

Pluss Navn  
D 1,5

Klasse

Tid

1	Anine Aaslund	Sparebank 1 Østlandet	11:44								
01:21=	01:36=	03:13=	04:00=	04:46=	06:02=	07:45=	09:08=	10:00=	10:57=	11:34=	11:44=
01:21=	00:15=	01:37=	00:47=	00:46=	01:16=	01:43=	01:23=	00:52=	00:57=	00:37=	00:10=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Irene Øien	Sparebank 1 Østlandet	14:54								
01:49+	02:20+	04:35+	05:44+	06:57+	08:58+	10:55+	11:49+	12:53+	14:06+	14:43+	14:54+
01:49+	00:31+	02:15+	01:09+	01:13+	02:01+	01:57+	00:54+	01:04+	01:13+	00:37=	00:11+
00:28&	00:16@	00:38@	00:27@	00:27@	00:45&	00:14#	00:28@	00:12@	00:16&	00:00=	00:01+
3	Margareth T. Dyresen	Arve Hagen BIL	15:08								
01:17-	01:43+	03:44+	05:00+	05:51+	07:29+	11:28+	12:22+	13:16+	14:25+	14:54+	15:08+
01:17-	00:26+	02:01+	01:16+	00:51+	01:38+	03:59+	00:54+	00:54+	01:09+	00:29-	00:14+
00:04-	00:16#	00:24#	00:29#	00:05#	00:22&	02:16#	00:00=	00:20+	00:23#	00:08-	00:04&
4	Vera Børresen	Sparebank 1 Østlandet	15:21								
00:40-	01:10-	03:30+	05:42+	06:45+	08:32+	11:31+	12:43+	13:34+	14:37+	15:05+	15:21+
00:40-	00:30+	02:20+	02:12+	01:03+	01:47+	02:59+	01:12-	00:51-	01:03+	00:28-	00:16+
00:41-	00:15@	00:43@	01:25@	00:17&	00:31&	01:16@	00:11@	00:01+	00:06#	00:09-	00:06&
5	Heiga Hansen	Arve Hagen BIL	16:53								
01:45+	02:14+	04:38+	06:49+	07:57+	09:44+	12:51+	13:46+	14:42+	15:56+	16:34+	16:53+
01:45+	00:29+	02:24+	02:11+	01:08+	01:47+	03:07+	00:55-	00:56+	01:14+	00:38+	00:19+
00:24&	00:14@	00:26@	00:22&	00:31&	00:31&	01:24#	00:28@	00:04@	00:17&	00:01+	00:09&
6	Marie Rüstadbakken	Arve Hagen BIL	16:57								
01:08-	01:47+	04:13+	05:22+	06:40+	08:39+	11:57+	13:07+	14:35+	15:54+	16:37+	16:57+
01:08-	00:39+	02:26+	01:09+	01:18+	01:59+	03:18+	01:10-	01:28+	01:19+	00:43+	00:20+
00:13-	00:24@	00:49@	00:22&	00:32&	00:43&	01:35@	00:18@	00:36@	00:22&	00:06#	00:10&
7	Aud Grønvold	Arve Hagen BIL	17:31								
01:09-	01:45+	04:22+	05:51+	07:29+	09:56+	12:20+	13:33+	14:36+	16:26+	17:12+	17:31+
01:09-	00:36+	02:37+	01:29+	01:38+	02:27+	02:24+	01:13-	01:03+	01:50+	00:46+	00:19+
00:12-	00:21@	00:00@	00:42&	00:52@	01:11&	00:41@	00:10@	00:11#	00:53&	00:09#	00:09&
8	Tora Klevan	Hamar Post	18:12								
01:36+	02:05+	04:19+	05:27+	06:32+	08:25+	12:41+	13:44+	15:56+	17:12+	17:57+	18:12+
01:36+	00:29+	02:14+	01:08+	01:05+	01:53+	04:16+	01:03-	02:12+	01:16+	00:45+	00:15+
00:15#	00:14&	00:37&	00:21&	00:19&	00:37&	02:33@	00:20@	01:20@	00:19&	00:08#	00:05&
9	Gerd Grønvold	Arve Hagen BIL	18:15								
02:26+	03:04+	05:43+	06:55+	08:13+	10:39+	13:22+	14:42+	15:54+	17:19+	18:01+	18:15+
02:26+	00:38+	02:39+	01:12+	01:18+	02:26+	02:43+	01:20-	01:12+	01:25+	00:42+	00:14+
00:05&	00:23@	00:07@	00:25&	00:32&	01:10&	01:00#	00:08@	00:20@	00:28&	00:05#	00:04&
10	Turid Kolseth	Arve Hagen BIL	18:30								
01:31+	02:13+	05:00+	06:36+	08:01+	10:19+	13:00+	14:23+	16:00+	17:31+	18:13+	18:30+
01:31+	00:42+	02:47+	01:36+	01:25+	02:18+	02:41+	01:23=	01:37+	01:31+	00:42+	00:17+
00:10#	00:27@	01:10@	00:49@	00:39&	01:02&	00:58@	00:00@	00:45@	00:34&	00:05#	00:07&
11	Solveig Johannessen	Arve Hagen BIL	18:37								
01:31+	02:03+	05:01+	06:31+	07:56+	10:22+	13:00+	14:23+	16:03+	17:32+	18:18+	18:37+
01:31+	00:32+	02:58+	01:30+	01:25+	02:26+	02:38+	01:23=	01:40+	01:29+	00:46+	00:19+
00:10#	00:17@	00:21@	00:43&	00:39&	01:10&	00:55@	00:00=	00:48&	00:32&	00:09#	00:09&
12	Aase Sørflaten	Gunders	20:24								
01:15-	01:47+	04:27+	06:01+	07:25+	11:04+	14:39+	16:12+	17:31+	19:11+	20:03+	20:24+
01:15-	00:32+	02:40+	01:34+	01:24+	03:39+	03:35+	01:33+	01:19+	01:40+	00:52+	00:21+
00:06-	00:17@	00:03@	00:47&	00:38&	02:23@	01:52@	00:10@	00:27@	00:43&	00:15&	00:11@
13	Eva Stensby	Løten kommune	25:05								
01:35+	02:12+	06:01+	08:31+	10:13+	13:55+	18:03+	19:45+	21:08+	23:44+	24:46+	25:05+
01:35+	00:37+	03:49+	02:30+	01:42+	03:42+	04:08+	01:42+	01:23+	02:36+	01:02+	00:19+
00:14#	00:22@	00:10@	01:42@	00:56@	02:26@	02:25@	00:18@	00:31@	01:39@	00:25&	00:09&
14	Karin Jevanord	Arve Hagen BIL	34:21								
01:55+	02:48+	08:35+	13:20+	16:03+	20:51+	25:07+	26:54+	29:12+	31:34+	33:54+	34:21+
01:55+	00:53+	05:47+	04:45+	02:43+	04:48+	04:16+	01:47+	02:18+	02:22+	02:20+	00:27+
00:34&	00:28@	00:41@	01:57@	03:32@	02:33@	00:24&	01:26@	01:25@	01:43@	00:17@	
00:40	00:15	01:37	00:47	00:46	01:16	01:43	00:54	00:51	00:57	00:28	00:10

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

D 2,5

1	Oddny Gudmundsdottir	Hamar kommune	14:17										
00:33=	01:00=	03:46=	04:38=	06:14=	07:16=	08:53=	10:03=	10:57=	11:20=	12:31=	13:31=	14:04=	14:17=
00:33=	00:27=	02:46=	00:52=	01:36=	01:02=	01:37=	01:10=	00:54=	00:23=	01:11=	01:00=	00:33=	00:13=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Class	Navn	Klasse	Tid
<b>2</b>	<b>Anne Kathrine Fossum</b>	<b>Statens Hus</b>	<b>15:11</b>
00:39+	01:24+ 03:58+ 04:51+ 06:10- 07:12-	09:13+ 10:35+ 12:06+ 12:28+ 13:32+	14:30+ 14:59+ 15:11+
00:39+	00:45+ 02:34- 00:53+ 01:19- 01:02=	02:01+ 01:22+ 01:31+ 00:22- 01:04-	00:58- 00:29- 00:12-
<b>3</b>	<b>Anita Tøllersen</b>	<b>Treningskompaniet</b>	<b>15:13</b>
00:06#	00:18+ 00:11+ 00:01+ 00:17- 00:00=	00:24+ 00:12+ 00:27+ 00:01-	00:07- 00:02- 00:04-
00:29-	01:08+ 03:44- 04:45+ 06:09- 07:20+	08:49- 10:56+ 11:53+ 12:22+ 13:30+	14:26+ 15:03+ 15:13+
00:29-	00:39+ 02:36- 01:01+ 01:24- 01:11+	01:29- 02:07+ 00:57+ 00:29+ 01:08-	00:56- 00:37+ 00:10-
<b>4</b>	<b>Mette Alvstad Wernberg</b>	<b>Sparebank 1 Østlandet</b>	<b>15:35</b>
00:04-	00:24+ 00:10+ 00:10+ 00:12- 00:09#	00:08+ 00:27+ 00:04+ 00:56- 00:03-	00:04- 00:04#
00:29-	01:07+ 03:34- 04:20- 05:34- 06:39-	09:10+ 10:14+ 12:19+ 12:49+ 13:57+	14:57+ 15:24+ 15:35+
00:29-	00:38+ 02:27- 00:46- 01:14- 01:05+	02:31+ 01:04- 02:05+ 00:30+ 01:08-	01:00= 00:27- 00:11-
<b>5</b>	<b>Mirjam Engelsjord</b>	<b>Statens Hus</b>	<b>15:40</b>
00:04-	00:13+ 00:03- 00:01- 00:22- 00:03+	00:54+ 00:05- 00:05- 01:11@	00:07& 00:03- 00:00=
00:44+	01:25+ 04:02+ 04:59+ 06:18+ 07:30+	09:21+ 10:49+ 11:57+ 12:48+ 14:01+	14:59+ 15:28+ 15:40+
00:44+	00:41+ 02:37- 00:57+ 01:19- 01:12+	01:51+ 01:28+ 01:08+ 00:51+ 01:13+	00:58- 00:29- 00:12-
<b>6</b>	<b>Linda Therese Støeng</b>	<b>Vegvesenet</b>	<b>15:48</b>
00:11&	00:14& 00:09- 00:05- 00:17- 00:10#	00:14+ 00:18& 00:14& 00:28@	00:02+ 00:02-
00:35+	01:11+ 03:54+ 04:46+ 06:13- 07:24+	09:06+ 10:27+ 12:09+ 12:42+ 13:57+	15:05+ 15:36+ 15:48+
00:35+	00:36+ 02:43- 00:52= 01:27- 01:11+	01:42+ 01:21+ 01:42+ 00:33+ 01:15+	01:08+ 00:31- 00:12-
<b>7</b>	<b>Bente Grøndalen</b>	<b>SIHF</b>	<b>16:01</b>
00:02+	00:09& 00:03- 00:00- 00:09- 00:09#	00:05+ 00:11# 00:48& 00:10& 00:04+	00:08# 00:02- 00:01-
00:34+	01:03+ 04:08+ 05:03+ 06:47+ 08:08+	09:56+ 11:12+ 12:15+ 12:52+ 14:15+	15:16+ 15:49+ 16:01+
00:34+	00:29+ 03:05+ 00:55+ 01:44+ 01:21+	01:48+ 01:16+ 01:03+ 00:37+ 01:23+	01:01+ 00:33= 00:12-
<b>8</b>	<b>Liv Reidun Reiersen</b>	<b>Mjørs Retail</b>	<b>16:08</b>
00:01+	00:07+ 00:10# 00:03+ 00:08+ 00:19&	00:11+ 00:06- 00:09# 00:14&	00:12# 00:01+ 00:00=
00:36+	01:08+ 03:45- 04:35- 05:54- 06:59-	09:32+ 11:05+ 12:47+ 13:19+ 14:21+	15:25+ 15:58+ 16:08+
00:36+	00:32+ 02:37- 00:50- 01:19- 01:05+	02:33+ 01:33+ 01:42+ 00:32+ 01:02-	01:04+ 00:33= 00:10-
<b>9</b>	<b>Mette Marit Jensen</b>	<b>Vegvesenet</b>	<b>16:44</b>
00:03+	00:05+ 00:09- 00:02- 00:17- 00:03+	00:56+ 00:23+ 00:48& 00:09&	00:09- 00:04+ 00:00=
00:33=	00:59- 03:52+ 04:43+ 07:16+ 08:21+	10:03+ 11:18+ 13:14+ 13:41+ 15:04+	16:03+ 16:32+ 16:44+
00:33=	00:26- 02:53+ 00:51- 02:33+ 01:05+	01:42+ 01:15+ 01:56+ 00:27+ 01:23+	00:59- 00:29- 00:12-
<b>10</b>	<b>Claire Bant</b>	<b>Vegvesenet</b>	<b>16:49</b>
00:00=	00:01- 00:07+ 00:01- 00:57& 00:03+	00:05+ 00:05+ 01:02@ 00:04#	00:12# 00:01-
00:26-	00:47- 03:16- 06:08+ 07:21+ 08:16+	11:32+ 12:32+ 13:29+ 14:08+ 15:13+	16:04+ 16:39+ 16:49+
00:26-	00:21- 02:29- 02:52+ 01:13- 00:55-	03:16+ 01:00- 00:57+ 00:39+ 01:05-	00:51- 00:35+ 00:10-
<b>11</b>	<b>Linda Stenbakken</b>	<b>Løten kommune</b>	<b>16:50</b>
00:07-	00:06- 00:17- 02:00@ 00:23- 00:07-	01:39+ 00:10- 00:03+ 00:16& 00:06-	00:09- 00:02+ 00:02-
00:31-	00:56- 03:40- 04:41+ 08:25+ 09:30+	11:03+ 12:26+ 13:33+ 14:02+ 15:13+	16:12+ 16:40+ 16:50+
00:31-	00:25- 02:44- 01:01+ 03:44+ 01:05+	01:33- 01:23+ 01:07+ 00:29+ 01:11-	00:59- 00:28- 00:10-
<b>12</b>	<b>Inger Lund</b>	<b>Telenor</b>	<b>17:07</b>
00:02-	00:02- 00:09- 00:09# 02:08@ 00:03+	00:04+ 00:13# 00:13# 00:06&	00:00= 00:01- 00:05-
00:29-	01:34+ 04:17+ 05:08+ 07:44+ 08:53+	11:22+ 12:32+ 13:40+ 14:05+ 15:14+	16:18+ 16:55+ 17:07+
00:29-	01:05+ 02:43- 00:51- 02:36+ 01:09+	02:29+ 01:10- 01:08+ 00:25+ 01:09-	01:04+ 00:37+ 00:12-
<b>13</b>	<b>Siri Hestad</b>	<b>Hamar kommune</b>	<b>18:10</b>
00:04-	00:29+ 00:03- 00:01- 01:00& 00:07#	00:52+ 00:08- 00:14+ 00:02+ 00:02-	00:04+ 00:04# 00:00=
00:38+	01:12+ 04:26+ 05:36+ 08:12+ 09:30+	11:21+ 12:51+ 14:16+ 14:45+ 16:04+	17:17+ 17:56+ 18:10+
00:38+	00:34+ 03:14+ 01:10+ 02:36+ 01:18+	01:51+ 01:30+ 01:25+ 00:29+ 01:19+	01:13+ 00:39+ 00:14+
<b>14</b>	<b>Kari Østbye</b>	<b>If</b>	<b>18:15</b>
00:05#	00:07& 00:28# 00:18& 01:00& 00:16&	00:14+ 00:20& 00:31& 00:06&	00:08# 00:13# 00:06#
00:51+	02:41+ 05:28+ 06:18+ 07:34+ 08:57+	10:31+ 12:00+ 13:35+ 15:01+ 16:37+	17:35+ 18:03+ 18:15+
00:51+	01:50+ 02:47+ 00:50- 01:16- 01:23+	01:34- 01:29+ 01:35+ 01:26+ 01:36+	00:58- 00:28- 00:12-
<b>15</b>	<b>Anne Marie Nesbakk</b>	<b>Eidsiva</b>	<b>18:29</b>
00:18&	01:23@ 00:01+ 00:02- 00:20- 00:21&	00:03- 00:19& 00:41& 01:03@	00:25& 00:02-
00:36+	01:33+ 05:01+ 06:11+ 07:48+ 09:18+	11:47+ 13:22+ 14:38+ 15:01+ 16:24+	17:40+ 18:13+ 18:29+
00:36+	00:57+ 03:28+ 01:10+ 01:37+ 01:30+	02:29+ 01:35+ 01:16+ 00:23+ 01:23+	01:16+ 00:33= 00:16+
<b>16</b>	<b>Anita Stensby Bekkelund</b>	<b>Løten kommune</b>	<b>18:45</b>
00:03+	00:30& 00:42& 00:19& 00:01+ 00:28&	00:52+ 00:25+ 00:22+ 00:00=	00:12# 00:16& 00:00=
00:35+	01:16+ 04:13+ 05:09+ 06:36+ 07:48+	10:23+ 12:10+ 15:03+ 15:46+ 16:56+	17:59+ 18:32+ 18:45+
00:35+	00:41+ 02:57+ 00:56+ 01:27- 01:12+	02:35+ 01:47+ 02:53+ 00:43+ 01:10-	01:03+ 00:33= 00:13-
<b>17</b>	<b>Rønnaug Sagbakken</b>	<b>Sparebank 1 Østlandet</b>	<b>18:58</b>
00:02+	00:14& 00:11+ 00:09- 00:09- 00:10#	00:58+ 00:11+ 00:37+ 00:01-	00:03+ 00:00=
00:39+	01:16+ 04:52+ 05:57+ 07:50+ 09:22+	11:18+ 12:50+ 14:11+ 15:19+ 16:53+	18:09+ 18:45+ 18:58+
00:39+	00:37+ 03:36+ 01:05+ 01:53+ 01:32+	01:56+ 01:32+ 01:21+ 01:08+ 01:34+	01:16+ 00:36+ 00:13-
<b>18</b>	<b>Oddveig Anne Sagbakken</b>	<b>Lokal revisjon as</b>	<b>19:40</b>
00:06#	00:18& 00:50+ 00:13+ 00:17# 00:30&	00:19+ 00:22& 00:27& 00:45@	00:23& 00:16& 00:03+
00:33=	01:09+ 04:32+ 08:22+ 09:59+ 11:19+	13:17+ 14:50+ 15:55+ 16:21+ 17:45+	18:53+ 19:30+ 19:40+
00:33=	00:36+ 03:23+ 03:50+ 01:37+ 01:20+	01:58+ 01:33+ 01:05+ 00:26+ 01:24+	01:08+ 00:37+ 00:10-
<b>19</b>	<b>Elisabet Rise</b>	<b>Geno</b>	<b>19:44</b>
00:00=	00:02+ 00:27- 02:58@ 00:01+ 00:18+	00:21+ 00:23& 00:11# 00:03#	00:13# 00:08#
00:33=	01:33+ 04:42+ 05:40+ 09:05+ 10:24+	12:17+ 14:39+ 15:59+ 16:20+ 17:39+	18:53+ 19:33+ 19:44+
00:33=	01:00+ 03:09+ 00:58+ 03:25+ 01:19+	01:53+ 02:22+ 01:20+ 00:21-	01:19+ 01:14+ 00:40+
<b>20</b>	<b>Wenche Brobakken</b>	<b>Ringsaker kommune</b>	<b>19:57</b>
00:00=	00:22+ 00:29- 00:09# 01:49@ 00:17&	00:16+ 01:12+ 00:16+ 00:02-	00:08# 00:14# 00:07#
00:37+	01:34+ 04:27+ 05:27+ 07:47+ 09:23+	12:32+ 13:52+ 15:49+ 16:36+ 17:48+	18:47+ 19:18+ 19:45+
00:37+	00:57+ 02:53+ 01:00+ 02:20+ 01:36+	03:09+ 01:20+ 01:57+ 00:47+ 01:12+	00:59- 00:31- 00:27+
00:04#	00:30@ 00:07+ 00:08# 00:44& 00:34&	01:32& 00:10# 01:03@ 00:24@	00:01+ 00:01- 00:02-



### Beste strekktid for klassen

00:46 02:19 00:36 00:32 01:10 00:50 01:08 00:55 01:16 01:02 00:43 00:49 00:20 00:59 00:52 00:22 00:08

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

## D 4,5

<b>1</b>	<b>Eirin Lodgaard</b>	<b>Sintef Raufoss</b>	<b>16:39</b>											
00:21=	00:43=	02:52=	03:38=	04:48=	06:24=	07:01=	11:00=	13:06=	14:09=	14:31=	15:24=	16:09=	16:31=	16:39=
00:21=	00:22=	02:09=	00:46=	01:10=	01:36=	00:37=	03:59=	02:06=	01:03=	00:22=	00:53=	00:45=	00:22=	00:08=
<b>2</b>	<b>Lis Dæhli</b>	<b>Sykenuset Innlandet</b>	<b>17:45</b>											
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
00:31+	01:02+	03:09+	03:50+	05:02+	06:39+	07:20+	11:46+	13:56+	15:02+	15:18+	16:18+	17:10+	17:34+	17:45+
00:31+	00:31+	02:07-	00:41-	01:12+	01:37+	00:41+	04:26+	02:10+	01:06+	00:16-	01:00+	00:52+	00:24+	00:11+
<b>3</b>	<b>Mari Norstad Opsahl</b>	<b>Norsk Tipping</b>	<b>17:52</b>											
00:10&	00:00	00:02	00:05	00:02+	00:01+	00:04	00:37	00:01+	00:03+	00:06-	00:07#	00:07#	00:07#	00:03&
00:25+	00:52+	02:55+	03:40+	04:54+	06:20-	07:11+	11:35+	13:54+	15:00+	15:26+	16:24+	17:14+	17:40+	17:52+
00:25+	00:27+	02:03-	00:45-	01:14+	01:26-	00:51+	04:24+	02:19+	01:06+	00:26+	00:58+	00:50+	00:26+	00:12+
<b>4</b>	<b>Erlanne Ødegard Haneberg</b>	<b>Handelsbanken</b>	<b>17:54</b>											
00:04#	00:05#	00:02#	00:01#	00:01#	00:01#	00:14#	00:35#	00:13#	00:03+	00:04#	00:05+	00:05#	00:05#	00:04&
00:22+	00:45+	02:43-	03:27-	04:41-	06:05-	06:42-	11:54+	14:02+	15:17+	15:33+	16:27+	17:18+	17:44+	17:54+
00:22+	00:23+	01:58-	00:44-	01:14+	01:24-	00:37=	05:12+	02:08+	01:15+	00:16-	00:54+	00:51+	00:26+	00:10+
<b>5</b>	<b>Line Merete Libak</b>	<b>Løten kommune</b>	<b>17:56</b>											
00:01+	00:11+	00:11+	00:13	00:04+	00:12-	00:00#	01:13#	00:00#	00:12#	00:06-	00:01+	00:06#	00:06#	00:02#
00:26+	00:53+	03:11+	03:52+	05:10+	06:31+	07:19+	11:42+	14:03+	15:10+	15:33+	16:29+	17:22+	17:46+	17:56+
00:26+	00:27+	02:18+	00:41-	01:18+	01:21-	00:48+	04:23+	02:21+	01:07+	00:23+	00:56+	00:53+	00:24+	00:10+
<b>6</b>	<b>Yngvild Malmø</b>	<b>Kartverket</b>	<b>18:40</b>											
00:05#	00:05#	00:10#	00:05-	00:08#	00:15-	00:11#	00:34#	00:15#	00:04+	00:01+	00:03+	00:08#	00:08#	00:02#
00:24+	00:42-	02:48-	03:28-	04:47-	06:08-	08:18+	12:46+	14:57+	16:02+	16:17+	17:18+	18:08+	18:30+	18:40+
00:24+	00:18-	02:06-	00:40-	01:19+	01:21-	02:10+	04:28+	02:11+	01:05+	00:15-	01:01+	00:50+	00:22-	00:10+
<b>7</b>	<b>Marianne Rud Skjærstad</b>	<b>Løten kommune</b>	<b>19:26</b>											
00:03#	00:04	00:03	00:00#	00:15-	00:00#	01:33#	00:29#	00:05+	00:02+	00:07-	00:08#	00:05#	00:05#	00:02#
00:23+	00:52+	03:00+	03:48+	05:11+	06:56+	07:45+	13:04+	15:35+	16:42+	17:00+	17:57+	18:50+	19:14+	19:26+
00:23+	00:29+	02:08-	00:48+	01:23+	01:45+	00:49+	05:19+	02:31+	01:07+	00:18-	00:57+	00:53+	00:24+	00:12+
<b>8</b>	<b>Wenche Bjørnstad</b>	<b>Geno</b>	<b>20:44</b>											
00:02+	00:07#	00:01#	00:02#	00:13#	00:09+	00:12#	01:20#	00:25#	00:04+	00:04-	00:04+	00:08#	00:08#	00:02+
00:25+	00:51+	03:02+	04:40+	05:58+	07:17+	08:31+	12:35+	14:53+	17:36+	18:09+	19:12+	20:05+	20:32+	20:44+
00:25+	00:26+	02:11+	01:38+	01:18+	01:19-	01:14+	04:04+	02:18+	02:43+	00:33+	01:03+	00:53+	00:27+	00:12+
<b>9</b>	<b>Sylvia Andersen</b>	<b>Elverum kommune</b>	<b>23:00</b>											
00:04#	00:04#	00:00#	00:00#	00:08#	00:17-	00:37#	00:05#	00:10#	00:00#	00:11#	00:10#	00:08#	00:08#	00:04&
00:32+	01:00+	03:38+	04:29+	06:02+	07:44+	08:31+	14:58+	17:57+	19:56+	20:18+	21:22+	22:23+	22:49+	23:00+
00:32+	00:28+	02:38+	00:51+	01:33+	01:42+	00:47+	06:27+	02:59+	01:59+	00:22=	01:04+	01:01+	00:26+	00:11+
<b>10</b>	<b>Gunnhild Ljones</b>	<b>Hamar Post</b>	<b>23:52</b>											
00:11&	00:06#	00:29#	00:05#	00:23&	00:06+	00:10#	02:28#	00:53&	00:56&	00:00=	00:11#	00:16#	00:14#	00:03&
00:40+	01:32+	04:23+	05:12+	06:37+	08:29+	09:35+	15:54+	18:26+	20:24+	20:47+	22:08+	23:11+	23:40+	23:52+
00:40+	00:52+	02:51+	00:49+	01:25+	01:52+	01:06+	06:19+	02:32+	01:58+	00:23+	01:21+	01:03+	00:29+	00:12+
<b>11</b>	<b>Hilde Pandum</b>	<b>Politiet</b>	<b>37:06</b>											
00:19&	00:20#	00:42#	00:03+	00:15#	00:16#	00:29#	00:00#	00:26#	00:55&	00:01+	00:28&	00:18&	00:02&	00:04&
01:58+	04:28+	07:24+	10:45+	12:06+	13:42+	14:27+	19:25+	25:39+	34:10+	34:34+	35:51+	36:43+	37:06+	
01:58+	02:30+	02:56+	03:21+	01:21+	01:36=	00:45+	04:58+	06:14+	08:31+	00:24+	01:17+	00:52+	00:23+	
<b>12</b>	<b>Ingunn Lund Nordstrøm</b>	<b>Norsk Tipping</b>	<b>39:27</b>											
01:37@	02:08@	00:47#	02:36@	00:11#	00:00=	00:08#	00:59#	04:08@	07:28@	00:02+	00:24#	00:07#	00:07#	00:03+
01:21+	02:10+	06:47+	08:34+	11:12+	14:39+	16:15+	26:16+	31:23+	34:23+	34:55+	36:17+	38:35+	39:15+	39:27+
01:21+	00:49+	04:37+	01:47+	02:38+	03:27+	01:36+	10:01+	05:07+	03:00+	00:32+	01:22+	02:18+	00:40+	00:12+

### Beste strekktid for klassen

00:21 00:18 01:58 00:40 01:10 01:19 00:37 03:59 02:06 01:03 00:15 00:53 00:45 00:22 00:08

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

## D 5,5

<b>1</b>	<b>Nikoline Ekeberg Schjerve</b>	<b>Norconsult</b>	<b>13:49</b>															
00:21=	00:39=	01:57=	02:25=	02:46=	03:28=	04:02=	04:42=	05:20=	06:16=	06:51=	09:41=	11:10=	11:56=	12:13=	12:51=	13:26=	13:42=	13:49=
00:21=	00:18=	01:18=	00:28=	00:21=	00:42=	00:34=	00:40=	00:38=	00:56=	00:35=	02:50=	01:29=	00:46=	00:17=	00:38=	00:35=	00:16=	00:07=
<b>2</b>	<b>Nina Smestad</b>	<b>Løten O-Lag</b>	<b>18:43</b>															
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
00:24+	00:44+	02:24+	02:53+	03:39+	04:42+	05:19+	06:16+	07:05+	08:22+	09:05+	13:14+	15:16+	16:19+	16:33+	17:24+	18:12+	18:34+	18:43+
00:24+	00:20+	01:40+	00:29+	00:46+	01:03+	00:37+	00:57+	00:49+	01:17+	00:43+	04:09+	02:02+	01:03+	00:14+	00:51+	00:48+	00:22+	00:09+
00:03#	00:02#	00:22&	00:01+	00:25@	00:21&	00:03+	00:17&	00:11&	00:21&	00:08#	01:19&	00:33&	00:17&	00:03-	00:13&	00:13&	00:06&	00:02&



Class	Navn	Klasse	Tid
<b>14</b>	<b>Roger Sterud</b>	<b>Hamar Regnskap</b>	<b>23:47</b>
05:32+	06:26+	09:26+	10:38+
05:32+	00:54+	03:00+	01:12+
05:55@	02:44@	01:59@	00:21@
<b>15</b>	<b>Tore Stensby</b>	<b>Mattfilsynet</b>	<b>25:14</b>
01:35+	02:11+	06:33+	08:40+
01:35+	00:36+	04:22+	02:07+
03:58@	00:51@	02:11@	01:56@
<b>16</b>	<b>Kjell Sagbakken</b>	<b>Hamar Post</b>	<b>29:32</b>
11:24+	12:00+	13:45+	14:50+
11:24+	00:36+	01:45+	01:05+
02:47@	00:16@	03:11@	00:14@
<b>17</b>	<b>Arne G. Barflo</b>	<b>Løten kommune</b>	<b>41:07</b>
02:35+	03:26+	08:36+	10:48+
02:35+	00:51+	05:10+	02:12+
03:58@	00:21@	01:09@	01:20@
<b>Beste strekkid for klassen</b>			
00:37	00:20	01:45	00:51

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

## H 2,5

<b>1</b>	<b>John Tangen</b>	<b>ASKO</b>	<b>13:09</b>
00:27=	00:49=	02:50=	03:33=
00:27=	00:22=	02:01=	00:43=
00:00=	00:05=	00:00=	00:00=
<b>2</b>	<b>Geir Kværneng</b>	<b>Gunders</b>	<b>14:47</b>
00:30+	00:55+	03:02+	03:52+
00:30+	00:25+	02:07+	00:50+
00:03#	00:03#	00:06#	00:07#
<b>3</b>	<b>Trond Søberg</b>	<b>Løten kommune</b>	<b>15:11</b>
00:32+	00:58+	03:06+	03:46+
00:32+	00:26+	02:08+	00:40+
00:05#	00:04#	00:07+	00:04
<b>4</b>	<b>Hans Asbjørn Tingvold</b>	<b>System-Tre Gjøvik</b>	<b>15:16</b>
00:31+	00:58+	03:17+	03:55+
00:31+	00:27+	02:19+	00:38+
00:04#	00:05#	00:13#	00:08-
<b>5</b>	<b>Magne Simelund</b>	<b>Vegvesenet</b>	<b>15:45</b>
00:32+	01:01+	03:25+	04:15+
00:32+	00:29+	02:24+	00:50+
00:05#	00:07#	00:12#	00:07#
<b>6</b>	<b>Jan Erik Johansen</b>	<b>Hamar Post</b>	<b>15:56</b>
00:30+	00:58+	03:31+	04:15+
00:30+	00:28+	02:33+	00:44+
00:03#	00:06#	00:13#	00:01-
<b>7</b>	<b>Torbjørn Hakensen</b>	<b>Gunders</b>	<b>16:40</b>
00:48+	01:14+	03:21+	04:01+
00:48+	00:26+	02:07+	00:40+
00:21&	00:04#	00:06+	00:03-
<b>8</b>	<b>Knut Fjæstad</b>	<b>Løten kommune</b>	<b>16:42</b>
00:44+	01:15+	03:50+	04:35+
00:44+	00:31+	02:35+	00:45+
00:17&	00:09#	00:08#	00:02-
<b>9</b>	<b>Einar Stensby</b>	<b>Løten kommune</b>	<b>16:47</b>
00:33+	01:04+	03:43+	04:23+
00:33+	00:31+	02:39+	00:40+
00:06#	00:06#	00:03#	00:01-
<b>10</b>	<b>Magnar Nybakk</b>	<b>Sparebank 1 Østlandet</b>	<b>16:53</b>
00:32+	01:05+	03:25+	04:06+
00:32+	00:33+	02:20+	00:41-
00:05#	00:11#	00:16#	00:02-
<b>11</b>	<b>Magnar Sveen</b>	<b>Moelven</b>	<b>17:46</b>
00:50+	01:28+	04:10+	04:58+
00:50+	00:38+	02:42+	00:48+
00:23&	00:16#	00:41#	00:05#
<b>12</b>	<b>Bjørn Eriksrud</b>	<b>System-Tre Gjøvik</b>	<b>17:48</b>
01:48+	02:21+	04:56+	05:40+
01:48+	00:33+	02:35+	00:44+
01:21@	00:11@	00:39@	00:01+
<b>13</b>	<b>Morten Døe</b>	<b>Furnes Almennig</b>	<b>18:08</b>
00:39+	01:09+	04:08+	05:02+
00:39+	00:30+	02:59+	00:54+
00:12&	00:08&	00:58&	00:11&





Class	Navn	Klasse	Tid
<b>2</b>	<b>Knut Malmo</b>	<b>Vegvesenet</b>	<b>16:23</b>
00:29-	02:16+	02:56+	03:37+
00:29-	01:47+	00:40+	00:41+
00:02-	00:11#	00:10#	00:02#
<b>3</b>	<b>Kjetil Liven</b>	<b>LMF</b>	<b>16:46</b>
00:29-	02:16+	02:54+	03:40+
00:29-	01:47+	00:38+	00:46+
00:02-	00:11#	00:10#	00:07#
<b>4</b>	<b>Morten Eriksen</b>	<b>Norsk Tipping</b>	<b>16:49</b>
00:24-	02:09+	02:50+	03:29+
00:24-	01:45+	00:41+	00:39#
00:07-	00:09#	00:04#	00:00#
<b>5</b>	<b>Erik Haugen</b>	<b>Statens Hus</b>	<b>16:56</b>
00:27-	02:47+	03:31+	04:15+
00:27-	02:20+	00:44+	00:44+
00:04-	00:14#	00:07#	00:05#
<b>6</b>	<b>Knut Wikstrøm</b>	<b>Kartverket</b>	<b>17:02</b>
00:26-	02:07#	02:46+	03:24+
00:26-	01:41+	00:39+	00:38+
00:05-	00:05#	00:02#	00:01#
<b>7</b>	<b>Stein Arne Bekkum</b>	<b>Arve Hagen BIL</b>	<b>17:06</b>
00:34+	02:18+	02:56+	03:32+
00:34+	01:44+	00:38+	00:36+
00:03+	00:08#	00:01+	00:03#
<b>8</b>	<b>Hasse Bergstrøm</b>	<b>Ski VGS</b>	<b>17:13</b>
00:27-	02:14+	02:54+	03:38+
00:27-	01:47+	00:40+	00:44+
00:04-	00:11#	00:03#	00:05#
<b>9</b>	<b>Karl Petter Opsahl</b>	<b>Løten kommune</b>	<b>17:22</b>
00:28-	02:25+	03:08+	03:52+
00:28-	01:57+	00:43+	00:44+
00:03-	00:21#	00:06#	00:05#
<b>10</b>	<b>Tore Gustav Tomter</b>	<b>Plan 1</b>	<b>17:39</b>
00:36+	02:11+	03:03+	03:51+
00:36+	01:35+	00:52+	00:48+
00:05#	00:01#	00:15#	00:09#
<b>11</b>	<b>Einar Flenvold</b>	<b>Skaaret As</b>	<b>17:44</b>
00:42+	02:32+	03:19+	04:17+
00:42+	01:50+	00:47+	00:58+
00:11&	00:14#	00:10#	00:19&
<b>12</b>	<b>Arvid Bratlie</b>	<b>LMF</b>	<b>17:49</b>
00:25-	02:09+	02:51+	04:11+
00:25-	01:44+	00:42+	01:20+
00:06-	00:08#	00:09#	00:41#
<b>13</b>	<b>Ove Tåsæsen</b>	<b>Mjøst Retail</b>	<b>18:08</b>
00:27-	02:12+	02:54+	03:35+
00:27-	01:45+	00:42+	00:41+
00:04-	00:09#	00:05#	00:02#
<b>14</b>	<b>Per Anders Aas</b>	<b>Mjøst Retail</b>	<b>18:10</b>
00:46+	02:42+	03:40+	04:33+
00:46+	01:56+	00:58+	00:53+
00:15&	00:28#	00:23#	00:14&
<b>15</b>	<b>Erik Grøndalen</b>	<b>Jernbanens Idrettslag</b>	<b>18:15</b>
00:26-	02:25+	03:04+	03:46+
00:26-	01:59+	00:39+	00:42+
00:05-	00:23#	00:02#	00:03#
<b>16</b>	<b>Trond Feiring</b>	<b>HIL</b>	<b>18:44</b>
00:34+	03:11+	03:54+	04:39+
00:34+	02:37+	00:43+	00:45+
00:03+	00:16#	00:09#	00:06#
<b>17</b>	<b>Espen Melby</b>	<b>Løten kommune</b>	<b>18:55</b>
00:35+	02:31+	03:21+	04:08+
00:35+	01:56+	00:50+	00:47+
00:04#	00:28#	00:12#	00:08#
<b>18</b>	<b>Leif Martin Kjos</b>	<b>Sparebank 1 Østlandet</b>	<b>19:14</b>
00:45+	02:38+	03:25+	04:17+
00:45+	01:53+	00:47+	00:52+
00:14&	00:17#	00:10#	00:08#
<b>19</b>	<b>Jo Gisle Jørgensen</b>	<b>Norsk Tipping</b>	<b>19:31</b>
00:25-	02:34+	03:23+	04:14+
00:25-	02:09+	00:49+	00:51+
00:06-	00:23#	00:12#	00:12#
<b>20</b>	<b>Tore Stenseth</b>	<b>Mjøst Retail</b>	<b>19:34</b>
00:27-	02:22+	03:11+	03:55+
00:27-	01:55+	00:49+	00:44+
00:04-	00:19#	00:12#	00:05#



Class	Navn	Klasse	Tid
<b>20</b>	<b>Steinar Libak</b>	<b>Løten kommune</b>	<b>19:34</b>
00:27-	02:22+ 03:10+ 03:57+ 05:45+ 07:11+	08:10+ 13:49+ 16:17+ 17:34+ 18:01+	18:56+ 19:24+ 19:34+
00:27-	01:55+ 00:48+ 00:47+ 01:48+	01:26- 00:59+ 05:39+ 02:28+ 01:17+	00:27- 00:55+ 00:28+ 00:10+
<b>22</b>	<b>Bjørn Vidar Bekkum</b>	<b>Arve Hagen BIL</b>	<b>19:44</b>
00:04-	01:28# 00:15- 00:03# 00:43& 00:05-	00:18# 01:31# 00:28# 00:15# 00:35-	00:10# 00:06# 00:44#
00:36+	02:20+ 03:06+ 05:23+ 06:37+ 08:10+	08:59+ 14:12+ 16:36+ 17:52+ 18:18+	19:11+ 19:34+ 19:44+
00:36+	01:44+ 00:46+ 02:17+ 01:14+	01:33+ 00:49+ 05:13+ 02:24+ 01:16+	00:26- 00:53+ 00:23+ 00:10+
<b>23</b>	<b>Ludvig Bjerke-Narud</b>	<b>Geno</b>	<b>21:33</b>
00:05#	01:08# 00:08# 01:31# 00:09# 00:02+	00:08# 01:08# 00:24# 00:14# 00:02+	00:36- 00:08# 00:01+ 00:08#
00:28-	02:18+ 03:02+ 04:05+ 05:25+ 06:58+	07:47+ 12:26+ 15:08+ 16:17+ 19:49+	20:54+ 21:22+ 21:33+
00:28-	01:50+ 00:44+ 01:03+ 01:20+	01:33+ 00:49+ 04:39+ 02:42+ 01:09+	03:32+ 01:05+ 00:28+ 00:11+
<b>24</b>	<b>Terje Malm</b>	<b>Statens Hus</b>	<b>21:46</b>
00:03-	01:14# 00:04# 00:24& 00:15# 00:02+	00:08# 00:34# 00:42& 00:07# 02:30@	00:20& 00:06& 00:06&
00:30-	02:30+ 03:17+ 04:07+ 05:34+ 07:21+	08:20+ 13:13+ 15:55+ 19:42+ 20:11+	21:14+ 21:35+ 21:46+
00:30-	02:00+ 00:47+ 00:50+ 01:27+ 01:47+	00:59+ 04:53+ 02:42+ 03:47+ 00:29-	01:03+ 00:21- 00:11+
<b>25</b>	<b>Torleif Finstad</b>	<b>Hamar Post</b>	<b>21:58</b>
00:01-	00:24# 00:06# 00:11& 00:22& 00:16#	00:18# 00:48# 00:42& 02:45@ 00:33-	00:18& 00:01- 00:03&
00:31=	03:06+ 03:57+ 04:38+ 05:54+ 08:36+	09:12+ 16:24+ 18:34+ 19:44+ 20:25+	21:19+ 21:46+ 21:58+
00:31=	02:35+ 00:51+ 00:41+ 01:16+	02:42+ 00:36- 07:12+ 02:10+ 01:10+	00:41- 00:54+ 00:27+ 00:12+
<b>26</b>	<b>Jan Olav Sæther</b>	<b>Gunders</b>	<b>22:07</b>
00:00=	00:59& 00:14& 00:02# 00:11# 01:11&	00:05 03:07& 00:10+ 00:08# 00:21-	00:09# 00:05# 00:00&
00:38+	03:10+ 04:01+ 05:34+ 07:08+ 09:01+	09:49+ 16:12+ 18:46+ 20:00+ 20:36+	21:33+ 21:58+ 22:07+
00:38+	02:32+ 00:51+ 01:33+ 01:34+	01:53+ 00:48+ 06:23+ 02:34+ 01:14+	00:36- 00:57+ 00:25+ 00:09+
<b>27</b>	<b>Olav Molstad</b>	<b>Vegvesenet</b>	<b>22:36</b>
00:07#	00:56& 00:11& 00:54@ 00:29& 00:22#	00:07# 02:18& 00:34& 00:12# 00:26-	00:12& 00:03# 00:00#
00:30-	02:39+ 03:36+ 04:28+ 05:54+ 07:39+	09:17+ 16:39+ 19:30+ 20:38+ 21:06+	21:57+ 22:23+ 22:36+
00:30-	02:09+ 00:57+ 00:52+ 01:26+ 01:45+	01:38+ 07:22+ 02:51+ 01:08+ 00:28-	00:51+ 00:26+ 00:13+
<b>28</b>	<b>Eystein Linnerud</b>	<b>Norsk Tipping</b>	<b>23:40</b>
00:01-	00:33& 00:20# 00:13& 00:21& 00:14#	00:57& 03:17& 00:51& 00:06+ 00:34-	00:06# 00:04# 00:00&
01:16+	03:45+ 04:49+ 05:43+ 07:28+ 09:21+	10:29+ 16:21+ 19:25+ 20:55+ 21:37+	22:52+ 23:29+ 23:40+
01:16+	02:29+ 01:04+ 00:54+ 01:45+ 01:53+	01:08+ 05:52+ 03:04+ 01:30+ 00:42-	01:15+ 00:37+ 00:11+
<b>29</b>	<b>Knut Olav Strætkvern</b>	<b>Høgskolen Innlandet</b>	<b>24:37</b>
00:45@	00:53& 00:27& 00:15& 00:40& 00:22#	00:27# 01:47& 01:04& 00:28& 00:20-	00:30& 00:15& 00:00&
00:34+	02:35+ 03:21+ 04:09+ 05:32+ 07:15+	12:44+ 18:46+ 21:13+ 22:43+ 23:08+	24:03+ 24:27+ 24:37+
00:34+	02:01+ 00:46+ 00:48+ 01:23+ 01:43+	05:29+ 06:02+ 02:27+ 01:30+ 00:25-	00:55+ 00:24+ 00:10+
<b>30</b>	<b>Magne Johansen</b>	<b>Headit</b>	<b>25:20</b>
00:03+	00:25& 00:09# 00:09# 00:18& 00:12#	04:48# 01:57& 00:27# 00:28& 00:37-	00:10# 00:02+ 00:00#
00:35+	03:22+ 04:12+ 05:12+ 07:08+ 09:22+	10:32+ 17:27+ 21:03+ 22:39+ 23:11+	24:30+ 25:06+ 25:20+
00:35+	02:47+ 00:50+ 01:00+ 01:56+ 02:14+	01:10+ 06:55+ 03:36+ 01:36+ 00:32-	01:19+ 00:36+ 00:14+
<b>31</b>	<b>Henrik Bache</b>	<b>Sanderud sykehus</b>	<b>25:31</b>
00:04#	00:11& 00:35 00:21& 00:51& 00:43&	00:29# 02:50# 01:26# 00:34& 00:30-	00:34& 00:14& 00:00&
00:33+	03:13+ 04:19+ 07:26+ 08:57+ 10:37+	11:32+ 18:50+ 21:28+ 22:56+ 23:40+	24:42+ 25:20+ 25:31+
00:33+	02:40+ 01:06+ 03:07+ 01:31+ 01:40+	00:55+ 07:18+ 02:38+ 01:28+ 00:44-	01:02+ 00:38+ 00:11+
<b>32</b>	<b>Harald Grønvold</b>	<b>Arve Hagen BIL</b>	<b>26:48</b>
00:02+	00:45 00:06& 00:29& 00:26& 00:09+	00:14# 03:18# 00:28# 00:26& 00:18-	00:17& 00:16& 00:00&
00:32+	02:49+ 03:39+ 04:26+ 05:51+ 08:00+	13:07+ 18:10+ 20:41+ 24:52+ 25:14+	26:03+ 26:36+ 26:48+
00:32+	02:17+ 00:50+ 00:47+ 01:25+ 02:09+	05:07+ 05:03+ 02:31+ 04:11+ 00:22-	00:49+ 00:33+ 00:12+
<b>33</b>	<b>Sven Marken</b>	<b>Løten kommune</b>	<b>32:20</b>
00:01+	00:41& 00:13# 00:08# 00:20& 00:38&	04:26# 00:58# 00:31& 03:09@ 00:40-	00:04+ 00:11& 00:00&
00:40+	03:38+ 04:38+ 06:11+ 07:59+ 10:11+	11:19+ 24:25+ 28:04+ 29:53+ 30:17+	31:26+ 32:05+ 32:20+
00:40+	02:58+ 01:00+ 01:33+ 01:48+ 02:12+	01:08+ 13:06+ 03:39+ 01:49+ 00:24-	01:09+ 00:39+ 00:15+
<b>34</b>	<b>Johanny Johansen</b>	<b>Løten kommune</b>	<b>33:41</b>
00:09&	01:23& 00:23& 00:54@ 00:43& 00:41&	00:27& 09:01# 00:38& 00:47& 00:38-	00:24& 00:17& 00:00&
00:32+	03:05+ 04:03+ 04:55+ 06:28+ 08:15+	09:07+ 18:02+ 29:54+ 31:10+ 31:42+	32:57+ 33:27+ 33:41+
00:32+	02:33+ 00:58+ 00:52+ 01:33+ 01:47+	00:52+ 08:55+ 11:52+ 01:16+ 00:32-	01:15+ 00:30+ 00:14+
<b>Beste strekk tid for klassen</b>	00:00 00:51& 00:21& 01:25 00:28&	00:16# 00:11& 04:50@ 09:52@ 00:14#	00:30- 00:30& 00:08& 00:06&
00:24	01:35 00:37 00:36 01:00 01:19	00:36 04:05 01:49 00:56 00:21	00:39 00:17 00:06

= Som klassevinner , - raskere , + senere , # 10% tap , & 25% tap , @ 100% tap.

## H 4,5

<b>1</b>	<b>Vidar Nomerstad</b>	<b>Sparebank 1 Østlandet</b>	<b>14:48</b>
00:19=	00:35= 02:23= 03:03= 04:07= 05:19=	05:57= 09:25= 11:21= 12:37= 12:49=	13:37= 14:20= 14:40= 14:48=
00:19=	00:16= 01:48= 00:40= 01:04= 01:12=	00:38= 03:28= 01:56= 01:16= 00:12=	00:48= 00:43= 00:20= 00:08=
<b>1</b>	<b>Terje Fjæstad</b>	<b>Gjensidige</b>	<b>14:48</b>
00:00=	00:00= 00:00= 00:00= 00:00= 00:00=	00:00= 00:00= 00:00= 00:00= 00:00=	00:00= 00:00= 00:00= 00:00=
00:25=	00:43= 02:25= 02:59= 03:58= 05:08=	05:45= 09:56= 11:41= 12:37= 12:51=	13:41= 14:22= 14:40= 14:48=
00:25=	00:18= 01:42= 00:34= 00:59= 01:10=	00:37= 04:11= 01:45= 00:56= 00:14=	00:50= 00:41= 00:18= 00:08=
<b>3</b>	<b>Svein Godager</b>	<b>Løten O-Lag</b>	<b>14:59</b>
00:00=	00:00= 00:00= 00:00= 00:00= 00:00=	00:00= 00:00= 00:00= 00:00= 00:00=	00:00= 00:00= 00:00= 00:00=
00:19-	00:39- 02:29+ 03:07+ 04:10+ 05:30+	06:12+ 09:44- 11:39- 12:38+ 13:00+	13:45+ 14:28+ 14:50+ 14:59+
00:19-	00:20+ 01:50+ 00:38+ 01:03+ 01:20+	00:42+ 03:32- 01:55+ 00:59+ 00:22+	00:45- 00:43+ 00:22+ 00:09+
00:06-	00:02# 00:08+ 00:04# 00:04+ 00:10#	00:05# 00:39- 00:10+ 00:03+ 00:08&	00:05- 00:02+ 00:04# 00:01#

Class	Navn	Klasse	Tid												
<b>4</b>	<b>Harald Østbye</b>	<b>Østerdal Garnison</b>	<b>16:27</b>												
00:26+	00:48+ 02:52+ 03:31+ 04:41+ 05:56+	06:36+ 10:56+ 12:55+ 14:00+ 14:18+	15:11+ 15:57+ 16:17+ 16:27+												
00:26+	00:22+ 02:04+ 00:39+ 01:10+ 01:15+	00:40+ 04:20+ 01:59+ 01:05+ 00:18+	00:53+ 00:46+ 00:20+ 00:10+												
00:01+	00:44+ 00:22# 00:05# 00:11# 00:05+	00:03# 00:00# 00:14# 00:09# 00:04#	00:03+ 00:05# 00:02# 00:02#												
<b>5</b>	<b>Tom Hagen</b>	<b>Byggmakker</b>	<b>16:41</b>												
00:24-	00:44+ 02:45+ 03:23+ 04:29+ 05:53+	06:35+ 10:33+ 12:46+ 14:11+ 14:31+	15:23+ 16:10+ 16:32+ 16:41+												
00:24-	00:20+ 02:01+ 00:38+ 01:06+ 01:24+	00:42+ 03:58- 02:13+ 01:25+ 00:20+	00:52+ 00:47+ 00:22+ 00:09+												
00:01-	00:12# 00:11# 00:04# 00:07# 00:14#	00:05# 00:13- 00:28# 00:29# 00:06#	00:02+ 00:06# 00:01# 00:01#												
<b>6</b>	<b>Bjarne Hårkinn</b>	<b>ff</b>	<b>16:46</b>												
00:22-	01:30+ 03:28+ 04:04+ 05:11+ 06:26+	07:06+ 11:11+ 13:03+ 14:07+ 14:37+	15:28+ 16:12+ 16:36+ 16:46+												
00:22-	01:08+ 01:58+ 00:36+ 01:07+ 01:15+	00:40+ 04:05- 01:52+ 01:04+ 00:30+	00:51+ 00:44+ 00:24+ 00:10+												
00:03-	00:21# 00:16# 00:02+ 00:08# 00:05+	00:03# 00:09# 00:14# 00:08# 00:16@	00:01+ 00:03+ 00:02# 00:02#												
<b>7</b>	<b>Pål Hagen</b>	<b>Arve Hagen BIL</b>	<b>16:57</b>												
00:20-	00:36- 02:29+ 03:06+ 04:17+ 05:27+	06:14+ 11:37+ 13:21+ 14:44+ 15:02+	15:51+ 16:30+ 16:49+ 16:57+												
00:20-	00:16- 01:53+ 00:37+ 01:11+ 01:10=	00:47+ 05:23+ 01:44- 01:23+ 00:18+	00:49- 00:39- 00:19+ 00:08=												
00:05-	00:02# 00:11# 00:03+ 00:12# 00:00=	00:10# 01:12# 00:01- 00:27# 00:04#	00:01- 00:02- 00:02+ 00:00=												
<b>8</b>	<b>Henning Jordheim</b>	<b>Intek</b>	<b>17:29</b>												
00:22-	00:40- 02:45+ 03:30+ 04:42+ 06:05+	06:44+ 11:13+ 13:25+ 14:37+ 15:08+	16:04+ 16:58+ 17:20+ 17:29+												
00:22-	00:18= 02:05+ 00:45+ 01:12+ 01:23+	00:39+ 04:29+ 02:12+ 01:12+ 00:31+	00:56+ 00:54+ 00:22+ 00:09+												
00:03-	00:00# 00:27# 00:11# 00:13# 00:13#	00:02# 00:18# 00:27# 00:16# 00:17@	00:06# 00:13# 00:04# 00:01#												
<b>9</b>	<b>Tormod Lundberg</b>	<b>Vegvesenet</b>	<b>18:16</b>												
00:26+	01:00+ 03:09+ 03:59+ 05:15+ 06:34+	07:26+ 12:10+ 14:23+ 15:33+ 15:54+	16:52+ 17:42+ 18:06+ 18:16+												
00:26+	00:34+ 02:09+ 00:50+ 01:16+ 01:19+	00:52+ 04:44+ 02:13+ 01:10+ 00:21+	00:58+ 00:50+ 00:24+ 00:10+												
00:01+	00:16# 00:27# 00:17# 00:17# 00:09#	00:15# 00:13# 00:38# 00:14# 00:07#	00:08# 00:09# 00:06# 00:02#												
<b>9</b>	<b>Gjermund Nedgard</b>	<b>Norsk Tipping</b>	<b>18:16</b>												
00:30+	01:01+ 02:46+ 03:20+ 04:20+ 05:34+	06:24+ 11:57+ 13:59+ 15:22+ 16:02+	16:56+ 17:40+ 18:05+ 18:16+												
00:30+	00:31+ 01:45+ 00:34= 01:00+ 01:14+	00:50+ 05:33+ 02:02+ 01:23+ 00:40+	00:54+ 00:44+ 00:25+ 00:11+												
00:05#	00:13# 00:03# 00:00# 00:01+ 00:04+	00:13# 00:22# 00:17# 00:27# 00:26@	00:04+ 00:03+ 00:03# 00:03#												
<b>11</b>	<b>Morten Stenberg</b>	<b>NRK</b>	<b>18:45</b>												
00:23-	01:15+ 03:17+ 04:00+ 05:07+ 06:30+	07:13+ 12:44+ 14:47+ 15:56+ 16:21+	17:19+ 18:10+ 18:34+ 18:45+												
00:23-	00:52+ 02:02+ 00:43+ 01:07+ 01:23+	00:43+ 05:31+ 02:03+ 01:09+ 00:25+	00:58+ 00:51+ 00:24+ 00:11+												
00:02-	00:34# 00:30# 00:09# 00:08# 00:13#	00:06# 01:20# 00:18# 00:11# 00:11#	00:08# 00:10# 00:05# 00:03#												
<b>12</b>	<b>Torgeir Volden</b>	<b>Azets Insight-Hamar</b>	<b>19:03</b>												
00:24-	00:42- 03:01+ 03:42+ 04:51+ 06:27+	07:15+ 12:54+ 15:07+ 16:18+ 16:33+	17:38+ 18:29+ 18:52+ 19:03+												
00:24-	00:18= 02:19+ 00:41+ 01:09+ 01:36+	00:48+ 05:39+ 02:13+ 01:11+ 00:15+	01:05+ 00:51+ 00:23+ 00:11+												
00:01-	00:08# 00:37# 00:07# 00:10# 00:26#	00:11# 01:08# 00:28# 00:15# 00:01+	00:15# 00:10# 00:05# 00:03#												
<b>13</b>	<b>Odd Arne Blystad</b>	<b>Eidsiva</b>	<b>19:35</b>												
00:23-	00:43= 03:21+ 04:02+ 05:15+ 07:00+	07:59+ 13:05+ 15:31+ 16:45+ 17:13+	18:11+ 19:03+ 19:26+ 19:35+												
00:23-	00:20+ 02:38+ 00:41+ 01:13+ 01:45+	00:59+ 05:06+ 02:26+ 01:14+ 00:28+	00:58+ 00:52+ 00:23+ 00:09+												
00:02-	00:07# 00:56# 00:07# 00:14# 00:35#	00:22# 00:55# 00:41# 00:18# 00:14#	00:08# 00:11# 00:06# 00:01#												
<b>14</b>	<b>Tor Haugstulen</b>	<b>Hamar Post</b>	<b>19:40</b>												
00:27+	01:01+ 03:09+ 03:49+ 04:53+ 06:11+	06:52+ 14:07+ 16:04+ 17:07+ 17:25+	18:22+ 19:08+ 19:30+ 19:40+												
00:27+	00:34+ 02:08+ 00:40+ 01:04+ 01:18+	00:41+ 07:15+ 01:57+ 01:03+ 00:18+	00:57+ 00:46+ 00:22+ 00:10+												
00:02+	00:16# 00:26# 00:06# 00:05+ 00:08#	00:04# 00:04# 00:12# 00:07# 00:04#	00:07# 00:05# 00:04# 00:02#												
<b>15</b>	<b>Knut Vidar Lund</b>	<b>Telénor</b>	<b>20:11</b>												
00:22-	00:51+ 02:56+ 04:30+ 05:38+ 07:00+	07:46+ 12:39+ 14:51+ 16:54+ 17:49+	18:44+ 19:39+ 20:01+ 20:11+												
00:22-	00:29+ 02:05+ 01:34+ 01:08+ 01:22+	00:46+ 04:53+ 02:12+ 02:03+ 00:55+	00:55+ 00:55+ 00:22+ 00:10+												
00:03-	00:11# 00:22# 01:00# 00:09# 00:12#	00:09# 00:42# 00:37# 01:07@ 00:41@	00:05+ 00:14# 00:04# 00:02#												
<b>16</b>	<b>Olav Julrussen</b>	<b>Hamar Post</b>	<b>20:33</b>												
00:29+	00:59+ 03:18+ 04:01+ 05:11+ 06:38+	07:13+ 13:57+ 16:24+ 17:36+ 17:56+	18:56+ 19:53+ 20:21+ 20:33+												
00:29+	00:30+ 02:19+ 00:43+ 01:10+ 01:27+	00:35- 06:44+ 02:27+ 01:12+ 00:20+	01:00+ 00:57+ 00:28+ 00:12+												
00:04#	00:12# 00:37# 00:09# 00:11# 00:17#	00:02# 00:33# 00:42# 00:16# 00:06#	00:10# 00:16# 00:08# 00:04#												
<b>17</b>	<b>Arne Hagen</b>	<b>Vegvesenet</b>	<b>21:56</b>												
00:25=	00:51+ 03:22+ 06:07+ 07:16+ 08:56+	09:44+ 14:57+ 17:21+ 18:59+ 19:25+	20:18+ 21:14+ 21:46+ 21:56+												
00:25=	00:26+ 02:31+ 02:45+ 01:09+ 01:40+	00:48+ 05:13+ 02:24+ 01:38+ 00:26+	00:53+ 00:56+ 00:32+ 00:10+												
00:00	00:01# 00:09# 00:12# 00:10# 00:30#	00:11# 01:02# 00:39# 00:42# 00:12#	00:03+ 00:15# 00:14# 00:02#												
<b>Beste strekk tid for klassen</b>															
	00:19	00:16	01:42	00:34	00:59	01:10	00:35	03:32	01:44	00:56	00:14	00:45	00:39	00:18	00:08

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

## H 5,5

<b>1</b>	<b>Marius Wikstrøm</b>	<b>Norconsult</b>	<b>12:49</b>
00:23=	00:40= 01:52= 02:13= 02:33= 03:11=	03:39= 04:15= 04:51= 05:47= 06:15=	08:59= 10:25= 11:07= 11:16= 11:52=
00:23=	00:17= 01:12= 00:21= 00:20= 00:38=	00:28= 00:36= 00:36= 00:56= 00:28=	02:44= 01:26= 00:42= 00:09= 00:36=
00:00=	00:00# 00:00# 00:00# 00:00= 00:00=	00:00# 00:00# 00:00= 00:00= 00:00=	00:00= 00:00= 00:00= 00:00= 00:00=
<b>2</b>	<b>Stein Vidar Thun</b>	<b>Fysioteam</b>	<b>14:00</b>
00:30+	00:45+ 01:59+ 02:23+ 02:51+ 03:28+	03:56+ 04:32+ 05:07+ 06:00+ 06:32+	09:56+ 11:24+ 12:10+ 12:26+ 13:03+
00:30+	00:15- 01:14+ 00:24+ 00:28+ 00:37-	00:28= 00:36= 00:35- 00:53- 00:32+	03:24+ 01:28+ 00:46+ 00:16+ 00:37+
00:07#	00:02# 00:30# 00:03# 00:08# 00:01-	00:00# 00:00# 00:01# 00:03- 00:04#	00:04# 00:02+ 00:04# 00:07# 00:01+
<b>3</b>	<b>Kenneth Bilstad</b>	<b>Byggmakker</b>	<b>14:13</b>
00:19-	00:36- 01:51- 02:13= 02:35+ 03:16+	03:46+ 04:30+ 05:07+ 06:03+ 07:22+	10:05+ 11:35+ 12:19+ 12:37+ 13:16+
00:19-	00:17= 01:15+ 00:22+ 00:22+ 00:41+	00:30+ 00:44+ 00:37+ 00:56+ 01:19+	02:43- 01:30+ 00:44+ 00:18+ 00:39+
00:04-	00:00= 00:03+ 00:01+ 00:02+ 00:03+	00:02+ 00:08# 00:01+ 00:00= 00:51@	00:01- 00:04+ 00:02+ 00:09# 00:03+

Class	Navn	Klasse	Tid
<b>4</b>	<b>Sverre Lutnes</b>	<b>Norsk Tipping</b>	<b>15:37</b>
00:23=	00:43+ 02:08+ 02:36+ 02:55+ 03:38+ 04:10+ 04:55+ 05:34+ 06:39+ 07:21+ 11:04+ 12:38+ 13:35+ 13:50+ 14:33+ 15:11+ 15:28+ 15:37+		
00:23=	00:20+ 01:25+ 00:28+ 00:19- 00:43+ 00:32+ 00:45+ 00:39+ 01:05+ 00:42+ 03:43+ 01:34+ 00:57+ 00:15+ 00:43+ 00:38+ 00:17+ 00:09+		
00:00=	00:00# 00:00# 00:00# 00:07& 00:01- 00:05# 00:04# 00:09# 00:03+ 00:09# 00:14& 00:59& 00:08+ 00:45& 00:06& 00:07# 00:04# 00:01+ 00:02&	<b>Løten kommune</b>	<b>15:45</b>
00:23=	00:42+ 02:13+ 02:40+ 03:01+ 03:59+ 04:33+ 05:18+ 06:01+ 07:11+ 07:43+ 11:00+ 12:42+ 13:36+ 13:49+ 14:34+ 15:13+ 15:34+ 15:43+		
00:23=	00:19+ 01:31+ 00:27+ 00:21+ 00:58+ 00:34+ 00:45+ 00:43+ 01:10+ 00:32+ 03:17+ 01:42+ 00:54+ 00:13+ 00:45+ 00:39+ 00:21+ 00:09+		
00:00=	00:00# 00:00# 00:00# 00:06& 00:01+ 00:20& 00:06# 00:09# 00:07# 00:14# 00:04# 00:33# 00:16# 00:16& 00:04& 00:09# 00:05# 00:05& 00:02&	<b>EAB Engineering</b>	<b>16:25</b>
00:21-	00:39- 02:03+ 02:42+ 03:08+ 04:04+ 04:42+ 05:34+ 06:14+ 07:17+ 07:51+ 11:29+ 13:14+ 14:10+ 14:27+ 15:16+ 15:57+ 16:17+ 16:25+		
00:21-	00:18+ 01:24+ 00:39+ 00:26+ 00:56+ 00:38+ 00:52+ 00:40+ 01:03+ 00:34+ 03:38+ 01:45+ 00:56+ 00:17+ 00:49+ 00:41+ 00:20+ 00:08+		
00:02-	00:01- 00:01# 00:01# 00:06& 00:18& 00:10# 00:16& 00:04# 00:07# 00:06# 00:54& 00:19# 00:19& 00:08& 00:13& 00:07# 00:04# 00:01#	<b>Vegvesener</b>	<b>16:48</b>
00:21-	00:41+ 02:09+ 02:37+ 03:10+ 03:55+ 04:35+ 05:33+ 06:13+ 07:19+ 08:02+ 11:17+ 13:07+ 14:06+ 14:29+ 15:16+ 16:03+ 16:37+ 16:48+		
00:21-	00:20+ 01:28+ 00:28+ 00:33+ 00:45+ 00:40+ 00:58+ 00:40+ 01:06+ 00:43+ 03:15+ 01:50+ 00:59+ 00:23+ 00:47+ 00:47+ 00:34+ 00:11+		
00:02-	00:03# 00:07# 00:07& 00:13& 00:07# 00:12# 00:22# 00:04# 00:10# 00:15& 00:31# 00:24& 00:16& 00:14@ 00:11& 00:13& 00:18@ 00:04&	<b>NG Regnskap</b>	<b>17:06</b>
00:20-	00:40= 02:34+ 03:23+ 03:50+ 04:40+ 05:13+ 05:59+ 06:46+ 08:01+ 08:36+ 12:05+ 13:57+ 15:00+ 15:16+ 16:00+ 16:41+ 16:58+ 17:06+		
00:20-	00:20+ 01:54+ 00:49+ 00:27+ 00:50+ 00:33+ 00:46+ 00:47+ 01:15+ 00:35+ 03:29+ 01:52+ 01:03+ 00:16+ 00:44+ 00:41+ 00:17+ 00:08+		
00:03-	00:03# 00:42# 00:28@ 00:07& 00:12& 00:05# 00:10# 00:11& 00:19& 00:07# 00:45& 00:26& 00:21& 00:07& 00:08# 00:07# 00:01+ 00:01#	<b>Hamar Rør</b>	<b>17:24</b>
00:39+	01:02+ 02:45+ 03:10+ 03:34+ 04:24+ 05:04+ 05:54+ 06:42+ 07:53+ 08:27+ 12:13+ 14:10+ 15:06+ 15:19+ 16:09+ 16:52+ 17:13+ 17:24+		
00:39+	00:23+ 01:43+ 00:25+ 00:24+ 00:50+ 00:40+ 00:50+ 00:48+ 01:11+ 00:34+ 03:46+ 01:57+ 00:56+ 00:13+ 00:50+ 00:43+ 00:21+ 00:11+		
00:16&	00:06# 00:11& 00:04# 00:04# 00:12& 00:12# 00:14& 00:12& 00:15& 00:06# 01:02& 00:31& 00:14& 00:04& 00:14& 00:09& 00:05& 00:04&	<b>Eidsiva</b>	<b>18:02</b>
18:02+			
18:02+			
17:39@			
<b>11</b>	<b>Einar Lund</b>	<b>Statens Hus</b>	<b>19:15</b>
00:33+	00:57+ 02:42+ 03:09+ 03:42+ 04:40+ 05:40+ 06:34+ 07:19+ 08:31+ 09:11+ 13:30+ 15:38+ 16:53+ 17:08+ 18:00+ 18:45+ 19:05+ 19:15+		
00:33+	00:24+ 01:45+ 00:27+ 00:33+ 00:58+ 01:00+ 00:54+ 00:45+ 01:12+ 00:40+ 04:19+ 02:08+ 01:15+ 00:15+ 00:52+ 00:45+ 00:20+ 00:10+		
00:10&	00:07# 00:33& 00:06& 00:13& 00:20& 00:32# 00:18# 00:09# 00:16& 00:12& 01:35& 00:42& 00:36& 00:06& 00:16& 00:11& 00:04# 00:03&	<b>BAS Eiverum</b>	<b>19:26</b>
00:20-	00:39- 02:18+ 02:50+ 03:17+ 04:17+ 05:05+ 06:09+ 07:04+ 08:26+ 09:09+ 13:39+ 15:45+ 16:48+ 17:17+ 18:09+ 18:55+ 19:17+ 19:26+		
00:20-	00:19+ 01:39+ 00:32+ 00:27+ 01:00+ 00:48+ 01:04+ 00:55+ 01:22+ 00:43+ 04:30+ 02:06+ 01:03+ 00:29+ 00:52+ 00:46+ 00:22+ 00:09+		
00:03-	00:02# 00:27# 00:11# 00:07& 00:22& 00:20# 00:28# 00:19# 00:26& 00:15& 01:46& 00:40& 00:23& 00:20@ 00:16& 00:12& 00:06& 00:02&	<b>Byggmakker</b>	<b>19:56</b>
00:27+	00:50+ 02:43+ 03:14+ 03:43+ 04:53+ 05:37+ 06:48+ 07:42+ 09:03+ 09:46+ 13:53+ 16:03+ 17:11+ 17:31+ 18:30+ 19:24+ 19:48+ 19:56+		
00:27+	00:23+ 01:53+ 00:31+ 00:29+ 01:10+ 00:44+ 01:11+ 00:54+ 01:21+ 00:43+ 04:07+ 02:10+ 01:08+ 00:20+ 00:59+ 00:54+ 00:24+ 00:08+		
00:04#	00:06# 00:15# 00:18# 00:09# 00:32& 00:16# 00:25& 00:18& 00:25& 00:15& 01:23& 00:44& 00:13& 00:11@ 00:23& 00:20& 00:08& 00:01#	<b>ASKO</b>	<b>21:19</b>
00:24+	00:44+ 02:41+ 03:14+ 03:51+ 04:41+ 05:22+ 06:18+ 07:04+ 08:34+ 09:14+ 14:32+ 16:46+ 18:53+ 19:16+ 20:06+ 20:50+ 21:09+ 21:19+		
00:24+	00:20+ 01:57+ 00:33+ 00:37+ 00:50+ 00:41+ 00:56+ 00:46+ 01:30+ 00:40+ 05:18+ 02:14+ 02:07+ 00:23+ 00:50+ 00:44+ 00:19+ 00:10+		
00:00=	00:00# 00:00# 00:00# 00:17& 00:12& 00:13& 00:20& 00:10& 00:34& 00:12& 02:34& 00:48& 01:25@ 00:14@ 00:14& 00:10& 00:03# 00:03&		
00:19	00:15 01:12 00:21 00:19 00:37 00:28 00:36 00:35 00:53 00:28 02:43 01:26 00:42 00:09 00:36 00:33 00:16 00:07		

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.