23+	45:21+	47:33+	48:33+	48:55+
02:23-	01:39+	00:47+	00:53-	03:30+	01:28+	02:54-	01:30-	01:04+	01:33-	05:30+	01:28+	04:15+	01:07-	00:34-	02:36+	01:38-	01:01-	04:35+	01:21+	00:37-	02:58+	02:12-	01:00-	00:22-
00:41-	00:20+	00:21+	01:19-	01:48+	00:36+	00:49-	00:10-	00:31+	01:06-	03:53+	00:30+	01:51+	00:09-	00:12-	01:52+	02:03-	00:09-	01:59+	00:05+	00:35-	01:31+	01:26-	00:43-	00:04-

51:06

03:50+	05:13+	05:55+	09:01+	11:00+	12:10+	16:39+	18:21+	18:59+	21:54+	23:47+	24:59+	28:03+	29:42+	30:37+	31:55+	36:23+	37:55+	40:56+	42:38+	43:42+	44:48+	49:10+	50:40+	51:06+
03:50+	01:23+	04:42+	03:06+	01:59+	01:10+	04:29+	01:42+	00:38+	02:55+	01:53+	01:12+	03:04+	01:39+	00:55+	01:18+	04:28+	01:32+	03:01+	01:42+	01:04+	01:06+	04:22+	01:30+	00:26+
00:46#	00:04+	00:16#	00:54#	00:17#	00:18#	00:46#	00:02+	00:05#	00:16#	00:16#	00:14#	00:40#	00:23#	00:09#	00:34#	00:47#	00:22#	00:25#	00:26#	00:08-	00:21-	00:44#	00:13-	00:00-

53:56

04:25+	05:49+	06:29+	09:40+	11:20+	12:40+	17:46+	19:27+	20:08+	23:24+	25:16+	26:33+	29:36+	31:20+	32:21+	33:22+	37:26+	39:07+	42:23+	44:11+	45:04+	46:18+	51:41+	53:27+	53:56+
04:25+	01:24+	04:40+	03:11+	01:40+	01:20+	05:06+	01:41+	04:41+	03:16+	01:52+	01:17+	03:03+	01:44+	01:01+	01:01+	04:04+	01:41+	03:16+	01:48+	00:53+	01:14+	05:23+	01:46+	00:29+
01:21+	00:05+	00:14+	00:59+	00:02+	00:28+	01:23+	00:01+	00:08+	00:37+	00:15+	00:19+	00:39+	00:28+	00:15+	00:17+	00:23+	00:31+	00:40+	00:32+	00:19+	00:13+	01:45+	00:03+	00:03+

54:22

03:21+	04:41+	05:09+	07:54+	10:48+	11:51+	17:00+	18:44+	19:48+	23:36+	25:48+	27:10+	29:53+	31:23+	32:16+	33:13+	37:20+	38:37+	41:58+	43:38+	44:42+	46:05+	51:53+	53:43+	54:22+
03:21+	01:20+	00:28+	02:45+	02:54+	01:03+	05:09+	01:44+	01:04+	03:48+	02:12+	01:22+	02:43+	01:30+	00:53+	00:57+	04:07+	01:17+	03:21+	01:40+	01:04+	01:23+	05:48+	01:50+	00:39+
00:17+	00:01+	00:02+	00:33+	01:12x	00:11#	01:26x	00:04+	00:31x	01:09x	00:35x	00:24x	00:19#	00:14#	00:07#	00:13x	00:26#	00:07#	00:45x	00:24x	00:08-	00:04-	02:10x	00:07+	00:13x

54:25

02:21-	04:03-	05:04+	06:08-	11:01+	12:49+	15:36+	17:09+	18:10+	19:19+	25:10+	26:35+	31:46+	33:19+	33:57+	37:16+	39:03+	40:22+	45:07+	46:46+	47:24+	50:55+	52:51+	54:03+	54:25+
02:21-	01:42+	01:01+	01:04-	04:53+	01:48+	02:47-	01:33-	01:01+	01:09-	05:51+	01:25+	05:11+	01:33+	00:38-	03:19+	01:47-	01:19+	04:45+	01:39+	00:38-	03:31+	01:56-	01:12-	00:22-
00:43-	00:23&	00:35@	01:08-	03:11@	00:56@	00:56-	00:07-	00:28&	01:30-	04:14@	00:27&	02:47@	00:17#	00:08-	02:35@	01:54-	00:09#	02:09&	00:23&	00:34-	02:04@	01:42-	00:31-	00:04-

54:40

02:53-	04:39+	05:45+	06:59-	11:47+	13:37+	16:35+	18:08+	19:30+	20:29+	24:30+	26:11+	31:26+	32:51+	33:33+	36:52+	38:50+	40:12+	44:46+	46:39+	47:17+	50:31+	52:58+	54:11+	54:40+
02:53-	01:46+	01:06+	01:14-	04:48+	01:50+	02:58-	01:33-	01:22+	00:59-	04:01+	01:41+	05:15+	01:25+	00:42-	03:19+	01:58-	01:22+	04:34+	01:53+	00:38-	03:14+	02:27-	01:13-	00:29+
00:11-	00:27&	00:40@	00:58-	03:06@	00:58@	00:45-	00:07-	00:49@	01:40-	02:24@	00:43&	02:51@	00:09#	00:04-	02:35@	01:43-	00:12#	01:58&	00:37&	00:34-	01:47@	01:11-	00:30-	00:03#

54:59

04:25+	05:51+	06:30+	09:46+	11:56+	13:12+	16:26+	19:41+	20:27+	23:49+	25:42+	26:58+	30:29+	32:14+	33:17+	34:31+	38:54+	40:36+	44:00+	45:39+	46:33+	47:52+	52:48+	54:30+	54:59+
04:25+	01:26+	00:13+	03:16+	02:10+	01:16+	05:14+	01:15-	00:46+	03:22+	01:53+	01:16+	03:31+	01:45+	01:03+	01:14+	04:23+	01:42+	03:24+	01:39+	00:54+	01:19-	04:56+	01:42-	00:29+
01:21+	00:07+	00:13+	01:04+	00:28+	00:24+	01:31+	00:25-	00:13+	00:43+	00:16#	00:18+	01:07+	00:29+	00:17+	00:30+	00:42#	00:32+	00:48+	00:23+	00:18-	00:08-	01:18+	00:01-	00:03#

55:22

02:37-	04:14-	05:12+	06:12-	11:08+	12:59+	16:14+	17:55+	18:57+	20:10+	25:04+	26:33+	31:32+	32:56+	33:39+	36:59+	38:52+	40:13+	44:59+	47:25+	48:03+	51:38+	53:38+	54:54+	55:22+
02:37-	01:37+	00:58+	01:00-	04:56+	01:51+	03:15-	01:41+	01:02+	01:13-	04:54+	01:29+	04:59+	01:24+	00:43-	03:20+	01:53-	01:21+	04:46+	02:26+	00:38-	03:35+	02:00-	01:16-	00:28+
00:27-	00:18#	00:32@	01:12-	03:14@	00:59@	00:28-	00:01+	00:29@	01:26-	03:17@	00:31@	02:35@	00:08#	00:03-	02:36@	01:48-	00:11#	02:10@	01:10@	00:34-	02:08@	01:38-	00:27-	00:02+

56:06

02:20+	04:11+	05:02+	06:07+	11:14+	12:50+	16:16+	18:10+	19:24+	20:56+	25:34+	27:25+	31:44+	34:00+	34:34+	37:36+	40:02+	40:54+	46:14+	47:45+	48:29+	52:05+	54:11+	55:32+	56:06+	
02:20+	01:51+	00:51+	01:05+	05:07+	01:36+	03:26+	01:54+	01:14+	01:32+	04:38+	01:51+	04:19+	02:16+	00:34+	03:02+	02:26+	00:52+	05:20+	01:31+	00:44+	03:36+	02:06+	01:21+	00:34+	00:34+
00:44+	00:32&	00:25&	01:07	03:25&	00:44&	00:17&	00:14#	00:41@	01:07-	03:01@	00:53&	01:55&	01:00&	00:12-	02:18@	01:15-	00:18-	02:44@	00:15#	00:28-	02:09@	01:32-	00:22-	00:08&	

Plass	Navn	Klasse	Tid
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2 etapper

12	Elin Løken Kristin Rønningstad										1006	57:28												
03:37+	05:09+	06:47+	09:44+	12:11+	13:11+	17:11+	18:37+	21:04+	23:41+	26:16+	27:12+	30:43+	32:38+	33:49+	34:46+	41:17+	42:35+	45:40+	47:15+	48:19+	50:12+	55:24+	56:52+	57:28+
03:37+	01:32+	01:38+	02:57+	02:27+	01:00+	04:00+	01:26-	02:27+	02:37-	02:35+	00:56-	03:31+	01:55+	01:11+	00:57+	06:31+	01:18+	03:05+	01:35+	01:04-	01:53+	05:12+	01:28-	00:36+
00:33#	00:13#	01:12@	00:45&	00:45&	00:08#	00:17+	00:14-	01:54@	00:02-	00:58&	00:02-	01:07&	00:39&	00:25&	00:13&	02:50&	00:08#	00:29#	00:19#	00:08-	00:26&	01:34&	00:15-	00:10&
13	Arve Smestad Einar Stensby										1010	1:02:26												
03:07+	05:28+	06:55+	08:17+	13:32+	15:47+	19:44+	21:23+	22:49+	24:20+	29:36+	31:32+	37:18+	39:06+	39:53+	43:29+	45:36+	47:43+	53:09+	54:43+	55:23+	58:43+	60:30+	61:52+	62:26+
03:07+	02:21+	01:27+	01:22+	05:15+	02:15+	03:57+	01:39+	01:26+	01:31+	05:16+	01:56+	05:46+	01:48+	00:47+	03:36+	02:07+	02:07+	05:26+	01:34+	00:40+	03:20+	01:47+	01:22+	00:34+
03:07+	02:21+	01:27+	01:22+	05:15+	02:15+	03:57+	01:39+	01:26+	01:31+	05:16+	01:56+	05:46+	01:48+	00:47+	03:36+	02:07+	02:07+	05:26+	01:34+	00:40+	03:20+	01:47+	01:22+	00:34+
15	Harald Grønvold Anita Tollefsen										1000	1:04:11												
02:39+	04:23+	05:30+	06:31+	11:58+	13:45+	17:53+	20:15+	21:23+	22:49+	27:54+	29:52+	36:00+	37:47+	38:51+	42:06+	45:10+	46:31+	52:38+	54:26+	55:17+	59:44+	61:56+	63:31+	64:11+
02:39+	01:44+	01:07+	01:01+	05:27+	01:47+	04:08+	02:22+	01:08+	01:26+	05:05+	01:58+	06:08+	01:47+	01:04+	03:15+	03:04+	01:21+	06:07+	01:48+	00:51+	04:27+	02:12+	01:35+	00:40+
02:39+	01:44+	01:07+	01:01+	05:27+	01:47+	04:08+	02:22+	01:08+	01:26+	05:05+	01:58+	06:08+	01:47+	01:04+	03:15+	03:04+	01:21+	06:07+	01:48+	00:51+	04:27+	02:12+	01:35+	00:40+
16	Inger G. Lund Knut V. Lund										1017	1:06:24												
02:58+	05:36+	10:34+	12:27+	18:08+	20:13+	23:23+	24:56+	26:03+	27:22+	32:48+	34:29+	39:58+	43:09+	43:56+	48:12+	50:29+	51:59+	56:57+	58:52+	59:25+	62:56+	64:41+	65:57+	66:24+
02:58+	02:38+	04:58+	01:53+	05:41+	02:05+	03:10+	01:33+	01:07+	01:19+	05:26+	01:41+	05:29+	03:11+	00:47+	04:16+	02:17+	01:30+	04:58+	01:55+	00:33+	03:31+	01:45+	01:16+	00:27+
02:58+	02:38+	04:58+	01:53+	05:41+	02:05+	03:10+	01:33+	01:07+	01:19+	05:26+	01:41+	05:29+	03:11+	00:47+	04:16+	02:17+	01:30+	04:58+	01:55+	00:33+	03:31+	01:45+	01:16+	00:27+
17	Berit Røste Hans Jørgen Røste										1015	1:07:16												
04:31+	06:16+	06:57+	10:55+	14:34+	16:00+	22:37+	25:04+	25:46+	29:39+	32:39+	34:07+	37:40+	39:23+	40:29+	41:40+	46:59+	49:35+	53:41+	55:53+	57:02+	58:24+	64:22+	66:44+	67:16+
04:31+	01:45+	00:41+	03:58+	03:39+	01:26+	06:37+	02:27+	00:42+	03:53+	03:00+	01:28+	03:33+	01:43+	01:06+	01:11+	05:19+	02:36+	04:06+	02:12+	01:09+	01:22+	05:58+	02:22+	00:32+
04:31+	01:45+	00:41+	03:58+	03:39+	01:26+	06:37+	02:27+	00:42+	03:53+	03:00+	01:28+	03:33+	01:43+	01:06+	01:11+	05:19+	02:36+	04:06+	02:12+	01:09+	01:22+	05:58+	02:22+	00:32+
18	Odd Rise Elisabet Rise										1005	1:08:36												
02:48+	04:36+	05:42+	07:21+	13:28+	15:22+	19:21+	21:27+	22:56+	25:14+	31:36+	33:58+	39:44+	41:24+	42:11+	46:12+	49:09+	50:38+	56:46+	58:51+	59:35+	63:50+	66:19+	68:01+	68:36+
02:48+	01:48+	01:06+	01:39+	06:07+	01:54+	03:59+	02:06+	01:29+	02:18+	06:22+	02:22+	05:46+	01:40+	00:47+	04:01+	02:57+	01:29+	06:08+	02:05+	00:44+	04:15+	02:29+	01:42+	00:35+
02:48+	01:48+	01:06+	01:39+	06:07+	01:54+	03:59+	02:06+	01:29+	02:18+	06:22+	02:22+	05:46+	01:40+	00:47+	04:01+	02:57+	01:29+	06:08+	02:05+	00:44+	04:15+	02:29+	01:42+	00:35+
19	Turid Opsahl Karl Petter Opsahl										1010	1:10:17												
06:55+	09:45+	10:39+	16:26+	19:59+	21:53+	26:56+	28:20+	28:56+	32:02+	34:37+	35:54+	40:51+	43:29+	44:55+	46:34+	54:00+	56:30+	60:01+	61:44+	62:37+	63:53+	68:07+	69:49+	70:17+
06:55+	02:50+	00:54+	05:47+	03:33+	01:54+	05:03+	01:24+	00:36+	03:06+	02:35+	01:17+	04:57+	02:38+	01:26+	01:39+	07:26+	02:30+	03:31+	01:43+	00:53+	01:16+	04:14+	01:42+	00:28+
06:55+	02:50+	00:54+	05:47+	03:33+	01:54+	05:03+	01:24+	00:36+	03:06+	02:35+	01:17+	04:57+	02:38+	01:26+	01:39+	07:26+	02:30+	03:31+	01:43+	00:53+	01:16+	04:14+	01:42+	00:28+
20	Stein Erik Edvardsen Ottar Evensen										1003	1:10:25												
05:04+	07:32+	08:16+	13:46+	19:53+	21:19+	27:09+	29:11+	29:53+	33:36+	36:13+	37:40+	41:36+	43:48+	44:57+	46:13+	51:29+	53:41+	57:30+	59:38+	60:46+	62:17+	67:37+	69:52+	70:25+
05:04+	02:28+	00:44+	05:30+	06:07+	01:26+	05:50+	02:02+	00:42+	03:43+	02:37+	01:27+	03:56+	02:12+	01:09+	01:16+	05:16+	02:12+	03:49+	02:08+	01:08+	01:31+	05:20+	02:15+	00:33+
05:04+	02:28+	00:44+	05:30+	06:07+	01:26+	05:50+	02:02+	00:42+	03:43+	02:37+	01:27+	03:56+	02:12+	01:09+	01:16+	05:16+	02:12+	03:49+	02:08+	01:08+	01:31+	05:20+	02:15+	00:33+
21	Kari Undrum Mariussen Sylvia Antonsen										1004	1:14:56												
06:44+	16:27+	17:46+	19:17+	25:15+	27:25+	31:18+	33:08+	34:07+	35:30+	40:03+	41:58+	48:08+	50:02+	50:53+	55:11+	57:37+	59:08+	64:34+	65:56+	66:37+	70:31+	73:03+	74:23+	74:56+
06:44+	09:43+	01:19+	01:31+	05:58+	02:10+	03:53+	01:50+	00:59+	01:23+	04:33+	01:55+	06:10+	01:54+	00:51+	04:18+	02:26+	01:31+	05:26+	01:22+	00:41+	03:54+	02:32+	01:20+	00:33+
06:44+	09:43+	01:19+	01:31+	05:58+	02:10+	03:53+	01:50+	00:59+	01:23+	04:33+	01:55+	06:10+	01:54+	00:51+	04:18+	02:26+	01:31+	05:26+	01:22+	00:41+	03:54+	02:32+	01:20+	00:33+

Beste strekktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

3 etapper

1 Sofie Johansson Andreas Meyer 1006										51:59															
00:46=	03:23=	04:08=	04:32=	07:16=	08:30=	09:44=	11:57=	12:35=	12:58=	15:57=	17:00=	19:12=	20:19=	20:56=	21:39=	24:29=	25:46=	27:52=	28:54=	29:36=	30:17=	33:25=	34:25=	37:38=	38:32=
00:46=	02:37=	00:45=	00:24=	02:44=	01:14=	01:14=	02:13=	00:38=	00:23=	02:59=	01:03=	02:12=	01:07=	00:37=	00:43=	02:50=	01:17=	02:06=	01:02=	00:42=	00:41=	03:08=	01:00=	03:13=	00:54=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
38:59=	41:02=	42:19=	43:12=	46:12=	47:01=	47:27=	49:37=	50:57=	51:41=	51:59=															
00:27=	02:03=	01:17=	00:53=	03:00=	00:49=	00:26=	02:10=	01:20=	00:44=	00:18=															
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=															

Plass	Navn	Klasse	Tid
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3 etapper

2	Vegard Ølstad Dalberg Gjermund 1023 Gård										56:32														
02:25+	03:18-	03:41-	05:29+	06:32-	07:15-	10:57+	12:35+	13:07+	15:42+	17:19+	18:40+	20:30+	21:23+	21:54+	22:30+	24:42+	25:36-	27:56+	29:17+	30:08+	31:17+	34:58+	36:29+	37:35-	39:32+
02:25+	00:53-	00:23-	01:48+	01:03-	00:43-	03:42+	01:38-	00:32-	02:35+	01:37-	01:21+	01:50-	00:53-	00:31-	00:36-	02:12-	00:54-	02:20+	01:21+	00:51+	01:09+	03:41+	01:31+	01:06-	01:57+
01:39@	01:44-	00:22-	01:24@	01:41-	00:31-	02:28@	00:35-	00:06-	02:12@	01:22-	00:18&	00:22-	00:14-	00:06-	00:07-	00:38-	00:23-	00:14#	00:19&	00:09#	00:28&	00:33#	00:31&	02:07-	01:03@
40:06+	40:26-	42:31+	43:26+	46:18+	49:21+	50:11+	50:23+	51:25+	54:43+	56:06+	56:32+														
00:34+	00:20-	02:05+	00:55+	02:52-	03:03+	00:50+	00:12-	01:02-	03:18+	01:23+	00:26+														
00:07&	01:43-	00:48&	00:02+	00:08-	02:14@	00:24&	01:58-	00:18-	02:34@	01:05@	00:26+														

3	Tormod Pedersen Odin Høie Voll1000													1:00:42												
03:32+	04:42+	05:15+	09:06+	10:49+	11:54+	15:15+	16:10+	16:42+	18:54+	20:11+	21:02+	23:41+	25:04+	25:52+	26:46+	30:24+	32:00+	34:18+	35:25+	36:11+	36:50+	39:43+	40:53+	42:33+	45:48+	
03:32+	01:10+	00:33+	03:51+	01:43+	01:05+	03:21+	00:55+	00:32+	02:12+	01:17+	00:51+	02:39+	01:23+	00:48+	00:54+	03:38+	01:36+	02:18+	01:07+	00:46+	00:39+	02:53+	01:10+	01:40+	03:15+	
03:32+	01:10+	00:33+	03:51+	01:43+	01:05+	03:21+	00:55+	00:32+	02:12+	01:17+	00:51+	02:39+	01:23+	00:48+	00:54+	03:38+	01:36+	02:18+	01:07+	00:46+	00:39+	02:53+	01:10+	01:40+	03:15+	
46:43+	47:12+	50:39+	52:12+	53:34+	55:55+	56:28+	56:53+	59:21+	60:27+	60:42+																
00:55+	00:29+	03:27+	01:33+	01:22+	02:21+	00:33+	00:25+	02:28+	01:06+	00:15+																
00:55+	00:29+	03:27+	01:33+	01:22+	02:21+	00:33+	00:25+	02:28+	01:06+	00:15+																

4 Geir Jota Bjørlo Margrethe Nilsen1006														1:01:12											
09:27+	20:30+	21:57+	24:33+	25:15+	25:41+	28:14+	29:23+	30:46+	33:45+	35:14+	35:42+	38:56+	40:20+	42:47+	43:50+	44:26+	45:08+	47:50+	48:55+	51:33+	52:51+	53:46+	55:09+	59:28+	60:45+
09:27+	11:03+	01:27+	02:36+	00:42+	00:26+	02:33+	01:09+	01:23+	02:59+	01:29+	00:28+	03:14+	01:24+	02:27+	01:03+	00:36+	00:42+	02:42+	01:05+	02:38+	01:18+	00:55+	01:23+	04:19+	01:17+
09:27+	11:03+	01:27+	02:36+	00:42+	00:26+	02:33+	01:09+	01:23+	02:59+	01:29+	00:28+	03:14+	01:24+	02:27+	01:03+	00:36+	00:42+	02:42+	01:05+	02:38+	01:18+	00:55+	01:23+	04:19+	01:17+
61:12+																									
00:27+																									
00:27+																									

6 Kjersti Rønning Andreas Huber 1014														1:02:58											
02:04+	03:18+	04:03+	04:49+	08:01+	09:33+	12:09+	13:26+	14:13+	15:06+	18:42+	20:13+	21:42+	24:38+	25:21+	25:38+	26:03+	29:17+	30:49+	32:28+	35:23+	36:14+	36:40+	39:46+	41:10+	45:15+
02:04+	01:14+	00:45+	00:46+	03:12+	01:32+	02:36+	01:17+	00:47+	00:53+	03:36+	01:31+	01:29+	02:56+	00:43+	00:17+	00:25+	03:14+	01:32+	01:39+	02:55+	00:51+	00:26+	03:06+	01:24+	04:05+
02:04+	01:14+	00:45+	00:46+	03:12+	01:32+	02:36+	01:17+	00:47+	00:53+	03:36+	01:31+	01:29+	02:56+	00:43+	00:17+	00:25+	03:14+	01:32+	01:39+	02:55+	00:51+	00:26+	03:06+	01:24+	04:05+
46:19+	46:52+	49:26+	50:54+	52:03+	56:01+	57:04+	57:36+	60:02+	61:29+	62:32+	62:58+														
01:04+	00:33+	02:34+	01:28+	01:09+	03:58+	01:03+	00:32+	02:26+	01:27+	01:03+	00:26+														
01:04+	00:33+	02:34+	01:28+	01:09+	03:58+	01:03+	00:32+	02:26+	01:27+	01:03+	00:26+														

Trond Fjæstad Terje Fjæstad													1046													1:03:32												
12:02+	22:21+	23:45+	26:35+	27:26+	27:52+	31:09+	32:41+	34:12+	36:52+	37:41+	38:07+	40:54+	42:09+	44:38+	45:52+	46:43+	48:25+	51:53+	53:18+	56:07+	57:13+	57:55+	58:59+	61:56+	63:09+													
12:02+	10:19+	01:24+	02:50+	00:51+	00:26+	03:17+	01:32+	01:31+	02:40+	00:49+	00:26+	02:47+	01:15+	02:29+	01:14+	00:51+	01:42+	03:28+	01:25+	02:49+	01:06+	00:42+	01:04+	02:57+	01:13+													
12:02+	10:19+	01:24+	02:50+	00:51+	00:26+	03:17+	01:32+	01:31+	02:40+	00:49+	00:26+	02:47+	01:15+	02:29+	01:14+	00:51+	01:42+	03:28+	01:25+	02:49+	01:06+	00:42+	01:04+	02:57+	01:13+													
63:32+																																						
00:23+																																						
00:23+																																						

8				Eirin Lodgaard												Lars Lodgaard												1027				1:05:55											
03:35+	04:44+	05:17+	07:51+	09:24+	10:30+	14:23+	15:42+	16:16+	18:43+	20:15+	21:18+	24:05+	25:27+	26:15+	27:07+	31:15+	32:47+	35:27+	36:42+	37:28+	38:19+	42:14+	43:36+	45:08+	48:26+																		
03:35+	01:09+	00:33+	02:34+	01:33+	01:06+	03:53+	01:19+	00:34+	02:27+	01:32+	01:03+	02:47+	01:22+	00:48+	00:52+	04:08+	01:32+	02:40+	01:15+	00:46+	00:51+	03:55+	01:22+	01:32+	03:18+																		
03:35+	01:09+	00:33+	02:34+	01:33+	01:06+	03:53+	01:19+	00:34+	02:27+	01:32+	01:03+	02:47+	01:22+	00:48+	00:52+	04:08+	01:32+	02:40+	01:15+	00:46+	00:51+	03:55+	01:22+	01:32+	03:18+																		
49:21+	49:51+	53:24+	55:00+	56:33+	59:24+	60:08+	60:30+	60:57+	64:10+	65:31+	65:55+																																
00:55+	00:30+	03:33+	01:36+	01:33+	02:51+	00:44+	00:22+	00:27+	03:13+	01:21+	00:24+																																
00:55+	00:30+	03:33+	01:36+	01:33+	02:51+	00:44+	00:22+	00:27+	03:13+	01:21+	00:24+																																

Ragnhild Jetlund Elianne Hanebe1044														1:06:28											
03:23+	04:37+	05:07+	07:41+	09:08+	10:12+	14:26+	15:45+	16:20+	19:09+	20:46+	21:58+	24:38+	25:51+	26:34+	27:21+	30:43+	32:05+	34:47+	36:13+	37:09+	38:15+	42:28+	44:03+	45:39+	48:37+
03:23+	01:14+	00:30+	02:34+	01:27+	01:04+	04:14+	01:19+	00:35+	02:49+	01:37+	01:12+	02:40+	01:13+	00:43+	00:47+	03:22+	01:22+	02:42+	01:26+	00:56+	01:06+	04:13+	01:35+	01:36+	02:58+
03:23+	01:14+	00:30+	02:34+	01:27+	01:04+	04:14+	01:19+	00:35+	02:49+	01:37+	01:12+	02:40+	01:13+	00:43+	00:47+	03:22+	01:22+	02:42+	01:26+	00:56+	01:06+	04:13+	01:35+	01:36+	02:58+
49:25+	49:54+	53:07+	54:26+	55:51+	59:14+	60:11+	60:42+	64:22+	65:57+	66:28+															
00:48+	00:29+	03:13+	01:19+	01:25+	03:23+	00:57+	00:31+	03:40+	01:35+	00:31+															
00:48+	00:29+	03:13+	01:19+	01:25+	03:23+	00:57+	00:31+	03:40+	01:35+	00:31+															

Plass	Navn		Klasse										Tid													
3 etapper																										
10	Tor Haugstulen Olav Juliussen 1020										1:06:51															
01:06+	04:09+	05:30+	05:59+	09:52+	11:16+	12:50+	16:01+	17:23+	17:50+	20:57+	22:25+	26:36+	27:41+	28:15+	30:45+	32:14+	33:16+	37:13+	38:50+	39:23+	42:18+	43:47+	44:53+	47:35+	48:55+	
01:06+	03:03+	01:21+	00:29+	03:53+	01:24+	01:34+	03:11+	01:22+	00:27+	03:07+	01:28+	04:11+	01:05+	00:34+	02:30+	01:29+	01:02+	03:57+	01:37+	00:33+	02:55+	01:29+	01:06+	02:42+	01:20+	
01:06+	03:03+	01:21+	00:29+	03:53+	01:24+	01:34+	03:11+	01:22+	00:27+	03:07+	01:28+	04:11+	01:05+	00:34+	02:30+	01:29+	01:02+	03:57+	01:37+	00:33+	02:55+	01:29+	01:06+	02:42+	01:20+	
49:38+	50:31+	54:05+	55:31+	58:14+	59:35+	60:24+	61:24+	66:19+	66:51+																	
00:43+	00:53+	03:34+	01:26+	02:43+	01:21+	00:49+	01:00+	04:55+	00:32+																	
00:43+	00:53+	03:34+	01:26+	02:43+	01:21+	00:49+	01:00+	04:55+	00:32+																	
11	Harald Østbye Stein Nordvi 1003										1:06:57															
00:58+	04:13+	05:01+	05:34+	08:56+	10:21+	11:48+	15:00+	15:49+	16:17+	16:45+	20:04+	21:33+	25:53+	27:02+	27:39+	30:24+	31:54+	32:59+	37:04+	38:17+	38:51+	41:25+	42:53+	44:04+	46:54+	
00:58+	03:15+	00:48+	00:33+	03:22+	01:25+	01:27+	03:12+	00:49+	00:28+	00:28+	03:19+	01:29+	04:20+	01:09+	00:37+	02:45+	01:30+	01:05+	04:05+	01:13+	00:34+	02:34+	01:28+	01:11+	02:50+	
00:58+	03:15+	00:48+	00:33+	03:22+	01:25+	01:27+	03:12+	00:49+	00:28+	00:28+	03:19+	01:29+	04:20+	01:09+	00:37+	02:45+	01:30+	01:05+	04:05+	01:13+	00:34+	02:34+	01:28+	01:11+	02:50+	
48:19+	49:07+	50:07+	54:09+	55:36+	58:26+	59:48+	60:35+	61:29+	65:00+	66:29+	66:57+															
01:25+	00:48+	01:00+	04:02+	01:27+	02:50+	01:22+	00:47+	00:54+	03:31+	01:29+	00:28+															
01:25+	00:48+	01:00+	04:02+	01:27+	02:50+	01:22+	00:47+	00:54+	03:31+	01:29+	00:28+															
12	Anne Karin Westby Vidar Nomerstøl 1013										1:07:37															
11:32+	21:51+	23:18+	26:34+	29:36+	30:02+	33:34+	35:08+	36:31+	39:19+	40:09+	40:35+	43:39+	45:00+	47:45+	49:06+	49:59+	51:07+	55:54+	57:17+	59:50+	61:07+	61:47+	62:49+	66:04+	67:13+	
11:32+	10:19+	01:27+	03:16+	03:02+	00:26+	03:32+	01:34+	01:23+	02:48+	00:50+	00:26+	03:04+	01:21+	02:45+	01:21+	00:53+	01:08+	04:47+	01:23+	02:33+	01:17+	00:40+	01:02+	03:15+	01:09+	
11:32+	10:19+	01:27+	03:16+	03:02+	00:26+	03:32+	01:34+	01:23+	02:48+	00:50+	00:26+	03:04+	01:21+	02:45+	01:21+	00:53+	01:08+	04:47+	01:23+	02:33+	01:17+	00:40+	01:02+	03:15+	01:09+	
67:37+																										
00:24+																										
00:24+																										
13	Unn Mette Klopbakken Stein Arne Nordgård 1013										1:07:44															
11:34+	22:03+	23:31+	26:43+	27:50+	30:22+	33:53+	35:25+	37:05+	40:03+	40:54+	41:21+	44:30+	45:55+	49:06+	50:25+	51:15+	52:10+	55:52+	57:15+	59:54+	61:10+	61:52+	62:47+	66:06+	67:23+	
11:34+	10:29+	01:28+	03:12+	01:07+	02:32+	03:31+	01:32+	01:40+	02:58+	00:51+	00:27+	03:09+	01:25+	03:11+	01:19+	00:50+	00:55+	03:42+	01:23+	02:39+	01:16+	00:42+	00:55+	03:19+	01:17+	
11:34+	10:29+	01:28+	03:12+	01:07+	02:32+	03:31+	01:32+	01:40+	02:58+	00:51+	00:27+	03:09+	01:25+	03:11+	01:19+	00:50+	00:55+	03:42+	01:23+	02:39+	01:16+	00:42+	00:55+	03:19+	01:17+	
67:44+																										
00:21+																										
00:21+																										
14	Ane Storødegård Halvard Hauge 1028										1:09:07															
00:58+	04:28+	06:11+	06:38+	10:34+	12:04+	13:26+	16:24+	17:30+	17:56+	21:03+	22:20+	25:19+	26:47+	27:51+	29:32+	33:11+	34:39+	37:00+	38:14+	39:00+	40:02+	43:59+	45:19+	49:50+	51:41+	
00:58+	03:30+	01:43+	00:27+	03:56+	01:30+	01:22+	02:58+	01:06+	00:26+	03:07+	01:17+	02:59+	01:28+	01:04+	01:41+	03:39+	01:28+	02:21+	01:14+	00:46+	01:02+	03:57+	01:20+	04:31+	01:51+	
00:58+	03:30+	01:43+	00:27+	03:56+	01:30+	01:22+	02:58+	01:06+	00:26+	03:07+	01:17+	02:59+	01:28+	01:04+	01:41+	03:39+	01:28+	02:21+	01:14+	00:46+	01:02+	03:57+	01:20+	04:31+	01:51+	
52:19+	55:30+	57:31+	58:35+	62:09+	63:09+	63:39+	66:17+	67:53+	68:49+	69:07+																
00:38+	03:11+	02:01+	01:04+	03:34+	01:00+	00:30+	02:38+	01:36+	00:56+	00:18+																
00:38+	03:11+	02:01+	01:04+	03:34+	01:00+	00:30+	02:38+	01:36+	00:56+	00:18+																
15	Bodil Wiik Ingunn L. Nordstrøm 1023										1:09:26															
02:09+	03:29+	04:25+	05:36+	08:43+	10:07+	12:56+	14:17+	15:40+	16:47+	20:45+	22:19+	23:53+	26:59+	28:11+	28:40+	31:51+	33:12+	34:41+	38:05+	39:06+	39:38+	43:16+	44:52+	48:55+	50:03+	
02:09+	01:20+	00:56+	01:11+	03:07+	01:24+	02:49+	01:21+	01:23+	01:07+	03:58+	01:34+	01:34+	03:06+	01:12+	00:29+	03:11+	01:21+	01:29+	03:24+	01:01+	00:32+	03:38+	01:36+	04:03+	01:08+	
02:09+	01:20+	00:56+	01:11+	03:07+	01:24+	02:49+	01:21+	01:23+	01:07+	03:58+	01:34+	01:34+	03:06+	01:12+	00:29+	03:11+	01:21+	01:29+	03:24+	01:01+	00:32+	03:38+	01:36+	04:03+	01:08+	
50:54+	53:23+	55:46+	56:43+	60:45+	62:05+	62:41+	65:41+	67:59+	69:00+	69:26+																
00:51+	02:29+	02:23+	00:57+	04:02+	01:20+	00:36+	03:00+	02:18+	01:01+	00:26+																
00:51+	02:29+	02:23+	00:57+	04:02+	01:20+	00:36+	03:00+	02:18+	01:01+	00:26+																
16	Henning Wernø Tore Borchgrevink 1001										1:10:56															
04:19+	05:55+	06:37+	10:04+	12:21+	13:44+	17:22+	18:21+	18:50+	21:09+	22:28+	23:28+	26:48+	28:34+	29:39+	30:57+	35:51+	37:48+	40:15+	41:19+	41:57+	42:37+	45:38+	46:57+	48:42+	52:55+	
04:19+	01:36+	00:42+	03:27+	02:17+	01:23+	03:38+	00:59+	00:29+	02:19+	01:19+	01:00+	03:20+	01:46+	01:05+	01:18+	04:54+	01:57+	02:27+	01:04+	00:38+	00:40+	03:01+	01:19+	01:45+	04:13+	
04:19+	01:36+	00:42+	03:27+	02:17+	01:23+	03:38+	00:59+	00:29+	02:19+	01:19+	01:00+	03:20+	01:46+	01:05+	01:18+	04:54+	01:57+	02:27+	01:04+	00:38+	00:40+	03:01+	01:19+	01:45+	04:13+	
54:00+	54:12+	54:47+	59:14+	61:08+	62:32+	65:08+	65:52+	66:15+	69:06+	70:28+	70:56+															
01:05+	00:12+	00:35+	04:27+	01:54+	01:24+	02:36+	00:44+	00:23+	02:51+	01:22+	00:28+															
01:05+	00:12+	00:35+	04:27+	01:54+	01:24+	02:36+	00:44+	00:23+	02:51+	01:22+	00:28+															

Plass		Navn										Klasse										Tid									
3 etapper																															
17		Michael Sætvedt Rune Waaler										1025		1:12:36																	
01:39+	02:57+	03:47+	04:42+	07:43+	09:06+	12:05+	13:54+	14:54+	19:32+	23:45+	25:25+	28:50+	30:01+	30:37+	32:47+	34:28+	35:20+	39:59+	41:40+	42:23+	45:55+	48:11+	49:32+	51:00+	53:29+						
01:39+	01:18+	00:50+	00:55+	03:01+	01:23+	02:59+	01:49+	01:00+	04:38+	04:13+	01:40+	03:25+	01:11+	00:36+	02:10+	01:41+	00:52+	04:39+	01:41+	00:43+	03:32+	02:16+	01:21+	01:28+	02:29+						
01:39+	01:18+	00:50+	00:55+	03:01+	01:23+	02:59+	01:49+	01:00+	04:38+	04:13+	01:40+	03:25+	01:11+	00:36+	02:10+	01:41+	00:52+	04:39+	01:41+	00:43+	03:32+	02:16+	01:21+	01:28+	02:29+						
54:11+	54:34+	57:26+	58:42+	60:13+	64:12+	65:18+	65:55+	70:20+	72:08+	72:36+																					
00:42+	00:23+	02:52+	01:16+	01:31+	03:59+	01:06+	00:37+	04:25+	01:48+	00:28+																					
00:42+	00:23+	02:52+	01:16+	01:31+	03:59+	01:06+	00:37+	04:25+	01:48+	00:28+																					
18		Anne Marit Bordal Tove Lundgård										1026		1:12:38																	
01:58+	03:15+	04:01+	04:47+	08:28+	09:52+	12:51+	19:22+	20:57+	21:51+	26:07+	27:37+	29:13+	32:07+	33:00+	33:27+	36:39+	38:02+	39:41+	43:09+	44:15+	44:47+	48:11+	49:35+	53:27+	54:33+						
01:58+	01:17+	00:46+	00:46+	03:41+	01:24+	02:59+	06:31+	01:35+	00:54+	04:16+	01:30+	01:36+	02:54+	00:53+	00:27+	03:12+	01:23+	01:39+	03:28+	01:06+	00:32+	03:24+	01:24+	03:52+	01:06+						
01:58+	01:17+	00:46+	00:46+	03:41+	01:24+	02:59+	06:31+	01:35+	00:54+	04:16+	01:30+	01:36+	02:54+	00:53+	00:27+	03:12+	01:23+	01:39+	03:28+	01:06+	00:32+	03:24+	01:24+	03:52+	01:06+						
55:05+	57:36+	58:59+	59:58+	64:10+	65:16+	65:54+	69:00+	71:27+	72:15+	72:38+																					
00:32+	02:31+	01:23+	00:59+	04:12+	01:06+	00:38+	03:06+	02:27+	00:48+	00:23+																					
00:32+	02:31+	01:23+	00:59+	04:12+	01:06+	00:38+	03:06+	02:27+	00:48+	00:23+																					
19		Terje Tangen May Kristn Tangen										1026		1:12:46																	
00:55+	03:57+	05:15+	05:43+	09:02+	10:22+	11:51+	14:58+	16:30+	16:55+	20:08+	21:34+	24:12+	25:33+	26:17+	27:03+	30:31+	32:05+	34:51+	36:09+	37:03+	38:10+	42:17+	43:40+	48:17+	50:04+						
00:55+	03:02+	01:18+	00:28+	03:19+	01:20+	01:29+	03:07+	01:32+	00:25+	03:13+	01:26+	02:38+	01:21+	00:44+	00:46+	03:28+	01:34+	02:46+	01:18+	00:54+	01:07+	04:07+	01:23+	04:37+	01:47+						
00:55+	03:02+	01:18+	00:28+	03:19+	01:20+	01:29+	03:07+	01:32+	00:25+	03:13+	01:26+	02:38+	01:21+	00:44+	00:46+	03:28+	01:34+	02:46+	01:18+	00:54+	01:07+	04:07+	01:23+	04:37+	01:47+						
50:40+	53:28+	55:15+	56:29+	60:28+	61:51+	62:24+	68:30+	71:24+	72:18+	72:46+																					
00:36+	02:48+	01:47+	01:14+	03:59+	01:23+	00:33+	06:06+	02:54+	00:54+	00:28+																					
00:36+	02:48+	01:47+	01:14+	03:59+	01:23+	00:33+	06:06+	02:54+	00:54+	00:28+																					
20		Line Merete Libak Jan Åsmund Sævi										1021		1:14:31																	
02:17+	03:53+	04:52+	06:13+	10:15+	11:55+	14:40+	16:04+	16:55+	17:45+	21:42+	23:29+	28:16+	29:43+	30:05+	30:42+	33:42+	35:25+	36:42+	41:07+	42:21+	43:01+	46:00+	47:47+	48:58+	50:42+						
02:17+	01:36+	00:59+	01:21+	04:02+	01:40+	02:45+	01:24+	00:51+	00:50+	03:57+	01:47+	04:47+	01:27+	00:22+	00:37+	03:00+	01:43+	01:17+	04:25+	01:14+	00:40+	02:59+	01:47+	01:11+	01:44+						
02:17+	01:36+	00:59+	01:21+	04:02+	01:40+	02:45+	01:24+	00:51+	00:50+	03:57+	01:47+	04:47+	01:27+	00:22+	00:37+	03:00+	01:43+	01:17+	04:25+	01:14+	00:40+	02:59+	01:47+	01:11+	01:44+						
54:28+	55:29+	56:01+	60:06+	61:53+	63:29+	66:55+	67:57+	68:32+	72:19+	73:59+	74:31+																				
03:46+	01:01+	00:32+	04:05+	01:47+	01:36+	03:26+	01:02+	00:35+	03:47+	01:40+	00:32+																				
03:46+	01:01+	00:32+	04:05+	01:47+	01:36+	03:26+	01:02+	00:35+	03:47+	01:40+	00:32+																				
21		Terje Wikstrøm Bente Tangen Wikstrøm										1005		1:17:09																	
01:53+	03:08+	03:50+	04:45+	05:05+	08:26+	09:50+	13:27+	15:35+	16:44+	18:05+	23:26+	25:21+	27:01+	29:53+	30:35+	31:05+	34:04+	35:27+	37:22+	41:32+	42:46+	43:21+	47:59+	50:04+	54:10+						
01:53+	01:15+	00:42+	00:55+	00:20+	03:21+	01:24+	03:37+	02:08+	01:09+	01:21+	05:21+	01:55+	01:40+	02:52+	00:42+	00:30+	02:59+	01:23+	01:55+	04:10+	01:14+	00:35+	04:38+	02:05+	04:06+						
01:53+	01:15+	00:42+	00:55+	00:20+	03:21+	01:24+	03:37+	02:08+	01:09+	01:21+	05:21+	01:55+	01:40+	02:52+	00:42+	00:30+	02:59+	01:23+	01:55+	04:10+	01:14+	00:35+	04:38+	02:05+	04:06+						
55:09+	55:40+	58:11+	59:38+	60:38+	66:10+	67:43+	68:27+	72:37+	74:56+	76:30+	77:09+																				
00:59+	00:31+	02:31+	01:27+	01:00+	05:32+	01:33+	00:44+	04:10+	02:19+	01:34+	00:39+																				
00:59+	00:31+	02:31+	01:27+	01:00+	05:32+	01:33+	00:44+	04:10+	02:19+	01:34+	00:39+																				
22		Erik Neby Tore Jørgensen										1023		1:18:00																	
01:02+	04:58+	05:56+	06:19+	06:49+	10:55+	12:45+	14:23+	18:04+	19:00+	19:10+	19:40+	23:40+	25:29+	28:42+	30:25+	31:25+	32:29+	36:50+	38:44+	41:51+	43:25+	44:23+	45:21+	49:14+	51:06+						
01:02+	03:56+	00:58+	00:23+	00:30+	04:06+	01:50+	01:38+	03:41+	00:56+	00:10+	00:30+	04:00+	01:49+	03:13+	01:43+	01:00+	01:04+	04:21+	01:54+	03:07+	01:34+	00:58+	00:58+	03:53+	01:52+						
01:02+	03:56+	00:58+	00:23+	00:30+	04:06+	01:50+	01:38+	03:41+	00:56+	00:10+	00:30+	04:00+	01:49+	03:13+	01:43+	01:00+	01:04+	04:21+	01:54+	03:07+	01:34+	00:58+	00:58+	03:53+	01:52+						
56:05+	57:22+	58:05+	61:23+	63:22+	64:40+	69:26+	70:44+	71:22+	74:20+	76:07+	77:27+	78:00+																			
04:59+	01:17+	00:43+	03:18+	01:59+	01:18+	04:46+	01:18+	00:38+	02:58+	01:47+	01:20+	00:33+																			
04:59+	01:17+	00:43+	03:18+	01:59+	01:18+	04:46+	01:18+	00:38+	02:58+	01:47+	01:20+	00:33+																			
23		Audun Kaul Jenssen Jo Gisle Jørgensen										1023		1:18:47																	
12:29+	26:02+	27:45+	31:52+	32:55+	33:29+	37:46+	39:34+	41:19+	45:02+	46:03+	46:37+	50:36+	52:22+	56:10+	57:44+	58:45+	59:47+	64:01+	65:44+	68:59+	70:24+	71:27+	72:26+	76:35+	78:22+						
12:29+	13:33+	01:43+	04:07+	01:03+	00:34+	04:17+	01:48+	01:45+	03:43+	01:01+	00:34+	03:59+	01:46+	03:48+	01:34+	01:01+	01:02+	04:14+	01:43+	03:15+	01:25+	01:03+	00:59+	04:09+	01:47+						
12:29+	13:33+	01:43+	04:07+	01:03+	00:34+	04:17+	01:48+	01:45+	03:43+	01:01+	00:34+	03:59+	01:46+	03:48+	01:34+	01:01+	01:02+	04:14+	01:43+	03:15+	01:25+	01:03+	00:59+	04:09+	01:47+						
78:47+																															
00:25+																															
00:25+																															

Plass	Navn										Klasse										Tid										
3 etapper																															
24	Odd Arne Blystad Geir Ola Blystad										1019	1:19:44																			
01:43+	05:06+	06:50+	07:19+	11:07+	12:39+	14:09+	17:32+	18:37+	19:06+	22:39+	24:32+	27:31+	29:15+	30:42+	32:57+	38:56+	40:25+	44:57+	46:21+	47:24+	48:30+	52:19+	53:58+	58:18+	59:46+						
01:43+	03:23+	01:44+	00:29+	03:48+	01:32+	01:30+	03:23+	01:05+	00:29+	03:33+	01:53+	02:59+	01:44+	01:27+	02:15+	05:59+	01:29+	04:32+	01:24+	01:03+	01:06+	03:49+	01:39+	04:20+	01:28+						
01:43+	03:23+	01:44+	00:29+	03:48+	01:32+	01:30+	03:23+	01:05+	00:29+	03:33+	01:53+	02:59+	01:44+	01:27+	02:15+	05:59+	01:29+	04:32+	01:24+	01:03+	01:06+	03:49+	01:39+	04:20+	01:28+						
60:27+	63:38+	65:34+	66:39+	71:05+	72:21+	73:00+	76:05+	78:01+	79:15+	79:44+																					
00:41+	03:11+	01:56+	01:05+	04:26+	01:16+	00:39+	03:05+	01:56+	01:14+	00:29+																					
00:41+	03:11+	01:56+	01:05+	04:26+	01:16+	00:39+	03:05+	01:56+	01:14+	00:29+																					

25	Ove Tåsåsen Tore Stenseth										1022	1:20:54																	
02:02+	03:20+	04:05+	04:54+	08:34+	09:53+	12:46+	14:25+	15:53+	17:00+	23:22+	25:03+	29:29+	30:57+	31:31+	34:18+	35:44+	36:47+	41:32+	43:20+	44:04+	47:26+	50:04+	51:29+	53:31+	57:12+				
02:02+	01:18+	00:45+	00:49+	03:40+	01:19+	02:53+	01:39+	01:28+	01:07+	06:22+	01:41+	04:26+	01:28+	00:34+	02:47+	01:26+	01:03+	04:45+	01:48+	00:44+	03:22+	02:38+	01:25+	02:02+	03:41+				
02:02+	01:18+	00:45+	00:49+	03:40+	01:19+	02:53+	01:39+	01:28+	01:07+	06:22+	01:41+	04:26+	01:28+	00:34+	02:47+	01:26+	01:03+	04:45+	01:48+	00:44+	03:22+	02:38+	01:25+	02:02+	03:41+				
57:56+	58:18+	60:47+	64:26+	65:48+	67:21+	71:23+	72:52+	73:28+	78:17+	80:15+	80:54+																		
00:44+	00:22+	02:29+	03:39+	01:22+	01:33+	04:02+	01:29+	00:36+	04:49+	01:58+	00:39+																		
00:44+	00:22+	02:29+	03:39+	01:22+	01:33+	04:02+	01:29+	00:36+	04:49+	01:58+	00:39+																		

26 Sidsel Storihle Wenche Bjørnstad														1005														1:23:53													
02:42+	04:38+	07:30+	08:58+	16:12+	17:55+	20:41+	24:01+	24:50+	25:43+	29:56+	31:29+	36:24+	37:58+	38:37+	41:54+	43:38+	45:01+	49:15+	50:52+	51:27+	54:14+	56:08+	57:12+	59:03+	62:50+																
02:42+	01:56+	02:52+	01:28+	07:14+	01:43+	02:46+	03:20+	00:49+	00:53+	04:13+	01:33+	04:55+	01:34+	00:39+	03:17+	01:44+	01:23+	04:14+	01:37+	00:35+	02:47+	01:54+	01:04+	01:51+	03:47+																
02:42+	01:56+	02:52+	01:28+	07:14+	01:43+	02:46+	03:20+	00:49+	00:53+	04:13+	01:33+	04:55+	01:34+	00:39+	03:17+	01:44+	01:23+	04:14+	01:37+	00:35+	02:47+	01:54+	01:04+	01:51+	03:47+																
63:47+	64:16+	65:12+	69:22+	71:12+	72:56+	76:21+	77:30+	78:02+	81:43+	83:22+	83:53+																														
00:57+	00:29+	00:56+	04:10+	01:50+	01:44+	03:25+	01:09+	00:32+	03:41+	01:39+	00:31+																														
00:57+	00:29+	00:56+	04:10+	01:50+	01:44+	03:25+	01:09+	00:32+	03:41+	01:39+	00:31+																														

27	Magne Smeland Arne Hagen										1029	1:24:58																	
01:13+	05:20+	06:56+	11:49+	13:46+	15:34+	19:43+	20:34+	21:13+	25:12+	26:49+	32:11+	34:01+	34:43+	38:13+	40:24+	41:45+	46:31+	47:55+	48:31+	51:44+	54:18+	55:27+	59:07+	60:47+	61:49+				
01:13+	04:07+	01:36+	04:53+	01:57+	01:48+	04:09+	00:51+	00:39+	03:59+	01:37+	05:22+	01:50+	00:42+	03:30+	02:11+	01:21+	04:46+	01:24+	00:36+	03:13+	02:34+	01:09+	03:40+	01:40+	01:02+				
01:13+	04:07+	01:36+	04:53+	01:57+	01:48+	04:09+	00:51+	00:39+	03:59+	01:37+	05:22+	01:50+	00:42+	03:30+	02:11+	01:21+	04:46+	01:24+	00:36+	03:13+	02:34+	01:09+	03:40+	01:40+	01:02+				
62:55+	67:34+	69:35+	73:06+	74:35+	75:32+	77:09+	82:38+	84:32+	84:58+																				
01:06+	04:39+	02:01+	03:31+	01:29+	00:57+	01:37+	05:29+	01:54+	00:26+																				
01:06+	04:39+	02:01+	03:31+	01:29+	00:57+	01:37+	05:29+	01:54+	00:26+																				

Beste strekktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Individuell damer

1	Anne-guri Jevne										1043				16:09			
	00:53=	02:19=	03:44=	04:30=	05:21=	06:30=	06:57=	08:12=	10:54=	12:24=	14:23=	15:37=	16:09=					
	00:53=	01:26=	01:25=	00:46=	00:51=	01:09=	00:27=	01:15=	02:42=	01:30=	01:59=	01:14=	00:32=					
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=					
2	Anne Sørum										1014				18:16			
	01:09+	03:03+	04:46+	05:40+	06:51+	08:17+	08:49+	10:29+	13:45+	15:39+	16:32+	17:48+	18:16+					
	01:09+	01:54+	01:43+	00:54+	01:11+	01:26+	00:32+	01:40+	03:16+	01:54+	00:53-	01:16+	00:28-					
	00:16&	00:28&	00:18#	00:08#	00:20&	00:17#	00:05#	00:25&	00:34#	00:24&	01:06-	00:02+	00:04-					
3	Claire Bant										1029				18:30			
	01:00+	02:53+	04:35+	05:31+	06:27+	07:49+	08:30+	09:59+	13:21+	15:03+	16:43+	18:04+	18:30+					
	01:00+	01:53+	01:42+	00:56+	00:56+	01:22+	00:41+	01:29+	03:22+	01:42+	01:40-	01:21+	00:26-					
	00:07#	00:27&	00:17#	00:10#	00:05+	00:13#	00:14&	00:14#	00:40#	00:12#	00:19-	00:07+	00:06-					
5	Sigrid Helene Bøgeberg										1010				20:53			
	00:58+	02:38+	04:12+	05:01+	07:04+	08:37+	09:12+	10:42+	13:50+	18:23+	19:24+	20:32+	20:53+					
	00:58+	01:40+	01:34+	00:49+	02:03+	01:33+	00:35+	01:30+	03:08+	04:33+	01:01-	01:08-	00:21-					
	00:05+	00:14#	00:09#	00:03+	01:12@	00:24&	00:08&	00:15#	00:26#	03:03@	00:58-	00:06-	00:11-					

Plass	Navn				Klasse				Tid			
Individuell damer												
6	Rigmor Lømo Aas				1022				22:50			
	01:31+	03:43+	05:34+	06:41+	08:53+	11:32+	12:05+	14:00+	18:04+	19:56+	21:03+	22:50+
	01:31+	02:12+	01:51+	01:07+	02:12+	02:39+	00:33+	01:55+	04:04+	01:52+	01:07-	01:47+
	00:38&	00:46&	00:26&	00:21&	01:21@	01:30@	00:06#	00:40&	01:22&	00:22#	00:52-	00:33&
7	Inger E. Vamnes				NOTEAM				24:03			
	01:21+	03:37+	05:54+	07:07+	08:23+	10:12+	11:05+	13:09+	17:25+	19:57+	21:19+	23:14+
	01:21+	02:16+	02:17+	01:13+	01:16+	01:49+	00:53+	02:04+	04:16+	02:32+	01:22+	01:55+
	01:21+	02:16+	02:17+	01:13+	01:16+	01:49+	00:53+	02:04+	04:16+	02:32+	01:22+	01:55+
8	Margareth Dyresen				1000				24:40			
	01:34+	04:01+	06:05+	07:10+	09:37+	11:28+	12:13+	14:10+	18:30+	20:54+	22:27+	23:57+
	01:34+	02:27+	02:04+	01:05+	02:27+	01:51+	00:45+	01:57+	04:20+	02:24+	01:33+	01:30+
	01:34+	02:27+	02:04+	01:05+	02:27+	01:51+	00:45+	01:57+	04:20+	02:24+	01:33+	01:30+
9	Inger M. Bakken				1030				26:51			
	02:17+	04:43+	06:46+	08:04+	09:23+	11:31+	14:10+	16:21+	20:40+	23:02+	24:27+	26:15+
	02:17+	02:26+	02:03+	01:18+	01:19+	02:08+	02:39+	02:11+	04:19+	02:22+	01:25+	01:48+
	02:17+	02:26+	02:03+	01:18+	01:19+	02:08+	02:39+	02:11+	04:19+	02:22+	01:25+	01:48+
11	Anita Stensby Bekkelund				1010				28:33			
	01:50+	04:33+	07:21+	08:42+	10:11+	12:09+	12:58+	15:02+	19:38+	24:21+	25:37+	27:49+
	01:50+	02:43+	02:48+	01:21+	01:29+	01:58+	00:49+	02:04+	04:36+	04:43+	01:16+	02:12+
	01:50+	02:43+	02:48+	01:21+	01:29+	01:58+	00:49+	02:04+	04:36+	04:43+	01:16+	02:12+
12	Synnøve Kaul				1022				28:51			
	01:32+	05:55+	08:17+	09:36+	11:30+	13:46+	14:37+	16:54+	21:51+	24:36+	26:01+	28:01+
	01:32+	04:23+	02:22+	01:19+	01:54+	02:16+	00:51+	02:17+	04:57+	02:45+	01:25+	02:00+
	01:32+	04:23+	02:22+	01:19+	01:54+	02:16+	00:51+	02:17+	04:57+	02:45+	01:25+	02:00+
13	Tora Kleven				1020				31:38			
	01:51+	04:46+	07:23+	08:48+	11:49+	14:14+	15:08+	17:54+	23:24+	27:01+	28:20+	30:42+
	01:51+	02:55+	02:37+	01:25+	03:01+	02:25+	00:54+	02:46+	05:30+	03:37+	01:19+	02:22+
	01:51+	02:55+	02:37+	01:25+	03:01+	02:25+	00:54+	02:46+	05:30+	03:37+	01:19+	02:22+
14	Marit Holmgren				1000				34:13			
	01:55+	05:01+	08:07+	10:08+	12:04+	14:47+	15:49+	19:02+	25:07+	28:45+	30:18+	33:00+
	01:55+	03:06+	03:06+	02:01+	01:56+	02:43+	01:02+	03:13+	06:05+	03:38+	01:33+	02:42+
	01:55+	03:06+	03:06+	02:01+	01:56+	02:43+	01:02+	03:13+	06:05+	03:38+	01:33+	02:42+
15	Aud Grønvold				1000				38:24			
	02:05+	06:29+	09:08+	10:31+	15:04+	18:37+	19:26+	22:00+	27:07+	31:27+	35:13+	37:32+
	02:05+	04:24+	02:39+	01:23+	04:33+	03:33+	00:49+	02:34+	05:07+	04:20+	03:46+	02:19+
	02:05+	04:24+	02:39+	01:23+	04:33+	03:33+	00:49+	02:34+	05:07+	04:20+	03:46+	02:19+
17	Turid Kolseth				1000				40:13			
	01:47+	04:39+	08:40+	10:39+	19:35+	21:55+	22:54+	25:21+	30:37+	34:28+	37:11+	39:26+
	01:47+	02:52+	04:01+	01:59+	08:56+	02:20+	00:59+	02:27+	05:16+	03:51+	02:43+	02:15+
	01:47+	02:52+	04:01+	01:59+	08:56+	02:20+	00:59+	02:27+	05:16+	03:51+	02:43+	02:15+
18	Lise Tronstad				1000				40:16			
	01:53+	04:44+	08:42+	10:41+	19:36+	22:02+	22:53+	25:29+	30:44+	34:29+	37:17+	39:30+
	01:53+	02:51+	03:58+	01:59+	08:55+	02:26+	00:51+	02:36+	05:15+	03:45+	02:48+	02:13+
	01:53+	02:51+	03:58+	01:59+	08:55+	02:26+	00:51+	02:36+	05:15+	03:45+	02:48+	02:13+
19	Gerd Grønvold				1000				42:39			
	02:21+	05:56+	09:48+	12:36+	18:14+	22:00+	22:49+	25:39+	33:19+	37:51+	39:32+	41:41+
	02:21+	03:35+	03:52+	02:48+	05:38+	03:46+	00:49+	02:50+	07:40+	04:32+	01:41+	02:09+
	02:21+	03:35+	03:52+	02:48+	05:38+	03:46+	00:49+	02:50+	07:40+	04:32+	01:41+	02:09+

Plass	Navn	Klasse	Tid
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Individuell damer

20	Helga Hansen											1000	42:46
02:46+	06:00+	09:58+	12:53+	18:17+	21:58+	22:50+	25:41+	33:00+	37:51+	39:25+	41:47+	42:46+	
02:46+	03:14+	03:58+	02:55+	05:24+	03:41+	00:52+	02:51+	07:19+	04:51+	01:34+	02:22+	00:59+	
02:46+	03:14+	03:58+	02:55+	05:24+	03:41+	00:52+	02:51+	07:19+	04:51+	01:34+	02:22+	00:59+	
21	Aase Sørflaten											1011	45:00
01:52+	04:59+	07:37+	09:11+	20:10+	24:10+	25:04+	27:52+	35:31+	40:04+	41:45+	44:02+	45:00+	
01:52+	03:07+	02:38+	01:34+	10:59+	04:00+	00:54+	02:48+	07:39+	04:33+	01:41+	02:17+	00:58+	
01:52+	03:07+	02:38+	01:34+	10:59+	04:00+	00:54+	02:48+	07:39+	04:33+	01:41+	02:17+	00:58+	

Beste strekktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Individuell herrer

1	Avle Christen Bjørn					1045							14:08	
00:51=	02:15=	03:30=	04:11=	04:54=	06:03=	06:30=	07:46=	10:24=	11:29=	12:29=	13:33=	14:08=		
00:51=	01:24=	01:15=	00:41=	00:43=	01:09=	00:27=	01:16=	02:38=	01:05=	01:00=	01:04=	00:35=		
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=		
2	Bård Bjøntegaard					1041							15:56	
00:49-	02:16+	03:43+	04:35+	06:14+	07:33+	08:00+	09:18+	12:02+	13:33+	14:32+	15:33+	15:56+		
00:49-	01:27+	01:27+	00:52+	01:39+	01:19+	00:27=	01:18+	02:44+	01:31+	00:59-	01:01-	00:23-		
00:02-	00:03+	00:12#	00:11&	00:56@	00:10#	00:00=	00:02+	00:06+	00:26&	00:01-	00:03-	00:12-		
3	Ole Rostad					1034							16:15	
01:39+	04:11+	06:30+	08:05+	09:32+	11:36+	12:25+	14:44+	19:34+	22:03+	25:17+	27:25+	28:16+		
01:39+	02:32+	02:19+	01:35+	01:27+	02:04+	00:49+	02:19+	04:50+	02:29+	03:14+	02:08+	00:51+		
00:48&	01:08&	01:04&	00:54@	00:44@	00:55&	00:22&	01:03&	02:12&	01:24@	02:14@	01:04&	00:16&		
4	Erik haugen					1014							17:05	
00:55+	02:30+	04:24+	05:13+	06:10+	07:36+	08:10+	09:37+	12:39+	14:15+	15:32+	16:37+	17:05+		
00:55+	01:35+	01:54+	00:49+	00:57+	01:26+	00:34+	01:27+	03:02+	01:36+	01:17+	01:05+	00:28-		
00:04+	00:11#	00:39&	00:08#	00:14&	00:17#	00:07&	00:11#	00:24#	00:31&	00:17&	00:01+	00:07-		
5	Knut Malmo					1029							17:38	
00:58+	02:26+	03:59+	04:48+	05:39+	06:51+	07:34+	08:59+	11:45+	15:08+	16:11+	17:12+	17:38+		
00:58+	01:28+	01:33+	00:49+	00:51+	01:12+	00:43+	01:25+	02:46+	03:23+	01:03+	01:01-	00:26-		
00:07#	00:04+	00:18#	00:08#	00:08#	00:03+	00:16&	00:09#	00:08+	02:18@	00:03+	00:03-	00:09-		
6	Per Vold					1031							18:03	
00:59+	02:41+	04:24+	05:14+	06:58+	09:26+	09:54+	11:12+	14:07+	15:36+	16:25+	17:35+	18:03+		
00:59+	01:42+	01:43+	00:50+	01:44+	02:28+	00:28+	01:18+	02:55+	01:29+	00:49-	01:10+	00:28-		
00:08#	00:18#	00:28&	00:09#	01:01@	01:19@	00:01+	00:02+	00:17#	00:24&	00:11-	00:06+	00:07-		
7	Hans A. Tingvold					1038							18:15	
01:06+	02:59+	04:54+	05:46+	06:55+	08:24+	09:01+	10:38+	13:53+	15:25+	16:21+	17:42+	18:15+		
01:06+	01:53+	01:55+	00:52+	01:09+	01:29+	00:37+	01:37+	03:15+	01:32+	00:56-	01:21+	00:33-		
00:15&	00:29&	00:40&	00:11&	00:26&	00:20&	00:10&	00:21&	00:37#	00:27&	00:04-	00:17&	00:02-		
8	Geir Kverneng					1022							18:40	
00:58+	02:31+	04:10+	06:12+	07:01+	08:09+	08:47+	10:12+	13:02+	16:08+	17:32+	18:40+			
00:58+	01:33+	01:39+	02:02+	00:49+	01:08-	00:38+	01:25+	02:50+	03:06+	01:24+	01:08+			
00:07#	00:09#	00:24&	01:21@	00:06#	00:01-	00:11&	00:09#	00:12+	02:01@	00:24&	00:04+			

Plass	Navn		Klasse								Tid			
Individuell herrer														
9	Espen Paulsen		1036								20:39			
	01:14+	03:01+	04:35+	05:43+	07:23+	08:48+	09:26+	11:00+	14:20+	16:58+	18:52+	20:06+	20:39+	
	01:14+	01:47+	01:34+	01:08+	01:40+	01:25+	00:38+	01:34+	03:20+	02:38+	01:54+	01:14+	00:33-	
	00:23&	00:23&	00:19&	00:27&	00:57@	00:16#	00:11&	00:18#	00:42&	01:33@	00:54&	00:10#	00:02-	
10	Jan Erik Johansen		1020								21:00			
	01:11+	03:16+	04:59+	06:02+	07:49+	09:33+	10:07+	11:53+	15:32+	17:31+	19:01+	20:29+	21:00+	
	01:11+	02:05+	01:43+	01:03+	01:47+	01:44+	00:34+	01:46+	03:39+	01:59+	01:30+	01:28+	00:31+	
	01:11+	02:05+	01:43+	01:03+	01:47+	01:44+	00:34+	01:46+	03:39+	01:59+	01:30+	01:28+	00:31+	
11	Morten Øie		1050								21:13			
	01:14+	03:10+	05:19+	06:16+	07:58+	09:44+	10:19+	11:59+	15:42+	17:15+	19:01+	20:38+	21:13+	
	01:14+	01:56+	02:09+	00:57+	01:42+	01:46+	00:35+	01:40+	03:43+	01:33+	01:46+	01:37+	00:35+	
	01:14+	01:56+	02:09+	00:57+	01:42+	01:46+	00:35+	01:40+	03:43+	01:33+	01:46+	01:37+	00:35+	
12	Ola Molstad		1029								21:14			
	01:03+	03:09+	04:58+	05:51+	08:00+	09:39+	10:17+	12:03+	15:23+	17:58+	19:03+	20:36+	21:14+	
	01:03+	02:06+	01:49+	00:53+	02:09+	01:39+	00:38+	01:46+	03:20+	02:35+	01:05+	01:33+	00:38+	
	01:03+	02:06+	01:49+	00:53+	02:09+	01:39+	00:38+	01:46+	03:20+	02:35+	01:05+	01:33+	00:38+	
13	Jan Olav Sæther		1011								21:37			
	01:08+	03:15+	05:24+	06:38+	07:50+	09:34+	10:15+	11:56+	15:57+	18:34+	19:36+	21:02+	21:37+	
	01:08+	02:07+	02:09+	01:14+	01:12+	01:44+	00:41+	01:41+	04:01+	02:37+	01:02+	01:26+	00:35+	
	01:08+	02:07+	02:09+	01:14+	01:12+	01:44+	00:41+	01:41+	04:01+	02:37+	01:02+	01:26+	00:35+	
14	Roger Sterud		1000								21:38			
	01:04+	02:45+	04:24+	05:25+	07:26+	08:50+	11:09+	12:40+	15:35+	18:49+	20:11+	21:12+	21:38+	
	01:04+	01:41+	01:39+	01:01+	02:01+	01:24+	02:19+	01:31+	02:55+	03:14+	01:22+	01:01+	00:26+	
	01:04+	01:41+	01:39+	01:01+	02:01+	01:24+	02:19+	01:31+	02:55+	03:14+	01:22+	01:01+	00:26+	
15	Stein Sandaker		1033								22:10			
	00:58+	02:37+	04:09+	05:04+	06:31+	07:59+	08:32+	10:04+	13:14+	17:29+	20:32+	21:39+	22:10+	
	00:58+	01:39+	01:32+	00:55+	01:27+	01:28+	00:33+	01:32+	03:10+	04:15+	03:03+	01:07+	00:31+	
	00:58+	01:39+	01:32+	00:55+	01:27+	01:28+	00:33+	01:32+	03:10+	04:15+	03:03+	01:07+	00:31+	
16	Leif Morten Kjos		1013								22:18			
	01:20+	03:08+	04:50+	05:44+	06:46+	08:12+	10:05+	11:37+	14:49+	19:06+	20:28+	21:46+	22:18+	
	01:20+	01:48+	01:42+	00:54+	01:02+	01:26+	01:53+	01:32+	03:12+	04:17+	01:22+	01:18+	00:32+	
	01:20+	01:48+	01:42+	00:54+	01:02+	01:26+	01:53+	01:32+	03:12+	04:17+	01:22+	01:18+	00:32+	
17	Knut Fjæstad		1010								22:21			
	01:17+	03:13+	05:16+	06:18+	07:28+	09:14+	09:50+	11:44+	15:29+	18:01+	20:09+	21:41+	22:21+	
	01:17+	01:56+	02:03+	01:02+	01:10+	01:46+	00:36+	01:54+	03:45+	02:32+	02:08+	01:32+	00:40+	
	01:17+	01:56+	02:03+	01:02+	01:10+	01:46+	00:36+	01:54+	03:45+	02:32+	02:08+	01:32+	00:40+	
18	Johnny Johansen		1010								22:26			
	01:07+	03:30+	05:24+	06:36+	07:53+	09:27+	10:11+	11:56+	16:24+	18:33+	20:12+	21:45+	22:26+	
	01:07+	02:23+	01:54+	01:12+	01:17+	01:34+	00:44+	01:45+	04:28+	02:09+	01:39+	01:33+	00:41+	
	01:07+	02:23+	01:54+	01:12+	01:17+	01:34+	00:44+	01:45+	04:28+	02:09+	01:39+	01:33+	00:41+	
19	Magnar Sveen		1031								22:33			
	01:15+	03:08+	05:16+	06:27+	07:58+	09:40+	10:17+	11:54+	15:25+	19:05+	21:08+	22:33+		
	01:15+	01:53+	02:08+	01:11+	01:31+	01:42+	00:37+	01:37+	03:31+	03:40+	02:03+	01:25+		
	01:15+	01:53+	02:08+	01:11+	01:31+	01:42+	00:37+	01:37+	03:31+	03:40+	02:03+	01:25+		
20	Hans Petter Jevanord		1005								23:00			
	01:31+	03:37+	05:49+	06:54+	08:09+	10:01+	10:43+	12:51+	17:03+	19:24+	20:32+	22:19+	23:00+	
	01:31+	02:06+	02:12+	01:05+	01:15+	01:52+	00:42+	02:08+	04:12+	02:21+	01:08+	01:47+	00:41+	
	01:31+	02:06+	02:12+	01:05+	01:15+	01:52+	00:42+	02:08+	04:12+	02:21+	01:08+	01:47+	00:41+	

Plass	Navn		Klasse										Tid
Individuell herrer													
21	Kjell Vidar Holmen		1000										23:20
	01:34+	03:48+	05:36+	06:54+	09:18+	11:00+	11:46+	13:43+	17:23+	19:50+	20:58+	22:45+	23:20+
	01:34+	02:14+	01:48+	01:18+	02:24+	01:42+	00:46+	01:57+	03:40+	02:27+	01:08+	01:47+	00:35+
	01:34+	02:14+	01:48+	01:18+	02:24+	01:42+	00:46+	01:57+	03:40+	02:27+	01:08+	01:47+	00:35+
22	Torbjørn Ødegaard		1035										23:42
	01:24+	04:04+	06:04+	07:04+	08:56+	10:45+	11:29+	13:17+	17:18+	19:04+	21:39+	23:03+	23:42+
	01:24+	02:40+	02:00+	01:00+	01:52+	01:49+	00:44+	01:48+	04:01+	01:46+	02:35+	01:24+	00:39+
	01:24+	02:40+	02:00+	01:00+	01:52+	01:49+	00:44+	01:48+	04:01+	01:46+	02:35+	01:24+	00:39+
23	Reidar Syvertsen		1049										23:46
	01:09+	03:05+	04:57+	06:23+	07:43+	11:57+	12:30+	14:05+	17:39+	20:23+	21:37+	23:16+	23:46+
	01:09+	01:56+	01:52+	01:26+	01:20+	04:14+	00:33+	01:35+	03:34+	02:44+	01:14+	01:39+	00:30+
	01:09+	01:56+	01:52+	01:26+	01:20+	04:14+	00:33+	01:35+	03:34+	02:44+	01:14+	01:39+	00:30+
24	Steinar Libakk		1010										24:28
	01:35+	04:27+	06:42+	07:43+	10:03+	11:49+	12:28+	14:33+	18:39+	20:56+	21:50+	23:40+	24:28+
	01:35+	02:52+	02:15+	01:01+	02:20+	01:46+	00:39+	02:05+	04:06+	02:17+	00:54+	01:50+	00:48+
	01:35+	02:52+	02:15+	01:01+	02:20+	01:46+	00:39+	02:05+	04:06+	02:17+	00:54+	01:50+	00:48+
25	Magne Johansen		1048										24:50
	01:44+	04:15+	06:25+	07:34+	08:53+	10:41+	11:25+	13:36+	18:24+	20:29+	22:07+	24:09+	24:50+
	01:44+	02:31+	02:10+	01:09+	01:19+	01:48+	00:44+	02:11+	04:48+	02:05+	01:38+	02:02+	00:41+
	01:44+	02:31+	02:10+	01:09+	01:19+	01:48+	00:44+	02:11+	04:48+	02:05+	01:38+	02:02+	00:41+
26	Geir-Håkon Øverby		1030										24:52
	01:38+	04:05+	06:15+	07:23+	09:58+	11:41+	12:22+	14:24+	18:35+	21:02+	22:37+	24:11+	24:52+
	01:38+	02:27+	02:10+	01:08+	02:35+	01:43+	00:41+	02:02+	04:11+	02:27+	01:35+	01:34+	00:41+
	01:38+	02:27+	02:10+	01:08+	02:35+	01:43+	00:41+	02:02+	04:11+	02:27+	01:35+	01:34+	00:41+
27	knut-rørhsveen		1000										25:12
	01:44+	04:27+	06:49+	07:54+	09:25+	11:26+	12:07+	14:23+	18:51+	21:04+	22:21+	24:17+	25:12+
	01:44+	02:43+	02:22+	01:05+	01:31+	02:01+	00:41+	02:16+	04:28+	02:13+	01:17+	01:56+	00:55+
	01:44+	02:43+	02:22+	01:05+	01:31+	02:01+	00:41+	02:16+	04:28+	02:13+	01:17+	01:56+	00:55+
28	Tore Lindaas		1003										26:28
	01:34+	04:39+	07:18+	08:41+	10:05+	12:14+	13:07+	15:29+	20:23+	22:23+	23:34+	25:37+	26:28+
	01:34+	03:05+	02:39+	01:23+	01:24+	02:09+	00:53+	02:22+	04:54+	02:00+	01:11+	02:03+	00:51+
	01:34+	03:05+	02:39+	01:23+	01:24+	02:09+	00:53+	02:22+	04:54+	02:00+	01:11+	02:03+	00:51+
29	Ingvald Pedersen		1014										26:29
	01:25+	04:01+	06:33+	08:01+	09:19+	11:34+	12:24+	14:39+	19:22+	22:15+	23:58+	25:44+	26:29+
	01:25+	02:36+	02:32+	01:28+	01:18+	02:15+	00:50+	02:15+	04:43+	02:53+	01:43+	01:46+	00:45+
	01:25+	02:36+	02:32+	01:28+	01:18+	02:15+	00:50+	02:15+	04:43+	02:53+	01:43+	01:46+	00:45+
30	Arvid Bratlie		1009										27:07
	00:52+	02:26+	04:10+	05:02+	07:16+	12:51+	13:39+	15:37+	22:13+	24:01+	25:00+	26:31+	27:07+
	00:52+	01:34+	01:44+	00:52+	02:14+	05:35+	00:48+	01:58+	06:36+	01:48+	00:59+	01:31+	00:36+
	00:52+	01:34+	01:44+	00:52+	02:14+	05:35+	00:48+	01:58+	06:36+	01:48+	00:59+	01:31+	00:36+
31	Erik Skårås		1013										27:11
	01:21+	03:57+	06:05+	07:13+	09:03+	11:33+	12:11+	14:19+	18:56+	21:56+	24:42+	26:28+	27:11+
	01:21+	02:36+	02:08+	01:08+	01:50+	02:30+	00:38+	02:08+	04:37+	03:00+	02:46+	01:46+	00:43+
	01:21+	02:36+	02:08+	01:08+	01:50+	02:30+	00:38+	02:08+	04:37+	03:00+	02:46+	01:46+	00:43+
32	Halstein Ødegård		1010										30:03
	01:17+	03:43+	05:59+	11:02+	12:06+	14:17+	15:09+	17:25+	22:27+	25:34+	27:27+	29:15+	30:03+
	01:17+	02:26+	02:16+	05:03+	01:04+	02:11+	00:52+	02:16+	05:02+	03:07+	01:53+	01:48+	00:48+
	01:17+	02:26+	02:16+	05:03+	01:04+	02:11+	00:52+	02:16+	05:02+	03:07+	01:53+	01:48+	00:48+

Plass	Navn				Klasse				Tid					
Individuell herrer														
33	Øyvind Strand				1000				30:41					
	01:30+	03:55+	06:10+	07:28+	13:45+	16:01+	17:00+	18:57+	22:58+	25:59+	28:24+	29:58+	30:41+	
	01:30+	02:25+	02:15+	01:18+	06:17+	02:16+	00:59+	01:57+	04:01+	03:01+	02:25+	01:34+	00:43+	
	01:30+	02:25+	02:15+	01:18+	06:17+	02:16+	00:59+	01:57+	04:01+	03:01+	02:25+	01:34+	00:43+	
34	Dag Erik Hovde				1034				32:26					
	02:04+	05:01+	07:53+	09:39+	12:23+	14:53+	15:46+	18:30+	24:13+	27:15+	28:53+	31:22+	32:26+	
	02:04+	02:57+	02:52+	01:46+	02:44+	02:30+	00:53+	02:44+	05:43+	03:02+	01:38+	02:29+	01:04+	
	02:04+	02:57+	02:52+	01:46+	02:44+	02:30+	00:53+	02:44+	05:43+	03:02+	01:38+	02:29+	01:04+	
35	Sven Marken				1010				32:39					
	01:39+	04:46+	10:32+	11:36+	14:38+	16:55+	17:44+	20:08+	24:47+	27:32+	29:52+	31:51+	32:39+	
	01:39+	03:07+	05:46+	01:04+	03:02+	02:17+	00:49+	02:24+	04:39+	02:45+	02:20+	01:59+	00:48+	
	01:39+	03:07+	05:46+	01:04+	03:02+	02:17+	00:49+	02:24+	04:39+	02:45+	02:20+	01:59+	00:48+	
36	Odvar Dalby				1047				33:24					
	01:50+	04:40+	07:12+	08:42+	10:53+	16:01+	17:05+	19:47+	25:09+	28:02+	30:17+	32:28+	33:24+	
	01:50+	02:50+	02:32+	01:30+	02:11+	05:08+	01:04+	02:42+	05:22+	02:53+	02:15+	02:11+	00:56+	
	01:50+	02:50+	02:32+	01:30+	02:11+	05:08+	01:04+	02:42+	05:22+	02:53+	02:15+	02:11+	00:56+	
37	Helge Storsveen				1010				34:35					
	01:27+	04:09+	13:39+	14:58+	17:23+	20:13+	20:58+	23:09+	27:44+	30:33+	31:59+	33:53+	34:35+	
	01:27+	02:42+	09:30+	01:19+	02:25+	02:50+	00:45+	02:11+	04:35+	02:49+	01:26+	01:54+	00:42+	
	01:27+	02:42+	09:30+	01:19+	02:25+	02:50+	00:45+	02:11+	04:35+	02:49+	01:26+	01:54+	00:42+	
38	Jon Lindgren				1011				35:03					
	01:49+	05:03+	07:53+	09:41+	14:43+	17:17+	18:11+	20:36+	25:58+	29:05+	31:32+	34:07+	35:03+	
	01:49+	03:14+	02:50+	01:48+	05:02+	02:34+	00:54+	02:25+	05:22+	03:07+	02:27+	02:35+	00:56+	
	01:49+	03:14+	02:50+	01:48+	05:02+	02:34+	00:54+	02:25+	05:22+	03:07+	02:27+	02:35+	00:56+	
39	Arve Nils Børresen				1030				36:35					
	02:05+	05:23+	08:42+	10:16+	12:23+	15:26+	16:27+	19:20+	27:16+	31:04+	32:50+	35:33+	36:35+	
	02:05+	03:18+	03:19+	01:34+	02:07+	03:03+	01:01+	02:53+	07:56+	03:48+	01:46+	02:43+	01:02+	
	02:05+	03:18+	03:19+	01:34+	02:07+	03:03+	01:01+	02:53+	07:56+	03:48+	01:46+	02:43+	01:02+	
40	Arne Sveen				1040				39:33					
	02:08+	05:00+	08:00+	09:34+	11:28+	14:23+	15:34+	18:41+	25:17+	32:55+	35:44+	38:22+	39:33+	
	02:08+	02:52+	03:00+	01:34+	01:54+	02:55+	01:11+	03:07+	06:36+	07:38+	02:49+	02:38+	01:11+	
	02:08+	02:52+	03:00+	01:34+	01:54+	02:55+	01:11+	03:07+	06:36+	07:38+	02:49+	02:38+	01:11+	
41	Harald Normann				1039				51:06					
	02:44+	06:52+	11:56+	16:34+	18:41+	23:19+	24:48+	28:40+	36:24+	43:24+	46:47+	49:56+	51:06+	
	02:44+	04:08+	05:04+	04:38+	02:07+	04:38+	01:29+	03:52+	07:44+	07:00+	03:23+	03:09+	01:10+	
	02:44+	04:08+	05:04+	04:38+	02:07+	04:38+	01:29+	03:52+	07:44+	07:00+	03:23+	03:09+	01:10+	

Beste strekktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.