

Bedrifts-o-løp 20.06.2017

Strekktider

Brumundkampen-20.06.2017

Plass	Navn	Klasse	Tid
D 1,5			
1	Mette Bjertingstad	Hikt	16:14
02:17= 05:02= 08:14= 11:47= 13:28= 15:34= 16:14=			
2	Margareth T. Dyresen	Arve Hagen BIL	17:50
02:17= 02:45= 03:12= 03:33= 01:41= 02:06= 00:40=			
00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=			
3	Anne Marie Nesbakk	Eidsiva	20:35
02:45+ 05:35+ 09:07+ 13:21+ 14:55+ 17:08+ 17:50+			
02:45+ 02:50+ 03:32+ 04:14+ 01:34- 02:13+ 00:42+			
00:28# 00:05+ 00:20# 00:41# 00:07- 00:07+ 00:02#			
4	Eva Stensby	Løten kommune	24:02
03:05+ 06:13+ 10:09+ 15:01+ 16:57+ 19:40+ 20:35+			
03:05+ 03:08+ 03:56+ 04:52+ 01:56+ 02:43+ 00:55+			
00:48& 00:23# 00:44# 01:19& 00:15# 00:37& 00:15&			
5	Tund Kolseth	Arve Hagen BIL	25:45
03:33+ 07:04+ 12:08+ 18:01+ 20:04+ 22:58+ 24:02+			
03:33+ 03:31+ 05:04+ 05:53+ 02:03+ 02:54+ 01:04+			
01:16& 00:46& 01:52& 01:20& 00:22# 00:48& 00:24&			
6	Marie Rustadbakken	Arve Hagen BIL	26:31
03:40+ 07:53+ 13:16+ 19:21+ 21:41+ 24:48+ 25:45+			
03:40+ 04:13+ 05:23+ 06:05+ 02:20+ 03:07+ 00:57+			
01:23& 01:28& 01:15& 01:29& 00:39& 01:01& 00:17&			
7	Gerd Grønbold	Arve Hagen BIL	27:37
04:05+ 09:21+ 14:03+ 19:39+ 22:05+ 25:08+ 26:31+			
04:05+ 05:16+ 04:42+ 05:36+ 02:26+ 03:03+ 01:23+			
01:48& 01:31& 01:30& 02:08& 00:45& 00:57& 00:43&			
8	Heiga Hansen	Arve Hagen BIL	27:49
04:03+ 10:16+ 14:58+ 20:49+ 23:14+ 26:12+ 27:37+			
04:03+ 06:13+ 04:42+ 05:51+ 02:25+ 02:58+ 01:25+			
01:46& 01:28& 01:30& 02:18& 00:44& 00:52& 00:45&			
9	Tora Kieven	Hamar Post	29:29
05:23+ 11:04+ 15:52+ 21:02+ 23:43+ 26:45+ 27:49+			
05:23+ 05:41+ 04:48+ 05:10+ 02:41+ 03:02+ 01:04+			
03:06@ 01:56@ 01:36& 01:37& 01:00& 00:56& 00:24&			
10	Karin Jevanord	Arve Hagen BIL	31:24
10:15+ 13:13+ 17:07+ 22:20+ 24:52+ 28:34+ 29:29+			
10:15+ 02:58+ 03:54+ 05:13+ 02:32+ 03:42+ 00:55+			
07:58@ 00:13+ 00:42# 01:40& 00:51& 01:36& 00:15&			
11	Marit Holmgren	Arve Hagen BIL	31:46
04:09+ 08:29+ 14:12+ 22:36+ 25:50+ 29:55+ 31:24+			
04:09+ 04:20+ 05:43+ 08:24+ 03:14+ 04:05+ 01:29+			
01:52& 01:35& 02:31& 04:51@ 01:33& 01:59& 00:49@			
12	Aase Sørlaten	Gunders	39:41
04:38+ 08:54+ 14:33+ 22:36+ 25:41+ 30:05+ 31:46+			
04:38+ 04:16+ 05:39+ 08:03+ 03:05+ 04:24+ 01:41+			
02:21@ 01:31& 01:27& 01:30@ 01:24& 02:18@ 01:01&			
13	Unni Vold	Moelven	44:46
05:03+ 19:26+ 25:51+ 32:27+ 35:35+ 38:41+ 39:41+			
05:03+ 14:23+ 06:25+ 06:36+ 03:08+ 03:06+ 01:00+			
02:46@ 11:38@ 02:13@ 03:03& 01:27& 01:00& 00:20&			
05:43+ 11:36+ 19:00+ 32:37+ 37:03+ 42:55+ 44:46+			
05:43+ 05:53+ 07:24+ 13:37+ 04:26+ 05:52+ 01:51+			
03:26@ 03:09@ 04:12@ 11:04@ 07:45@ 03:46@ 01:11@			
02:17 02:45 03:12 03:33 01:34 02:06 00:40			

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

D 2,5

1	Inger Brøndbo	Romedal Almenning	27:53
04:09= 05:47= 10:32= 14:33= 18:00= 20:21= 23:44= 25:20= 27:16= 27:53=			
04:09= 01:38= 04:45= 04:01= 03:27= 02:21= 03:23= 01:36= 01:56= 00:37=			
2	Anne Karin Eilsenberg	Stange kommune	31:52
00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=			
04:08- 05:46- 10:28- 16:03+ 20:43+ 23:16+ 27:24+ 28:56+ 31:01+ 31:52+			
04:08- 01:38= 04:42- 05:35+ 04:40+ 02:33+ 04:08+ 01:32- 02:05+ 00:51+			
00:01- 00:00= 00:03- 01:34& 01:13& 00:12+ 00:45# 00:04- 00:09+ 00:14&			

Plass	Navn										Klasse	Tid
3	Liv Reidun Reiersen										Mjøøs Retail	31:59
	04:29+	06:13+	12:14+	17:00+	21:35+	24:37+	27:59+	29:26+	31:15+	31:59+		
	04:29+	01:44+	06:01+	04:46+	04:35+	03:02+	03:22-	01:27-	01:49-	00:44+		
4	Bente Wikstrøm										Geno	33:41
	00:20+	00:06+	01:16+	00:45#	01:08&	00:41&	00:01	00:09-	00:07-	00:07#		
	04:45+	06:32+	10:49+	15:44+	19:55+	23:11+	27:03+	30:37+	32:57+	33:41+		
	04:45+	01:47+	04:17-	04:55+	04:11+	03:16+	03:52+	03:34+	02:20+	00:44+		
5	Mette Marit Jensen										Vegvesenet	33:46
	00:36#	00:00+	00:28	00:54#	00:44#	00:55&	00:29#	01:59#	00:24#	00:07#		
	04:35+	06:35+	11:48+	17:11+	22:04+	24:59+	28:59+	30:37+	33:00+	33:46+		
	04:35+	02:00+	05:13+	05:23+	04:53+	02:55+	04:00+	01:38+	02:23+	00:46+		
6	Elsabet Rise										Geno	33:49
	00:26#	00:22#	00:29	01:22&	01:26&	00:34#	00:37#	00:02+	00:27#	00:09#		
	04:10+	07:27+	12:29+	18:04+	22:54+	25:23+	29:04+	30:43+	33:09+	33:49+		
	04:10+	03:17+	05:02+	05:35+	04:50+	02:29+	03:41+	01:39+	02:26+	00:40+		
7	Kari Østbye										If	35:25
	00:01+	01:39@	00:17+	01:34&	01:23&	00:08+	00:18	00:03+	00:30&	00:03+		
	04:30+	06:56+	13:35+	18:05+	23:15+	26:25+	30:34+	32:26+	34:42+	35:25+		
	04:30+	02:26+	06:39+	04:30+	05:10+	03:10+	04:09+	01:52+	02:16+	00:43+		
8	Bente Grøndalen										SIHF	35:57
	00:21+	00:48&	01:54&	00:29#	01:43&	00:49&	00:46#	00:16#	00:20#	00:06#		
	05:34+	07:22+	13:08+	18:15+	23:12+	26:14+	30:39+	32:42+	35:06+	35:57+		
	05:34+	01:48+	05:46+	05:07+	04:57+	03:02+	04:25+	02:03+	02:24+	00:51+		
9	Anita Stensby Bekkelund										Løten kommune	37:23
	01:25&	00:10#	00:01#	01:06#	01:30&	00:41&	01:02&	00:27&	00:28#	00:14&		
	06:23+	08:30+	13:53+	19:01+	24:47+	27:48+	32:20+	34:21+	36:39+	37:23+		
	06:23+	02:07+	05:23+	05:08+	05:46+	03:01+	04:32+	02:01+	02:18+	00:44+		
10	Grete Aalstad										NVE	37:32
	02:14&	00:29&	00:38#	01:07&	02:19&	00:40&	01:09&	00:25&	00:22#	00:07#		
	07:56+	10:20+	14:49+	22:30+	26:40+	29:16+	32:56+	35:10+	36:54+	37:32+		
	07:56+	02:24+	04:29-	07:41+	04:10+	02:36+	03:40+	02:14+	01:44-	00:38+		
11	Bent Røste										Sykenuset Innlandet	37:59
	03:47&	00:46&	00:16	03:40&	00:43#	00:15#	00:17	00:38&	00:12-	00:01+		
	04:53+	07:10+	13:54+	19:12+	23:48+	26:57+	31:14+	33:34+	37:09+	37:59+		
	04:53+	02:17+	06:44+	05:18+	04:36+	03:09+	04:17+	02:20+	03:35+	00:50+		
12	Mette Alvestad Wernberg										Sparebank 1 Østlandet	38:21
	00:44#	00:39#	01:50&	01:17#	01:09&	00:48&	00:54&	00:44&	01:38&	00:13&		
	07:45+	09:51+	18:20+	22:42+	26:50+	29:50+	34:10+	35:42+	37:43+	38:21+		
	07:45+	02:06+	08:29+	04:22+	04:08+	03:00+	04:20+	01:32-	02:01+	00:38+		
13	Mirjam Engelsjord										Statens Hus	39:47
	03:36&	00:28&	03:41&	00:24+	00:41#	00:39&	00:57&	00:04	00:05+	00:01+		
	05:57+	08:10+	14:26+	19:50+	28:13+	31:07+	35:03+	37:04+	39:06+	39:47+		
	05:57+	02:13+	06:16+	05:24+	08:23+	02:54+	03:56+	02:01+	02:02+	00:41+		
14	Rønnaug Sagbakken										Sparebank 1 Østlandet	41:19
	01:48&	00:35&	01:31&	01:23&	01:56@	00:33#	00:33#	00:25&	00:06+	00:04#		
	05:21+	07:36+	13:58+	20:29+	25:55+	29:54+	35:19+	37:30+	40:19+	41:19+		
	05:21+	02:15+	06:22+	06:31+	05:26+	03:59+	05:25+	02:11+	02:49+	01:00+		
15	Synnøve Kaul										Mjøøs Retail	42:43
	01:12&	00:37&	01:37&	02:30&	01:59&	01:38&	02:02&	00:35&	00:53&	00:23&		
	05:31+	08:07+	14:07+	22:07+	27:25+	31:21+	36:32+	38:54+	41:47+	42:43+		
	05:31+	02:36+	06:00+	08:00+	05:18+	03:56+	05:11+	02:22+	02:53+	00:56+		
16	Anne Kathrine Fossum										Statens Hus	43:01
	01:22&	00:58&	01:15&	03:59&	01:51&	01:35&	01:48&	00:46&	00:57&	00:19&		
	06:08+	08:12+	14:28+	19:57+	28:13+	31:07+	37:20+	39:27+	41:56+	43:01+		
	06:08+	02:04+	06:16+	05:29+	08:16+	02:54+	06:13+	02:07+	02:29+	01:05+		
17	Inger Bakken										If	43:57
	01:59&	00:26&	01:31&	01:28&	04:49@	00:33#	02:50&	00:31&	00:33&	00:28&		
	09:45+	11:44+	16:40+	24:05+	28:52+	34:16+	38:21+	40:25+	43:13+	43:57+		
	09:45+	01:59+	04:56+	07:25+	04:47+	05:24+	04:05+	02:04+	02:48+	00:44+		
18	Oddveig Anne Sagbakken										Lokal revisjon as	49:00
	05:36@	00:28#	00:17+	03:22&	01:20&	03:03@	00:42#	00:38&	00:52&	00:07#		
	09:22+	11:31+	19:32+	25:34+	32:29+	38:25+	43:26+	45:49+	48:10+	49:00+		
	09:22+	02:09+	08:01+	06:02+	06:55+	05:56+	05:01+	02:23+	02:21+	00:50+		
19	Anita Tøllersen										Treningskompaniet	49:16
	05:13@	00:31&	00:16&	02:01&	03:28@	03:35@	01:38&	00:47&	00:25#	00:13&		
	10:48+	12:26+	17:06+	23:47+	31:05+	39:15+	44:23+	46:08+	48:32+	49:16+		
	10:48+	01:38=	04:40-	06:41+	07:18+	08:10+	05:08+	01:45+	02:24+	00:44+		
20	Randi Aas Fjæstad										Løten kommune	55:24
	06:39@	00:08=	00:05	02:40&	01:51@	00:40&	05:49@	00:09	00:28#	00:07#		
	16:05+	18:07+	24:07+	30:11+	36:42+	44:16+	49:50+	51:43+	54:36+	55:24+		
	16:05+	02:02+	06:00+	06:04+	06:31+	07:34+	05:34+	01:53+	02:53+	00:48+		
	11:56&	00:21#	01:16&	01:02&	02:04&	05:13@	02:11&	00:17#	00:57&	00:11&		
Beste strekketid for klassen												
	04:08	01:38	04:17	04:01	03:27	02:21	03:22	01:27	01:44	00:37		

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Plass	Navn	Klasse	Tid
D 3,5			
1	Inger-Lise Skårholen	Løten kommune	37:01
03:16=	11:34=	14:43=	17:11=
03:16=	08:18=	03:09=	02:28=
00:00=	00:00=	00:00=	00:00=
2	Anne Karin Westby	Sparebank 1 Østlandet	41:31
04:47+	12:39+	15:38+	18:03+
04:47+	07:52-	02:59-	02:25-
01:31&	00:26-	00:10-	00:03-
3	Kirsten Merete Nerheim	Løten kommune	43:08
03:39+	11:20-	14:47+	17:52+
03:39+	07:41-	03:27+	03:05+
00:23#	00:27-	00:18-	00:37#
4	Rigmor Lomo Aas	Mjøso Retail	51:37
04:40+	14:14+	18:41+	22:14+
04:40+	09:34+	04:27+	03:33+
01:24&	01:16#	01:18&	01:05&
5	Karen Tomter	Utsillingsplassen	51:46
07:33+	18:21+	23:31+	27:04+
07:33+	10:48+	05:10+	03:33+
04:17@	02:30&	02:01&	01:06&
6	Dyfrid Larsen Moen	Ntnu Gjøvik	53:19
05:27+	13:53+	17:21+	20:45+
05:27+	08:26+	03:28+	03:24+
02:11&	00:08+	00:19#	00:56&
7	Anne Sørum	Statens Hus	54:38
11:39+	20:33+	24:28+	27:26+
11:39+	08:54+	03:55+	02:58+
08:23@	00:36+	00:46#	00:30#
8	Anita Bekkum	Arve Hagen BIL	57:26
08:31+	17:18+	22:22+	26:41+
08:31+	08:47+	05:04+	04:19+
05:15@	00:29+	01:55&	01:51&
9	Grete Storsveen	Sparebank 1 Østlandet	58:03
15:05+	23:52+	27:29+	32:07+
15:05+	08:47+	03:37+	04:38+
11:49@	00:29+	00:28#	02:10&
10	Kristin Haga	Arve Hagen BIL	1:17:35
30:36+	41:50+	46:44+	51:34+
30:36+	11:14+	04:54+	04:50+
27:20@	02:50&	01:45&	01:22&
Beste strekketid for klassen			
03:16	07:41	02:59	02:25

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

D 4,5

1	Elianne Ødegård Haneberg	Handelsbanken	43:47
02:42=	05:24=	08:31=	17:21=
02:42=	02:42=	03:07=	08:50=
00:00=	00:00=	00:00=	00:00=
2	Marianne Rød Skjærstad	Løten kommune	45:19
02:29-	07:00+	09:55+	18:14+
02:29-	04:31+	02:55-	08:19-
00:13-	01:49&	00:12-	00:31-
3	Margrethe Nilsen	Hamar Katedralskole	45:54
02:55+	07:03+	11:33+	19:02+
02:55+	04:08+	04:30+	07:29-
00:13+	00:26&	01:28&	01:21-
4	Yngvild Malmø	Kartverket	46:44
02:41-	06:25+	10:02+	18:25+
02:41-	03:44+	03:37+	08:23-
00:01-	01:02&	00:13#	00:27-
5	Lis Dænil	Sykehuset Innlandet	50:32
03:15+	06:21+	09:55+	17:45+
03:15+	03:06+	03:34+	07:50-
00:33#	00:24#	00:27#	01:00-
6	Sylvia Andersen	Elverum kommune	55:22
03:17+	10:00+	13:57+	22:57+
03:17+	06:43+	03:57+	09:00+
00:35#	04:01@	00:50&	00:10+
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Plass	Navn										Klasse					Tid				
7	Line Merete Libak										Løten kommune					1:03:48				
	03:28+	06:58+	11:03+	23:03+	37:57+	40:42+	42:58+	50:02+	52:25+	57:02+	59:59+	61:32+	63:12+	63:48+						
	03:28+	03:30+	04:05+	12:00+	14:54+	02:45+	02:16+	07:04+	02:23+	04:37+	02:57+	01:33+	01:40+	00:36+						
Beste strekktid for klassen																				
	00:46#	00:48#	00:58#	01:10#	01:10#	00:24#	00:24#	01:00#	00:22#	00:30#	00:43#	00:15#	00:25#	00:06#						
	02:29	02:42	02:55	07:29	04:29	02:13	01:40	05:41	01:52	03:19	02:00	01:18	01:11	00:28						
= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.																				
D 5,5																				
1	Sofie Johansson										Hamar Katedralskole					53:41				
	02:37=	04:22=	05:31=	19:47=	23:01=	25:48=	32:37=	34:29=	38:49=	42:06=	44:56=	47:28=	50:02=	51:41=	53:07=	53:41=				
	02:37=	01:45=	01:09=	14:16=	03:14=	02:47=	06:49=	01:52=	04:20=	03:17=	02:50=	02:32=	02:34=	01:39=	01:26=	00:34=				
Beste strekktid for klassen																				
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=				
	02:37	01:45	01:09	14:16	03:14	02:47	06:49	01:52	04:20	03:17	02:50	02:32	02:34	01:39	01:26	00:34				
= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.																				
H 1,5																				
1	Arnfinn Nordhagen										Geno					15:52				
	02:45=	05:20=	08:24=	11:54=	13:16=	15:14=	15:52=													
	02:45=	02:35=	03:04=	03:30=	01:22=	01:58=	00:38=													
2	Johan Nerheim										Løten kommune					16:57				
	02:44-	05:29+	08:44+	12:30+	14:00+	16:19+	16:57+													
	02:44-	02:45+	03:15+	03:46+	01:30+	02:19+	00:38=													
3	Arild Rønning										Nestle					19:15				
	03:05+	06:04+	10:21+	14:39+	16:17+	18:28+	19:15+													
	03:05+	02:59+	04:17+	04:18+	01:38+	02:11+	00:47+													
4	Erik Gundersen										Nestle					19:17				
	03:23+	06:46+	10:34+	14:30+	16:11+	18:33+	19:17+													
	03:23+	03:23+	03:48+	03:56+	01:41+	02:22+	00:44+													
5	Ingvald Pedersen										Statens Hus					20:26				
	03:01+	06:09+	10:23+	14:56+	16:53+	19:40+	20:26+													
	03:01+	03:08+	04:14+	04:33+	01:57+	02:47+	00:46+													
6	Hakon Nesbakk										Eidsiva					20:34				
	03:09+	06:15+	10:15+	14:53+	16:52+	19:43+	20:34+													
	03:09+	03:06+	04:00+	04:38+	01:59+	02:51+	00:51+													
7	Oddvar Dalby										Hamar kommune					20:36				
	02:59+	05:45+	09:27+	14:16+	16:23+	19:19+	20:36+													
	02:59+	02:46+	03:42+	04:49+	02:07+	02:56+	01:17+													
8	Stein Sandaker										Ahlsell					21:13				
	03:07+	05:52+	09:37+	14:46+	16:57+	20:04+	21:13+													
	03:07+	02:45+	03:45+	05:09+	02:11+	03:07+	01:09+													
9	Geir-Hakon Øverby										If					21:18				
	02:34-	05:16-	09:31+	15:02+	17:58+	20:37+	21:18+													
	02:34-	02:42+	04:15+	05:31+	02:56+	02:39+	00:41+													
10	Hans Narbuvoid										Nestle					22:46				
	03:49+	07:31+	11:51+	16:40+	18:55+	21:46+	22:46+													
	03:49+	03:42+	04:20+	04:49+	02:15+	02:51+	01:00+													
11	Arve Nils Børresen										If					22:57				
	01:04#	01:07#	01:16#	01:19#	00:53#	00:53#	00:22#													
	03:03+	06:20+	10:40+	16:09+	19:10+	22:03+	22:57+													
	03:03+	03:17+	04:20+	05:29+	03:01+	02:53+	00:54+													
12	Knut Martinsen										Sparebank 1 Østlandet					23:16				
	00:18#	00:42#	01:16#	01:59#	01:39@	00:55#	00:16#													
	02:55+	06:49+	11:01+	17:03+	19:19+	22:18+	23:16+													
	02:55+	03:54+	04:12+	06:02+	02:16+	02:59+	00:58+													
	00:10+	01:19#	01:08#	02:32#	00:54#	01:01#	00:20#													

Pllass	Navn	Klasse	Tid						
13	Jon Lindgren	Romedal Almenning	23:20						
03:32+ 03:32+ 00:47&	07:37+ 04:05+ 02:30&	12:50+ 05:13+ 02:00&	17:39+ 04:49+ 01:19&	19:32+ 01:53+ 00:31&	22:18+ 02:46+ 00:48&	23:20+ 01:02+ 00:24#			
14	Finn Røise	Moelven	23:54						
02:18- 02:18- 00:27-	04:57- 02:39+ 00:01-	08:03- 03:06+ 00:01-	18:49+ 10:46+ 00:02#	20:35+ 01:46+ 00:24&	23:06+ 02:31+ 00:33&	23:54+ 00:48+ 00:10#			
15	Ragnar Høsbøien	Hamar Post	27:11						
04:08+ 04:08+ 01:23&	08:17+ 04:09+ 02:40+ 13:07+ 13:07+ 10:22@	13:32+ 05:15+ 02:18- 19:58+ 03:04+ 00:29#	19:44+ 06:12+ 02:42& 25:01+ 05:03+ 00:40#	22:16+ 02:32+ 01:10& 27:26+ 02:25+ 01:03&	25:55+ 03:39+ 01:41& 30:44+ 03:18+ 01:20&	27:11+ 01:16+ 00:38& 31:50+ 01:06+ 00:28&			
16	Torkel Bache	Sanderud sykehus	31:50						
05:42+ 05:42+ 02:57@	12:16+ 06:34+ 03:50@	19:56+ 07:40+ 04:36@	30:00+ 10:04+ 01:30@	34:22+ 04:22+ 02:00@	40:30+ 06:08+ 04:10@	42:22+ 01:52+ 01:14@			
Beste strekktid for klassen									
02:18	02:35	03:04	03:30	01:22	01:58	00:38			
= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.									
H 2,5									
1	Per Vold	Moelven	25:37						
02:48= 02:48= 00:00=	05:59= 03:11= 00:00=	09:55= 03:56= 00:00=	15:49= 05:54= 00:00=	17:52= 02:03= 00:00=	20:21= 02:29= 00:00=	22:26= 23:35= 25:06= 25:37= 02:05= 01:09= 01:31= 00:31= 00:00= 00:00= 00:00= 00:00=			
2	Tore Stensby	Mattilsynet	29:33						
02:53+ 02:53+ 00:05+	06:34+ 03:41+ 00:30#	10:39+ 04:05+ 00:00#	17:13+ 06:34+ 00:40#	19:25+ 02:12+ 00:09+	22:29+ 03:04+ 00:35#	25:34+ 03:05+ 01:00&	26:56+ 01:22+ 00:13#	28:52+ 01:56+ 00:25&	29:33+ 00:41+ 00:10&
3	Trond Søberg	Løten kommune	31:41						
03:00+ 03:00+ 00:12+	06:26+ 03:26+ 00:15+	10:26+ 04:00+ 00:04+	17:40+ 07:14+ 01:20#	20:45+ 03:05+ 01:02&	23:37+ 02:52+ 00:23#	27:50+ 04:13+ 02:08@	29:10+ 01:20+ 00:11#	31:04+ 01:54+ 00:23&	31:41+ 00:37+ 00:06#
4	Torbjørn Hakensen	Gunders	32:02						
03:18+ 03:18+ 00:30#	09:07+ 05:49+ 02:38&	13:16+ 04:09+ 00:13+	20:00+ 06:44+ 00:50#	22:02+ 02:02- 00:01-	25:05+ 03:03+ 00:34#	28:28+ 03:23+ 01:18&	29:44+ 01:16+ 00:07#	31:28+ 01:44+ 00:13#	32:02+ 00:34+ 00:03+
5	Ottar Evensen	Elverum kommune	32:29						
03:15+ 03:15+ 00:27#	07:18+ 04:03+ 00:52&	11:47+ 04:29+ 00:33#	18:22+ 06:35+ 00:41#	21:44+ 03:22+ 01:19&	25:09+ 03:25+ 00:56&	28:07+ 02:58+ 00:53&	29:45+ 01:38+ 00:29&	31:49+ 02:04+ 00:33&	32:29+ 00:40+ 00:09&
6	Kjell Høgseth	Genø	33:21						
03:56+ 03:56+ 01:08&	07:59+ 04:03+ 00:52&	12:12+ 04:13+ 00:17+	19:56+ 07:44+ 01:50&	22:29+ 02:33+ 00:30#	25:42+ 03:13+ 00:44&	28:57+ 03:15+ 01:10&	30:39+ 01:42+ 00:33&	32:43+ 02:04+ 00:33&	33:21+ 00:38+ 00:07#
7	Olle Røstad	Eidsiva	33:47						
02:45- 02:45- 00:03-	12:44+ 09:59+ 00:18@	17:16+ 04:32+ 00:30#	23:02+ 05:46- 00:08-	25:08+ 02:06+ 00:03+	27:46+ 02:38+ 00:09+	30:35+ 02:49+ 00:44&	31:40+ 01:05- 00:04	33:15+ 01:35+ 00:04+	33:47+ 00:32+ 00:01+
8	Magnar Sveen	Moelven	33:56						
03:28+ 03:28+ 00:40#	07:28+ 04:00+ 00:40#	11:18+ 03:50- 00:06	18:58+ 07:40+ 01:46&	21:42+ 02:44+ 00:41&	25:35+ 03:53+ 01:24&	29:09+ 03:34+ 01:29&	30:43+ 01:34+ 00:25&	33:15+ 02:32+ 01:01&	33:56+ 00:41+ 00:10&
9	Torbjørn Ødegaard	Hamar Lærerhøgskole	34:09						
03:59+ 03:59+ 01:11&	08:47+ 04:48+ 04:37&	13:20+ 04:33+ 00:37#	20:34+ 07:14+ 01:20#	23:21+ 02:47+ 00:44&	26:33+ 03:12+ 00:43&	29:44+ 03:11+ 01:06&	31:26+ 01:42+ 00:33&	33:33+ 02:07+ 00:36&	34:09+ 00:36+ 00:05#
10	Terje Lien	Telenor	34:34						
03:14+ 03:14+ 00:26#	08:21+ 05:07+ 01:56&	12:01+ 03:40- 00:16-	18:46+ 06:45+ 00:16-	21:07+ 02:21+ 00:18#	24:16+ 03:09+ 00:40&	27:14+ 02:58+ 00:53&	31:35+ 04:21+ 03:12@	33:52+ 02:17+ 00:46&	34:34+ 00:42+ 00:11&
11	Olle Johan Vangen	Norsk Tipping	36:05						
03:06+ 03:06+ 00:18#	07:57+ 04:51+ 01:10&	15:54+ 07:57+ 04:04&	23:07+ 07:13+ 01:19#	25:09+ 02:02- 00:01-	28:32+ 03:23+ 00:54&	31:37+ 03:05+ 01:00&	32:58+ 01:21+ 00:12#	34:52+ 01:54+ 00:23&	36:05+ 01:13+ 00:42@
12	Morten Ole	Furnes Almenning	36:20						
03:23+ 03:23+ 00:35#	07:01+ 03:38+ 00:27#	11:30+ 04:29+ 00:33#	19:28+ 07:58+ 02:04&	22:54+ 03:26+ 01:23&	26:08+ 03:14+ 00:45&	29:10+ 03:02+ 00:57&	33:14+ 04:04+ 02:55@	35:35+ 02:21+ 00:50&	36:20+ 00:45+ 00:14&

Plass	Navn				Klasse				Tid	
13	Knut Røhrsveen				Arve Hagen BIL				36:22	
	03:44+	07:41+	12:17+	20:15+	23:17+	26:39+	29:55+	33:30+	35:49+	36:22+
	03:44+	03:57+	04:36+	07:58+	03:02+	03:22+	03:16+	03:35+	02:19+	00:33+
14	Håvard Elstrand				Statens Hus				37:07	
	00:56&	00:46#	00:10#	02:04&	00:59&	00:53&	01:11#	02:26@	00:48&	00:02+
	10:47+	13:56+	18:27+	25:04+	27:42+	30:47+	33:28+	34:43+	36:31+	37:07+
	10:47+	03:09-	04:31+	06:37+	02:38+	03:05+	02:41+	01:15+	01:48+	00:36+
15	Magne Smeland				Vegvesenet				37:12	
	07:59@	00:02	00:05#	00:43#	00:35&	00:36#	00:36#	00:06#	00:17#	00:05#
	03:17+	12:56+	17:15+	24:42+	27:01+	30:05+	33:17+	34:30+	36:33+	37:12+
	03:17+	09:39+	04:19+	07:27+	02:19+	03:04+	03:12+	01:13+	02:03+	00:39+
16	Bjørn Jenssen				Mjøs Retail				37:44	
	07:29#	00:28@	00:23#	01:23&	00:16#	00:35#	01:07#	00:09#	00:02&	00:08&
	03:55+	08:24+	13:32+	22:25+	25:28+	29:06+	32:41+	34:28+	36:52+	37:44+
	03:55+	04:29+	05:08+	08:53+	03:03+	03:38+	03:35+	01:47+	02:24+	00:52+
17	Kåre Garmager				Telenor				38:21	
	01:07&	01:28&	01:12&	02:59&	01:00&	01:09&	01:30&	00:38&	00:53&	00:21&
	03:56+	08:35+	13:42+	22:06+	25:25+	29:46+	33:23+	35:05+	37:36+	38:21+
	03:56+	04:39+	05:07+	08:24+	03:19+	04:21+	03:37+	01:42+	02:31+	00:45+
18	Hans Petter Jevanord				Geno				39:43	
	01:08&	01:28&	01:11&	02:30&	01:16&	01:52&	01:32&	00:33&	01:00&	00:14&
	05:05+	09:38+	14:17+	23:19+	26:35+	30:03+	34:01+	36:22+	38:52+	39:43+
	05:05+	04:33+	04:39+	09:02+	03:16+	03:28+	03:58+	02:21+	02:30+	00:51+
19	Einar Stensby				Løten kommune				39:49	
	02:17&	01:22&	00:43#	03:08&	01:13&	00:59&	01:53&	01:12@	00:59&	00:20&
	03:37+	10:43+	15:14+	23:00+	26:36+	29:32+	32:39+	37:16+	39:13+	39:49+
	03:37+	07:06+	04:31+	07:46+	03:36+	02:56+	03:07+	04:37+	01:57+	00:36+
20	Stein Gamme				Storhamar Vgs				39:52	
	00:49&	02:55@	00:35#	01:52&	01:33&	00:27#	01:02&	03:28@	00:26&	00:05#
	03:09+	07:41+	12:18+	20:14+	24:53+	31:28+	35:06+	36:48+	39:17+	39:52+
	03:09+	04:32+	04:37+	07:56+	04:39+	06:35+	03:38+	01:42+	02:29+	00:35+
21	Kjell Vidar Holmen				Arve Hagen BIL				40:11	
	00:21#	01:21&	00:41#	02:02&	02:36@	04:06@	01:33&	00:32&	00:58&	00:04#
	03:25+	09:52+	14:30+	25:35+	28:33+	32:27+	35:37+	37:27+	39:29+	40:11+
	03:25+	06:27+	04:38+	11:05+	02:58+	03:54+	03:10+	01:50+	02:02+	00:42+
22	Olav Skjærbekk				Gunders				40:20	
	00:37#	02:16@	00:42#	05:11&	00:55&	01:25&	01:05&	00:41&	00:31&	00:11&
	03:59+	10:19+	14:35+	23:20+	26:00+	30:08+	33:50+	37:32+	39:39+	40:20+
	03:59+	06:20+	04:16+	08:45+	02:40+	04:08+	03:42+	03:42+	02:07+	00:41+
23	Knut Fjæstad				Løten kommune				42:34	
	01:11&	00:00&	00:20+	02:51&	00:37&	01:39&	01:37&	02:33@	00:26&	00:10&
	03:57+	10:09+	17:01+	26:01+	28:39+	33:14+	37:38+	39:32+	41:46+	42:34+
	03:57+	06:12+	06:52+	09:00+	02:38+	04:35+	04:24+	01:54+	02:14+	00:48+
24	Halstein Ødegård				Løten kommune				44:18	
	01:09&	00:01&	02:56@	03:06&	00:35&	02:06&	02:19@	00:45+	00:43&	00:17&
	04:05+	09:03+	19:58+	28:41+	31:38+	35:35+	39:13+	41:01+	43:30+	44:18+
	04:05+	04:58+	10:55+	08:43+	02:57+	03:57+	03:38+	01:48+	02:29+	00:48+
25	Espen Paulsen				Infosoft				44:43	
	01:17&	01:47&	06:50@	02:49&	00:54&	01:28&	01:33&	00:39&	00:58&	00:17&
	03:48+	08:20+	13:51+	21:55+	25:03+	32:55+	36:39+	41:50+	43:55+	44:43+
	03:48+	04:32+	05:31+	08:04+	03:08+	07:52+	03:44+	05:11+	02:05+	00:48+
26	Knut Jevanord				Arve Hagen BIL				46:30	
	01:00&	01:21&	04:35&	02:10&	01:05&	05:23@	01:39&	04:02@	00:34&	00:17&
	10:40+	13:47+	20:06+	24:28+	27:53+	30:37+	31:39+			
	10:40+	03:07-	06:19+	04:22-	03:25+	02:44+	01:02-			
27	Arvid Haug				Gunders				46:53	
	07:52@	00:04-	02:23&	01:32-	01:22&	00:15#	01:03			
	04:44+	11:36+	16:53+	26:06+	28:58+	34:43+	38:53+	43:33+	46:02+	46:53+
	04:44+	06:52+	05:17+	09:13+	02:52+	05:45+	04:10+	04:40+	02:29+	00:51+
28	Odd Tangen				Norsk Tipping				47:01	
	01:56&	02:41@	01:21&	03:19&	00:49&	03:16@	02:05&	03:31@	00:58&	00:20&
	02:46-	06:48+	12:45+	31:31+	34:29+	37:43+	40:55+	44:14+	46:25+	47:01+
	02:46-	04:02+	05:57+	18:46+	02:58+	03:14+	03:12+	03:19+	02:11+	00:36+
29	Bjørnar Aasen				Norsk Tipping				52:03	
	00:02-	00:51&	02:01&	12:52@	00:55&	00:45&	01:07&	02:10@	00:40&	00:05#
	03:32+	08:30+	12:39+	34:45+	38:00+	41:36+	45:30+	49:01+	51:25+	52:03+
	03:32+	04:58+	04:09+	22:06+	03:15+	03:36+	03:54+	03:31+	02:24+	00:38+
30	Helge Bøsterud				Eidsiva				52:30	
	00:44&	01:47&	00:13+	00:12@	01:12&	01:07&	01:49&	02:22@	00:53&	00:07#
	06:30+	12:09+	18:37+	32:10+	36:29+	41:26+	46:06+	48:24+	51:25+	52:30+
	06:30+	05:39+	06:28+	13:33+	04:19+	04:57+	04:40+	02:18+	03:01+	01:05+
31	Frank Evensen				Telenor				55:39	
	00:42@	00:28&	00:22&	07:20@	02:16@	02:28&	02:35@	01:09&	01:30&	00:34@
	04:17+	09:54+	16:47+	32:40+	36:38+	42:52+	48:37+	51:06+	54:24+	55:39+
	04:17+	05:37+	06:53+	15:53+	03:58+	06:14+	05:45+	02:29+	03:18+	01:15+
	01:29&	02:26&	02:57&	09:59@	01:55&	03:45@	03:40@	01:20@	01:47@	00:44@

Pllass	Navn										Klasse	Tid
32	Henrik Bache										Sanderud sykehus	1:01:52
	04:07+	09:07+	29:33+	47:10+	50:10+	53:35+	56:43+	58:36+	61:06+	61:52+		
	04:07+	05:00+	20:26+	17:37+	03:00+	03:25+	03:08+	01:53+	02:30+	00:46+		
33	Knut Anders Fossum										Statens Hus	1:12:23
	04:19&	04:08+	16:30&	11:20&	00:57&	00:56&	01:03+	00:44&	00:50&	00:15&		
	04:46+	09:00+	15:03+	46:13+	49:00+	60:52+	64:24+	69:12+	71:30+	72:23+		
	04:46+	04:14+	06:03+	31:10+	02:47+	11:52+	03:32+	04:48+	02:18+	00:53+		
34	Dag Erik Hovde										Eidsiva	1:12:41
	04:58&	04:03&	07:07&	25:16&	00:44&	09:23@	01:27+	03:39@	00:47&	00:22&		
	04:52+	30:14+	36:27+	47:39+	52:26+	58:05+	63:35+	66:59+	71:18+	72:41+		
	04:52+	25:22+	06:13+	11:12+	04:47+	05:39+	05:30+	03:24+	04:19+	01:23+		
Beste strekketid for Klassen												
	02:45	03:07	03:40	04:22	02:02	02:29	01:02	01:05	01:31	00:31		
= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.												
H 3,5												
1	Jan-Petter Englund										Hamar Post	31:50
	03:49=	12:40=	14:38=	19:47=	22:29=	24:47=	26:53=	29:00=	30:21=	31:27=	31:50=	
	03:49=	08:51=	01:58=	05:09=	02:42=	02:18=	02:06=	02:07=	01:21=	01:06=	00:23=	
2	Tom S Helgesen										Hamar Post	34:01
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
	04:06+	13:01+	15:09+	19:36-	22:25-	25:23+	28:04+	30:01+	32:25+	33:31+	34:01+	
	04:06+	08:55+	02:08+	04:27-	02:49+	02:58+	02:41+	01:57-	02:24+	01:06=	00:30+	
3	Espen Melby										Løten kommune	34:55
	00:17+	00:01+	00:10+	00:42-	00:07+	00:40&	00:35&	00:10+	01:03&	00:00=	00:07&	
	04:52+	14:54+	17:03+	21:31+	24:37+	26:52+	29:19+	31:42+	33:04+	34:20+	34:55+	
	04:52+	10:02+	02:09+	04:28-	03:06+	02:15-	02:27+	02:23+	01:22+	01:16+	00:35+	
4	Ove Tasasen										Mjørs Retail	35:22
	01:03&	01:11#	00:13+	00:41-	00:24#	00:03-	00:21#	00:16#	00:01+	00:10#	00:12&	
	04:46+	14:24+	16:19+	20:58+	24:21+	27:04+	29:38+	32:15+	33:30+	34:50+	35:22+	
	04:46+	09:38+	01:55-	04:39-	03:23+	02:43+	02:34+	02:37+	01:15-	01:20+	00:32+	
5	Roland Mortvedt										Svea Finans	35:59
	00:57#	00:47+	00:03-	00:30-	00:41&	00:25#	00:28#	00:30#	00:06-	00:14#	00:09&	
	03:54+	14:10+	16:33+	21:20+	24:20+	28:01+	31:02+	33:02+	34:28+	35:29+	35:59+	
	03:54+	10:16+	02:23+	04:47-	03:00+	03:41+	03:01+	02:00-	01:26+	01:01-	00:30+	
6	Edvard Dahl										Romedal Almenning	36:06
	00:05+	00:25#	00:25#	00:22-	00:18#	01:23&	00:55&	00:07-	00:05+	00:05-	00:07&	
	03:57+	11:36-	13:39-	25:59+	28:23+	29:52+	31:42+	33:27+	34:37+	35:41+	36:06+	
	03:57+	07:39-	02:03+	12:20+	02:24-	01:29-	01:50-	01:45-	01:10-	01:04-	00:25+	
7	Arve Smestad										Løten kommune	36:09
	00:08+	01:12-	00:05+	07:11@	00:18-	00:49-	00:16-	00:22-	00:11-	00:02-	00:02+	
	04:55+	15:28+	17:50+	22:27+	25:49+	27:42+	30:11+	32:39+	34:13+	35:38+	36:09+	
	04:55+	10:33+	02:22+	04:37-	03:22+	01:53-	02:29+	02:28+	01:34+	01:25+	00:31+	
8	Knut Wikstrøm										Kartverket	36:57
	01:06&	01:42#	00:24#	00:32-	00:40#	00:25-	00:23#	00:21#	00:13#	00:19&	00:08&	
	03:58+	14:35+	16:51+	22:09+	25:42+	28:07+	30:48+	33:27+	34:52+	36:23+	36:57+	
	03:58+	10:37+	02:16+	05:18+	03:33+	02:25+	02:41+	02:39+	01:25+	01:31+	00:34+	
9	Erik Neby										Norsk Tipping	37:40
	00:09+	01:46#	00:18#	00:09+	00:51&	00:07+	00:35&	00:32&	00:04+	00:25&	00:11&	
	05:00+	15:55+	18:13+	23:27+	26:59+	29:12+	31:45+	34:15+	35:41+	37:08+	37:40+	
	05:00+	10:55+	02:18+	05:14+	03:32+	02:13-	02:33+	02:30+	01:26+	01:27+	00:32+	
10	Stein Arne Bekkum										Arve Hagen BIL	39:51
	04:11&	00:01+	00:20#	00:05&	00:50&	00:05-	00:27&	00:28#	00:05+	00:21&	00:09&	
	07:04+	17:42+	20:31+	25:38+	28:45+	31:55+	34:43+	36:51+	38:19+	39:30+	39:51+	
	07:04+	10:38+	02:49+	05:07-	03:07+	03:10+	02:48+	02:08+	01:28+	01:11+	00:21-	
11	Leif Martin Kjos										Sparebank 1 Østlandet	40:18
	03:15&	01:47+	00:50&	00:02-	00:25#	00:52&	00:42&	00:01+	00:07+	00:05+	00:02-	
	06:10+	17:29+	20:06+	25:10+	28:34+	30:57+	33:47+	36:46+	38:29+	39:47+	40:18+	
	06:10+	11:19+	02:37+	05:04-	03:24+	02:23+	02:50+	02:59+	01:43+	01:18+	00:31+	
12	Tore Gustav Tomter										Plan 1	41:00
	02:21&	00:08&	00:38&	00:05-	00:42&	00:05+	00:44&	00:52&	00:22&	00:12#	00:08&	
	04:39+	15:13+	19:21+	27:03+	30:06+	33:00+	35:37+	37:53+	39:21+	40:33+	41:00+	
	04:39+	10:34+	04:08+	07:42+	03:03+	02:54+	02:37+	02:16+	01:28+	01:12+	00:27+	
13	Lars Skramstad										LMF	41:13
	00:50#	01:43#	03:10@	02:33&	00:21#	00:36&	00:31#	00:09+	00:07+	00:06+	00:04#	
	04:43+	16:20+	19:11+	24:36+	28:14+	31:17+	34:18+	36:32+	39:14+	40:40+	41:13+	
	04:43+	11:37+	02:51+	05:25+	03:38+	03:03+	03:01+	02:14+	02:42+	01:26+	00:33+	
14	Bjørn Vidar Bekkum										Arve Hagen BIL	41:15
	00:54#	01:46&	00:53&	00:16+	00:56&	00:45&	00:55&	00:07+	01:21&	00:20&	00:10&	
	04:59+	16:33+	21:58+	26:52+	30:17+	32:50+	35:41+	37:57+	39:29+	40:47+	41:15+	
	04:59+	11:34+	05:25+	04:54-	03:25+	02:33+	02:51+	02:16+	01:32+	01:18+	00:28+	
	01:10&	02:43&	03:27@	00:15-	00:43&	00:15#	00:45&	00:09+	00:11#	00:12#	00:05#	

Plass	Navn		Klasse								Tid
15	Morten Eriksen		Norsk Tipping								42:07
04:06+	15:00+	20:53+	26:15+	29:50+	32:32+	36:03+	38:35+	40:13+	41:34+	42:07+	
04:06+	10:54+	05:53+	05:22+	03:35+	02:42+	03:31+	02:32+	01:38+	01:21+	00:33+	
09:17+	02:02+	02:55	00:13+	00:53&	00:24#	01:25&	02:25#	00:17#	00:15#	00:10&	
16	Kjetil Liven		LMP								42:20
08:22+	17:47+	20:24+	25:49+	28:48+	32:05+	34:59+	37:51+	40:34+	41:52+	42:20+	
08:22+	09:25+	02:37+	05:25+	02:59+	03:17+	02:54+	02:52+	02:43+	01:18+	00:28+	
07:33@	00:31+	00:30&	00:31+	00:17#	00:59&	00:48&	00:35&	01:22@	00:12+	00:05#	
17	Jan Asmund Sætaberget		Jernbanens Idrettslag								42:37
08:26+	20:19+	22:33+	28:15+	32:27+	34:24+	36:59+	39:23+	40:44+	42:09+	42:37+	
08:26+	11:53+	02:14+	05:42+	04:12+	01:57-	02:35+	02:24+	01:21+	01:25+	00:28+	
04:37@	03:02+	00:16+	00:23#	01:30&	00:21-	00:29+	00:17#	00:00+	00:19&	00:05#	
18	Jo Gisle Jørgensen		Norsk Tipping								42:51
06:32+	18:37+	20:57+	27:13+	31:07+	33:43+	36:39+	39:21+	40:44+	42:18+	42:51+	
06:32+	12:05+	02:20+	06:16+	03:54+	02:36+	02:56+	02:42+	01:23+	01:34+	00:33+	
02:43&	02:14&	00:22#	01:01#	01:12&	00:18#	00:50&	00:36&	00:02	00:28&	00:10&	
19	Harald Grønvoid		Arve Hagen BIL								42:54
05:37+	17:38+	20:13+	27:13+	30:59+	33:11+	36:17+	39:17+	40:45+	42:21+	42:54+	
05:37+	12:01+	02:35+	07:00+	03:46+	02:12-	03:06+	03:00+	01:28+	01:36+	00:33+	
04:48&	03:10&	00:37&	01:51&	01:04&	00:06-	01:00&	00:53&	00:07+	00:30&	00:10&	
20	Arvid Bratlie		LMP								43:19
07:26+	19:34+	21:40+	26:43+	30:34+	34:17+	36:45+	39:42+	41:26+	42:53+	43:19+	
07:26+	12:08+	02:06+	05:03-	03:51+	03:43+	02:28+	02:57+	01:44+	01:27+	00:26+	
03:37&	02:17&	00:08+	00:06-	01:09&	01:25&	00:22+	00:50&	00:23&	00:21&	00:03#	
21	Hasse Bergstrøm		Ski VGS								43:21
04:15+	14:06+	18:44+	23:34+	27:20+	29:11+	31:54+	39:02+	41:20+	42:46+	43:21+	
04:15+	09:51+	04:38+	04:50-	03:46+	01:51-	02:43+	07:08+	02:18+	01:26+	00:35+	
00:26#	01:00#	02:40@	00:19-	01:04&	00:27-	00:37&	05:01@	00:57&	00:20&	00:12&	
22	Tore Stenseth		Mjøss Retail								43:22
04:29+	15:53+	21:51+	27:34+	32:01+	34:08+	36:52+	39:30+	41:18+	42:48+	43:22+	
04:29+	11:24+	05:58+	05:43+	04:27+	02:07-	02:44+	02:38+	01:48+	01:30+	00:34+	
00:40#	02:38&	01:00@	00:34#	01:45&	00:11-	00:38&	00:31#	00:27&	00:24&	00:11&	
23	Erik Haugen		Statens Hus								43:44
10:09+	21:34+	23:49+	29:03+	32:37+	34:58+	37:52+	40:17+	41:46+	43:10+	43:44+	
10:09+	11:25+	02:15+	05:14+	03:34+	02:21+	02:54+	02:25+	01:29+	01:24+	00:34+	
06:20@	02:24&	00:17#	00:05+	00:52&	00:03+	00:48&	00:18#	00:08+	00:18&	00:11&	
24	Steinar Libak		Løten kommune								46:50
05:06+	17:36+	20:39+	28:12+	32:07+	37:04+	40:21+	43:03+	44:42+	46:13+	46:50+	
05:06+	12:30+	03:03+	07:33+	03:55+	04:57+	03:17+	02:42+	01:39+	01:31+	00:37+	
04:17&	02:30&	01:05&	02:24&	01:13&	02:39@	01:11&	00:35&	00:18#	00:25&	00:14&	
25	Knut Busterud		Vang O-lag								47:25
04:44+	16:40+	18:56+	24:22+	28:15+	38:12+	41:10+	43:51+	45:19+	46:49+	47:25+	
04:44+	11:56+	02:16+	05:26+	03:53+	09:57+	02:58+	02:41+	01:28+	01:30+	00:36+	
09:55#	02:05@	00:18#	00:17+	01:11&	07:39@	00:52&	00:34&	00:07+	00:24&	00:13&	
26	Odd Nysæter		Byggmakker								47:37
06:00+	18:41+	21:35+	28:27+	32:59+	36:37+	40:13+	43:04+	45:02+	46:57+	47:37+	
06:00+	12:41+	02:54+	06:52+	04:32+	03:38+	03:36+	02:51+	01:58+	01:55+	00:40+	
02:11&	02:50&	00:56&	01:43&	01:50&	01:20&	01:30&	00:44&	00:37&	00:49&	00:17&	
27	Torleif Finstad		Hamar Post								49:19
10:16+	21:27+	26:00+	31:12+	37:35+	40:03+	42:56+	45:42+	47:11+	48:42+	49:19+	
10:16+	11:11+	04:33+	05:12+	06:23+	02:28+	02:53+	02:46+	01:29+	01:31+	00:37+	
06:27@	02:20&	02:35@	00:03+	03:41@	00:10+	00:47&	00:39&	00:08+	00:25&	00:14&	
28	Jan Olav Sæther		Gunders								50:18
07:26+	21:51+	25:24+	32:11+	36:39+	39:22+	42:57+	46:13+	48:04+	49:43+	50:18+	
07:26+	14:25+	03:33+	06:47+	04:28+	02:43+	03:35+	03:16+	01:51+	01:39+	00:35+	
03:37&	05:34&	01:35&	01:38&	01:46&	00:25#	01:29&	01:09&	00:30&	00:33&	00:12&	
29	Johnny Johansen		Løten kommune								53:24
11:10+	24:47+	27:14+	33:25+	37:30+	40:54+	44:27+	47:14+	51:02+	52:48+	53:24+	
11:10+	13:37+	02:27+	06:11+	04:05+	03:24+	03:33+	02:47+	03:48+	01:46+	00:36+	
07:21@	02:58&	00:20#	00:02#	01:23&	01:06&	01:27&	00:40&	00:27@	00:40&	00:13&	
30	Jan Roald Borgeberg		Løten kommune								58:19
06:13+	22:31+	25:40+	37:19+	41:25+	45:24+	51:25+	54:31+	56:07+	57:42+	58:19+	
06:13+	16:18+	03:09+	11:39+	04:06+	03:59+	06:01+	03:06+	01:36+	01:35+	00:37+	
02:24&	07:27&	01:11&	06:30@	01:24&	01:41&	03:55@	00:50&	00:15#	00:29&	00:14&	
31	Magne Johansen		Headit								59:02
06:12+	21:27+	24:57+	33:48+	39:55+	44:06+	48:13+	52:40+	55:52+	58:11+	59:02+	
06:12+	15:15+	03:30+	08:51+	06:07+	04:11+	04:07+	04:27+	03:12+	02:19+	00:51+	
02:23&	02:24&	01:28&	03:12&	03:25@	01:53&	02:01&	02:20@	01:51@	01:13@	00:28@	
32	Steinar Tønsager		BDO Aktiva								1:00:50
05:50+	17:37+	21:52+	37:49+	41:16+	51:45+	54:58+	57:32+	58:59+	60:23+	60:50+	
05:50+	11:47+	04:15+	15:57+	03:27+	10:29+	03:13+	02:34+	01:27+	01:24+	00:27+	
02:01&	02:56&	02:17@	10:49@	00:45&	08:11@	01:07+	00:17#	00:06+	00:18&	00:04#	
33	Eystein Linnerud		Norsk Tipping								1:05:40
08:29+	23:04+	26:54+	34:00+	39:15+	46:32+	52:37+	56:32+	62:46+	64:56+	65:40+	
08:29+	14:35+	03:50+	07:06+	05:15+	07:17+	06:05+	03:55+	06:14+	02:10+	00:44+	
04:40@	05:44&	01:52&	01:57&	02:33&	04:59@	03:59@	01:48&	04:53@	01:04&	00:21&	

Plass	Navn				Klasse								Tid			
18	Erik Grøndalen				Jernbanens Idrettslag								58:19			
02:39+	05:43+	10:04+	18:02+	21:52+	24:24+	26:31+	40:24+	43:25+	47:57+	52:00+	54:33+	57:11+	58:19+			
02:39+	03:04+	04:21+	07:58+	03:50+	02:32+	02:07+	13:53+	03:01+	04:32+	04:03+	02:33+	02:38+	01:08+			
00:31#	00:53#	00:45#	01:20#	00:22#	00:35#	00:33#	00:00#	00:58#	01:26#	02:23@	01:29@	01:43@	00:55#			
12:34+	16:32+	20:35+	33:55+	42:13+	44:58+	47:07+	53:30+	56:24+	60:22+	62:37+	64:06+	65:27+	65:56+			
12:34+	03:58+	04:03+	13:20+	08:18+	02:45+	02:09+	06:23+	02:54+	03:58+	02:15+	01:29+	01:21+	00:29+			
00:26#	01:41#	01:27#	01:20#	01:50@	00:48#	00:35#	01:30#	00:51#	01:02#	00:35#	00:25#	00:26#	00:06#			
Beste strekkid for klassen																
02:06	02:09	02:36	05:49	03:24	01:53	01:24	04:20	01:41	02:56	01:40	01:04	00:55	00:23			

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

H 5,5

1	Marius Wikstrøm				Norconsult								34:06			
01:49=	03:14=	04:06=	13:33=	15:34=	17:12=	21:23=	22:33=	25:23=	27:19=	28:38=	30:08=	31:50=	32:47=	33:44=	34:06=	
01:49=	01:25=	00:52=	09:27=	02:01=	01:38=	04:11=	01:10=	02:50=	01:56=	01:19=	01:30=	01:42=	00:57=	00:57=	00:22=	
00:00=	00:00=	00:00#	00:00#	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
01:54+	03:20+	04:17+	16:06+	18:33+	20:47+	26:00+	27:33+	30:54+	33:25+	35:09+	36:58+	38:54+	39:58+	41:03+	41:26+	
01:54+	01:26+	00:57+	11:49+	02:27+	02:14+	05:13+	01:33+	03:21+	02:31+	01:44+	01:49+	01:56+	01:04+	01:05+	00:23+	
00:05+	00:01+	00:05+	00:22#	00:26#	00:36#	01:02#	00:23#	00:31#	00:35#	00:25#	00:19#	00:14#	00:00#	00:08#	00:01+	
02:07+	03:45+	04:42+	16:08+	18:21+	20:38+	25:52+	27:23+	30:45+	33:32+	35:06+	37:07+	38:57+	40:17+	41:20+	41:47+	
02:07+	01:38+	00:57+	11:26+	02:13+	02:17+	05:14+	01:31+	03:22+	02:47+	01:34+	02:01+	01:50+	01:20+	01:03+	00:27+	
00:18#	00:13#	00:05#	01:59#	00:12+	00:39#	01:03#	00:21#	00:22#	00:15#	00:31#	00:08+	00:00#	00:06#	00:06#	00:05#	
01:51+	03:36+	04:41+	15:50+	19:23+	21:15+	26:12+	27:33+	31:36+	34:20+	36:02+	37:55+	40:01+	41:41+	42:58+	43:29+	
01:51+	01:45+	01:05+	11:09+	03:33+	01:52+	04:57+	01:21+	04:03+	02:44+	01:42+	01:53+	02:06+	01:40+	01:17+	00:31+	
00:02+	00:20#	00:13#	01:42#	01:32#	00:14#	00:46#	00:11#	01:13#	00:48#	00:23#	00:23#	00:24#	00:42#	00:20#	00:09#	
01:46-	06:37+	07:36+	19:40+	23:01+	25:08+	29:50+	31:06+	34:16+	36:44+	38:25+	40:21+	42:13+	43:28+	44:34+	44:57+	
01:46-	04:51+	00:59+	12:04+	03:21+	02:07+	04:42+	01:16+	03:10+	02:28+	01:41+	01:56+	01:52+	01:15+	01:06+	00:23+	
00:03-	00:26#	00:07#	02:37#	01:20#	00:29#	00:31#	00:06#	00:20#	00:32#	00:22#	00:26#	00:10+	00:15#	00:09#	00:01+	
6	Pal Stenberg				Vang O-lag								46:42			
02:10+	03:41+	04:45+	18:12+	20:54+	23:15+	28:30+	31:16+	35:05+	38:07+	39:51+	42:11+	44:09+	45:14+	46:16+	46:42+	
02:10+	01:31+	01:04+	13:27+	02:42+	02:21+	05:15+	02:46+	03:49+	03:02+	01:44+	02:20+	01:58+	01:05+	01:02+	00:26+	
00:21#	00:06+	00:12#	04:00#	00:41#	00:43#	01:04#	01:36@	00:59#	01:06#	00:25#	00:50#	00:16#	00:00#	00:05+	00:04#	
7	Frøde Hjorth				Statens Hus								50:01			
02:14+	04:13+	05:23+	19:09+	24:08+	26:34+	32:14+	34:07+	38:15+	41:13+	42:54+	44:59+	47:00+	48:26+	49:34+	50:01+	
02:14+	01:59+	01:10+	13:46+	04:59+	02:26+	05:40+	01:53+	04:08+	02:58+	01:41+	02:05+	02:01+	01:26+	01:08+	00:27+	
00:25#	00:34#	00:19#	04:19#	02:58@	00:48#	01:29#	00:42#	01:18#	01:02#	00:22#	00:35#	00:19#	00:20#	00:11#	00:05#	
8	Michael Sætvædt				EAB Engineering								52:50			
03:02+	05:50+	07:01+	18:16+	20:51+	27:35+	33:30+	34:51+	40:29+	43:27+	46:20+	48:27+	50:18+	51:21+	52:28+	52:50+	
03:02+	02:48+	01:11+	11:15+	02:35+	06:44+	05:55+	01:21+	05:38+	02:58+	02:53+	02:07+	01:51+	01:03+	01:07+	00:22=	
01:13#	01:23#	00:19#	01:49#	00:34#	05:06@	01:44#	00:11#	02:48#	01:02#	01:34@	00:37#	00:09+	00:06#	00:10#	00:00=	
9	Kristian Storsveen				LMF								53:19			
02:47+	04:33+	05:43+	20:22+	23:10+	27:19+	33:41+	35:32+	39:54+	43:15+	45:29+	48:00+	50:18+	51:40+	52:49+	53:19+	
02:47+	01:46+	01:10+	14:39+	02:48+	04:09+	06:22+	01:51+	04:22+	03:21+	02:14+	02:31+	02:18+	01:22+	01:09+	00:30+	
00:58#	00:21#	00:18#	05:12#	00:47#	02:31@	02:11#	00:41#	01:32#	01:25#	00:55#	01:01#	00:36#	00:25#	00:12#	00:08#	
10	Tore Borchgrevink Alu				Hamar Katedralskole								53:54			
02:33+	04:26+	05:53+	21:46+	25:00+	28:00+	34:58+	37:08+	41:34+	45:27+	46:43+	48:39+	50:38+	51:58+	53:20+	53:54+	
02:33+	01:53+	01:27+	15:53+	03:14+	03:00+	06:58+	02:10+	04:26+	03:53+	01:16-	01:56+	01:59+	01:20+	01:22+	00:34+	
00:44#	00:23#	00:35#	01:13#	01:22#	02:47#	01:00#	01:26#	01:57@	00:03-	00:26#	00:17#	00:00#	00:00#	00:25#	00:12#	
11	Stein Arne Negard				Byggmøkker								55:39			
02:37+	04:28+	05:37+	21:25+	24:31+	27:40+	34:12+	37:13+	41:35+	45:21+	47:12+	49:36+	52:12+	53:35+	54:59+	55:35+	
02:37+	01:51+	01:09+	15:48+	03:06+	03:09+	06:32+	03:01+	04:22+	03:46+	01:51+	02:24+	02:36+	01:23+	01:24+	00:36+	
00:48#	00:31#	00:17#	01:23#	01:05#	01:31#	02:21#	01:51@	01:32#	01:50#	00:32#	00:54#	00:54#	00:26#	00:27#	00:14#	
01:46	01:25	00:52	09:27	02:01	01:38	04:11	01:10	02:50	01:56	01:16	01:30	01:42	00:57	00:57	00:22	

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.