

Class	Navn	Klasse	Tid
D 1,5			

1	Berit Kristiansen	Vegvesenet	26:10
	09:42= 13:55= 16:20= 19:42= 23:06= 24:55= 26:10=		
	09:42= 04:13= 02:25= 03:22= 03:24= 01:49= 01:15=		
2	Margareth T. Dyresen	Arve Hagen BIL	26:46
	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		
	06:12- 09:40- 16:11- 18:55- 22:19- 24:51- 26:46+		
	06:12- 03:28- 06:31+ 02:44- 03:24= 02:32+ 01:55+		
3	Marie Rustadbakken	Arve Hagen BIL	27:38
	03:30- 00:45= 01:06= 00:33= 00:00= 00:43= 00:40=		
	06:46- 10:21- 16:27+ 19:26- 23:01- 25:34+ 27:38+		
	06:46- 03:35- 06:06+ 02:59- 03:35+ 02:33+ 02:04+		
4	Helga Hansen	Arve Hagen BIL	29:02
	02:56- 00:33= 00:50= 00:23- 00:11+ 00:44= 00:49=		
	08:13- 11:51- 18:08+ 21:07+ 24:32+ 27:06+ 29:02+		
	08:13- 03:38- 06:17+ 02:59- 03:25+ 02:34+ 01:56+		
5	Inger E. Vamnes	Hamar OK	29:29
	01:29- 00:35= 00:50= 00:23= 00:01+ 00:45= 00:41=		
	08:29- 12:34- 16:09- 19:52+ 24:31+ 26:58+ 29:29+		
	08:29- 04:05- 03:35+ 03:43+ 04:39+ 02:27+ 02:31+		
6	Gerd Grønvoold	Arve Hagen BIL	29:39
	01:13- 00:09= 00:10= 01:10# 01:15& 00:38& 01:16&		
	07:42- 11:27- 17:17+ 20:36+ 24:31+ 27:16+ 29:39+		
	07:42- 03:45- 05:50+ 03:19- 03:55+ 02:45+ 02:23+		
7	Unni Vold	Moelven	31:28
	02:00- 00:28= 01:25= 00:03- 00:31# 00:56& 01:08&		
	08:35- 12:57- 16:19- 20:32+ 26:26+ 29:27+ 31:28+		
	08:35- 04:22+ 03:22+ 04:13+ 05:54+ 03:01+ 02:01+		
8	Eva Stensby	Løten kommune	38:55
	01:07- 00:09= 00:57= 00:51& 02:30& 01:12& 00:46&		
	07:13- 10:29- 14:17- 17:59- 33:48+ 36:32+ 38:55+		
	07:13- 03:16- 03:48+ 03:42+ 15:49+ 02:44+ 02:23+		
9	Mari Norstad Opsahl	Norsk Tipping	47:34
	02:29- 00:57= 01:23= 00:20= 10:25@ 00:55= 01:08=		
	21:24+ 26:15+ 30:35+ 35:59+ 41:17+ 44:47+ 47:34+		
	21:24+ 04:51+ 04:20+ 05:24+ 05:18+ 03:30+ 02:47+		
10	Aurora M Opsahl	Norsk Tipping	48:04
	01:42@ 00:38# 01:06= 02:02= 01:54& 01:41& 01:32&		
	21:53+ 26:18+ 30:38+ 35:57+ 41:08+ 44:46+ 48:04+		
	21:53+ 04:25+ 04:20+ 05:19+ 05:11+ 03:38+ 03:18+		
11	Karin Jevanord	Arve Hagen BIL	51:27
	12:11@ 00:12= 01:55= 01:57= 01:47& 01:49& 02:03&		
	13:38+ 18:24+ 34:46+ 39:28+ 45:35+ 48:51+ 51:27+		
	13:38+ 04:46+ 16:22+ 04:42+ 06:07+ 03:16+ 02:36+		
12	Liss Monica Nielsen	Løten kommune	54:11
	09:56& 00:33# 00:57= 01:20= 02:43& 01:27& 01:21&		
	16:00+ 26:05+ 34:12+ 40:00+ 47:08+ 50:55+ 54:11+		
	16:00+ 10:05+ 08:07+ 05:48+ 07:08+ 03:47+ 03:16+		
	06:18= 05:51= 05:40= 01:26= 02:44@ 01:58@ 02:01@		
Beste strekktid for klassen			
	06:12 03:16 02:25 02:44 03:24 01:49 01:15		

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

D 2,5

1	Emma Rustadbakken Hagen	Arve Hagen BIL	34:30
	09:26= 11:56= 17:13= 19:44= 26:03= 29:37= 32:06= 33:14= 34:30=		
	09:26= 02:30= 05:17= 02:31= 06:19= 03:34= 02:29= 01:08= 01:16=		
2	Elisabet Rise	Geno	35:08
	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		
	06:47- 09:59- 17:45+ 21:09+ 26:30+ 29:51+ 31:53- 33:23+ 35:08+		
	06:47- 03:12+ 07:46+ 03:24+ 05:21- 03:21- 02:02- 01:30+ 01:45+		
3	Inger Lund	Telenor	35:25
	02:39- 00:43= 02:29= 00:53& 00:58- 00:13- 00:27= 00:22= 00:29&		
	11:01+ 13:46+ 19:08+ 21:58+ 27:20+ 30:26+ 32:27+ 33:57+ 35:25+		
	11:01+ 02:45+ 05:22+ 02:50+ 05:22- 03:06- 02:01- 01:30+ 01:28+		
	01:35# 00:15+ 00:05+ 00:19# 00:57- 00:28- 00:28- 00:22& 00:12#		

Class	Navn	Klasse	Tid
4	Bjørg Sorprud	Løten O-Lag	37:24
06:32-	11:21-	17:13=	21:27+
06:32-	04:49+	05:52+	04:14+
05:25+	00:25#	01:43&	00:26-
00:05-	01:20+	01:20+	01:26+
5	Kari Undrum	SIHF	37:25
07:08-	10:50-	16:45-	19:26-
07:08-	03:42+	05:55+	02:41+
02:18-	00:27#	00:25#	00:10#
6	Marith Brekke	Hamar kommune	38:32
07:30-	10:00-	16:44-	19:56+
07:30-	02:30=	06:44+	03:12+
01:56-	00:00-	01:27&	00:15&
08:02-	12:00+	18:36+	22:20+
08:02-	03:58+	06:36+	03:44+
01:24-	00:28&	01:19#	01:13&
7	Rønnaug Sagbakken	Sparebanken Hedmark	39:01
08:02-	12:00+	18:36+	22:20+
08:02-	03:58+	06:36+	03:44+
01:24-	00:28&	01:19#	01:13&
8	Randi Aas Fjæstad	Løten kommune	39:37
07:27-	10:23-	18:07+	22:33+
07:27-	02:56+	07:44+	04:26+
01:59-	00:26#	00:27&	01:55&
9	Anita Stensby Bekkelund	Løten kommune	39:56
07:48-	13:15+	19:42+	23:37+
07:48-	05:27+	06:27+	03:55+
01:38-	00:57@	01:10#	01:24#
10	Oddveig Anne Sagbakken	Lokal revisjon as	40:04
10:12+	13:00+	19:40+	23:43+
10:12+	02:48+	06:40+	04:03+
00:46+	00:18#	01:23#	01:32&
11	Elf Stensli	LMF	41:19
05:38-	14:04+	19:21+	23:05+
05:38-	08:26+	05:17=	03:44+
03:48-	05:56@	00:00=	01:13&
12	Aud Grønvold	Arve Hagen BIL	44:57
09:11-	12:49+	21:35+	25:00+
09:11-	03:38+	08:46+	03:25+
00:15-	01:08&	03:29&	00:54&
13	Claire Bant	Vegvesenet	45:35
08:06-	10:26-	17:45+	19:59+
08:06-	02:20-	07:19+	02:14-
01:20-	00:10-	00:02&	00:17-
14	Anne Marie Nesbakk	Eidsiva	46:29
09:47+	18:17+	29:18+	32:26+
09:47+	08:30+	11:01+	03:08+
00:21+	05:00&	05:44&	00:37#
15	Inger Bakken	If	47:14
08:07-	13:07+	27:35+	31:02+
08:07-	05:00+	14:28+	03:27+
01:19-	00:30&	09:11@	00:56&
16	Bente Grøndalen	SIHF	47:55
09:04-	17:18+	28:22+	31:29+
09:04-	08:14+	11:04+	03:07+
00:22-	05:44@	05:47@	00:36#
17	Bente Wikstrøm	Geno	48:59
12:27+	16:33+	23:01+	25:17+
12:27+	04:06+	06:28+	02:16-
00:01&	01:36&	00:11#	00:15-
18	Irene Dien	Sparebanken Hedmark	49:44
09:16-	13:10+	24:06+	28:03+
09:16-	03:54+	10:56+	03:57+
00:10-	00:22#	00:27&	04:07&
19	Anita Tøllersen	Tunvold barnehage	50:23
07:38-	11:38-	19:12+	23:14+
07:38-	04:00+	07:34+	04:02+
01:48-	01:30&	02:17&	01:31&
20	Vera Børresen	Sparebanken Hedmark	51:47
07:49-	12:56+	20:28+	24:07+
07:49-	05:07+	07:32+	03:39+
01:37-	00:57@	00:15&	01:08&
21	Siri Hestad	Hamar kommune	56:17
11:35+	22:26+	33:24+	37:18+
11:35+	10:51+	10:58+	03:54+
00:09#	00:21&	05:41@	01:23&
22	Synnøve Kaul	Mjørs Retail	56:20
08:58-	15:13+	24:09+	28:50+
08:58-	06:15+	08:56+	04:41+
00:28-	03:45@	03:39&	02:10&

Class	Navn	Klasse	Tid								
23	Mette Marit Jensen	Vegvesenet	56:27								
07:17-	11:09-	18:05+	34:28+	42:31+	45:36+	53:17+	55:07+	56:27+			
07:17-	03:52+	06:56+	16:23+	08:03+	03:05-	07:41+	01:50+	01:20+			
09:09-	01:22#	01:39#	13:52@	01:44&	00:29-	05:12#	00:40#	00:04#			
24	Lise Tronstad	Arve Hagen BIL	56:53								
09:42+	14:27+	24:17+	34:16+	43:02+	50:18+	53:26+	55:10+	56:53+			
09:42+	04:45+	09:50+	09:59+	08:46+	07:16+	03:08+	01:44+	01:43+			
09:16+	00:18#	01:33#	03:29#	03:27#	03:42@	00:39#	00:31#	00:07#			
25	Solveig Johannessen	Arve Hagen BIL	58:00								
09:49+	14:36+	24:30+	34:17+	43:12+	50:08+	53:25+	55:39+	58:00+			
09:49+	04:47+	09:54+	09:47+	08:55+	06:56+	03:17+	02:14+	02:21+			
09:23+	00:27#	01:23#	01:19#	03:36&	03:22&	00:48#	01:00#	01:05#			
26	Kitty Rustadbakken	Arve Hagen BIL	59:45								
09:45+	13:24+	21:49+	26:12+	36:55+	43:04+	56:05+	57:59+	59:45+			
09:45+	03:39+	08:25+	04:23+	10:43+	06:09+	13:01+	01:54+	01:46+			
09:19+	01:09#	03:08#	01:52#	04:24&	02:35&	10:32#	00:46#	00:30#			
27	Ingrid Engelsjord	Statens Hus	1:48:11								
18:26+	22:23+	29:29+	31:45+	33:19+	33:33+	41:32+	85:02+	104:17+	106:34+	108:11+	
18:26+	03:57+	07:06+	02:16-	01:34-	00:14-	07:59+	43:30+	19:15+	02:17+	01:37+	
09:00#	01:27#	01:49#	00:15-	04:45-	03:20-	05:30#	43:22#	17:59@	02:17+	01:37+	
28	Mirjam Engelsjord	Statens Hus	1:48:25								
18:53+	22:45+	30:00+	33:53+	41:51+	85:15+	104:41+	106:40+	108:25+			
18:53+	03:52+	07:15+	03:53+	07:58+	43:24+	19:26+	01:59+	01:45+			
09:27@	01:22#	01:58#	01:22#	01:39#	39:50@	16:57#	00:51#	00:29#			
29	Anne Kathrine Fossum	Statens Hus	1:48:46								
18:44+	22:11+	29:59+	34:22+	42:06+	85:10+	104:53+	106:57+	108:46+			
18:44+	03:27+	07:48+	04:23+	07:44+	43:04+	19:43+	02:04+	01:49+			
09:18#	00:51#	02:31#	01:53#	01:25#	39:30@	17:14@	00:56&	00:33&			
Beste strekketid for klassen											
05:38	02:20	05:17	02:14	01:34	00:14	01:44	01:06	01:05			
= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.											
D 3,5											
1	Stine Holmen	Sofies stuer	36:45								
03:25=	08:13=	10:05=	14:35=	20:15=	24:26=	28:20=	30:06=	33:15=	34:20=	35:38=	36:45=
03:25=	04:48=	01:52=	04:30=	05:40=	04:11=	03:54=	01:46=	03:09=	01:05=	01:18=	01:07=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Anne Karin Westby	Sparebanken Hedmark	38:01								
03:38+	09:15+	11:12+	16:56+	22:03+	24:30+	29:04+	31:04+	34:10+	35:34+	36:54+	38:01+
03:38+	05:37+	01:57+	05:44+	05:07-	02:27-	04:34+	02:00+	03:06-	01:24+	01:20+	01:07=
00:13+	00:49#	00:05+	01:14&	00:33-	01:44-	00:40#	00:14#	00:03-	00:19&	00:02+	00:00=
3	Anne Sorum	Statens Hus	40:06								
03:33+	08:16+	10:04+	14:34+	20:46+	22:42-	29:15+	31:10+	35:31+	37:34+	39:03+	40:06+
03:33+	04:43-	01:48-	04:30-	06:12+	01:56-	06:33+	01:55+	04:21+	02:03+	01:29+	01:03-
00:08+	00:05-	00:04-	00:00-	00:22+	02:15-	02:39#	00:09-	01:12#	00:58&	00:11#	00:04-
4	Inger-Lise Skarholen	Løten kommune	42:11								
04:09+	10:14+	12:28+	17:35+	22:55+	25:17+	32:27+	35:16+	37:55+	39:12+	40:59+	42:11+
04:09+	06:05+	02:14+	05:07+	05:20-	02:22-	07:10+	02:49+	02:39-	01:17+	01:47+	01:12+
00:44#	01:17#	00:22#	00:37#	00:20-	01:49-	03:16#	01:03#	00:30-	00:12#	00:29#	00:05+
5	Rita H Aaslund	Sparebanken Hedmark	43:18								
04:07+	09:56+	11:52+	17:32+	27:57+	30:17+	34:36+	36:32+	39:11+	40:31+	41:56+	43:18+
04:07+	05:49+	01:56+	05:40+	10:25+	02:20-	04:19+	01:56+	02:39-	01:20+	01:25+	01:22+
00:42#	00:48#	00:11#	01:10&	04:45&	01:51-	00:25#	00:12#	00:30-	00:15#	00:07+	00:15#
6	Bodil Wiik	Norsk Tipping	48:19								
04:49+	09:59+	12:21+	17:44+	23:17+	27:41+	38:56+	40:48+	43:31+	45:12+	46:53+	48:19+
04:49+	05:10+	02:22+	05:23+	05:33-	04:24+	11:15+	01:52+	02:43-	01:41+	01:41+	01:26+
01:24&	00:22#	00:30#	00:53#	00:07#	00:13+	07:21#	00:06#	00:26#	00:36&	00:23&	00:19&
7	Kirsten Merete Nerheim	Løten kommune	49:00								
05:12+	11:15+	13:47+	19:38+	27:38+	30:06+	37:56+	40:43+	44:08+	45:56+	47:36+	49:00+
05:12+	06:03+	02:32+	05:51+	08:00+	02:28-	07:50+	02:47+	03:25+	01:48+	01:40+	01:24+
01:47&	01:5#	00:06#	01:21#	02:20&	01:43-	03:56#	01&	00:16+	00:43&	00:22&	00:17&
8	Hanne Marie Llum	LMF	50:29								
04:23+	10:50+	13:48+	22:13+	29:59+	32:27+	37:25+	39:58+	42:39+	47:28+	49:05+	50:29+
04:23+	06:27+	02:58+	08:25+	07:46+	02:28-	04:58+	02:33+	02:41-	04:49+	01:37+	01:24+
00:58&	01:38#	01:06#	00:55#	02:06&	01:43-	01:04#	00:47#	00:28-	03:44@	00:19#	00:17&
9	Hilde Tvedt Ryen	NOTEAM	50:41								
04:57+	11:20+	13:41+	20:36+	27:51+	30:32+	38:38+	41:00+	44:34+	46:48+	49:24+	50:41+
04:57+	06:23+	02:21+	06:55+	07:15+	02:41-	08:06+	02:22+	03:34+	02:14+	02:36+	01:17+
01:32&	01:35&	00:29#	02:25&	01:35&	01:30-	04:12#	00:16#	00:25#	01:09@	01:18&	00:10#
10	Karen Tomter	Utstillingsplassen	51:02								
05:05+	12:38+	15:05+	22:19+	29:04+	33:30+	40:10+	42:23+	45:39+	47:34+	49:28+	51:02+
05:05+	07:33+	02:27+	07:14+	06:45+	04:26+	06:40+	02:13+	03:16+	01:55+	01:54+	01:34+
01:40&	02:45&	00:35&	02:44&	01:05#	00:15+	02:46&	00:27&	00:07+	00:50&	00:36&	00:27&

Class	Navn	Klasse	Tid
11	Randi Fallbakken Berge	BAS Elverum	52:21
05:32+	12:42+ 15:23+ 22:28+ 29:15+ 32:18+	39:04+ 41:52+ 45:12+ 48:44+ 50:44+	52:21+
05:32+	07:10+ 02:41+ 07:05+ 06:47+ 03:03-	06:46+ 02:48+ 03:20+ 03:32+ 02:00+	01:37+
09:07&	00:22& 00:49& 03:39& 01:07#	01:00# 01:11+ 02:27@	00:42& 00:30&
12	Rigmor Lomo Aas	Mjøso Retail	53:58
05:16+	11:38+ 13:49+ 21:31+ 30:49+ 33:58+	38:37+ 40:57+ 44:52+ 50:31+ 52:17+	53:58+
05:16+	06:22+ 02:11+ 07:42+ 09:18+ 03:09-	04:39+ 02:20+ 03:55+ 05:39+ 01:46+	01:41+
09:51&	00:26& 00:17# 03:12& 03:38&	01:02- 00:45+ 00:34+ 00:46#	04:34@ 00:28& 00:34&
13	May Rognlien	Statens Hus	55:17
04:21+	11:18+ 13:42+ 21:32+ 29:29+ 35:46+	41:45+ 43:56+ 49:16+ 51:36+ 54:02+	55:17+
04:21+	06:57+ 02:24+ 07:50+ 07:57+ 06:17+	05:59+ 02:11+ 05:20+ 02:20+ 02:26+	01:15+
09:56&	00:08# 00:27# 03:20& 02:17&	02:06& 02:05# 00:29# 03:11#	01:15@ 01:08& 00:08#
14	Anita Høie	Arve Hagen BIL	1:00:11
04:38+	21:51+ 24:12+ 30:19+ 36:25+ 40:53+	47:43+ 52:36+ 55:29+ 57:28+ 59:02+	60:11+
04:38+	17:13+ 02:21+ 06:07+ 06:06+ 04:28+	06:50+ 04:53+ 02:53- 01:59+ 01:34+	01:09+
09:13&	17:25@ 00:29& 01:37& 00:26#	00:17+ 02:56& 03:07@ 00:26#	00:54& 00:16# 00:02+
15	Oddny Gudmundsdottir	Vegvesenet	1:01:53
15:28+	22:06+ 24:30+ 32:27+ 41:14+ 43:46+	51:45+ 54:03+ 56:17+ 58:19+ 60:37+	61:53+
15:28+	06:38+ 02:24+ 07:57+ 08:47+ 02:32-	07:59+ 02:18+ 02:14- 02:02+ 02:18+	01:16+
19:03@	01:50# 00:32& 03:27# 03:07&	01:39- 04:05# 00:39& 00:55#	01:00& 00:09#
16	Dyfrid Larsen Moen	Høgskolen i Gjøvik	1:04:26
09:22+	25:32+ 27:49+ 34:46+ 43:54+ 46:53+	53:24+ 56:22+ 59:14+ 61:25+ 63:11+	64:26+
09:22+	16:10+ 02:17+ 06:57+ 09:08+ 02:59-	06:31+ 02:58+ 02:52- 02:11+ 01:46+	01:15+
09:57@	11:22# 06:25# 02:27& 03:28&	01:12- 02:37# 01:12# 00:17#	01:06@ 00:28& 00:08#
17	Anita Bekkum	Arve Hagen BIL	1:05:33
05:38+	14:14+ 17:01+ 26:35+ 34:08+ 37:12+	51:01+ 53:51+ 59:04+ 61:14+ 63:56+	65:33+
05:38+	08:36+ 02:47+ 09:34+ 07:33+ 03:04-	13:49+ 02:50+ 05:13+ 02:10+ 02:42+	01:37+
09:18&	03:41# 00:55& 01:04& 01:53&	01:07- 09:55@ 01:04& 02:04&	01:05& 01:24@ 00:30&
Beste strekketid for klassen			
	03:25 04:43 01:48 04:30 05:07 01:56	03:54 01:46 02:14 01:05 01:18	01:03

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

D 4,5

1	Evine Westli Andersen	Løten O-Lag	36:57
02:32=	05:50= 11:06= 16:13= 20:15= 21:48=	24:07= 27:22= 30:52= 34:06= 34:54=	36:07= 36:57=
02:32=	03:18= 05:16= 05:07= 04:02= 01:33=	02:19= 03:15= 03:30= 03:14= 00:48=	01:13= 00:50=
00:00=	00:00= 00:00= 00:00= 00:00=	00:00= 00:00= 00:00= 00:00=	00:00= 00:00=
2	Wenche Bjørnstad	Geno	49:00
03:40+	07:45+ 15:24+ 27:23+ 31:19+ 32:51+	35:24+ 38:40+ 42:25+ 45:37+ 46:29+	47:46+ 49:00+
03:40+	04:05+ 07:39+ 11:59+ 03:56- 01:32-	02:33+ 03:16+ 03:45+ 03:12- 00:52+	01:17+ 01:14+
01:08&	00:47# 02:23& 06:52@ 00:06-	00:14# 00:01# 00:15+ 00:02-	00:04+ 00:04+ 00:24&
3	Line Merete Libak	Løten kommune	51:27
02:57+	07:50+ 14:55+ 22:21+ 26:57+ 28:52+	32:13+ 37:10+ 42:03+ 47:40+ 48:46+	50:12+ 51:27+
02:57+	04:53+ 07:05+ 07:26+ 04:36+ 01:55+	03:21+ 04:57+ 04:53+ 05:37+ 01:06+	01:26+ 01:15+
00:25#	01:35# 01:49& 02:13& 00:34#	00:22# 01:02# 01:42# 01:23& 02:23&	00:18& 00:13# 00:25&
4	Marianne Skjærstad	Løten kommune	56:29
02:57+	07:15+ 17:36+ 25:00+ 30:36+ 32:30+	36:41+ 41:18+ 46:54+ 52:21+ 53:30+	55:21+ 56:29+
02:57+	04:18+ 10:21+ 07:24+ 05:36+ 01:54+	04:11+ 04:37+ 05:36+ 05:27+ 01:09+	01:51+ 01:08+
00:25#	01:00# 05:05& 02:17# 01:34&	00:21# 01:52# 01:22# 02:06& 02:13&	00:21& 00:38& 00:18&
5	Ingunn Lund Nordstrøm	Norsk Tipping	59:21
02:59+	07:23+ 14:32+ 28:01+ 36:54+ 39:00+	42:03+ 47:00+ 52:11+ 56:07+ 56:59+	58:16+ 59:21+
02:59+	04:24+ 07:09+ 13:29+ 08:53+ 02:06+	03:03+ 04:57+ 05:11+ 03:56+ 00:52+	01:17+ 01:05+
00:27#	00:25# 00:00# 04:51@	00:33& 00:44# 01:49# 01:22# 00:04+	00:04+ 00:15& 00:15&
6	Margrethe Nilsen	Hamar Katedralskole	1:03:42
03:47+	08:52+ 15:46+ 28:39+ 42:04+ 44:11+	46:50+ 50:26+ 54:52+ 60:21+ 61:20+	62:47+ 63:42+
03:47+	05:05+ 06:54+ 12:53+ 13:25+ 02:07+	02:39+ 03:36+ 04:26+ 05:29+ 00:59+	01:27+ 00:55+
01:15&	01:27# 01:38& 02:46@	09:23@ 00:34& 00:20# 00:21# 00:56&	02:15& 00:11# 00:14# 00:05+
7	Sissel Ravnborg	Vegvesenet	1:28:12
03:26+	10:44+ 22:34+ 32:47+ 40:45+ 43:14+	50:44+ 57:32+ 70:42+ 79:28+ 84:18+	86:49+ 88:12+
03:26+	07:18+ 11:50+ 10:13+ 07:58+ 02:29+	07:30+ 06:48+ 13:10+ 08:46+ 04:50+	02:31+ 01:23+
Beste strekketid for klassen			
	02:32 03:18 05:16 05:07 03:56 01:32	02:19 03:15 03:30 03:12 00:48	01:13 00:50

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

D 5,5

Class	Navn	Klasse	Tid														
1	Emilie Westli Andersen	Løten O-Lag	44:41														
06:50=	11:34=	13:43=	15:53=	17:40=	22:10=	23:21=	27:52=	31:26=	32:51=	35:26=	38:30=	41:04=	42:03=	42:45=	43:48=	44:41=	
06:50=	04:44=	02:09=	02:10=	01:47=	04:30=	01:11=	04:31=	03:34=	01:25=	02:35=	03:04=	02:34=	00:59=	00:42=	01:03=	00:53=	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
2	Nina Smestad	Løten O-Lag	1:05:40														
07:46+	14:09+	20:16+	25:27+	28:01+	36:13+	37:48+	43:57+	48:12+	49:38+	54:21+	57:35+	61:00+	62:11+	63:05+	64:30+	65:40+	
07:46+	06:23+	06:07+	05:11+	02:34+	08:12+	01:35+	06:09+	04:15+	01:26+	04:43+	03:14+	03:25+	01:11+	00:54+	01:25+	01:10+	
01:56#	01:21#	01:58#	1:01#	00:47#	03:42#	00:24#	01:38#	00:41#	00:01+	02:08#	00:10+	00:51#	00:12#	00:12#	00:22#	00:17#	
Beste strekketid for klassen	06:50	04:44	02:09	02:10	01:47	04:30	01:11	04:31	03:34	01:25	02:35	03:04	02:34	00:59	00:42	01:03	00:53

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

H 1,5

1	Johan Nerheim	Løten kommune	21:19			
06:52=	09:28=	11:49=	14:16=	17:21=	19:20=	21:19=
06:52=	02:36=	02:21=	02:27=	03:05=	01:59=	01:59=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Erik Gundersen	Nestle	23:20			
06:55+	10:09+	12:27+	15:19+	18:56+	21:24+	23:20+
06:55+	03:14+	02:18+	02:52+	03:37+	02:28+	01:56-
00:03+	00:28#	00:33#	00:25#	00:32#	00:29#	00:03#
3	Edgar Myrvold	Statens Hus	24:06			
06:32-	09:37+	12:11+	15:21+	19:23+	22:12+	24:06+
06:32-	03:05+	02:34+	03:10+	04:02+	02:49+	01:54-
00:20-	00:28#	00:33#	00:43#	00:57#	00:50#	00:05#
4	Finn Røise	Moelven	25:22			
05:20-	08:48-	14:57+	18:02+	21:17+	23:48+	25:22+
05:20-	03:28+	06:09+	03:05+	03:15+	02:31+	01:34-
01:32-	00:52#	03:48#	00:38#	00:10+	00:32#	00:25#
5	Ingvald Pedersen	Statens Hus	26:23			
08:50+	11:38+	14:48+	18:14+	22:11+	24:28+	26:23+
08:50+	02:48+	03:10+	03:26+	03:57+	02:17+	01:55-
01:58#	00:12#	00:48#	00:59#	00:52#	00:18#	00:04#
6	Arild Rønning	Nestle	26:26			
07:39+	10:53+	13:34+	17:10+	21:39+	23:57+	26:26+
07:39+	03:14+	02:41+	03:36+	04:29+	02:18+	02:29+
00:47#	00:38#	00:40#	01:09#	01:24#	00:19#	00:30#
7	Per Vold	Moelven	28:18			
07:24+	10:37+	13:44+	17:27+	22:47+	25:44+	28:18+
07:24+	03:13+	03:07+	03:43+	05:20+	02:57+	02:34+
00:32+	00:27#	00:46#	01:16#	02:15#	00:58#	00:35#
8	Steinar Jøten	Toneheim	28:24			
10:51+	13:42+	16:15+	19:53+	23:40+	26:06+	28:24+
10:51+	02:51+	02:33+	03:38+	03:47+	02:26+	02:18+
03:59#	00:15#	00:12#	01:13#	00:42#	00:27#	00:19#
9	Arve Nils Børresen	If	29:43			
10:49+	13:54+	17:47+	21:12+	25:22+	27:33+	29:43+
10:49+	03:05+	03:53+	03:25+	04:10+	02:11+	02:10+
03:57#	00:29#	01:26#	00:58#	01:05#	00:12#	00:11#
10	Herleik Nylund	Løten kommune	32:07			
11:51+	15:14+	21:02+	24:06+	27:44+	30:10+	32:07+
11:51+	03:23+	05:48+	03:04+	03:38+	02:26+	01:57-
04:59#	00:27#	00:37#	00:33#	00:27#	00:02#	00:02#
11	Geir-Håkon Øverby	If	33:10			
14:08+	17:36+	20:50+	24:44+	28:23+	31:31+	33:10+
14:08+	03:28+	03:14+	03:54+	03:39+	03:08+	01:39-
07:16@	00:52#	00:53#	01:27#	00:34#	01:09#	00:20#
12	Ragnar Høstøien	Hamar Post	33:32			
09:25+	14:01+	17:18+	21:42+	28:23+	31:13+	33:32+
09:25+	04:36+	03:17+	04:24+	06:41+	02:50+	02:19+
02:33#	00:08#	00:56#	01:27#	03:36@	00:51#	00:20#
13	Kjell Sagbakken	Hamar Post	36:28			
08:38+	11:33+	14:41+	17:54+	33:17+	35:09+	36:28+
08:38+	02:55+	03:08+	03:13+	15:23+	01:52-	01:19-
01:46#	00:19#	00:47#	00:46#	12:18@	00:07-	00:40-
14	John Fallbakken	Gunders	36:51			
11:00+	15:27+	19:59+	24:05+	31:15+	34:27+	36:51+
11:00+	04:27+	04:32+	04:06+	07:10+	03:12+	02:24+
04:08#	00:51#	02:16#	01:39#	04:05@	01:13#	00:25#
15	Torkel Bache	Sanderud sykehus	38:47			
07:42+	10:59+	14:54+	18:45+	34:38+	36:53+	38:47+
07:42+	03:17+	03:55+	03:51+	15:53+	02:15+	01:54-
00:50#	00:41#	01:34#	01:24#	12:48@	00:16#	00:05-

Class	Navn	Klasse	Tid			
16	Jon Lindgren	Romedal Almenning	39:01			
07:39+	10:51+	15:04+	19:18+	33:12+	36:35+	39:01+
07:39+	03:12+	04:13+	04:14+	13:54+	03:23+	02:26+
17	Arne Sveen	Stabburet	41:29			
07:47#	00:26#	05:53#	01:47&	10:49@	01:24&	00:27#
07:47+	11:24+	15:56+	19:37+	36:16+	39:10+	41:29+
07:47+	03:37+	04:32+	03:41+	16:39+	02:54+	02:19+
18	Stein Roger Dyresen	Arve Hagen BIL	46:15			
09:55#	00:05#	02:11#	00:11#	13:24@	00:55&	00:20#
16:19+	21:29+	25:56+	32:36+	39:15+	42:48+	46:15+
16:19+	05:10+	04:27+	06:40+	06:39+	03:33+	03:27+
19	Arne G. Barflo	Løten kommune	49:06			
09:27@	02:34#	03:00#	00:13@	03:34@	01:34&	01:28#
11:42+	18:59+	24:07+	34:58+	42:05+	45:57+	49:06+
11:42+	07:17+	05:08+	10:51+	07:07+	03:52+	03:09+
04:50&	07:44#	02:47#	08:24@	04:02@	01:53&	01:10#
20	Erik Skarås	Sparebanken Hedmark	52:09			
32:26+	36:19+	39:41+	43:20+	48:05+	50:29+	52:09+
32:26+	03:53+	03:22+	03:39+	04:45+	02:24+	01:40-
25:34@	01:17#	01:00#	01:16#	01:40&	00:25#	00:19-
05:20	02:36	02:18	02:27	03:05	01:52	01:19

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

H 2,5

1	Lars Storslett	Moelven	23:28					
04:21=	07:22=	12:14=	13:54=	17:32=	19:11=	21:13=	22:28=	23:28=
04:21=	03:01=	04:52=	01:40=	03:38=	01:39=	02:02=	01:15=	01:00=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Jan Erik Johansen	Hamar Post	28:18					
04:23+	08:24+	13:21+	15:30+	19:58+	22:27+	25:03+	26:47+	28:18+
04:23+	04:01+	04:57+	02:09+	04:28+	02:29+	02:36+	01:44+	01:31+
00:02+	01:00#	00:06#	00:20#	00:50#	00:50&	00:34#	00:29#	00:31#
3	Magnar Nybakk	Sparebanken Hedmark	29:38					
04:23+	08:54+	14:18+	16:49+	21:26+	23:32+	26:44+	28:25+	29:38+
04:23+	04:31+	05:24+	02:31+	04:37+	02:06+	03:12+	01:41+	01:13+
00:02+	05:30#	00:36#	00:51&	00:59&	00:27&	01:10#	00:26#	00:13#
4	Magnar Sveen	Moelven	29:41					
04:30+	09:47+	14:17+	17:07+	21:34+	24:04+	26:42+	28:19+	29:41+
04:30+	05:17+	04:30-	02:50+	04:27+	02:30+	02:38+	01:37+	01:22+
00:09+	02:16#	00:22-	01:10#	00:49#	00:51&	00:36#	00:22#	00:22#
5	Erik Grøndalen	Jernbanens Idrettslag	29:43					
03:36-	07:20-	11:19-	13:33-	23:20+	24:59+	27:06+	28:28+	29:43+
03:36-	03:44+	03:59-	02:14+	09:47+	01:39=	02:07+	01:22+	01:15+
00:45-	00:43#	00:53-	00:34&	06:09@	00:00=	00:05-	00:07-	00:15#
6	Olav Nashoug	Vang O-lag	29:58					
04:13-	07:26+	11:58-	15:13+	22:36+	24:38+	27:05+	28:45+	29:58+
04:13-	03:13+	04:32-	03:15+	07:23+	02:02+	02:27+	01:40+	01:13+
00:08-	05:12#	00:20-	01:35#	03:45@	00:23#	00:25#	00:25#	00:13#
7	Philip Føyen	EAB Engineering	30:11					
04:10-	07:27+	13:44+	15:51+	20:13+	25:20+	27:41+	29:08+	30:11+
04:10-	03:17+	06:17+	02:07+	04:22+	05:07+	02:21+	01:27+	01:03+
00:11-	07:59#	01:25#	00:27#	00:44#	03:28@	00:19#	00:12#	00:03+
8	Terje Lien	Telenor	30:14					
04:21=	08:11+	13:38+	15:58+	21:07+	23:41+	26:43+	28:30+	30:14+
04:21=	03:50+	05:27+	02:20+	05:09+	02:34+	03:02+	01:47+	01:44+
00:00=	00:49#	00:35#	00:10#	01:31#	00:55&	01:00#	00:32&	00:44&
9	Hans Petter Jevanord	Geno	30:35					
04:55+	08:53+	13:47+	16:25+	21:32+	23:46+	26:58+	29:02+	30:35+
04:55+	03:58+	04:54+	02:38+	05:07+	02:14+	03:12+	02:04+	01:33+
00:34#	00:17#	00:07#	00:58&	01:29&	00:35&	01:10#	00:49#	00:33#
10	Ottar Evensen	Elverum kommune	31:29					
04:32+	08:56+	14:03+	16:52+	21:53+	23:51+	28:07+	29:59+	31:29+
04:32+	04:24+	05:07+	02:49+	05:01+	01:58+	04:16+	01:52+	01:30+
00:11+	01:23#	00:15+	01:09#	01:23#	00:19#	02:14#	00:37#	00:30#
11	Stein Edvardsen	Elverum kommune	31:43					
04:51+	09:01+	14:41+	17:05+	22:24+	24:54+	28:13+	30:05+	31:43+
04:51+	04:10+	05:40+	02:24+	05:19+	02:30+	03:19+	01:52+	01:38+
00:30#	00:09#	00:48#	00:41&	00:51&	01:17#	00:17#	00:38#	00:38#
12	Olav Johan Vangen	Norsk Tipping	31:49					
04:00-	08:37+	13:06+	15:13+	19:28+	22:52+	28:38+	30:28+	31:49+
04:00-	04:37+	04:29-	02:07+	04:15+	03:24+	05:46+	01:50+	01:21+
00:21-	01:36&	00:23-	00:27#	00:37#	01:45@	03:44@	00:35&	00:21&

Class	Navn	Klasse	Tid
13	Knut Rørsveen	Arve Hagen BIL	32:06
04:57+	11:31+ 16:39+ 18:57+ 23:24+ 25:53+	28:38+ 30:36+ 32:06+	
04:57+	06:34+ 05:08+ 02:18+ 04:27+	02:29+ 01:58+ 01:30+	
00:36#	02:33# 00:16# 00:28# 00:49#	00:50# 00:43# 00:30#	
14	Torbjørn Hakensen	Gunders	32:27
05:08+	09:04+ 13:57+ 16:07+ 20:23+ 23:37+	29:32+ 31:10+ 32:27+	
05:08+	03:56+ 04:53+ 02:10+ 04:16+	03:14+ 05:55+ 01:38+ 01:17+	
00:47#	03:56# 00:10# 01:20# 00:38#	01:35# 03:53# 00:33# 00:17#	
15	Einar Stensby	Løten kommune	32:45
05:03+	09:30+ 14:30+ 16:38+ 21:50+ 26:56+	29:26+ 31:20+ 32:45+	
05:03+	04:27+ 05:00+ 02:08+ 05:12+ 05:06+	02:30+ 01:54+ 01:25+	
00:42#	02:26# 00:10# 00:28# 01:34#	03:27# 00:28# 00:38# 00:25#	
16	Morten Øie	Furnes Almenning	32:48
04:58+	09:00+ 14:56+ 17:43+ 23:19+ 25:56+	28:56+ 31:04+ 32:48+	
04:58+	04:02+ 05:56+ 02:47+ 05:36+ 02:37+	03:00+ 02:08+ 01:44+	
00:37#	04:01# 03:04# 01:07# 01:58#	00:58# 00:53# 00:44#	
17	Kåre Garmager	Telenor	33:00
04:35+	10:34+ 15:47+ 18:33+ 23:45+ 26:18+	29:20+ 31:18+ 33:00+	
04:35+	05:59+ 05:13+ 02:46+ 05:12+ 02:33+	03:02+ 01:58+ 01:42+	
00:14+	02:58# 00:21# 01:06# 01:34#	00:54# 01:00# 00:43# 00:42#	
18	Oddvar Dalby	Hamar kommune	33:20
04:44+	10:27+ 15:55+ 18:44+ 23:51+ 26:29+	29:26+ 31:31+ 33:20+	
04:44+	05:43+ 05:28+ 02:49+ 05:07+ 02:38+	02:57+ 02:05+ 01:49+	
00:23+	02:48# 00:36# 01:09# 01:29#	00:59# 00:55# 00:50# 00:49#	
19	Odd Rise	Geno	33:23
04:52+	09:59+ 15:40+ 19:07+ 24:00+ 26:03+	29:59+ 31:56+ 33:23+	
04:52+	05:07+ 05:41+ 03:27+ 04:53+ 02:03+	03:56+ 01:57+ 01:27+	
00:31#	02:05# 00:49# 01:47# 01:15#	00:24# 01:54# 00:42# 00:27#	
20	Olav Røstad	Eidsiva	34:10
03:30-	06:56- 11:38- 14:01+ 18:40+ 20:28+	31:33+ 33:08+ 34:10+	
03:30-	03:26+ 04:42- 02:23+ 04:39+ 01:48+	11:05+ 01:35+ 01:02+	
00:51-	00:25# 00:10- 00:43# 01:01#	00:09+ 09:03# 00:20# 00:02+	
21	Harald Haugen	Geno	34:43
05:12+	10:11+ 15:29+ 18:28+ 23:55+ 26:43+	30:18+ 32:35+ 34:43+	
05:12+	04:59+ 05:18+ 02:59+ 05:27+ 02:48+	03:35+ 02:17+ 02:08+	
00:51#	01:58# 00:25# 01:19# 01:49#	01:09# 01:33# 01:02# 01:08#	
22	Olav Skjærbekk	Gunders	34:43
04:55+	09:41+ 15:24+ 18:23+ 24:28+ 27:13+	30:35+ 32:52+ 34:43+	
04:55+	04:46+ 05:43+ 02:59+ 06:05+ 02:45+	03:22+ 02:17+ 01:51+	
00:34#	02:48# 00:51# 01:19# 02:27#	01:06# 01:20# 01:02# 00:51#	
23	Hållstein Ødegård	Løten kommune	35:30
04:56+	10:28+ 17:08+ 19:44+ 26:08+ 28:46+	31:52+ 33:51+ 35:30+	
04:56+	05:32+ 06:40+ 02:36+ 06:24+ 02:38+	03:06+ 01:59+ 01:39+	
00:35#	02:31# 00:48# 00:56# 02:46#	00:59# 01:04# 00:41# 00:29#	
24	Kjell Vidar Holmen	Arve Hagen BIL	36:02
04:16-	08:54+ 14:34+ 17:08+ 25:36+ 28:42+	32:23+ 34:29+ 36:02+	
04:16-	04:38+ 05:40+ 02:34+ 08:28+ 03:06+	03:41+ 02:06+ 01:33+	
00:05-	00:37# 00:48# 00:54# 04:50#	01:27# 01:39# 00:51# 00:33#	
25	Kjell Høgseth	Geno	37:24
06:06+	10:40+ 16:03+ 18:18+ 29:24+ 31:27+	34:09+ 36:00+ 37:24+	
06:06+	04:34+ 05:23+ 02:15+ 11:06+ 02:03+	02:42+ 01:51+ 01:24+	
01:45#	01:33# 00:31# 00:35# 07:28#	00:24# 00:40# 00:35# 00:24#	
26	Jon Kåre Myrene	Sparebanken Hedmark	38:06
05:10+	15:01+ 22:11+ 24:47+ 29:22+ 31:40+	35:31+ 37:02+ 38:06+	
05:10+	09:51+ 07:10+ 02:36+ 04:35+ 02:18+	03:51+ 01:31+ 01:04+	
00:49#	02:50# 02:18# 00:56# 00:57#	00:39# 01:49# 00:16# 00:04#	
27	Knut Fjæstad	Løten kommune	38:52
04:50+	10:33+ 16:01+ 20:00+ 25:10+ 28:31+	35:15+ 37:15+ 38:52+	
04:50+	05:43+ 05:28+ 03:59+ 05:10+ 03:21+	06:44+ 02:00+ 01:37+	
00:29#	02:42# 00:36# 02:19# 01:32#	01:42# 04:42# 00:45# 00:37#	
28	Arvid Håug	Gunders	38:56
04:43+	09:59+ 16:26+ 19:15+ 27:27+ 32:11+	35:02+ 37:07+ 38:56+	
04:43+	05:16+ 06:27+ 02:49+ 08:12+ 04:44+	02:51+ 02:05+ 01:49+	
00:22+	00:15# 01:35# 01:09# 04:34#	03:05# 00:49# 00:50# 00:49#	
29	Torbjørn Ødegaard	Hamar Lærerhøgskole	39:27
06:30+	11:25+ 18:00+ 20:52+ 27:47+ 31:44+	35:48+ 37:52+ 39:27+	
06:30+	04:55+ 06:35+ 02:52+ 06:55+ 03:57+	04:04+ 02:04+ 01:35+	
00:09#	02:54# 00:43# 01:12# 03:17#	02:18# 02:02# 00:49# 00:35#	
30	Terje Malm	Statens Hus	39:48
05:47+	09:17+ 13:45+ 15:57+ 27:54+ 29:58+	36:17+ 38:20+ 39:48+	
05:47+	03:30+ 04:28- 02:12+ 11:57+ 02:04+	06:19+ 02:03+ 01:28+	
01:26#	02:28# 00:11- 00:32# 08:19#	00:25# 04:17# 00:18# 00:28#	
31	Henrik Bache	Sanderud sykehus	41:56
07:30+	13:11+ 19:27+ 22:25+ 30:43+ 35:16+	38:14+ 40:28+ 41:56+	
07:30+	05:41+ 06:16+ 02:58+ 08:18+ 04:33+	02:58+ 02:14+ 01:28+	
03:09#	02:40# 01:24# 01:18# 04:40#	02:54# 00:56# 00:59# 00:28#	

Class	Navn	Klasse	Tid
32	Trygve Hestad	Hamar kommune	42:10
05:12+	12:20+ 18:23+ 24:59+ 32:59+ 35:36+ 38:41+ 40:37+ 42:10+		
05:12+	07:08+ 06:03+ 06:36+ 08:00+ 02:37+		
33	Knut Martinsen	Sparebanken Hedmark	42:49
00:51#	00:77# 07:11# 04:56# 04:22@ 00:58& 01:03# 00:41# 00:33#		
07:24+	13:21+ 20:23+ 23:38+ 30:11+ 34:08+ 38:01+ 40:35+ 42:49+		
07:24+	05:57+ 07:02+ 03:15+ 06:33+ 03:57+ 03:53+ 02:34+ 02:14+		
34	Yngvar Aarebrot	Hamar kommune	44:07
00:03&	00:56& 07:10& 03:25& 02:55& 02:18@ 01:51# 01:29@ 01:14#		
04:17-	16:34+ 21:28+ 23:55+ 35:32+ 37:34+ 40:48+ 42:41+ 44:07+		
04:17-	12:17+ 04:54+ 02:27+ 11:37+ 02:02+ 03:14+ 01:53+ 01:26+		
35	Harald Brekke	Hamar kommune	45:04
00:04-	00:16# 00:03# 00:47# 07:59@ 00:23# 01:12# 00:38# 00:26#		
06:37+	11:33+ 19:57+ 23:46+ 31:24+ 36:11+ 40:27+ 43:06+ 45:04+		
06:37+	04:56+ 08:24+ 03:49+ 07:38+ 04:47+ 04:16+ 02:39+ 01:58+		
36	Knut Anders Fossum	Statens Hus	46:05
02:16&	00:55& 08:32& 02:49@ 04:00@ 03:08@ 02:14# 01:24@ 00:58&		
04:46+	10:14+ 16:32+ 31:09+ 36:48+ 39:17+ 42:50+ 44:45+ 46:05+		
04:46+	05:28+ 06:18+ 14:37+ 05:39+ 02:29+ 03:33+ 01:55+ 01:20+		
37	Håkon Nesbakk	Eidsiva	46:19
00:25+	00:27# 01:36# 12:57@ 02:01& 00:50& 01:31# 00:40# 00:20&		
05:07+	18:07+ 24:37+ 27:36+ 35:32+ 38:40+ 42:30+ 44:35+ 46:19+		
05:07+	13:00+ 06:30+ 02:59+ 07:56+ 03:08+ 03:50+ 02:05+ 01:44+		
38	Bjørn Jenssen	Mjøs Retail	46:40
00:46#	00:50@ 01:38& 01:19& 04:18@ 01:29& 01:48# 00:58# 00:44&		
04:29+	22:23+ 28:09+ 31:06+ 36:41+ 39:27+ 42:48+ 44:50+ 46:40+		
04:29+	17:54+ 05:46+ 02:57+ 05:35+ 02:46+ 03:21+ 02:02+ 01:50+		
39	Erlend Lilleøkseth	Løten kommune	46:58
00:08+	00:52# 00:54# 01:17# 01:57& 01:07& 01:19# 00:47# 00:50#		
06:21+	13:30+ 22:13+ 25:57+ 32:43+ 36:16+ 41:14+ 44:16+ 46:58+		
06:21+	07:09+ 08:43+ 03:44+ 06:46+ 03:33+ 04:58+ 03:02+ 02:42+		
40	Stein Gamme	Storhamar Vgs	1:04:35
00:00&	00:08# 00:51& 02:04@ 03:08& 01:54@ 02:56# 01:47@ 01:42#		
06:32+	10:51+ 16:17+ 19:47+ 53:01+ 56:40+ 61:00+ 63:08+ 64:35+		
06:32+	04:19+ 05:26+ 03:30+ 33:14+ 03:39+ 04:20+ 02:08+ 01:27+		
Beste strekketid for klassen	02:11# 01:18# 00:31# 00:50# 28:36@ 02:00@ 02:18@ 00:53& 00:27&		
	03:30 03:01 03:59 01:40 03:38 01:39 02:02 01:15 01:00		
= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.			
H 3,5			
1	Arne Arnesen	Eidsiva	32:12
02:25=	03:21= 07:35= 13:15= 14:42= 17:21= 21:14= 23:50= 27:40= 29:38= 31:06= 32:12=		
02:25=	00:56= 04:14= 05:40= 01:27= 02:39= 03:53= 02:36= 03:50= 01:58= 01:28= 01:06=		
2	Stein Nordvi	Elverum kommune	32:58
00:00=	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		
02:27+	03:30+ 07:38+ 13:42+ 15:04+ 17:47+ 22:08+ 25:34+ 28:40+ 30:36+ 31:51+ 32:58+		
02:27+	01:03+ 04:08- 06:04+ 01:22- 02:43+ 04:21+ 03:26+ 03:06- 01:56- 01:15- 01:07+		
3	Tom S Helgesen	Hamar Post	33:58
00:02+	00:07# 00:06# 00:24+ 00:05- 00:04+ 00:28# 00:50# 00:44- 00:02- 00:13- 00:01+		
02:48+	03:38+ 07:41+ 14:08+ 16:00+ 18:43+ 22:56+ 25:13+ 28:49+ 31:34+ 33:00+ 33:58+		
02:48+	00:50- 04:03- 06:27+ 01:52+ 02:43+ 04:13+ 02:17- 03:36- 02:45+ 01:26- 00:58-		
4	Tore Jørgensen	Norsk Tipping	34:12
00:23#	00:09# 00:09# 00:24# 00:25& 00:04+ 00:20# 00:12# 00:31# 00:47# 00:02- 00:08-		
02:43+	03:40+ 08:19+ 14:41+ 16:03+ 19:05+ 23:18+ 25:48+ 29:12+ 31:21+ 32:54+ 34:12+		
02:43+	00:57+ 04:39+ 06:22+ 01:22- 03:02+ 04:13+ 02:30- 03:24- 02:09+ 01:33+ 01:18+		
5	Mats Lindaas	Elverum OK	35:36
00:18#	00:01# 00:25# 00:42# 00:05- 00:23# 00:20# 00:06# 00:06- 00:11+ 00:05+ 00:12#		
02:43+	03:51+ 08:33+ 15:41+ 16:55+ 19:45+ 24:12+ 27:40+ 30:58+ 33:05+ 34:36+ 35:36+		
02:43+	01:08+ 04:42+ 07:08+ 01:14- 02:50+ 04:27+ 03:28+ 03:18- 02:07+ 01:31+ 01:00-		
6	Erik Neby	Norsk Tipping	36:39
00:18#	00:11# 00:28# 01:28& 00:13- 00:11+ 00:34# 00:52# 00:33# 00:09+ 00:03+ 00:06-		
02:50+	03:51+ 08:52+ 16:01+ 17:30+ 20:57+ 25:02+ 27:47+ 31:15+ 33:34+ 35:13+ 36:39+		
02:50+	01:01+ 05:01+ 07:09+ 01:29+ 03:27+ 04:05+ 02:45+ 03:28- 02:19+ 01:39+ 01:26+		
7	Per Anders Aas	Mjøs Retail	37:21
00:25#	00:05# 00:17# 01:29& 00:02+ 00:48# 00:12# 00:00# 00:22- 00:21# 00:11# 00:20&		
02:56+	03:52+ 09:00+ 16:17+ 17:46+ 20:31+ 26:22+ 28:51+ 32:07+ 34:34+ 36:10+ 37:21+		
02:56+	00:56= 05:08+ 07:17+ 01:29+ 02:45+ 05:51+ 02:29- 03:16- 02:27+ 01:36+ 01:11+		
8	Odd Erik Jordheim	Statens Hus	38:10
00:31#	00:09# 00:14# 01:07# 00:02+ 00:06+ 01:58# 00:07# 00:34- 00:29# 00:08+ 00:05+		
02:39+	03:30+ 08:08+ 15:11+ 16:48+ 19:48+ 27:39+ 29:42+ 33:05+ 35:24+ 36:55+ 38:10+		
02:39+	00:51- 04:38+ 07:03+ 01:37+ 03:00+ 07:51+ 02:03- 03:23- 02:19+ 01:31+ 01:15+		
00:14+	00:05- 00:24+ 01:23# 00:10# 00:21# 03:58@ 00:33- 00:27- 00:21# 00:03+ 00:09#		

Class	Navn	Klasse	Tid
9	Erik Haugen	Statens Hus	38:24
02:52+	03:51+	09:10+	16:29+
02:52+	00:59+	05:19+	07:19+
00:27#	00:03#	01:55#	01:29#
03:01+	04:02+	09:14+	16:30+
03:01+	01:01+	05:12+	07:16+
00:36#	00:05#	01:22#	01:26#
10	Magne Smeland	Vegvesenet	38:29
02:35+	03:36+	11:52+	19:17+
02:35+	01:01+	08:16+	07:25+
00:10+	00:05+	04:06#	01:45#
03:57+	05:22+	09:59+	17:16+
03:57+	01:25+	04:37+	07:17+
01:32&	00:29&	08:23+	01:37&
11	Knut Wikstrøm	Kartverket	38:37
02:35+	03:36+	11:52+	19:17+
02:35+	01:01+	08:16+	07:25+
00:10+	00:05+	04:06#	01:45#
03:57+	05:22+	09:59+	17:16+
03:57+	01:25+	04:37+	07:17+
01:32&	00:29&	08:23+	01:37&
12	Morten Eriksen	Norsk Tipping	38:55
02:19-	03:16-	07:28-	14:23+
02:19-	00:57+	04:12-	06:55+
00:06-	00:01-	00:02-	01:15#
13	Ove Tasasen	Mjøs Retail	39:07
02:19-	03:16-	07:28-	14:23+
02:19-	00:57+	04:12-	06:55+
00:06-	00:01-	00:02-	01:15#
14	Leif Martin Kjos	Sparebanken Hedmark	40:08
02:43+	04:14+	09:32+	17:34+
02:43+	01:31+	05:18+	08:02+
00:18#	00:35&	00:04&	00:22&
15	Arvid Bråtlie	LMF	40:14
02:34+	03:30+	11:25+	18:41+
02:34+	00:56-	07:55+	07:16+
00:09+	00:00-	00:41&	01:16&
16	Einar Flenvold	Skaaret As	40:49
05:02+	06:03+	10:57+	17:17+
05:02+	01:01+	04:54+	06:20+
02:37@	00:05+	00:40#	00:40#
17	Tore Stenseth	Mjøs Retail	41:27
02:45+	03:50+	09:41+	17:25+
02:45+	01:05+	05:51+	07:44+
00:20#	00:09+	01:37#	02:04&
18	Jo Gisle Jørgensen	Norsk Tipping	41:32
03:09+	04:13+	09:57+	17:04+
03:09+	01:04+	05:44+	07:07+
00:44&	00:08#	01:30&	01:25&
19	Tore Gustav Tomter	Plan 1	42:07
03:24+	05:08+	12:31+	19:19+
03:24+	01:44+	07:23+	06:48+
00:59&	00:48&	03:09+	01:08#
20	Trond Øie	Sparebanken Hedmark	42:24
03:39+	04:27+	09:54+	17:34+
03:39+	00:48-	05:27+	07:40+
01:14&	00:08-	01:13&	02:00&
21	Espen Melby	Løten kommune	42:34
03:20+	04:58+	10:41+	18:36+
03:20+	01:38+	05:43+	07:55+
00:55&	00:42&	01:29&	02:15&
22	Gjertrud Aas Moen	Statens Hus	42:41
02:23-	03:28+	17:23+	24:12+
02:23-	01:05+	13:55+	06:49+
00:02-	00:09#	03:41&	01:09#
23	Tore Lindaas	Elverum kommune	43:05
03:37+	04:51+	10:47+	18:22+
03:37+	01:14+	05:56+	07:35+
00:12&	00:18&	01:49&	00:21#
24	Lars Skramstad	LMF	44:05
03:02+	04:24+	10:25+	18:42+
03:02+	01:22+	06:01+	08:17+
00:37&	00:26&	01:47&	02:37&
25	Jan Olav Sæther	Gunders	44:14
03:25+	04:59+	10:55+	19:05+
03:25+	01:34+	05:56+	08:10+
00:10&	00:31&	01:44&	02:30&
26	Johnny Johansen	Løten kommune	44:56
04:00+	05:05+	11:07+	19:59+
04:00+	01:05+	06:02+	08:52+
00:35&	00:09#	01:44&	01:12&
27	Jan-Petter Engelund	Hamar Post	45:06
04:04+	04:54+	17:23+	23:24+
04:04+	00:50-	12:29+	06:01+
01:39&	00:06-	08:15@	00:01+

Class	Navn	Klasse	Tid
28	Ola Brevig	LMF	45:46
04:52+	05:54+	12:04+	21:38+
04:52+	01:02+	06:10+	09:34+
29:27@	00:56#	01:15#	03:35#
29	Øivind Magne Rogndalen	Vegvesenet	45:58
02:51+	03:54+	08:19+	15:08+
02:51+	01:03+	04:25+	06:49+
30:26#	01:27#	01:09#	01:27#
30	Trond Feiring	HIL	46:53
02:48+	04:02+	08:29+	22:25+
02:48+	01:14+	04:27+	13:56+
30:23#	01:19#	01:17#	01:16#
30	Roland Mortvedt	Svea Finans	46:53
03:07+	04:07+	13:12+	20:08+
03:07+	01:00+	09:05+	06:56+
32:42&	00:04#	04:51@	01:16#
32	Odd Nysæter	Byggmakker	47:58
03:14+	04:22+	09:53+	18:09+
03:14+	01:08+	05:31+	08:16+
00:49&	00:12#	01:17#	02:36#
33	Olav M. Øvergaard	Gundersen	50:03
04:55+	06:20+	12:39+	20:52+
04:55+	01:25+	06:19+	08:13+
02:30@	00:28#	02:56#	02:33#
34	Steinar Tønsager	BDO Aktiva	51:55
03:58+	04:59+	12:27+	26:05+
03:58+	01:01+	07:28+	13:38+
01:38&	00:01#	03:11#	01:58#
Beste strekketid for klassen			
02:19	00:48	04:03	05:40
		01:14	02:36
		03:47	02:03
		02:59	01:56
		01:15	00:58

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

H 4,5

1	Terje Wikstrøm	Geno	37:09
02:28=	05:49=	11:19=	16:02=
02:28=	03:21=	05:30=	04:43=
00:00=	00:00=	00:00=	00:00=
2	Vidar Nømerstad	Sparebanken Hedmark	38:27
02:02-	05:14-	10:23-	15:51-
02:02-	03:12-	05:09-	05:28+
00:26-	00:09-	00:21-	00:45#
3	Tore Nilsen	Eidsiva	39:05
02:12-	05:26-	11:13-	16:27+
02:12-	03:14-	05:47+	05:14+
00:16-	00:07-	00:17-	00:31#
4	Harald Østbye	Østerdal Garnison	41:54
03:11+	07:19+	13:21+	18:46+
03:11+	04:08+	06:02+	05:25+
00:43&	00:47#	00:22#	00:42#
5	Morten Lillejordet	Byggmakker	42:21
02:23-	06:17+	12:47+	18:50+
02:23-	03:54+	06:30+	06:03+
00:05-	00:21#	00:20#	01:01&
6	Olav Julfussen	Hamar Post	43:00
04:48+	08:17+	14:08+	20:27+
04:48+	03:29+	05:51+	06:19+
02:20&	00:08#	00:21#	01:36&
7	Tom Hagen	Byggmakker	43:15
02:24-	05:55+	12:04+	17:50+
02:24-	03:31+	06:09+	05:46+
00:04-	00:10#	00:10#	01:03#
8	Knut Malmø	Vegvesenet	43:18
02:36+	06:45+	13:25+	18:52+
02:36+	04:09+	06:40+	05:27+
00:08+	00:48#	01:10#	00:44#
9	Jon Bjørnstad	Sparebanken Hedmark	46:49
03:02+	07:06+	14:32+	21:02+
03:02+	04:04+	07:26+	06:30+
00:34#	00:43#	01:56&	01:47&
10	Einar Lund	Statens Hus	50:48
02:55+	07:06+	13:28+	18:58+
02:55+	04:11+	06:22+	05:30+
00:27#	00:50#	00:52#	00:47#

Class	Navn	Klasse	Tid										
11	Tormod Lundberg	Vegvesenet	54:18										
04:02+	08:09+	15:50+	22:36+	27:50+	30:22+	33:45+	40:09+	45:55+	50:42+	51:47+	53:10+	54:18+	
04:02+	04:07+	07:41+	06:46+	05:14+	02:32+	03:23+	06:24+	05:46+	04:47+	01:05-	01:23+	01:08-	
03:34&	04:46#	11:16	03:02#	01:39&	01:09&	00:52#	01:26	02:08&	04:24@	01:57-	00:32&	00:11-	
12	Knut Vidar Lund	Telènør	57:50										
03:43+	08:05+	14:58+	21:12+	26:28+	28:20+	31:34+	35:47+	46:49+	53:51+	55:11+	56:41+	57:50+	
03:43+	04:22+	06:53+	06:14+	05:16+	01:52+	03:14+	04:13+	11:02+	07:02+	01:20-	01:30+	01:09-	
03:15&	00:01#	1:22&	01:21#	01:41&	00:29&	00:43#	01:11#	07:24@	06:39@	01:42-	00:39&	00:10-	
13	Odd Arne Blystad	Eidsiva	58:02										
02:47+	07:12+	13:31+	31:41+	36:14+	38:02+	41:02+	44:56+	49:00+	54:18+	55:28+	56:56+	58:02+	
02:47+	04:25+	06:19+	18:10+	04:33+	01:48+	03:00+	03:54+	04:04+	05:18+	01:10-	01:28+	01:06-	
00:19#	01:04#	04:04#	13:27@	00:58&	00:25&	00:29#	00:42#	00:26#	04:55@	01:52-	00:37&	00:13-	
14	Arne Hagen	Vegvesenet	1:03:01										
03:15+	07:37+	17:44+	24:17+	28:43+	30:30+	33:30+	37:42+	48:06+	58:55+	59:57+	61:39+	63:01+	
03:15+	04:22+	10:07+	06:33+	04:26+	01:47+	03:00+	04:12+	10:24+	10:49+	01:02-	01:42+	01:22+	
09:47&	00:01#	04:37#	01:50&	00:51#	00:24&	00:29#	01:00#	06:46#	10:36@	02:00-	00:51&	00:03+	
15	Harald Volden	Jernbanens Idrettslag	1:07:37										
02:32+	07:23+	13:11+	28:49+	33:09+	37:31+	41:25+	46:46+	51:55+	63:21+	64:28+	66:23+	67:37+	
02:32+	04:51+	05:48+	15:38+	04:20+	04:22+	03:54+	05:21+	05:09+	11:26+	01:07-	01:55+	01:14-	
00:04#	01:20#	00:18#	00:45#	02:59@	01:23&	02:09&	01:31&	11:03@	01:55-	01:04@	00:05-		
02:02	03:12	05:09	04:43	03:35	01:23	02:08	03:09	03:33	00:23	00:43	00:51	00:59	01:13

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

H 5,5

1	Marius Øie	Vegvesenet	38:49													
05:46=	09:41=	11:48=	13:49=	15:22=	19:30=	20:37=	24:40=	27:06=	28:03=	31:13=	33:32=	35:42=	36:30=	37:09=	38:04=	38:49=
05:46=	03:55=	02:07=	02:01=	01:33=	04:08=	01:07=	04:03=	02:26=	00:57=	03:10=	02:19=	02:10=	00:48=	00:39=	00:55=	00:45=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Sverre Lüttnæs	Norsk Tipping	48:46													
05:55+	10:49+	13:08+	17:11+	19:16+	25:59+	27:15+	31:57+	34:57+	36:16+	40:05+	41:45+	44:16+	45:14+	46:47+	47:52+	48:46+
05:55+	04:54+	02:19+	04:03+	02:05+	06:43+	01:16+	04:42+	03:00+	01:19+	03:49+	01:40-	02:31+	00:58+	01:33+	01:05+	00:54+
00:09+	00:56#	00:12+	02:02@	00:32&	02:35&	00:09#	00:38#	00:24#	00:22&	00:39#	00:39-	00:21#	00:19#	00:54@	00:10#	00:09#
3	Håkon Gauté Kvamme	Mjøss Retail	50:57													
06:18+	11:20+	13:44+	19:23+	21:21+	26:14+	27:19+	32:20+	35:52+	37:03+	41:30+	43:14+	46:12+	48:37+	49:11+	50:09+	50:57+
06:18+	05:02+	02:24+	05:39+	01:58+	04:53+	01:05-	05:01+	03:32+	01:11+	04:27+	01:44-	02:58+	02:25+	00:34-	00:58+	00:48+
00:32+	01:07#	00:17#	03:38@	00:25&	00:45#	00:02#	00:58#	01:06#	00:14#	01:17&	00:35-	00:48&	01:32@	00:05-	00:03+	00:03+
4	Harald Berge	BAS Elverum	52:06													
08:01+	13:52+	16:50+	19:45+	21:51+	27:24+	29:07+	34:32+	38:27+	39:48+	42:49+	44:32+	47:19+	48:25+	49:45+	51:08+	52:06+
08:01+	05:51+	02:58+	02:55+	02:06+	05:33+	01:43+	05:25+	03:55+	01:21+	03:01-	01:43-	02:47+	01:06+	01:20+	01:23+	00:58+
02:15&	01:56&	00:51&	00:54&	00:33&	01:25&	00:36&	01:22#	01:29#	00:24&	00:09-	00:36-	00:37&	00:16&	00:41@	00:28&	00:13&
5	Tormod Pedersen	Arve Hagen BIL	52:10													
07:32+	12:15+	14:36+	20:13+	22:29+	27:34+	29:41+	34:59+	38:15+	39:32+	42:56+	44:41+	47:40+	48:48+	49:43+	51:05+	52:10+
07:32+	04:43+	02:21+	05:37+	02:16+	05:05+	02:07+	05:18+	03:16+	01:17+	03:24+	01:45-	02:59+	01:08+	00:55+	01:22+	01:05+
01:46&	00:48#	00:14#	00:36&	00:43&	00:57#	01:00#	01:15#	00:50#	00:20&	00:14+	00:34-	00:49&	00:29&	00:16&	00:27&	00:20&
6	Stein Arne Negard	Byggmakker	55:03													
07:34+	13:05+	15:48+	18:58+	21:44+	27:35+	29:31+	36:52+	40:28+	41:58+	45:53+	47:29+	50:20+	51:38+	52:33+	53:53+	55:03+
07:34+	05:31+	02:43+	03:10+	02:46+	05:51+	01:56+	07:21+	03:36+	01:30+	03:55+	01:36-	02:51+	01:18+	00:55+	01:20+	01:10+
01:48&	01:36&	00:36&	01:09&	01:13&	01:43&	00:49#	00:18#	01:10#	00:33&	00:45#	00:43-	00:41&	00:33&	00:16&	00:25&	00:25&
7	Michael Sætvædt	EAB Engineering	55:10													
06:32+	10:51+	13:23+	16:56+	19:01+	24:25+	27:21+	32:08+	35:43+	37:00+	40:51+	47:19+	50:17+	51:33+	52:39+	54:19+	55:10+
06:32+	04:19+	02:32+	03:33+	02:05+	05:24+	02:56+	04:47+	03:35+	01:17+	03:51+	06:28+	02:58+	01:16+	01:06+	01:40+	00:51+
00:46#	01:20#	00:20#	01:22&	00:32&	01:16&	01:49#	00:56#	01:09#	01:10#	00:41#	04:09@	00:48&	01:28&	00:27&	00:45&	00:06#
8	Håkon Bæitnes	Hamar Katedralskole	1:28:46													
13:16+	24:57+	28:47+	37:48+	41:14+	46:58+	48:37+	54:11+	57:41+	59:08+	69:08+	73:36+	78:13+	84:02+	85:52+	87:31+	88:46+
13:16+	11:41+	03:50+	09:01+	03:26+	05:44+	01:39+	05:34+	03:30+	01:27+	10:00+	04:28+	04:37+	05:49+	01:50+	01:39+	01:15+
05:56#	01:20#	00:46#	01:53@	01:36&	00:32&	01:31&	01:04&	00:30&	06:50@	02:09&	02:27@	05:01@	01:11@	00:44&	00:30&	
05:46	03:55	02:07	02:01	01:33	04:08	01:05	04:03	02:26	00:57	03:01	01:36	02:10	00:48	00:34	00:55	00:45

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.